



**tcmhcc**  
Texas Child Mental  
Health Care Consortium

# Centralized Operations Support Hub (COSH)

## **CPAN/TCHATT**

Laurel Williams, DO

Edith Ortiz, MBA

Jenn Cole, MBA, LPC-S

## **PeriPAN**

Sarah Wakefield, MD

Jenn Erdige, MHA



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**PeriPAN**  
Perinatal Psychiatry  
Access Network

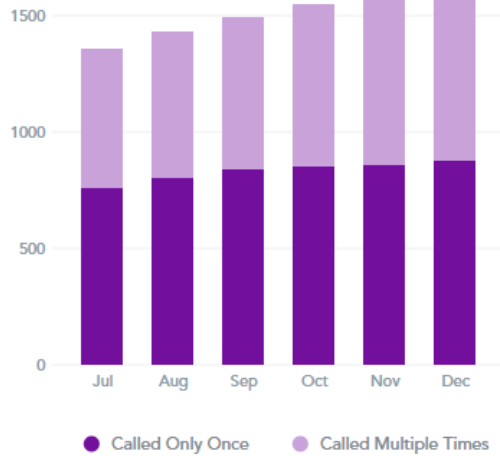


# PeriPAN

# PeriPAN: Consultation Volume & Staff Engagement

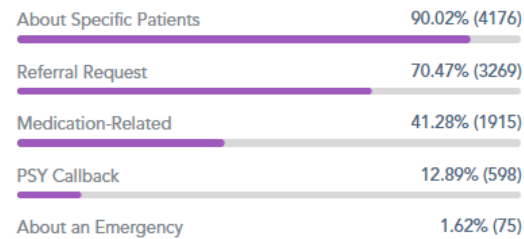
## as of December 31, 2025

### Clinic Staff Engagement

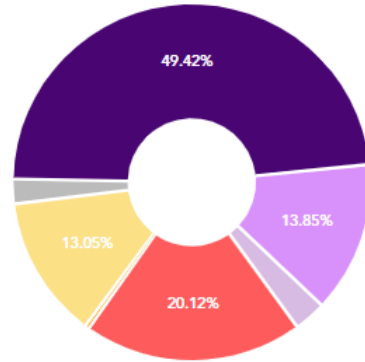


### Purpose of Contact

**4639**  
TOTAL NO. OF CASES



### Clinic Staff Roles

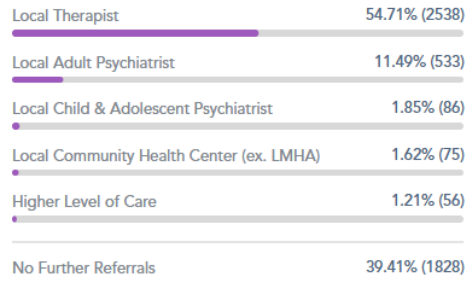


- Physician
- Resident
- Physician Assistant
- Nurse Practitioner
- Learner
- Other Clinical Staff
- Admin Clinic Staff

### Referrals

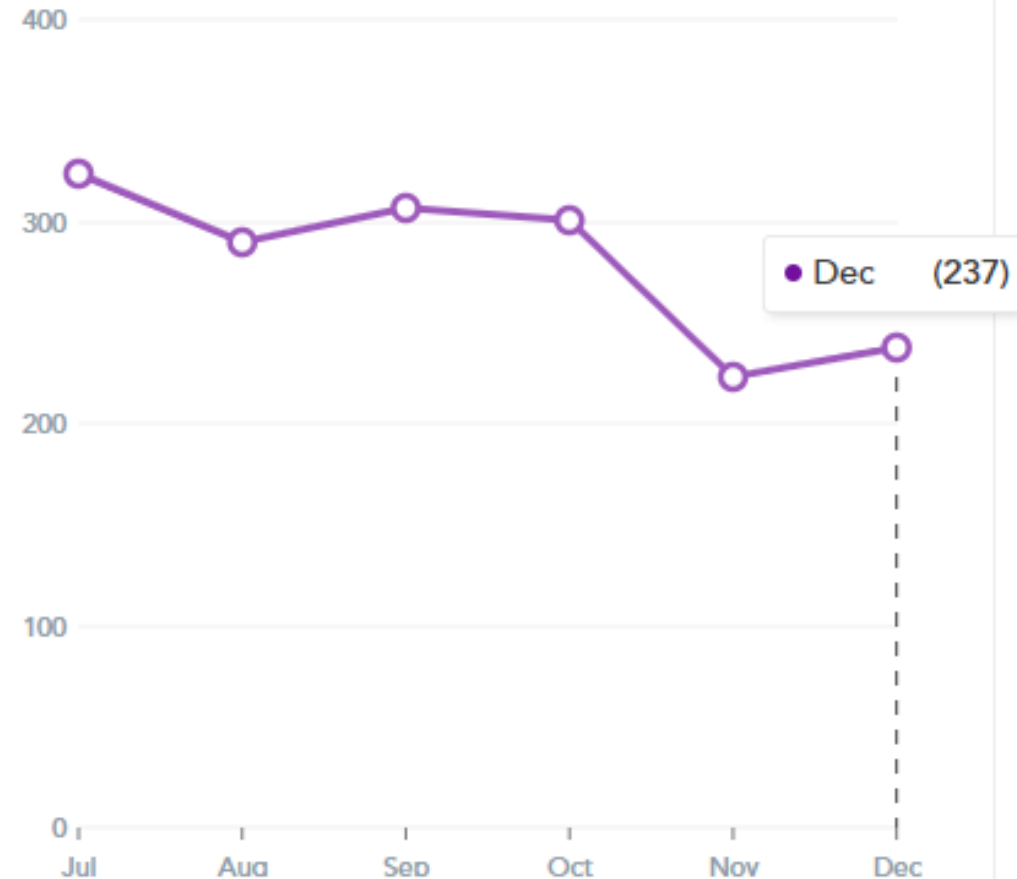
**2811**  
CASES WITH REFERRALS

**60.6%**  
OF COMPLETED CASES



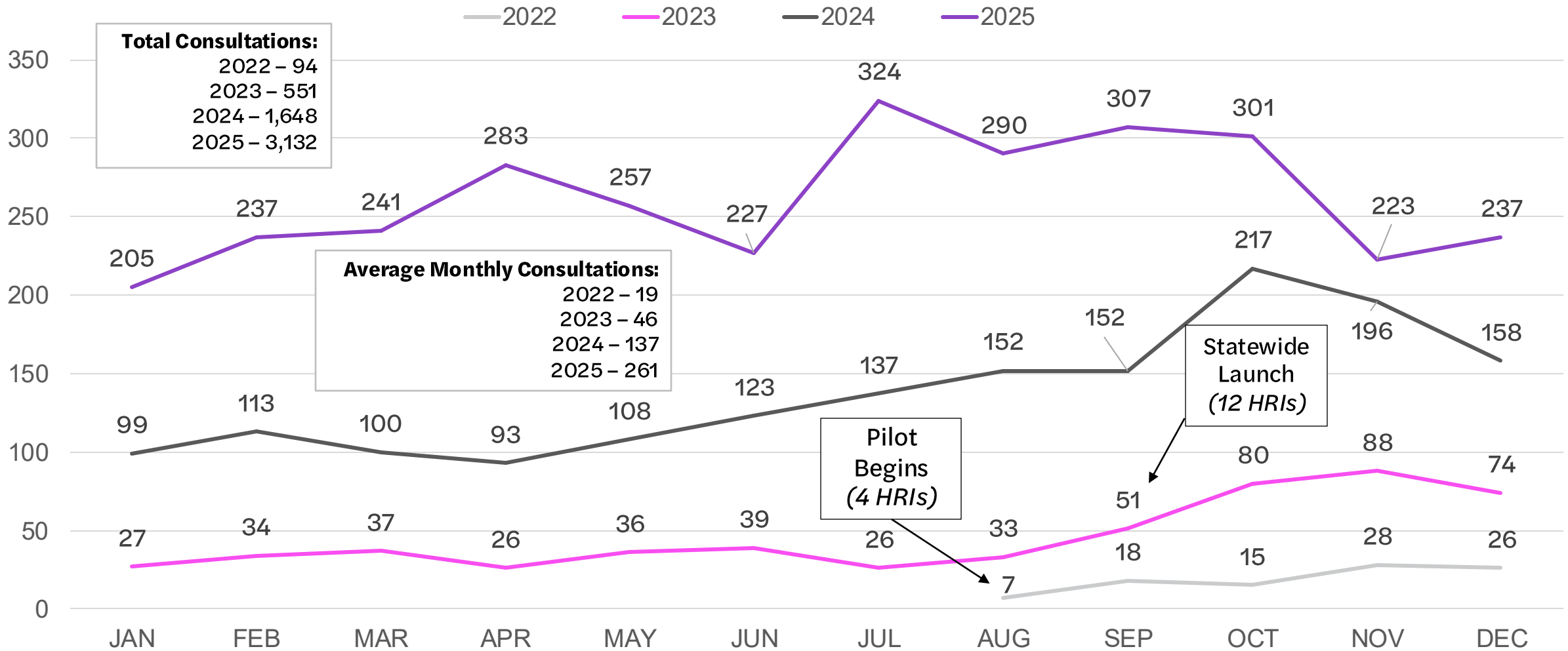
### PeriPAN Consult Activity

#### Monthly Consult Volume



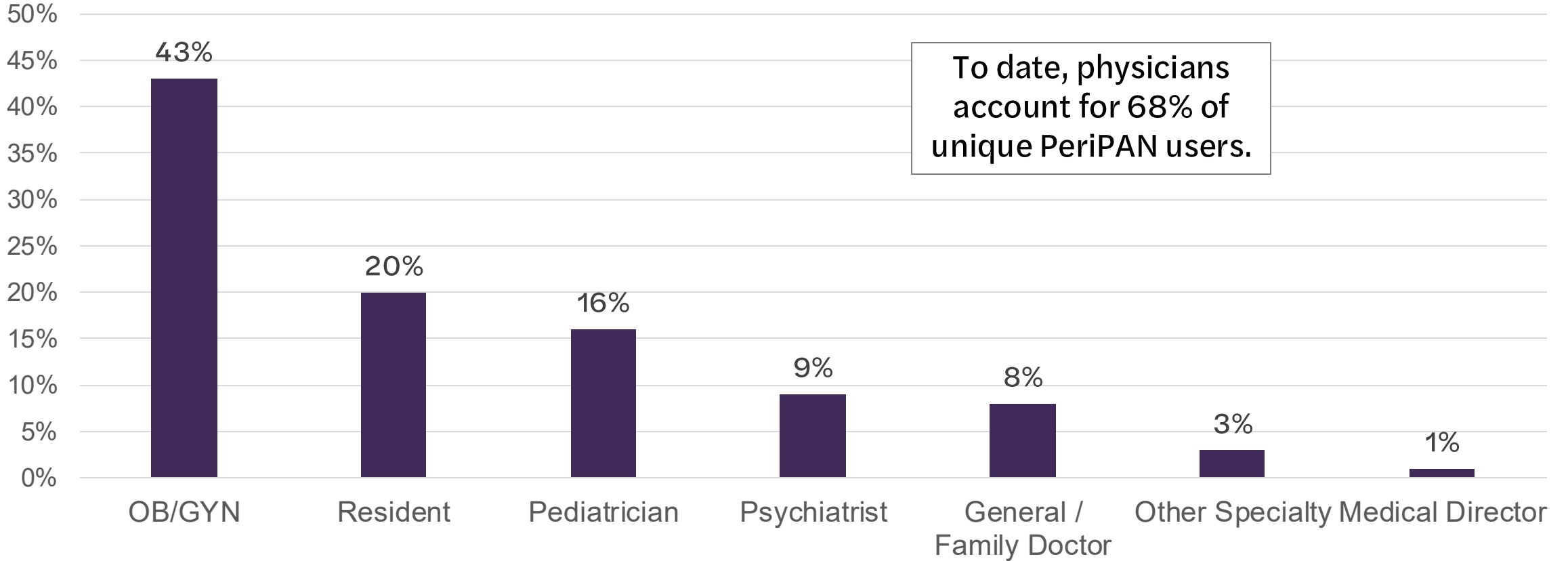
# PeriPAN: Total Consultations by Month & Calendar Year

*as of December 31, 2025*



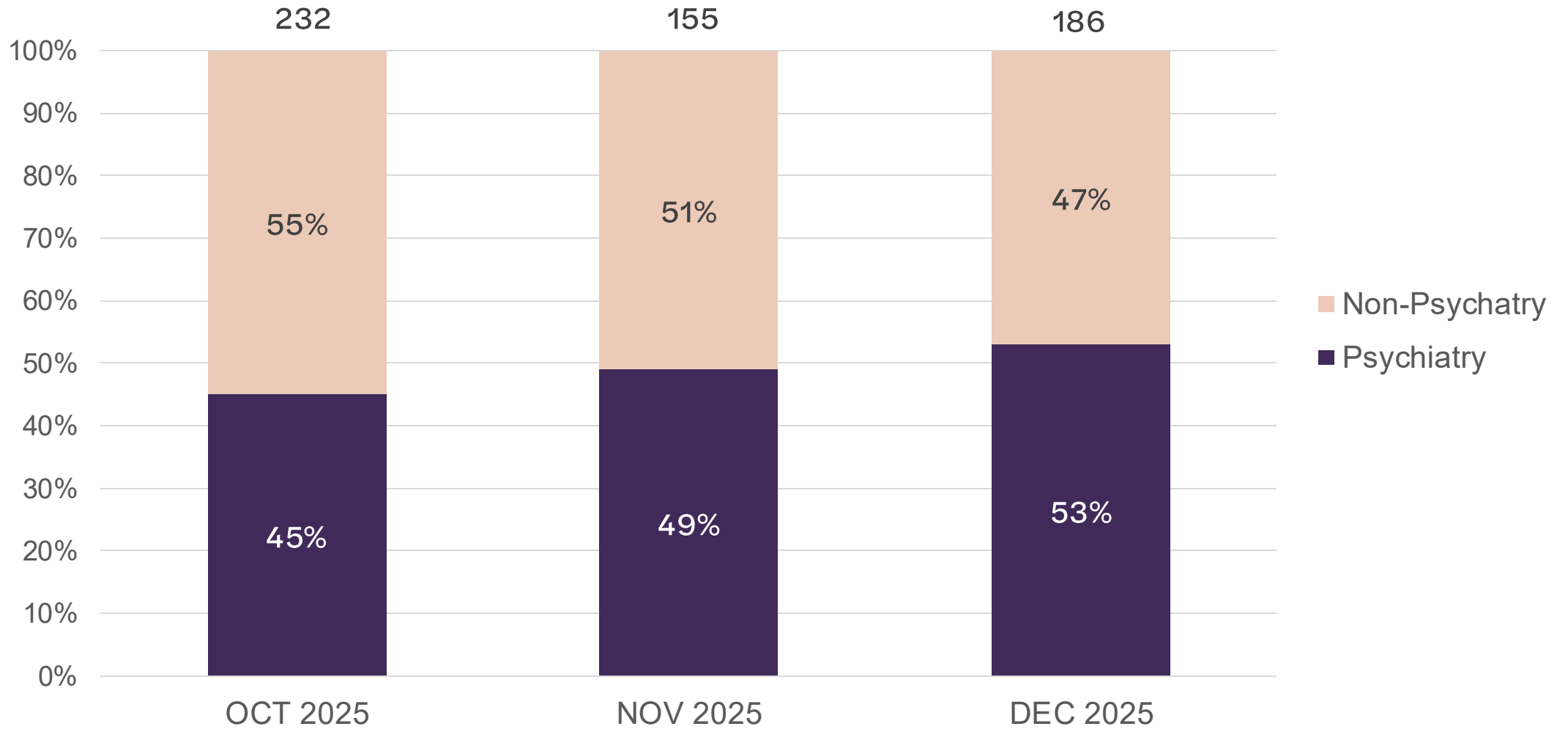
# PeriPAN: Percent of Unique Physician Users by Type

as of December 31, 2025



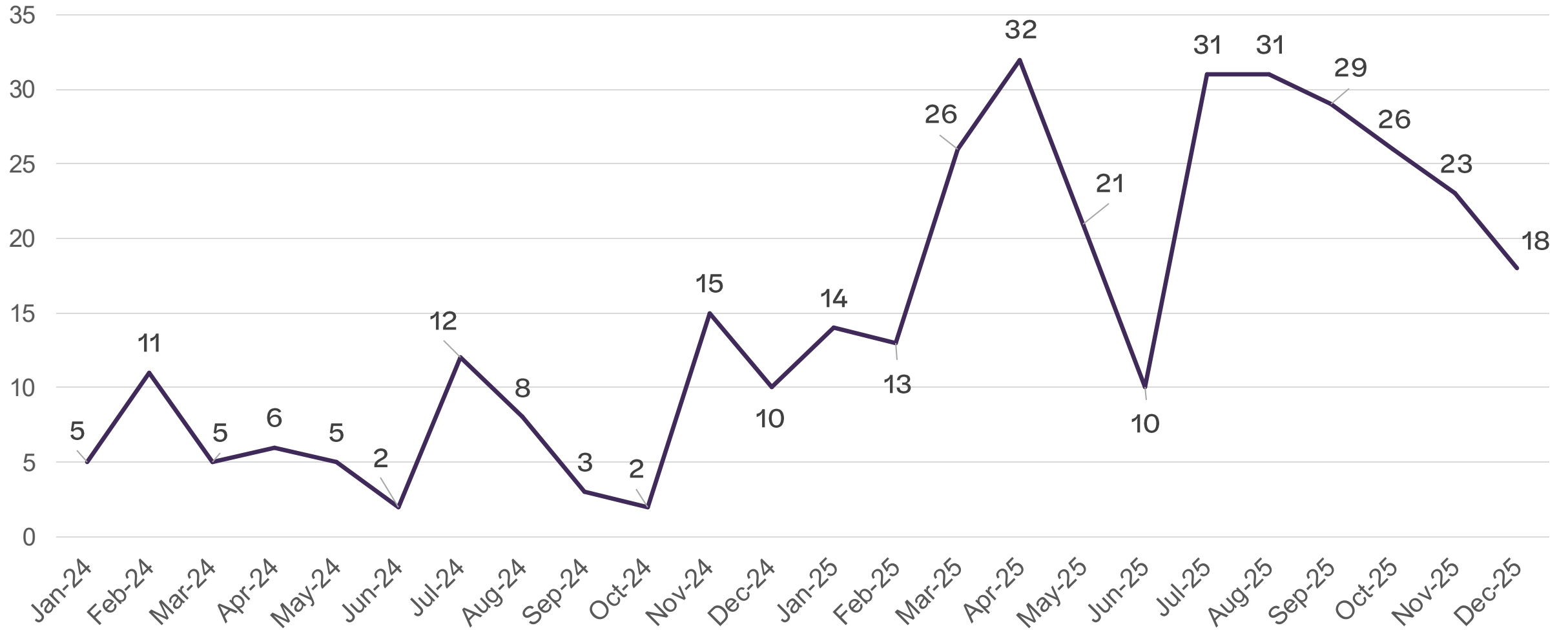
# PeriPAN: Provider Consultations by Type (Psychiatry & Non-Psychiatry)

October 2025 – December 2025



# PeriPAN: Direct Patient Consultations by Month

*as of December 31, 2025*



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# Projects in Process

- **Pathways**
  - Cohort 1 implementation meetings launched in January with UTMB PeriPAN
  - Pathways Access Program Advisory Council
- **Collaboration Updates**
  - Joint submission with Lifeline for Moms for PSI Conference
  - Submission to present at Lifeline for Moms National Network Summit
  - Iowa Perinatal Psychiatry Access Program discussion
- **Continued work on:**
  - Welnity improvements
  - HB18 implementation
  - Trayt updates



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# 2026 PeriPAN/Be Well MMHSUD ECHO Series

## Topics Finalized to Compliment Webinars

| Month     | Webinar Topic  | ECHO Topic   |
|-----------|--|--|
| January   | Psychopharmacology: Common Psychotropics for Maternal Mental Health Conditions                           | Psychopharmacology for Perinatal Depression and Anxiety  |
| February  | Supportive Strategies for Nutrition, Weight concerns, and Hyperemesis Gravidarum in the Perinatal Period | Managing Co-Occurring -Health Conditions in Women with Behavioral Health Conditions                    |
| March     | Postpartum Psychosis: Differentiating Delusions from Intrusive Thoughts                                  | Post-Partum Support for Parents  |
| April     | Mental Health Challenges Related to Infertility  | Substance Use Impacts on Infertility and Miscarriage   |
| May       | Maternal Mental Health Conditions and Screening Practices  | Engagement and Motivation Enhancement Strategies for Pregnant and Post-Partum Women who use Substances |
| June      | Understanding Trauma and PTSD in the Perinatal Population  | Utilizing Peer Recovery Support Specialists to Build Patient Engagement and Trust                      |
| July      | Cultural Influences on Perinatal Mental Health: Addressing Stigma  | Common Implementation Challenges: Integrating Behavioral Health Interventions into Fast-Paced Clinics  |
| August    | Impact of Special Health Needs of Newborn on Families  | Parent-Infant Bonding During SUD Treatment   |
| September | Assessing Suicide Risk and Implementing Safety Measures in Perinatal Mental Health                       | Managing Post-Partum Depression  |
| October   | Medication-Assisted Treatment for Substance Use Disorder in the Perinatal Population                     | Addressing Stigma Toward MOUD Treatment in Patients and Caregivers                                     |
| November  | The ACE Study and Its Implications for Generational Mental Health  | The ACE Study and Its Implications for Generational Substance Use and Substance Use Disorders          |






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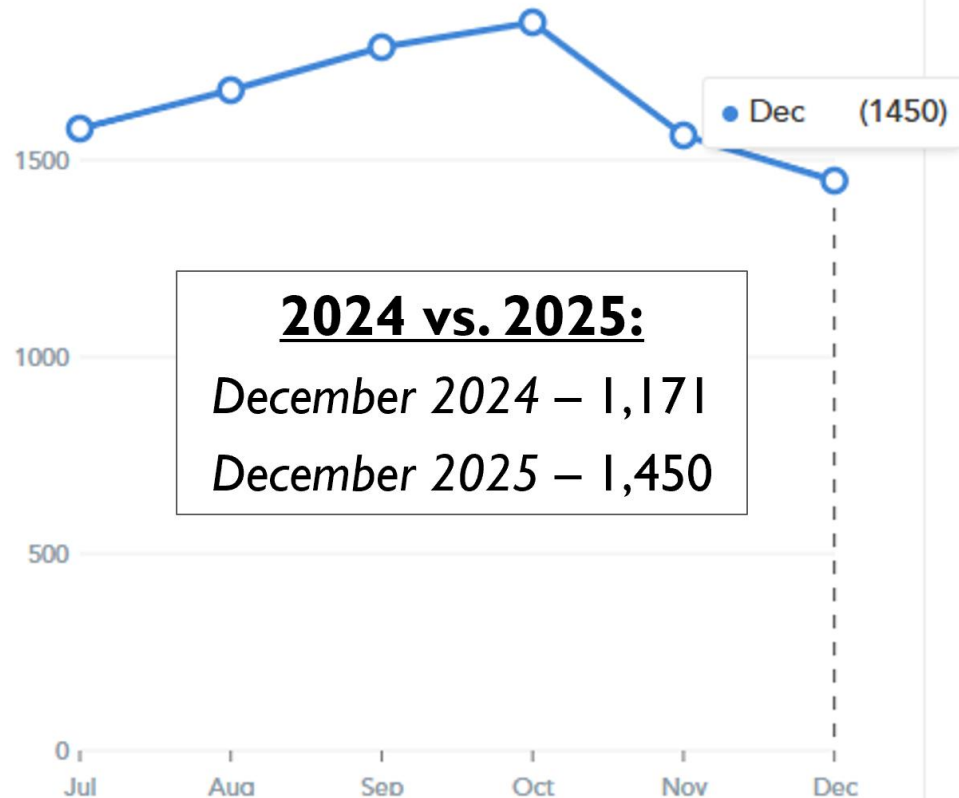


CPAN

# CPAN: Consultation Volume & Enrollment

as of December 31, 2025

Monthly Consult Volume 



## Access Enrollments - All Programs

15129

PROVIDERS



3215

CLINICS



## CPAN Consult Activity

63388

COMPLETED  
CONSULTS



53152

PATIENTS  
SERVED (EST.)



99.3%

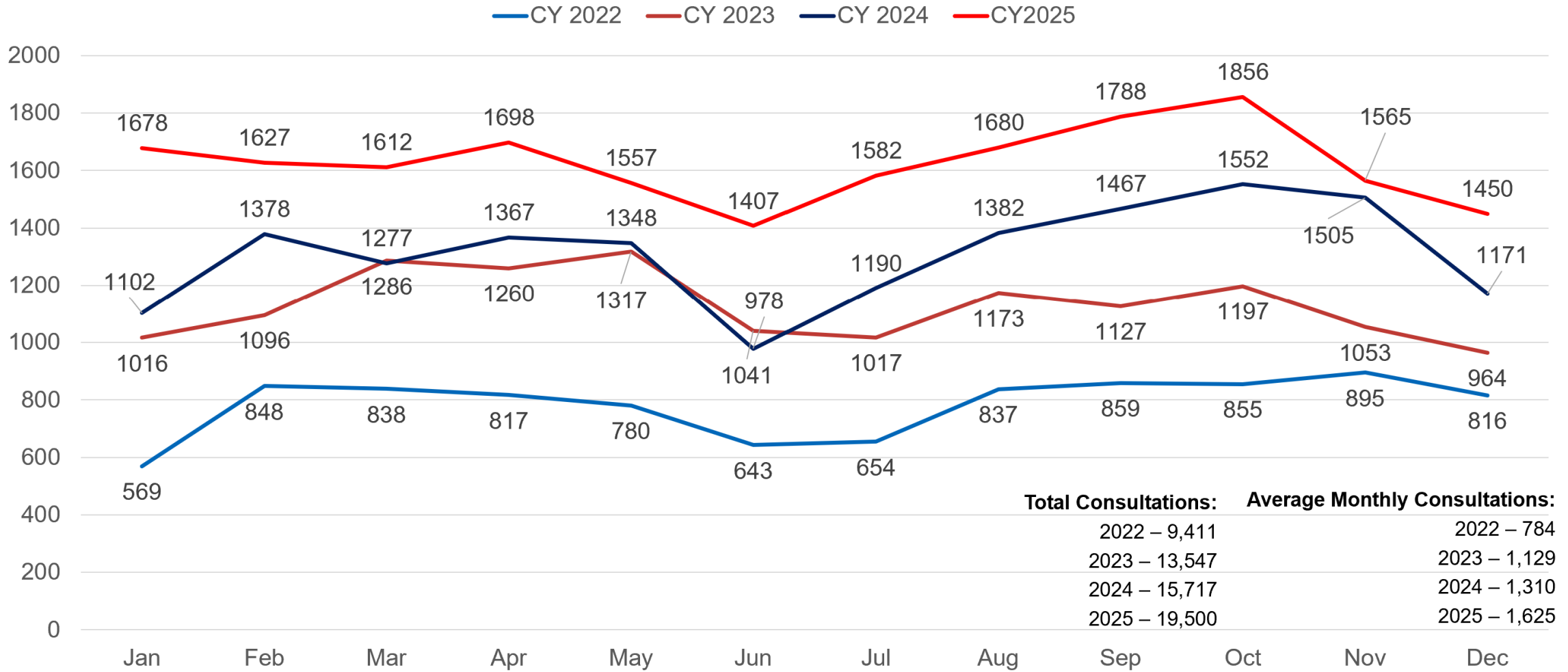
RESPONSE  
WITHIN  
30 MIN

3.97

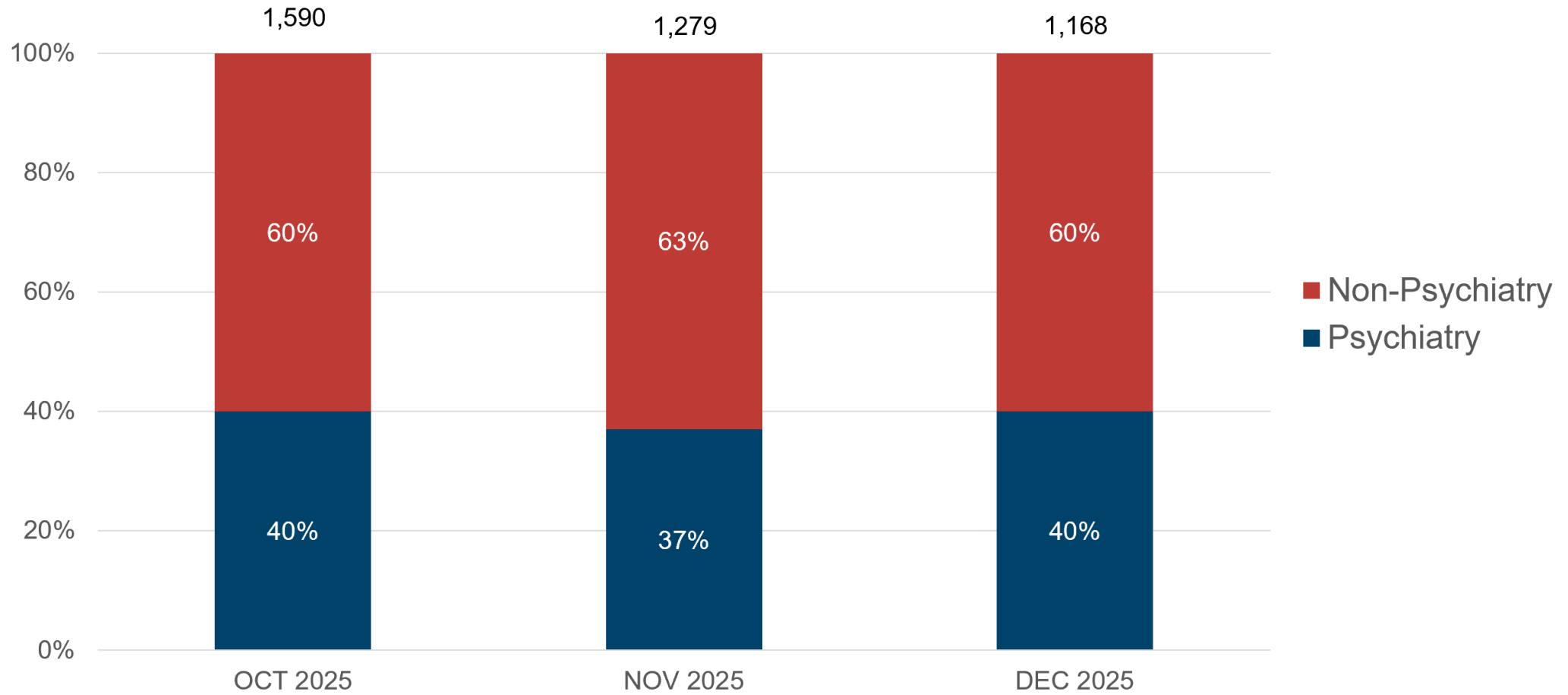
MEDIAN  
RESPONSE  
TIME (MIN)



# CPAN: Consultations by Month & Calendar Year, *as of December 31, 2025*

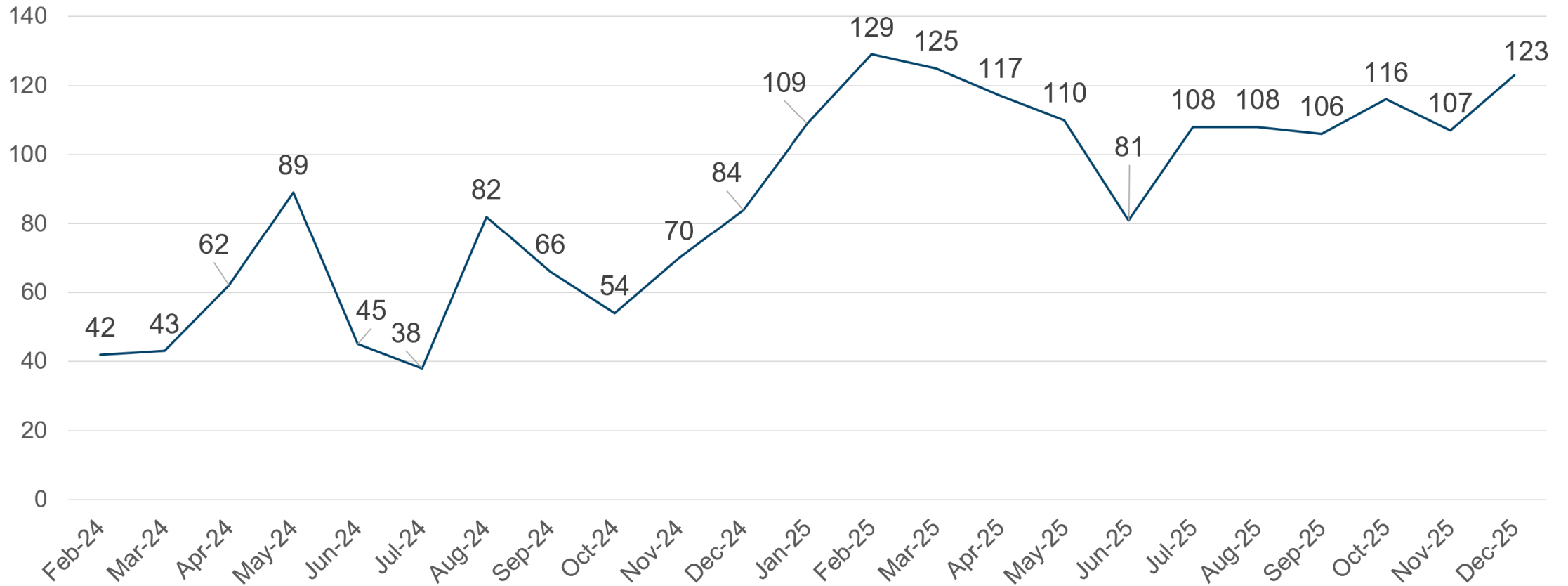


# CPAN: Provider Consultations by Type (Psychiatry & Non-Psychiatry), October 2025 – December 2025



# CPAN: Direct Patient Consultations by Month

as of December 31, 2025



# Trayt Updates

- **HB 18**
  - Trayt changes are complete
  - Export updates will be completed in February
- **PCP Portal**
  - Starting rollout discussion to all providers enrolled in CPAN/PeriPAN
    - Communication plan
    - Outreach plan



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# Projects in Process

- CPAN/PeriPAN Dashboard Improvements
- Direct Consult Dashboard Improvements
- CPAN/PeriPAN automating displays of HRI contribution to consults
- Experience Surveys
- Welnity Improvements: Referral form Changes
- CPAN CME Enduring Materials
- Spring CPAN CME



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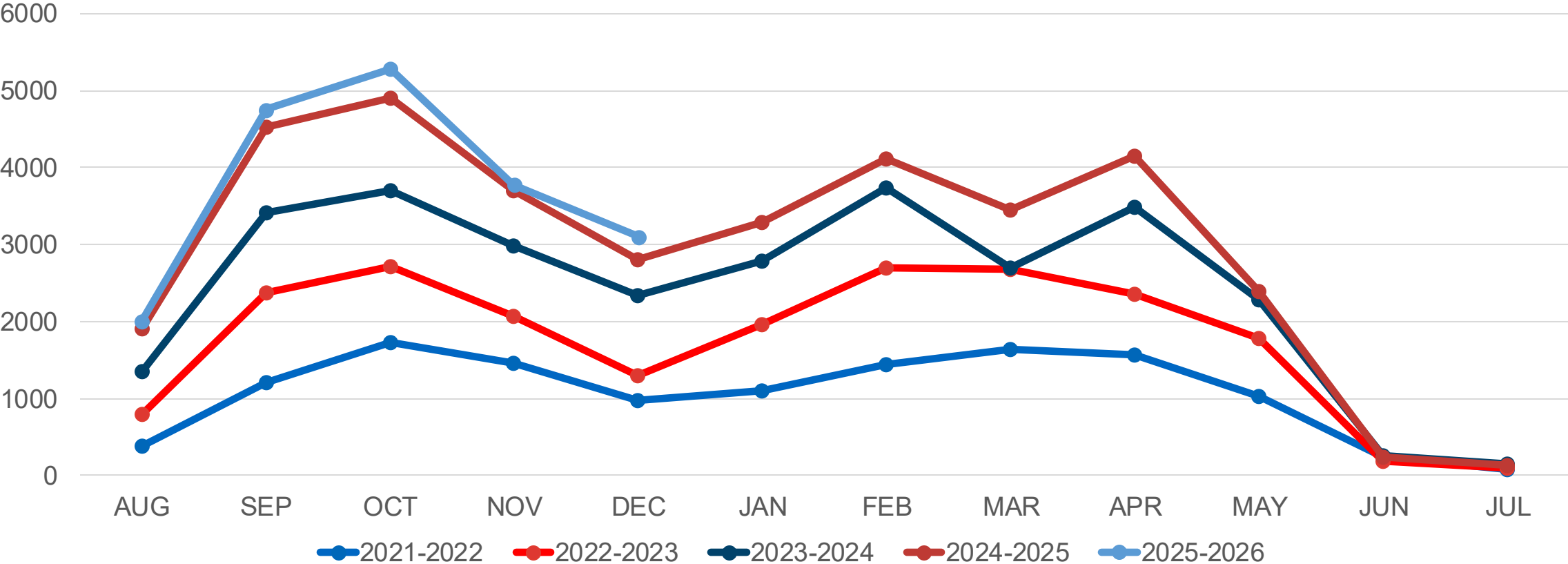
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TCHATT

# TCHATT: Referrals

as of December 31, 2025



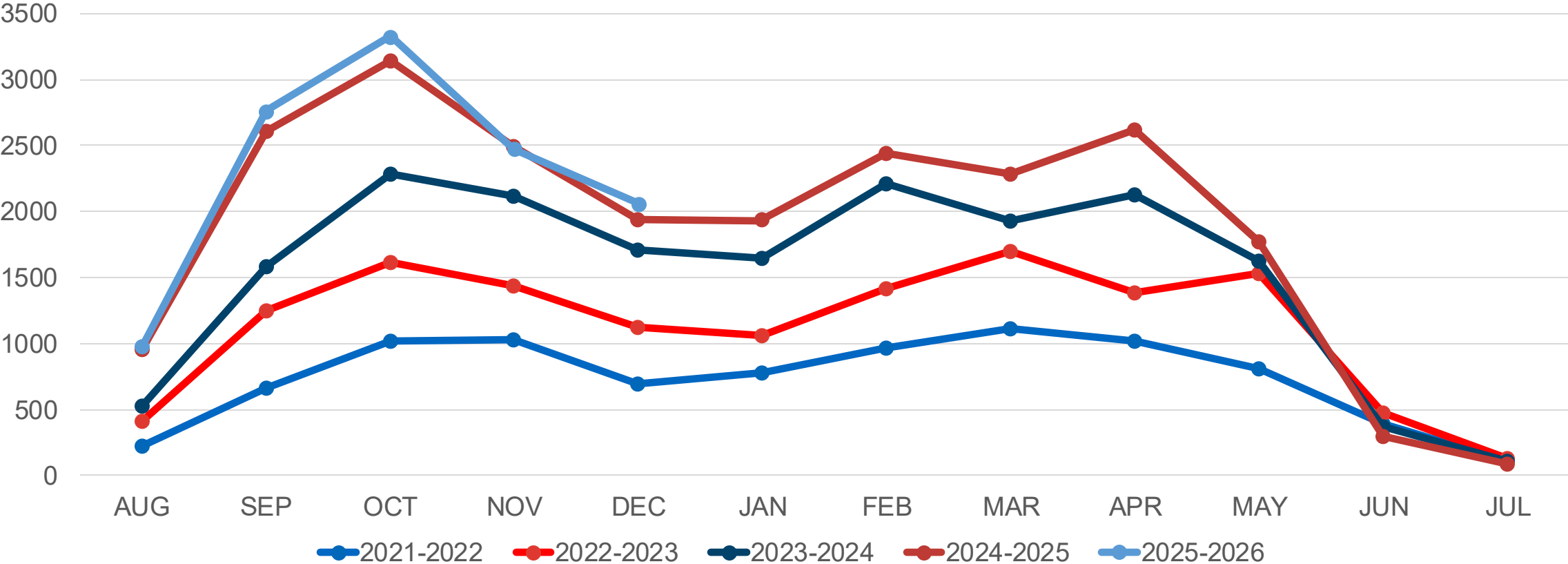
Total Students Referred to the Program – 120,368

\* this data is preliminary and is subject to change



# TCHAT: Enrollment

as of December 31, 2025

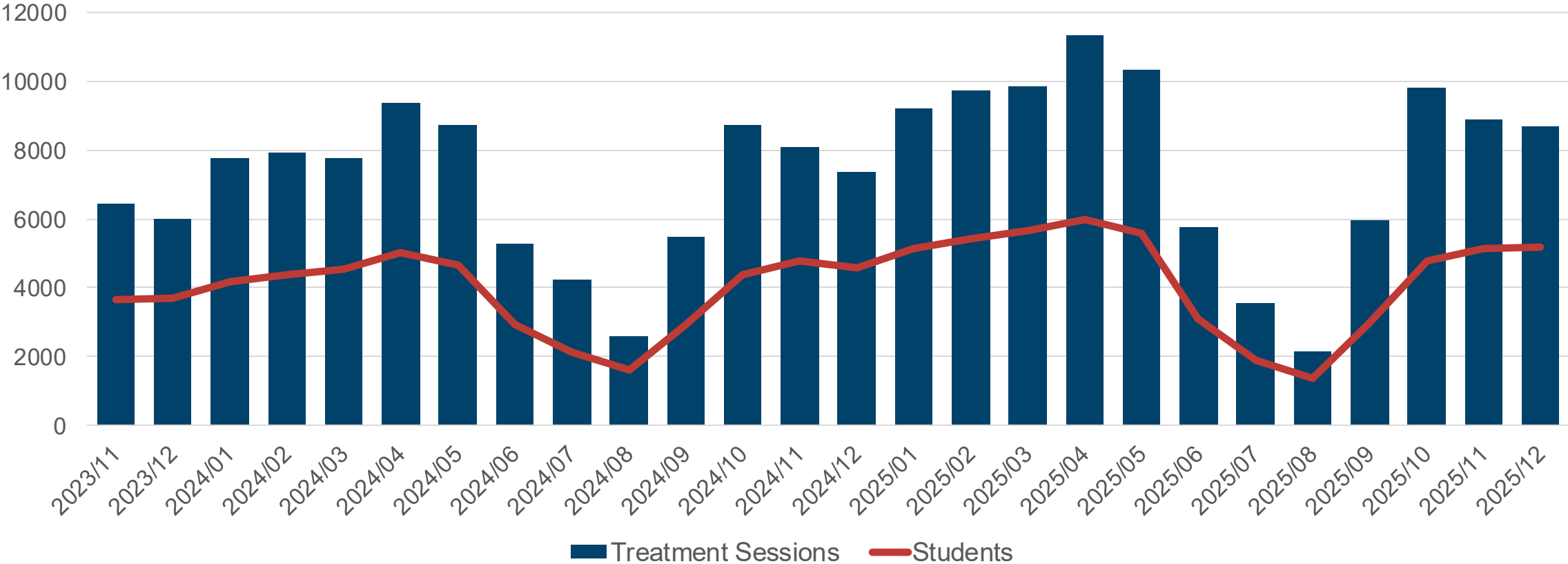


\* this data is preliminary and is subject to change



# TCHATT: Number of Treatment Sessions and Clients Served by Month

*as of December 31, 2025*

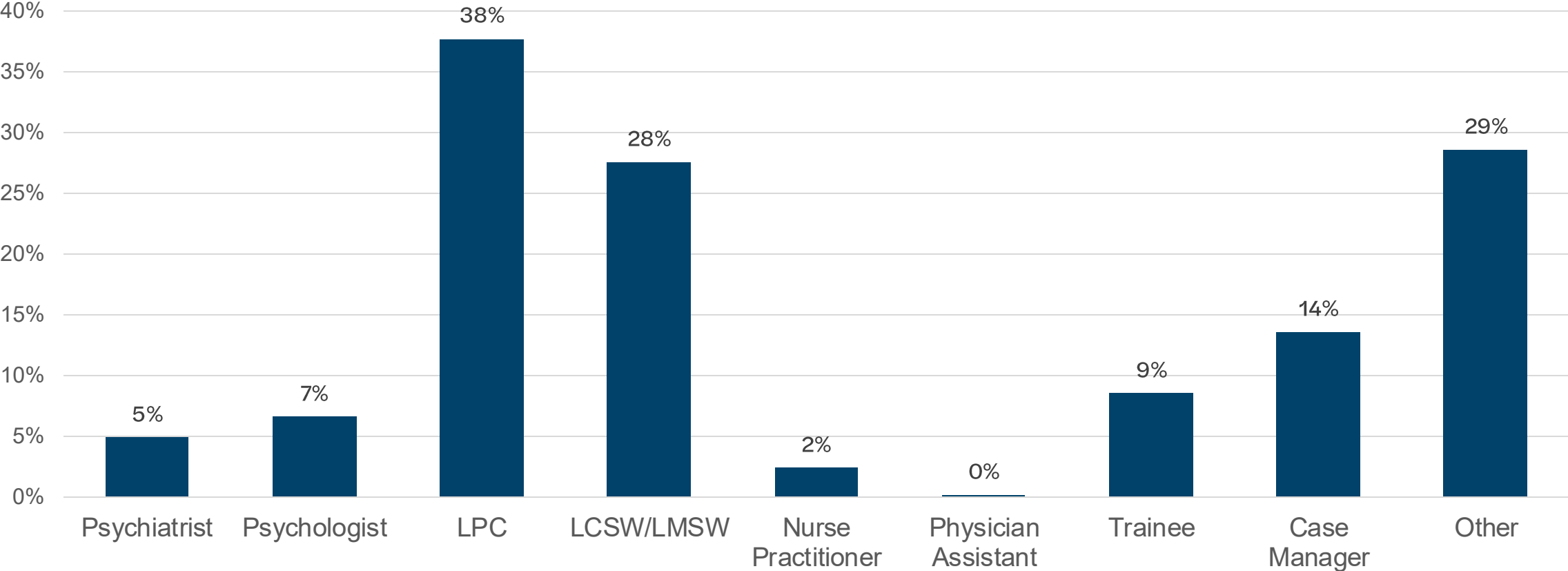


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Through Telemedicine

# TCHATT: Percent of Sessions by Participating Providers

September 1, 2021 – December 31, 2025



Note: More than one provider may participate in a session.



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Through Telemedicine

# Projects in Process

- Wrapping up completion of Trayt Training materials development project.
- Presentation Workgroups – Kicked off workgroups to begin creation of TCHATT Presentation Library.
- Working with UTS to develop Trayt needs for HB18 implementation.
- First HRI has begun work on identifying needs and developing project outline for EHR implementation.
- Working with HRIs to gather information needed for Third Party billing data needs.
- Working with UTS to plan the TCHATT Summit



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