

Normal Grief and Loss vs. PTSD

Register Here



Register using this [link](#)



June 9, 2026

12:00 - 1:00 P.M. CT

Virtual Meeting

Raja Kiani, MD

Texas Tech University Health
Sciences Center

Overview

Primary Care Physicians currently demonstrate a significant gap in knowledge and clinical competence regarding the identification and management of mental health disorders in youth. This professional practice gap is primarily attributed to insufficient training and limited access to mental health resources. As a result, PCPs often serve as the first point of contact for families dealing with adolescent mental and behavioral health issues, yet they report lacking the necessary skills to effectively screen, assess, and treat conditions such as depression, anxiety, suicidal ideation, and behavioral disorders. This series aims to enhance PCPs' capabilities in recognizing and managing mental health conditions to improve outcomes for youth within their clinical practice.

Learning Objectives

At the conclusion of this activity, the participants should be able to:

- List the 3 phases of grief, and approximate timelines of the processes
- Identify ways that grief responses in infants, children, and adolescents may look different than adult patterns of grieving
- Distinguish diagnostically between normal grief, complicated grief, depression, and posttraumatic stress disorder, and distinguish the treatments thereof

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



tcmhcc
Texas Child Mental
Health Care Consortium

CPAN
Child Psychiatry
Access Network

PeriPAN
Perinatal Psychiatry
Access Network

Baylor
College of
Medicine