

## ADHD Part 1: Uncomplicated ADHD

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**July 14, 2026**

12:00 - 1:00 P.M. CT

Virtual Meeting

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Texas A&M University System  
Health Science Center

## Overview

Primary Care Physicians currently demonstrate a significant gap in knowledge and clinical competence regarding the identification and management of mental health disorders in youth. This professional practice gap is primarily attributed to insufficient training and limited access to mental health resources. As a result, PCPs often serve as the first point of contact for families dealing with adolescent mental and behavioral health issues, yet they report lacking the necessary skills to effectively screen, assess, and treat conditions such as depression, anxiety, suicidal ideation, and behavioral disorders. This series aims to enhance PCPs' capabilities in recognizing and managing mental health conditions to improve outcomes for youth within their clinical practice.

## Learning Objectives

At the conclusion of this activity, the participants should be able to:

- Explain ADHD signs and symptoms in children and adolescents
- Describe diagnosis of ADHD in children and adolescents
- Differentiate treatments for ADHD in children and adolescents
- Describe CPAN as a resource for PCPs

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Texas Child Mental  
Health Care Consortium

**CPAN**  
Child Psychiatry  
Access Network

**PeriPAN**  
Perinatal Psychiatry  
Access Network

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