

Behavior Disorders in Preschool/Early Childhood: What Every PCP Should Know

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November 11, 2025

12:00 - 1:00 P.M. CT

Virtual Meeting

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Overview

Primary Care Physicians currently demonstrate a significant gap in knowledge and clinical competence regarding the identification and management of mental health disorders in youth. This professional practice gap is primarily attributed to insufficient training and limited access to mental health resources. As a result, PCPs often serve as the first point of contact for families dealing with adolescent mental and behavioral health issues, yet they report lacking the necessary skills to effectively screen, assess, and treat conditions such as depression, anxiety, suicidal ideation, and behavioral disorders. This series aims to enhance PCPs' capabilities in recognizing and managing mental health conditions to improve outcomes for youth within their clinical practice.

Learning Objectives

At the conclusion of this activity, the participants should be able to:

- Improve familiarity with common symptoms, causes, and treatments of early childhood behavior disorders.
- Identify methods for identification and delineation between the following disorders in children ages 2-5: ADHD, ASD, ODD, Anxiety Disorders, Trauma/Attachment Disorders.
- Assess these early childhood disorders, know what treatments are available, and discuss treatment and referral options with families.

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