

Depression Assessment: Collaborative Care Model and Child Psychiatry Access Network

Register Here



[Register using this link](#)



October 28, 2025

12:00 - 1:00 P.M. CT

Virtual Meeting

Sophia Banu, MD

Baylor College of Medicine

Overview

Primary care providers (PCPs) have been tasked with managing the mental health needs of youth in Texas due to the severe shortage of child psychiatrists. However, many PCPs have had little training in screening, assessment, and care provision for youth with mental health disorders. This professional gap is largely due to limited exposure in medical school and compounded by inadequate mental health resources. The lack of mental health resources has resulted in primary care providers being the first and only source of assistance for youth and families that are suffering from mental or behavioral health concerns. This series is aimed to educate primary care physicians on how to recognize and diagnose mental health conditions in children and adolescents within their clinical practice.

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Learning Objectives

At the conclusion of this activity, participants should be able to:

- Introduce collaborative care model and child psychiatry access program.
- Discuss methods of assessment associated with collaborative care model and child psychiatry access program model.
- Understand differences between consult models.
- Educate on suicide prevention that can be utilized within consult model.