

Centralized Operations Support Hub (COSH)

Our role in collaboration, operational excellence, and support across Texas

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C = Collaborate

O = Operationalize

S = Support

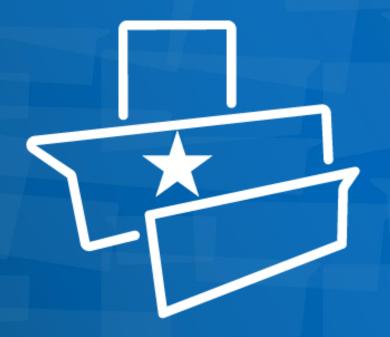
H = Help



CPAN
Child Psychiatry
Access Network

PeriPAN

Perinatal Psychiatry Access Network



CPAN

Child Psychiatry Access Network

Quality Improvement Project 2024-2025

COSH worked in collaboration with HRIs to develop internal goal categories for CPAN/PeriPAN

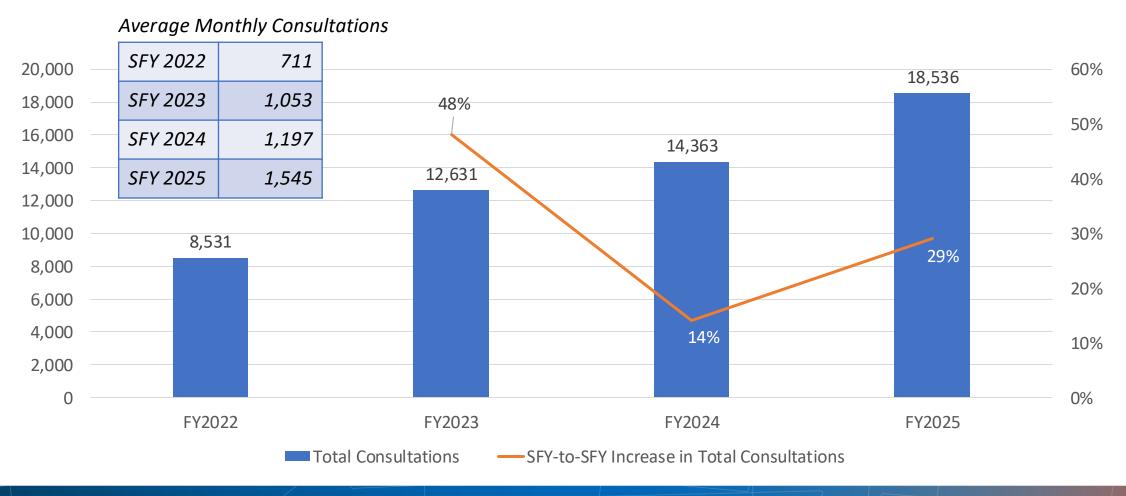








CPAN Fiscal Year Consultation Summary









Technology that Connects Our Teams



- Facilitated workgroups and offered technical/user support
- Managed projects focused on platform upgrades

Trayt Health

PCP portal & provider dashboard

Beta Launch Fall 2025

Supported feature rollouts:

- Assessments in CF2
- Export Engagement Segments
- Direct to Patient Consults
- NPI feature
- Direct Consults & Call on Behalf features



- Oversight of troubleshooting tickets & resolutions
- Guided improvement initiatives through workgroups







Collaboration that connects Texas



- Developed collaborative content including newsletters, social media, and website materials
- Organized exhibitor participation and speaking opportunities



- Organized exhibitor participation and speaking opportunities
- Collaborated on increasing Exposure for CPAN



 Collaborated on CPAN outreach opportunities







Expanding Education



CPAN Webinar Series

- Designed an annual curriculum of topics
- Coordinated speakers and content developers and offered support
- Coordinated implementation and outreach to engage clinicians across Texas



CPAN ECHO Series

- Transitioned to statewide platform
- Coordinated implementation and outreach to engage clinicians across Texas
- Coordinated speakers and content developers and offered support



Safety A Training

- Training opportunities to PCPs in Texas
- Train CPAN staff in SAFETY-A to support PCPs
- Outcomes
 - 68 primary care providers (PCPs) trained
 - 288 total uses over 6 months
 - Used an average 7x per PCP







How We Keep CPAN/PeriPAN Supported and Achieving Excellence

How coordination, data, and communication make impact possible







Meetings & Coordination:

- Daily lead huddles & solutions meetings with HRIs
- COSH directors & leadership meetings
- Monthly CPAN/PeriPAN meetings with COSH
- CPAN Weekly Educational Resource Workgroup
- Ad hoc, onboarding, and LTC meetings
- CPAN/PeriPAN internal newsletter
- CPAN/PeriPAN CME series, presentations, and metrics
- Conference roadmap
- Presenter recruitment

Data

- Ad hoc data reviews to better support HRIs
- Attendance metrics & provider breakdowns
- Ql data projects

Communication

- National connections (MCPAP, NNCPAP, etc.)
- Local organizations (TPS, TAFP, etc.)



Perinatal Psychiatry Access Network (PeriPAN)



Technology that Connects Our Teams



- Facilitated workgroups and offered technical/user support
- Managed projects focused on platform upgrades

Trayt Health

PCP portal & provider dashboard

Beta Launch Fall 2025

Supported feature rollouts:

- Assessments in CF2
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Social Media posts Website updates

Collaboration that connects Texas



- Developed collaborative content including newsletters, social media, and website materials
- Organized exhibitor participation and speaking opportunities



- Organized exhibitor participation and speaking opportunities
- Collaborated on increasing Exposure for CPAN



 Collaborated on CPAN outreach opportunities





Standardization of

Education handouts

Patient facing materials



Collaboration that connects Texas



- Coordinated joint webinars and presentations to enhance clinical knowledge and best practices among OBGYNs
- Developed and disseminated resources and toolkits



- Partnered to expand access to perinatal mental health substance support and resources
- Coordinated joint outreach efforts, including social media and community engagement campaigns
- Collaborated on ECHO sessions



- Serve on the Pathways Access
 Program Advisory Council
- Facilitate implementation meetings
- Support recruitment of OB clinics and PeriPAN staff across Texas





Expanding Education



PeriPAN Webinar Series

Total Attendance:

2023 | 821 2024 | 1207

2025* | 1173 (55 counties)

 Tracked participant engagement and assisted teams with follow-up outreach after webinars.

*through September



PeriPAN/Be Well ECHO Series

April – September Attendance

790 Participants from 47 counties

- Current series running through March 2026
- Maintained ECHO attendance records and facilitated session clinician engagement



Residency Curriculum

Resident Office Hours

- Launched March 2025
 - Case-based discussion
 - Board-style questions
 - Focused support
 - Resource sharing
- Offer mentorship for residents interested in reproductive psychiatry







How We Keep CPAN/PeriPAN Supported and Achieving Excellence

How coordination, data, and communication make impact possible







Meetings & Coordination:

- Daily lead huddles & solutions meetings with HRIs
- COSH directors & leadership meetings
- Monthly CPAN/PeriPAN meetings with COSH
- PeriPAN initiatives workgroup (monthly)
- Ad hoc, onboarding, and LTC meetings
- CPAN/PeriPAN internal newsletter
- CPAN/PeriPAN CME series, presentations, and metrics
- Conference roadmap
- Presenter recruitment
- PeriPAN residency curriculum and office hours
- TPS post partum depression workgroup and ECHO series

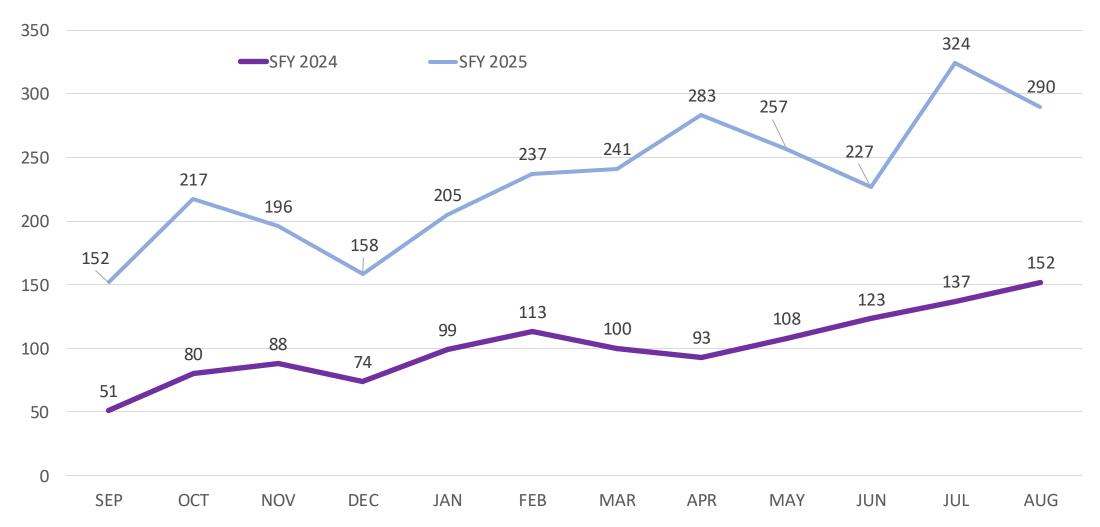
Data

- Ad hoc data reviews to better support HRIs
- Managed webinar participation data and supported teams in connecting with attendees afterward
- QI data projects

Communication

- National connections (Lifeline for Moms, MCPAP, NNCPAP, PSI, MMHLA, etc.)
- Local organizations (TPS, ACOG, TSPPetc.)

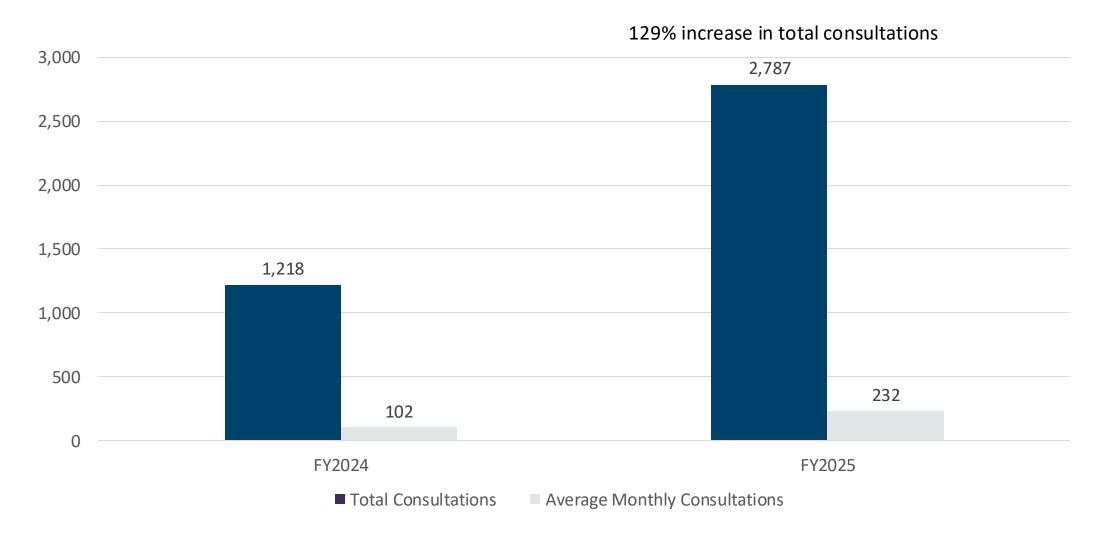
PeriPAN: Total Consultations by Month & State Fiscal Year (SFY), since Statewide Implementation (as of August 31, 2025)





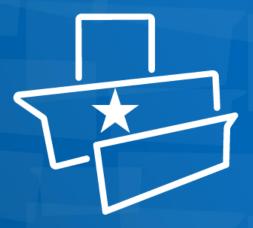
^{*} this data is preliminary and is subject to change

PeriPAN Fiscal Year Consultations Summary









TCHATT

Texas Child Health Access Through Telemedicine

Collaboration that Connects Our Teams



Welnity

- Provide live trainings to HRIs to familiarize them with the platform
- Coordinate workgroup to improve usability and compliance with new reporting requirements



Trayt

- Automated Assessment Implementation
- Workflow Improvements
- SSO
- EHR



TEA

- ESC Collaboration
- Training and presentations
- Fingerprinting



Meetings & Coordination

- HRI & leadership meetings
- Intermediate Services Workgroup
- Presentation Workgroup
- Onboarding and platform training support for HRIs
- Monthly Informal Ops meetings
- CHC collaboration
- Conference Roadmap planning

Data

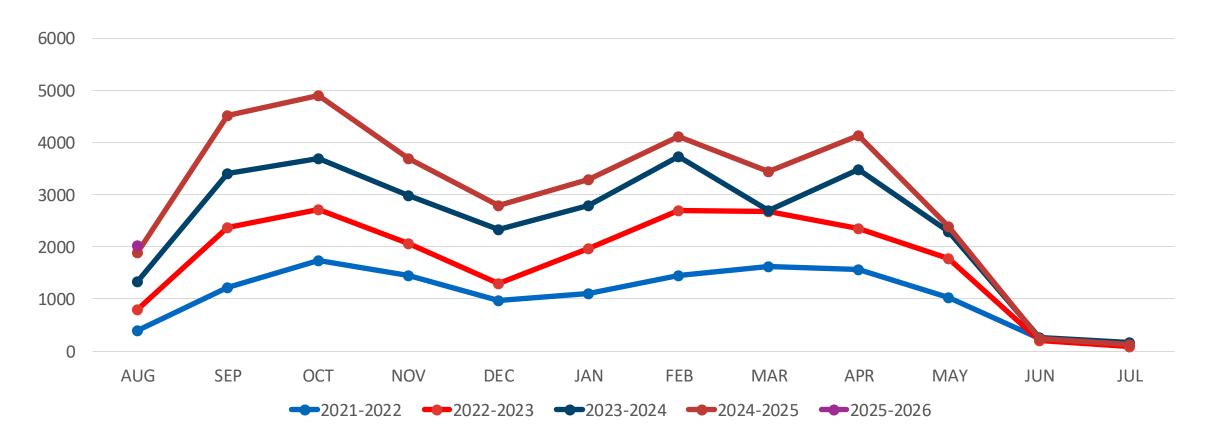
- Regular data reviews to better support HRIs
 - Referral Data Metrics
 - Automated Assessment Metrics
 - Inactivity
 - District Engagement

Communication

- Facilitate communication between HRIs to share best practices
- Work with teams to have a clear understanding and implementation of policy
- TCHATT internal newsletter
- Resources shared on TCHATT SharePoint site

TCHATT Referrals

as of 8/31/2025



Total Students Referred to the Program – 109,354

* this data is preliminary and is subject to change



TCHATT: Fiscal Year Summaries (as of August 31, 2025)

AVERAGE REFERRALS PER MONTH:

YEAR-TO-YEAR PERCENT INCREASE (REFERRALS):

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FY2022-FY2023 - 62.04%

FY2023-FY2024 - 37.74%

FY2024-FY2025 - 19.83%

AVERAGE CLIENTS PER MONTH:

YEAR-TO-YEAR PERCENT INCREASE (CLIENTS):

TCHATT: Fiscal Year Summaries (as of August 31, 2025)

AVERAGE SESSIONS PER MONTH:

YEAR-TO-YEAR PERCENT INCREASE (SESSIONS):

FY2022 - 2,719

FY2023 - 4,453

FY2024 - 6,329

FY2025 - 7,651

FY2022-FY2023 - 63.77%

FY2023-FY2024 - 42.13%

FY2024-FY2025 - 20.89%