

CAP Expansion Update

Adam Brenner M.D. TCMHCC September 29, 2025

Common CAP Didactics

- Workgroup: Denise Baughn, Gunit Kahlon, Jess Sandoval, Kari Whately, Sarah Wakefield
- Proposing a quarterly virtual noon didactic
- Aim to start July 2026
- Intend to study and publish outcomes (Claire Niday) content and community building
- Surveying CAP program directors about preferred times and topics
 - Eating Disorders
 - Forensics
 - Addiction
 - Patient use of technology (screen time, social media, etc.)
 - Other



Common Disaster Training

- Workgroup: Kaylee Davis-Bordovsky, Mark Brown, Kelly Sopchak
- Proposal is for a 2-hour workshop for all psychiatry residents and fellows in Texas
- Considering offering 3 or 4 different times that program directors can select from
- Objectives:
 - Review types of disasters in Texas and relevance to Texas trainees
 - Discuss range of adverse reactions to disasters
 - Describe populations most vulnerable to adverse mental health effects of disasters
 - Understand evidence-based early interventions
 - Describe role of psychiatrists, how to get involved, and next steps to learn more

Next steps

Gathering information re Other Workforce Expansions to present to Executive Committee

