



tcmhcc

Texas Child Mental
Health Care Consortium

TX-CTRN

Texas Childhood Trauma
Research Network

Childhood Trauma Research Network (CTRN)

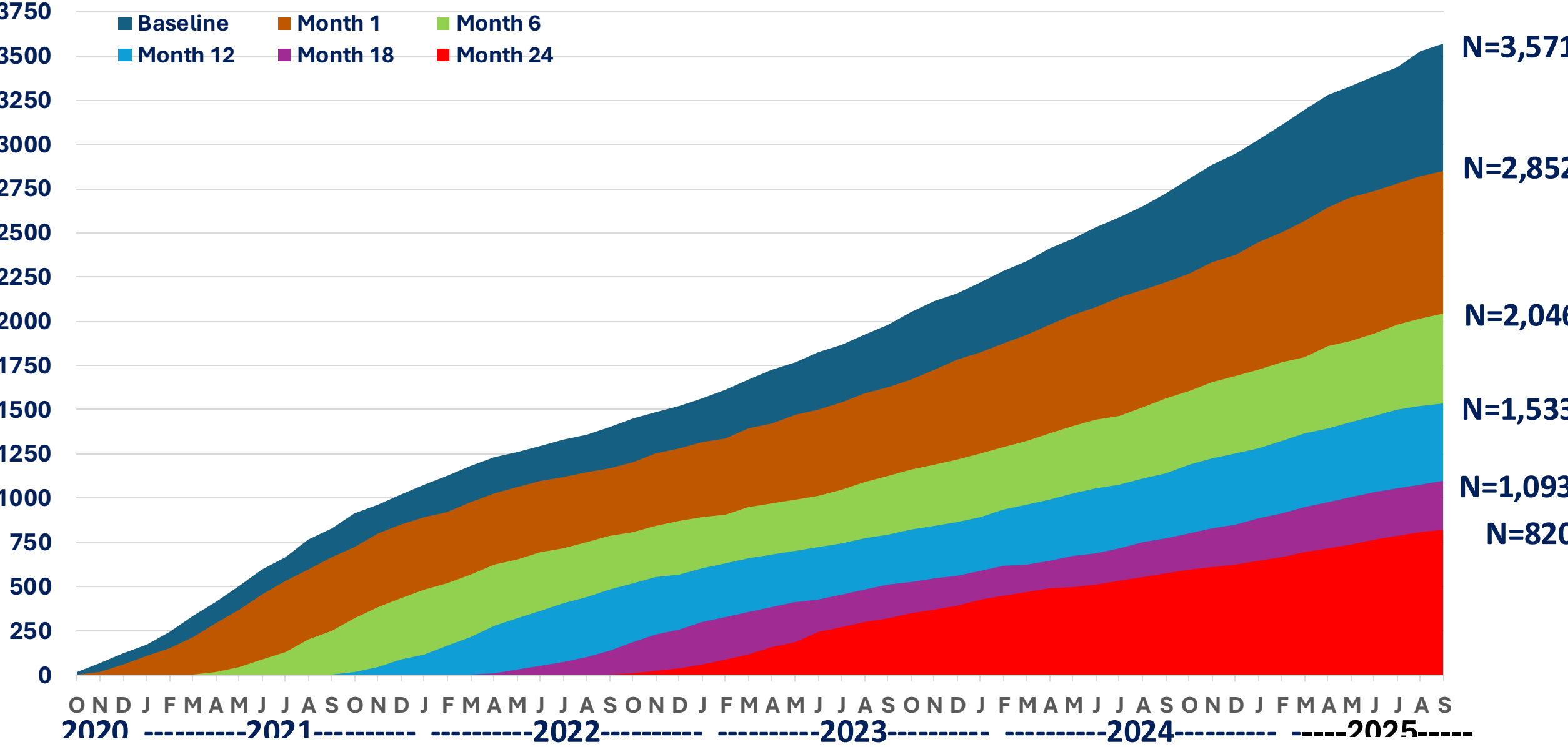
Sept 2025 Update

Charles B Nemeroff, MD, PhD

D Jeffrey Newport, MD, MS, Mdiv

Karen Wagner, MD, PhD

Total = 11,915 Visits
TX-CTRN Visit Tally
Thru 9/21/25



Texas CTRN Monthly Completed Baseline Visits by Node

Node	2020		2021		2022		2023		2024		2025		J	F	M	A	M	J	J	A	S	O	N	D	Tot
	Tot	Avg	Tot	Avg	Tot	Avg	Tot	Avg	Tot	Avg	YTD	Avg	A	E	A	P	A	U	U	U	E	C	O	E	
UT Austin	38	12.7	131	10.9	85	7.1	80	6.7	184	15.3	125	14.4	22	21	15	14	13	9	13	9	9				643
UT SW	23	7.7	154	12.8	33	2.8	137	11.4	143	11.9	92	10.6	8	16	18	8	9	6	8	12	7				582
UT Houston	9	3.0	104	8.7	74	6.2	76	6.3	67	5.6	61	7.0	5	6	6	14	6	5	11	5	3				391
UT MB	33	11.0	96	8.0	35	2.9	45	3.8	77	6.4	71	8.2	12	7	9	7	4	4	11	15	2				357
Baylor			51	4.3	45	3.8	61	5.1	104	8.7	79	9.1	13	7	13	15	5	1	3	15	7				340
UT SA	15	5.0	77	6.4	49	4.1	59	4.9	59	4.9	78	9.0	9	9	6	7	7	16	5	11	8				337
U North Tex			101	8.4	59	4.9	63	5.3	51	4.3	37	4.3	5	5	4	4	3	4	2	5	5				311
UT RGV			79	6.6	36	3.0	21	1.8	38	3.2	17	2.0			2	5	1	2	1	6					191
Tex Tech EP			50	4.2	17	1.4	32	2.7	20	1.7	27	3.1	3	5	5	4	1	3	1	3	2				146
Tex Tech			29	2.4	22	1.8	32	2.7	19	1.6	17	2.0	1	3	4	4	2	1		2					119
Tex A&M			23	1.9	40	3.3	21	1.8	24	2.0	13	1.5	1	1	1	2	2	1	1	1	3				121
UT Tyler			5	0.4	8	0.7	8	0.7	7	0.6	5	0.6	1		1	1	1			1					33
Mo. Avg.	39.3		75.0		41.9		52.9		66.1		71.7		80	80	84	85	54	52	56	85	46				3,571
Annual	118		900		503		635		793		622 → 860														

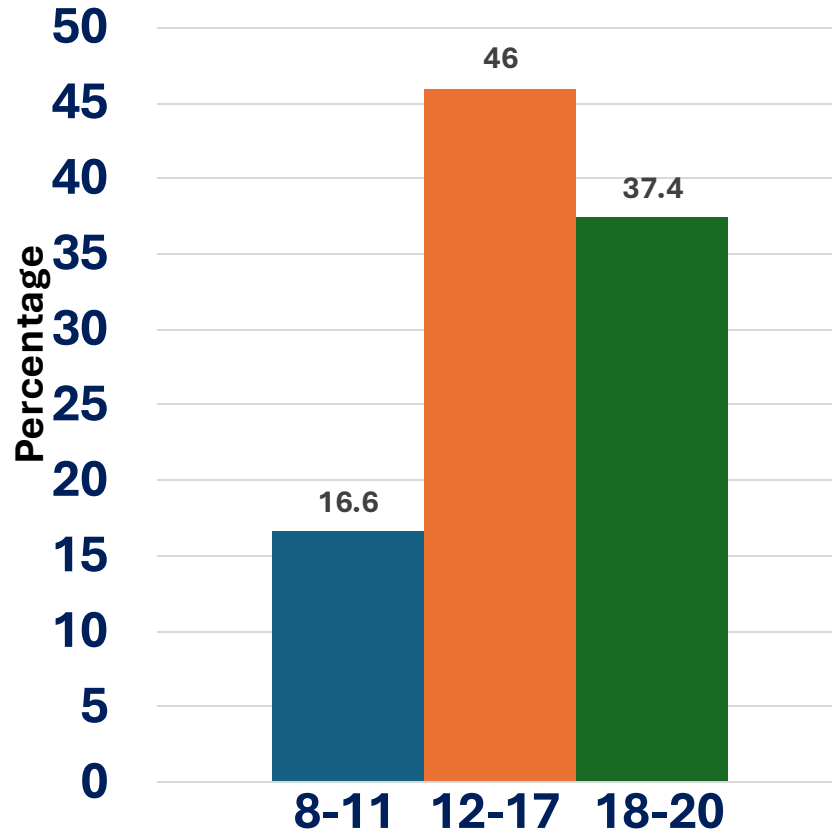
Texas CTRN Monthly Completed Visits by Node

Node	2020		2021		2022		2023		2024		2025		J A N	F E B	M A R	A P R	M A Y	J U N	J U L	A U G	S E P	O C T	N O V	D E C	Total	
	Tot	Avg	Tot	Avg	Tot	Avg	Tot	Avg	Tot	Avg	YTD	Avg														
UT SW	31	10.3	456	38.0	327	27.3	455	37.9	546	45.5	403	46.4	49	54	65	52	48	53	37	24	21				2,218	
UT Austin	58	19.3	341	28.4	366	30.5	382	31.8	575	47.9	456	52.5	73	56	60	53	46	41	50	50	27				2,178	
UT Houston	13	4.3	224	18.7	270	22.5	313	26.1	284	23.7	213	24.5	25	25	24	32	20	21	24	26	16				1,317	
UT San Antonio	20	6.7	201	16.8	205	17.1	251	20.9	241	20.1	235	27.1	25	26	19	26	22	29	30	34	24				1,153	
UT MB	55	18.3	298	24.8	158	13.2	174	14.5	211	17.6	237	27.3	25	29	32	27	19	23	33	35	14				1,133	
Baylor			108	9.0	164	13.7	196	16.3	284	23.7	243	28.0	38	22	32	53	22	12	19	27	18				995	
U North Texas			181	15.1	213	17.8	240	20.0	173	14.4	88	10.1	12	10	18	9	6	9	7	8	9				895	
Texas Tech El Paso			130	10.8	106	8.8	111	9.3	92	7.7	87	10.0	9	16	10	11	14	6	8	7	6				526	
UT RGV			147	12.3	115	9.6	50	4.2	107	8.9	60	6.9	5	9	9	13	9	7	1	7					479	
Texas A&M			50	4.2	119	9.9	113	9.4	133	11.1	57	6.6	6	7	8	8	6	7	7	4	4				472	
Texas Tech			58	4.8	87	7.3	131	10.9	110	9.2	78	9.0	3	13	5	17	12	7	10	8	3				464	
UT Tyler			10	0.8	17	1.4	24	2.0	16	1.3	18	2.1	2	3	1	3	1	5		3					85	
Mo. Avg.	59.0		183.7		178.9		203.3		231.0		250.6		272	270	283	304	225	220	226	233	142					11,915
Annual	177		2,204		2,147		2,440		2,772		2,175 → 3,007															

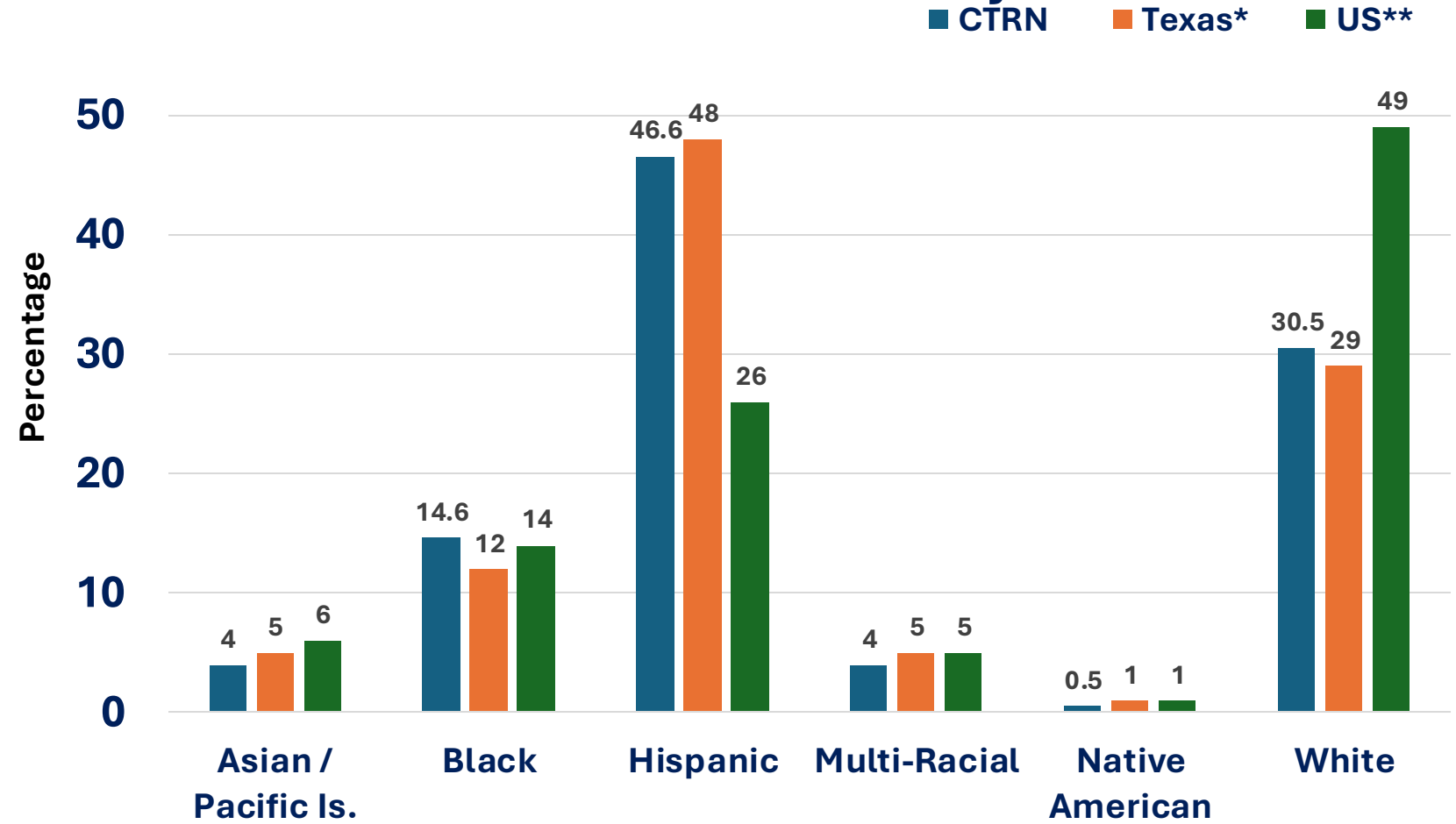
TX-CTRN Demographic Characteristics

N=3,573
Thru 9/22/2025

Age



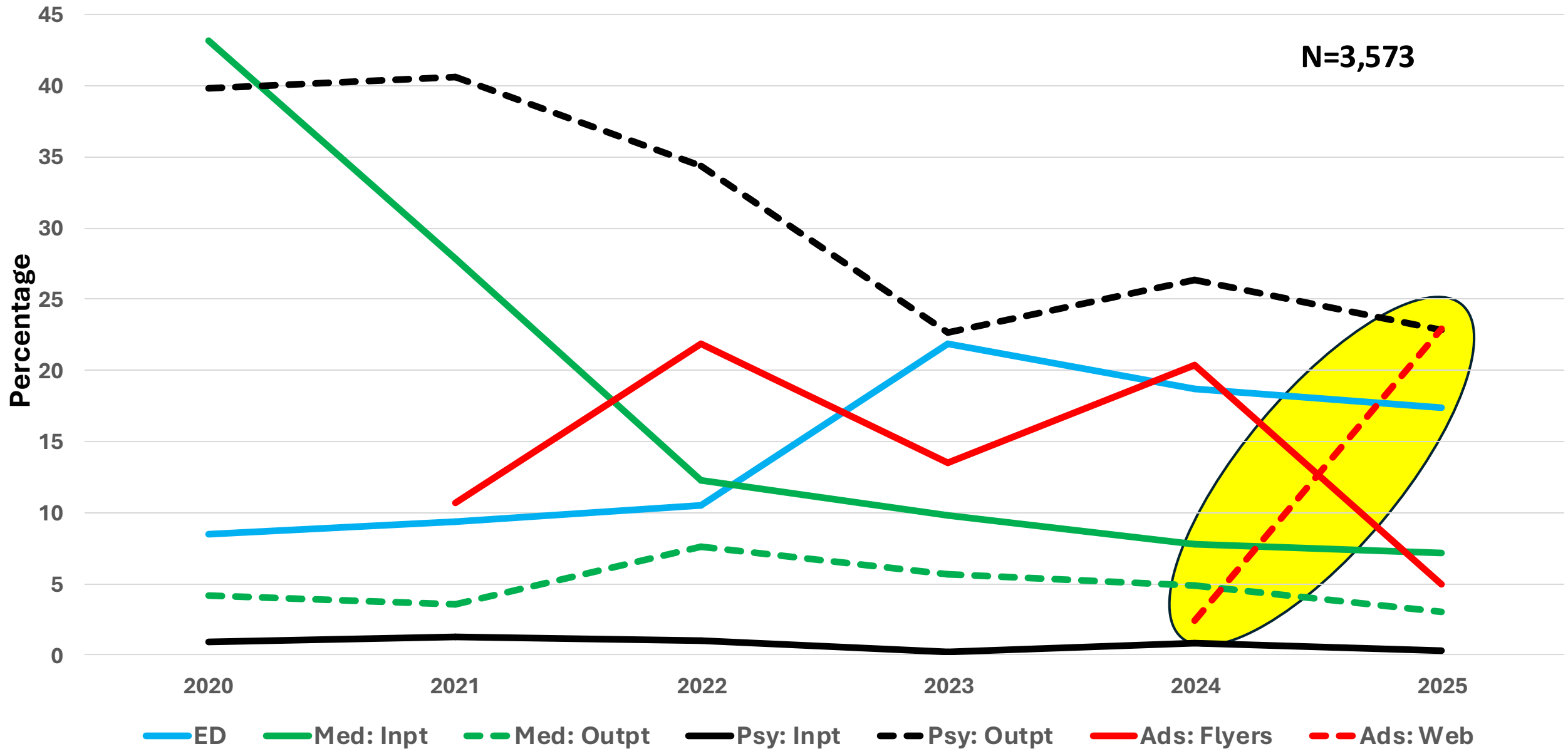
Race & Ethnicity



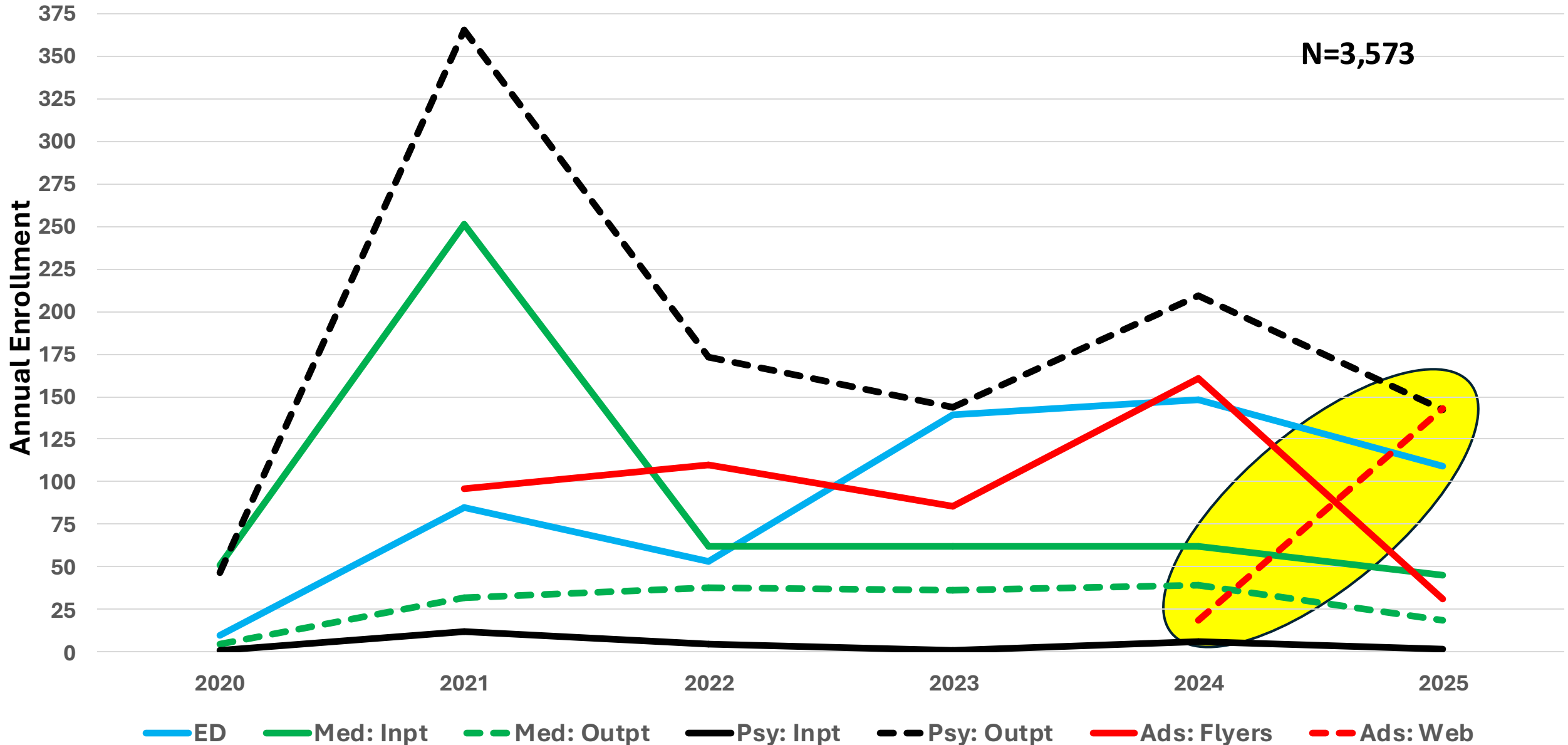
*2024 Texas Kids Count Data Book **US Census Bureau, Population Division.

2022

TX-CTRN Recruitment Source by Year

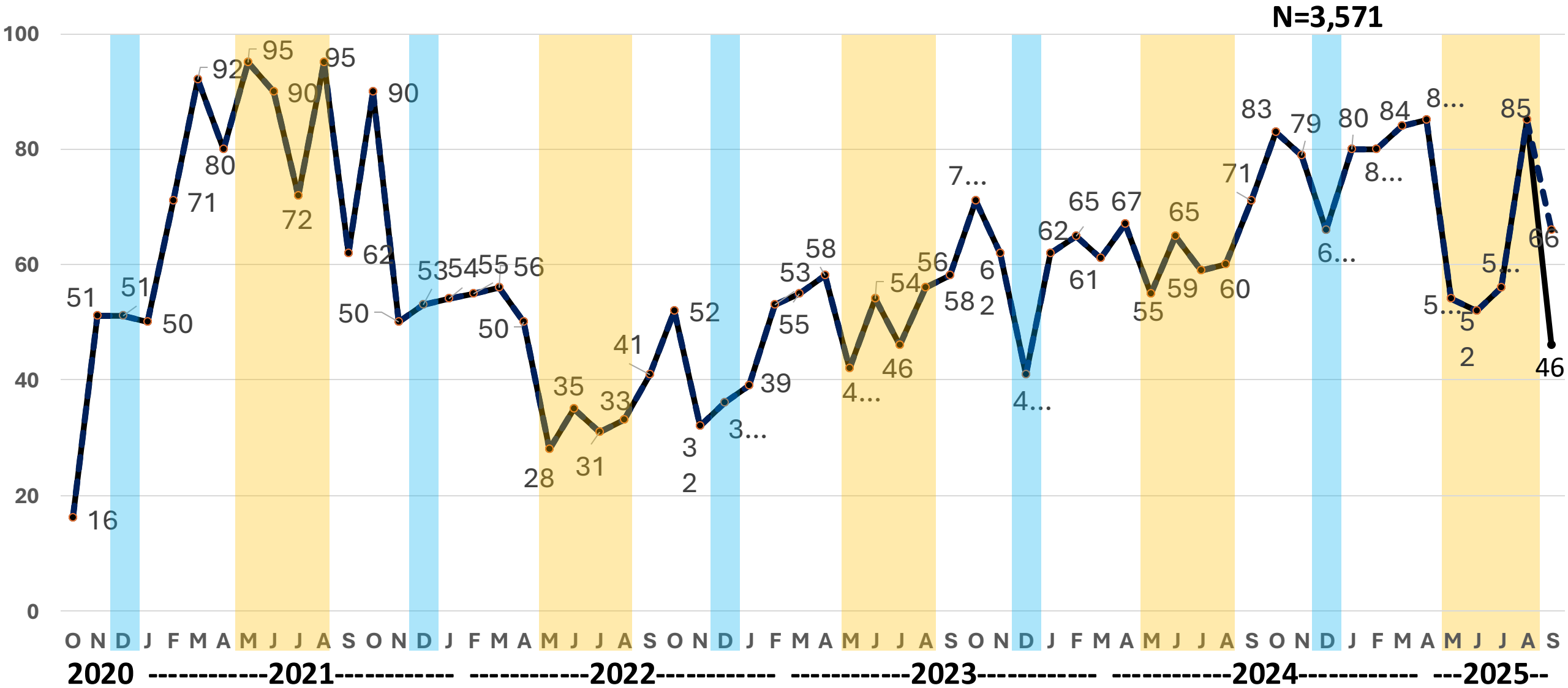


TX-CTRN Recruitment Source by Year



Texas CTRN Completed Baseline Visits by Month

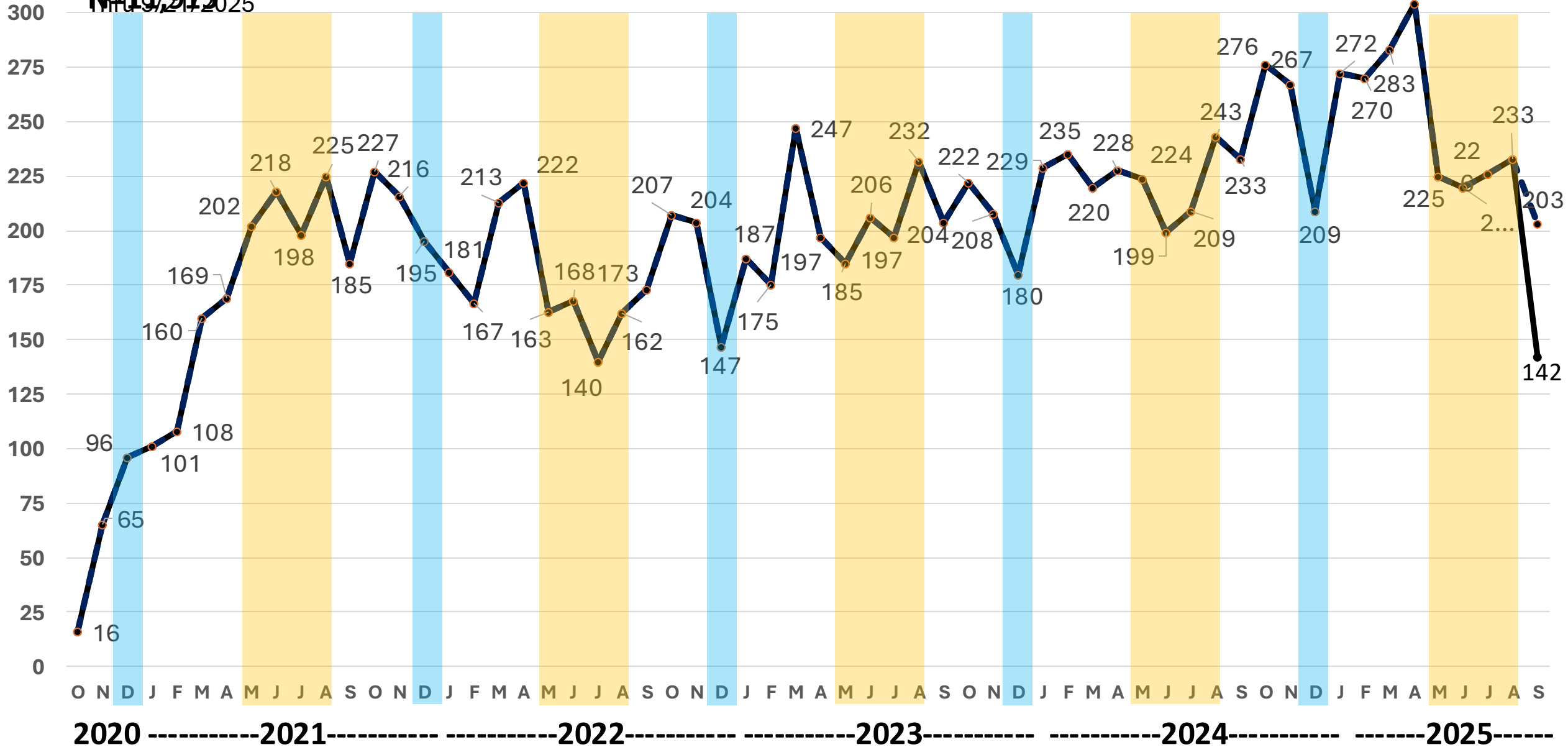
Thru 9/21/2025



Texas CTRN All Visits by Month

N=11,915

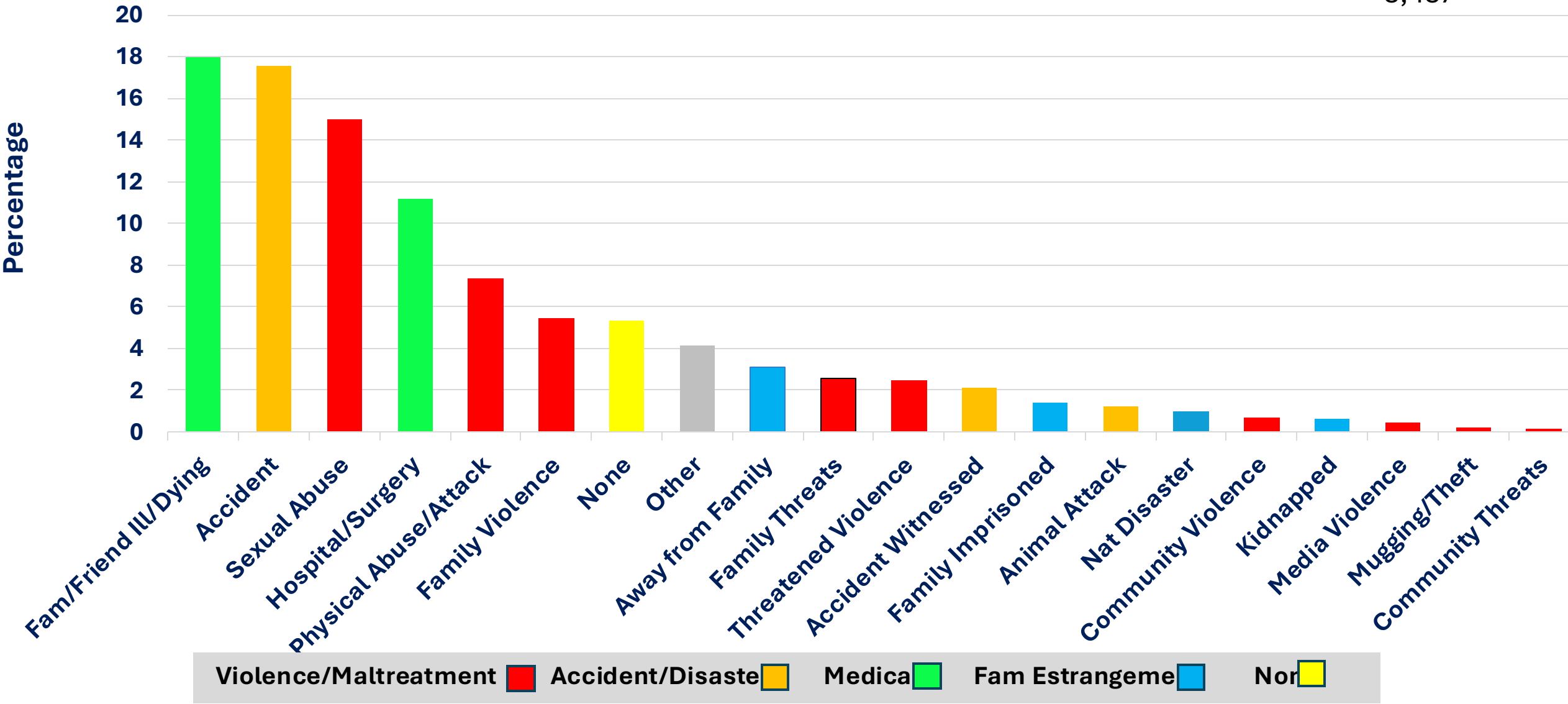
thru 9/21/2025



Worst Trauma

Thru 7/29/25

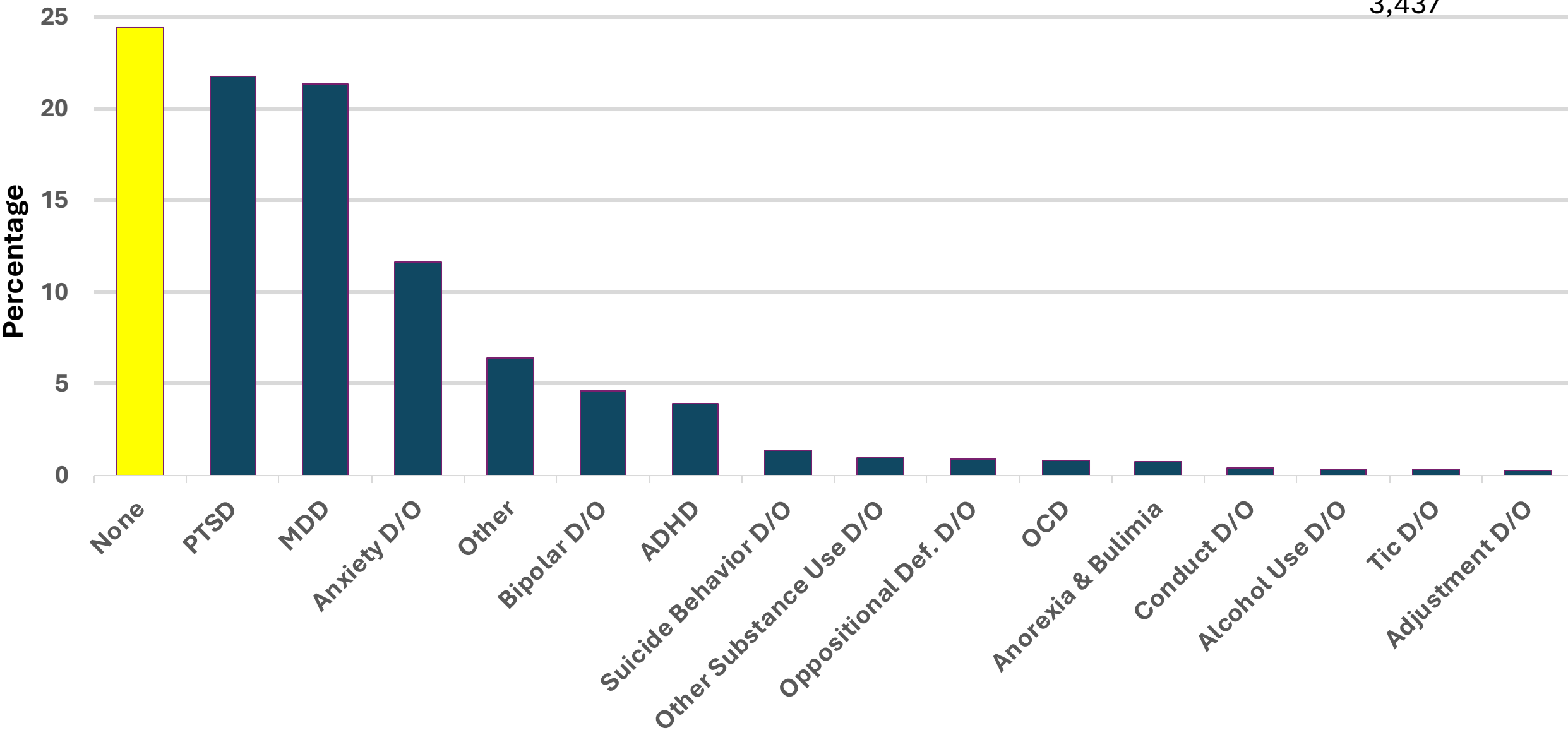
N =
3,437



DSM-5 Primary Diagnosis at Baseline

Thru 7/29/25

N =
3,437



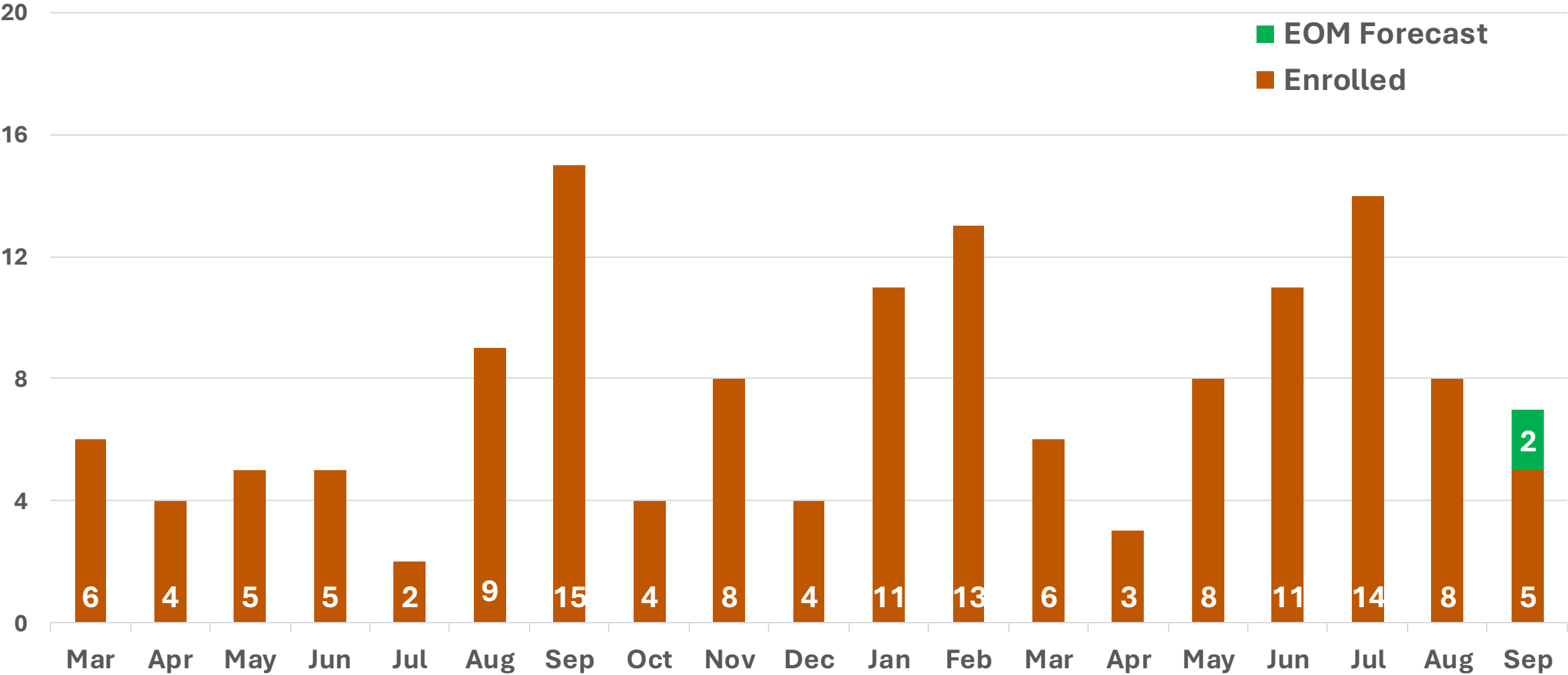
TF-CBT Summary

Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) is a short-term, evidence-based treatment that helps children and adolescents recover from trauma. Delivered over 12–24 weekly sessions (50–90 minutes), it involves both youth and caregivers through joint or separate meetings. TF-CBT teaches coping skills, improves family communication, addresses unhelpful thoughts, and supports youth in sharing their trauma story. Proven to reduce PTSD, depression, and anxiety. The study provide this treatment for free in exchange for weekly assements and being a part of CTRN's six assessment visits.

TF-CBT Enrollment Status by Month

Thru 9/21/2025

N=141



CTRN TF-CBT Updates

Node	# of Study Therapist
Baylor	1
Texas A&M	1
TT El Paso	0
TT Lubbock	1
UNTHSC	1
UT Austin	2
UT Houston	4
UTSW	3
UT Tyler	1
UTMB	2
UTRGV	1
UTHSCSA	1
Total	18

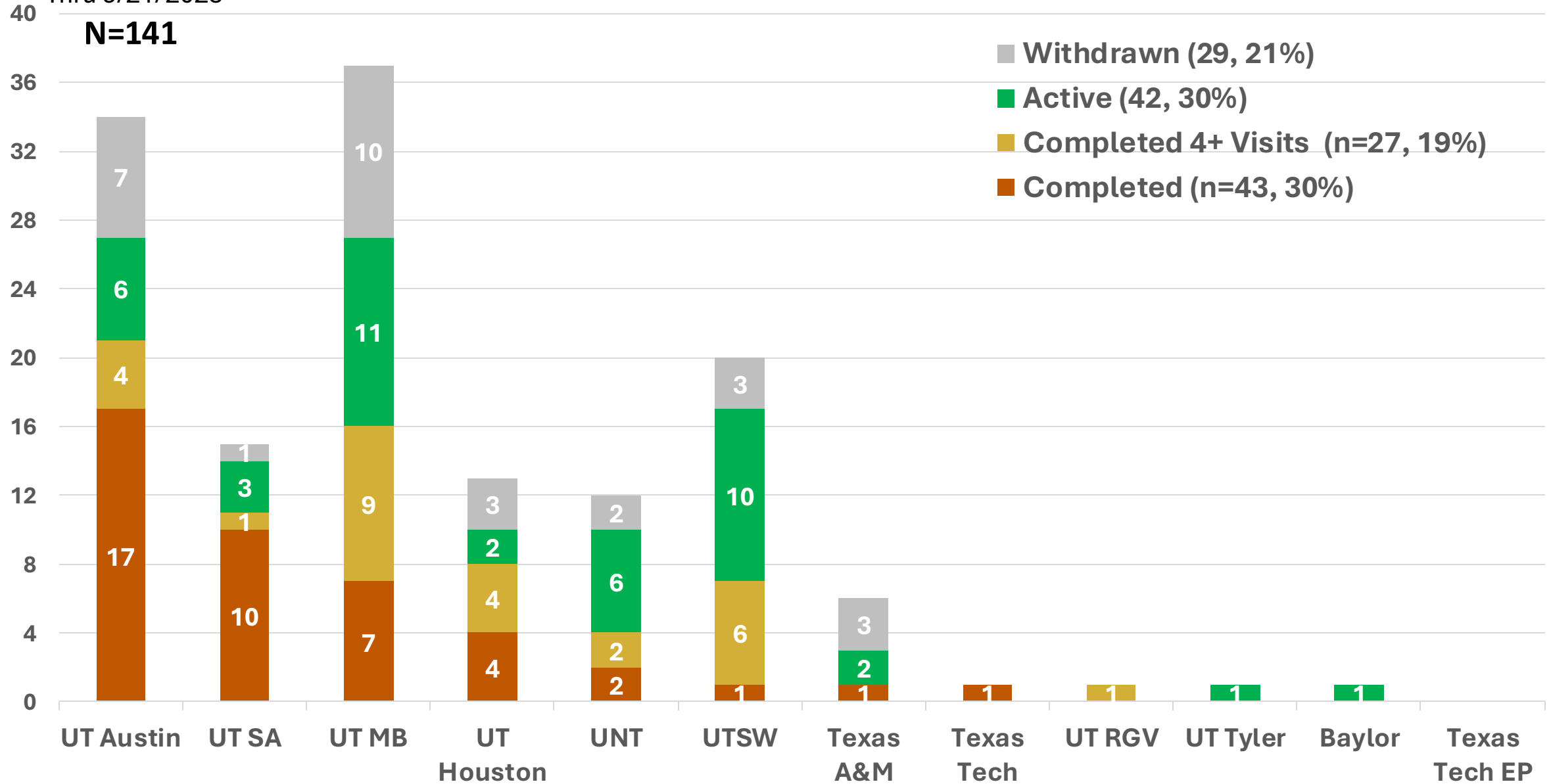
Node	# of Therapist Trained
Baylor	9
Texas A&M	7
TT El Paso	5
TT Lubbock	5
UNTHSC	5
UT Austin	6
UT Houston	6
UTSW	10
UT Tyler	3
UTMB	14
UTRGV	5
UTHSCSA	2
Total	77

- 137 youth enrolled into Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) protocol
- 43 youths completed the full course of treatment
- First Manuscript currently being developed

TF-CBT Enrollment Status by Node

Thru 9/21/2025

N=141



Texas CTRN Publications

- Have **13** manuscripts published, and **17** in development.
- Published manuscripts in highly ranked journals including *Psychiatry Research*, *Journal of Affective Disorders*, *Psychiatry Research* and *Journal of Psychiatric Research*

Texas CTRN Publications Published / In Press

Lead Author(s)	Title	Journal
J Shahidullah	Establishing a training plan and estimating inter-rater reliability across the multi-site Texas childhood trauma research network.	<i>Psychiatry Res IF: 11.22</i>
S Clark	Characterizing patterns of substance use in trauma exposed youth	<i>J Psychiatric Res IF: 4.96</i>
N Aksan	Evaluating traumatic event scoring schemas for their predictive value to concurrent diagnostic profiles: Texas Childhood Trauma Research Network	<i>J Affect Disord IF: 6.53</i>
C Dodd	Comparing diagnostic criteria for posttraumatic stress disorder in a diverse sample of trauma-exposed youth.	<i>J Trauma Stress IF: 4.10</i>
A Srivistava	The role of resilience in the development of depression, anxiety, and post-traumatic stress disorder after trauma in children and adolescents.	<i>Psychiatry Res IF: 11.22</i>
J Leri	The role of recurrent trauma on post-traumatic stress disorder symptoms and substance use among trauma exposed youth.	<i>Psychiatry Res IF: 11.22</i>
E Logue	Effects of trauma exposure and posttraumatic stress disorder on perceived social support in youth: A longitudinal investigation.	<i>Psychiatry Res IF:11.22</i>
C Pinciotti	The structure of posttraumatic stress symptoms in youth with and without obsessive-compulsive disorder: New insights using factor and network analysis.	<i>JMAD</i>
S Stewart	Longitudinal Effects of Negative Ethnic-Racial Identity Affect on Internalizing Symptoms in Youth of Latiné Background Exposed to Interpersonal Trauma.	<i>J Clin Psychiatry IF: 4.5</i>
J Leri	Latent Classes of Adolescent Trauma Exposure, Posttraumatic Stress Disorder Symptoms, and Substance Use Predict Clinical Diagnoses at 12-Month Follow-Up. Chronic Stress (Thousand Oaks).	<i>Chronic Stess IF:2.9</i>
C Pinciotti	Clinical characteristics and longitudinal associations with obsessive-compulsive disorder in youth exposed to trauma.	<i>J Trauma Stress IF:4.10</i>
S. Stewart	Validity of the PHQ-9A as a self-report screener for major depressive disorder in youth ages 10-12 years.	<i>J Affect Disord IF: 6.53</i>
O Onyeka	Exploring resource profiles among trauma exposed youth: An identity-focused, cultural, and person-centered approach.	<i>J Affect Disord IF: 6.53</i>

CTRN Faculty and Staff Updates

- Trained over **150** raters to administer research interviews
- Utilized over **30** volunteers to help with study recruitment
- Over **50** Faculty members have been involved with the study

Grants Update

- **5 grants awarded totaling \$5,506,647.**
 - 1 from the NIH (\$4,381,991)
 - 3 from the NECHMR (\$1,074,656)
 - 1 from the Hogg foundation(\$50,000)

Funding

