

Suicide: What Every PCP Should Know

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September 9, 2025

12:00 - 1:00 P.M. CT

Virtual Meeting

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Science Center

Overview

Primary Care Physicians currently demonstrate a significant gap in knowledge and clinical competence regarding the identification and management of mental health disorders in youth. This professional practice gap is primarily attributed to insufficient training and limited access to mental health resources. As a result, PCPs often serve as the first point of contact for families dealing with adolescent mental and behavioral health issues, yet they report lacking the necessary skills to effectively screen, assess, and treat conditions such as depression, anxiety, suicidal ideation, and behavioral disorders. This series aims to enhance PCPs' capabilities in recognizing and managing mental health conditions to improve outcomes for youth within their clinical practice.

Learning Objectives

At the conclusion of this activity, the participants should be able to:

- Discuss risk and protective factors for suicide.
- Identify common mental health disorders associated with suicidal thoughts, plans and actions.
- Review the suicide screening recommendations for youth.
- Describe specific suicide screening tools that can be used in primary care.
- Review evidence base for suicide safety planning.
- Review treatment planning for young people presenting with suicidal thoughts.

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