

SAFETY-A and Suicide Risk Assessment

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September 23, 2025

12:00 - 1:00 P.M. CT

Virtual Meeting

Dr. Tracy Schillerstrom

The University of Texas Health Science
Center at San Antonio

Overview

Primary care providers (PCPs) have been tasked with managing the mental health needs of youth in Texas due to the severe shortage of child psychiatrists. However, many PCPs have had little training in screening, assessment, and care provision for youth with mental health disorders. This professional gap is largely due to limited exposure in medical school and compounded by inadequate mental health resources. The lack of mental health resources has resulted in primary care providers being the first and only source of assistance for youth and families that are suffering from mental or behavioral health concerns. This series is aimed to educate primary care physicians on how to recognize and diagnose mental health conditions in children and adolescents within their clinical practice.

Learning Objectives

At the conclusion of this activity, participants should be able to:

- Identify key risk and protective factors for adolescent suicide.
- Discuss statistics for suicide in youth.
- Apply standardized suicide risk assessment tools.
- Differentiate levels of suicide risk and immediate safety needs.
- Review SAFE-T and SAFETY-A Training.

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



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Texas Child Mental
Health Care Consortium

CPAN
Child Psychiatry
Access Network

PeriPAN
Perinatal Psychiatry
Access Network

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