

Attention Deficit Hyperactivity Disorder (ADHD) Part II: Complex Cases

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August 12, 2025

12:00 - 1:00 P.M. CT

Virtual Meeting

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Science Center at San Antonio

Overview

Primary Care Physicians currently demonstrate a significant gap in knowledge and clinical competence regarding the identification and management of mental health disorders in youth. This professional practice gap is primarily attributed to insufficient training and limited access to mental health resources. As a result, PCPs often serve as the first point of contact for families dealing with adolescent mental and behavioral health issues, yet they report lacking the necessary skills to effectively screen, assess, and treat conditions such as depression, anxiety, suicidal ideation, and behavioral disorders. This series aims to enhance PCPs' capabilities in recognizing and managing mental health conditions to improve outcomes for youth within their clinical practice.

Learning Objectives

At the conclusion of this activity, the participants should be able to:

- Review the emotional and behavioral disorders that commonly co-occur (comorbidity) with ADHD.
- Outline the process of differential diagnosis of complex symptoms in patients with ADHD.
- Explain the different levels of severity of comorbidity and which conditions can be successfully managed in primary care.
- Summarize how the Child Psychiatry Access Network (CPAN) can be used to manage complex ADHD through the use of telephone consultation and Direct Consultation by a CPAN psychiatrist to guide PCP management.
- Discuss how different psychotropic medications can be combined with ADHD medications to optimize symptom management.

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