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PeriPAN
Perinatal Psychiatry Access Network

Centralized Operation Support Hub - COSH CPAN/PeriPAN and TCHATT Updates July 2025

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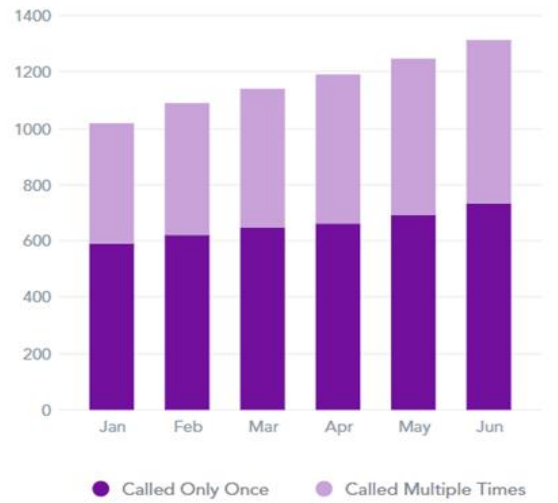
PeriPAN Enrollment

As of June 30, 2025

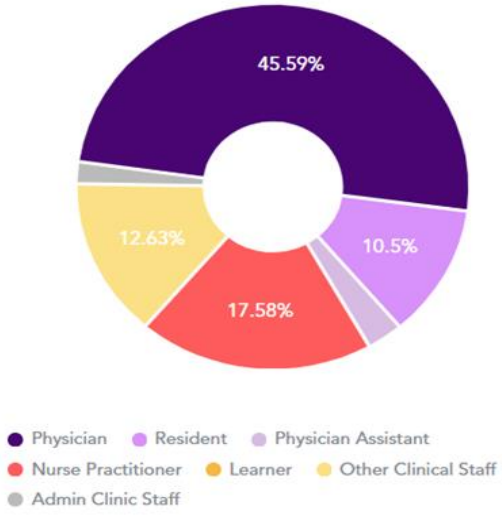
- 1,200 OB/GYNs
- 282 OB clinics
- 74 Women's or Maternal Health clinics
- 29 Midwifery practices

PeriPAN: Consultation Volume & Enrollment (as of June 30, 2025)

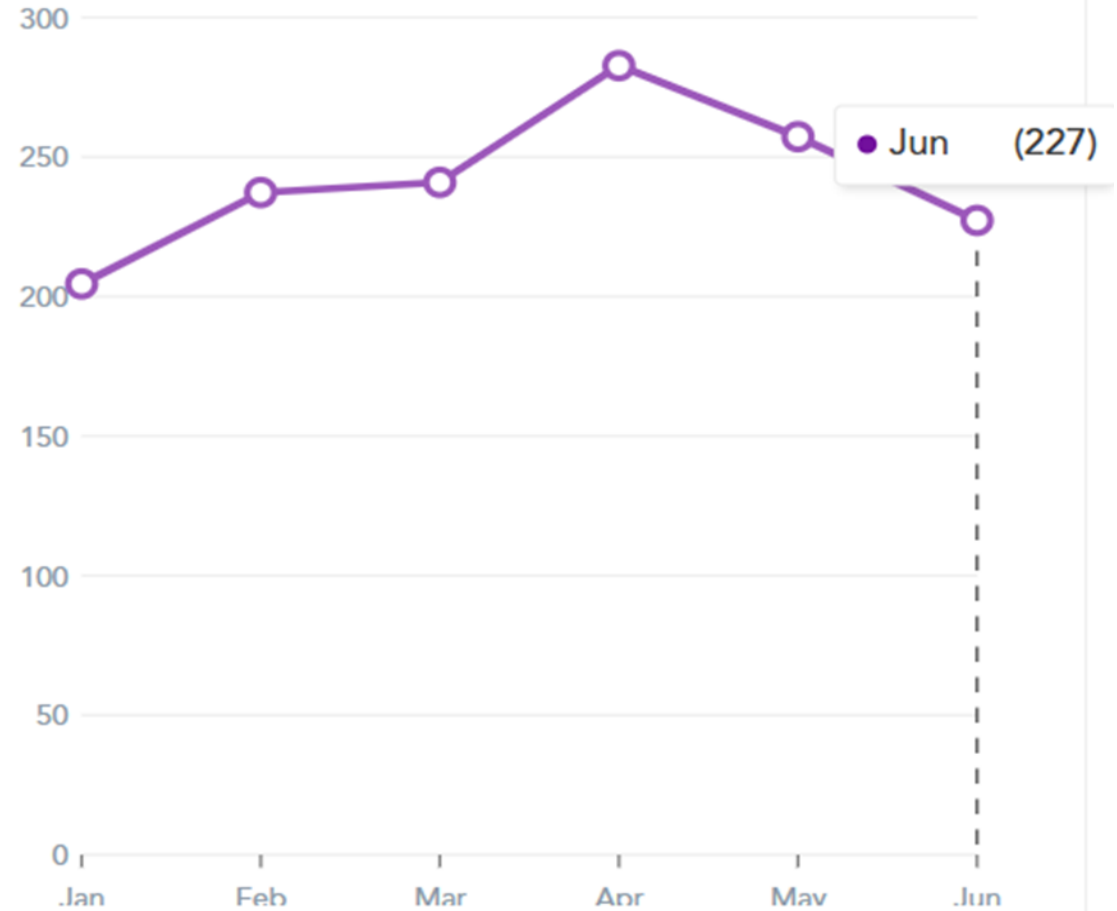
Clinic Staff Engagement



Clinic Staff Roles



Monthly Consult Volume



Purpose of Contact

3378	
TOTAL NO. OF CASES	
About Specific Patients	89.19% (3013)
Referral Request	70.37% (2377)
Medication-Related	39.79% (1344)
PSY Callback	11.75% (397)
About an Emergency	1.95% (66)

Referrals

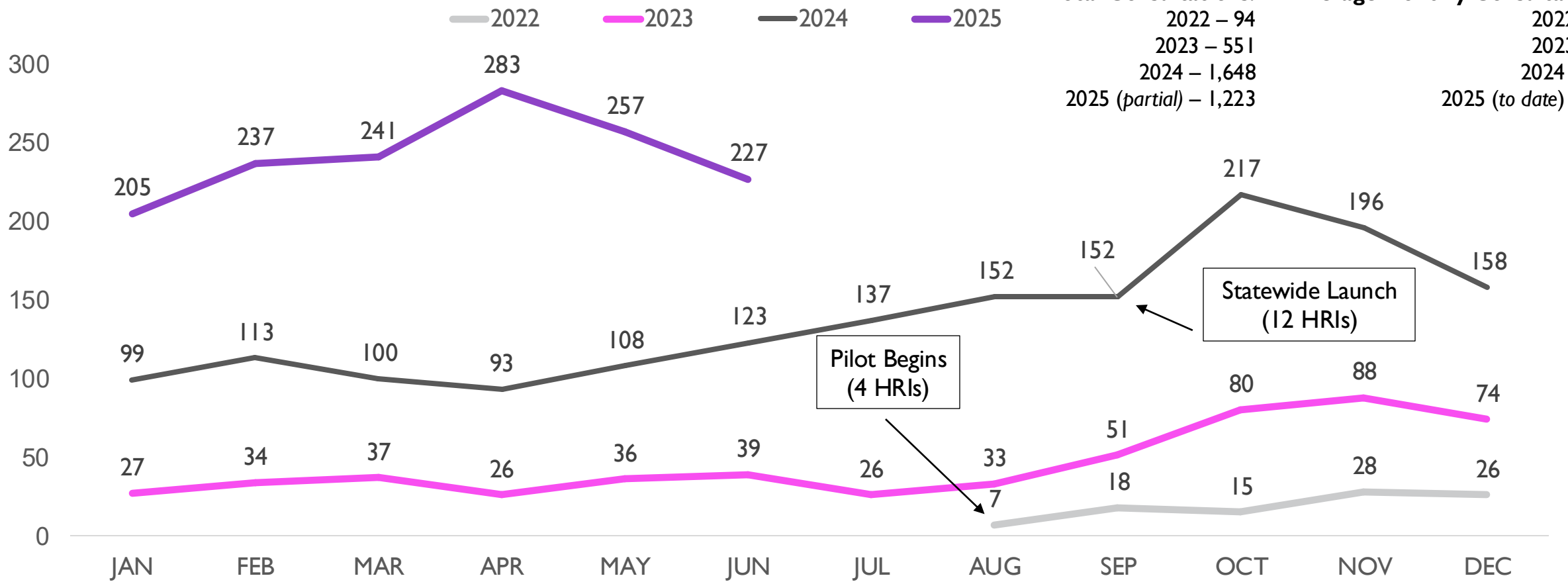
1968	58.3%
CASES WITH REFERRALS	OF COMPLETED CASES
Local Therapist	53.05% (1792)
Local Adult Psychiatrist	11.28% (381)
Local Child & Adolescent Psychiatrist	1.87% (63)
Local Community Health Center (ex. LMHA)	1.75% (59)
Higher Level of Care	1.3% (44)
No Further Referrals	41.74% (1410)

PeriPAN: Total Consultations by Month & Calendar Year

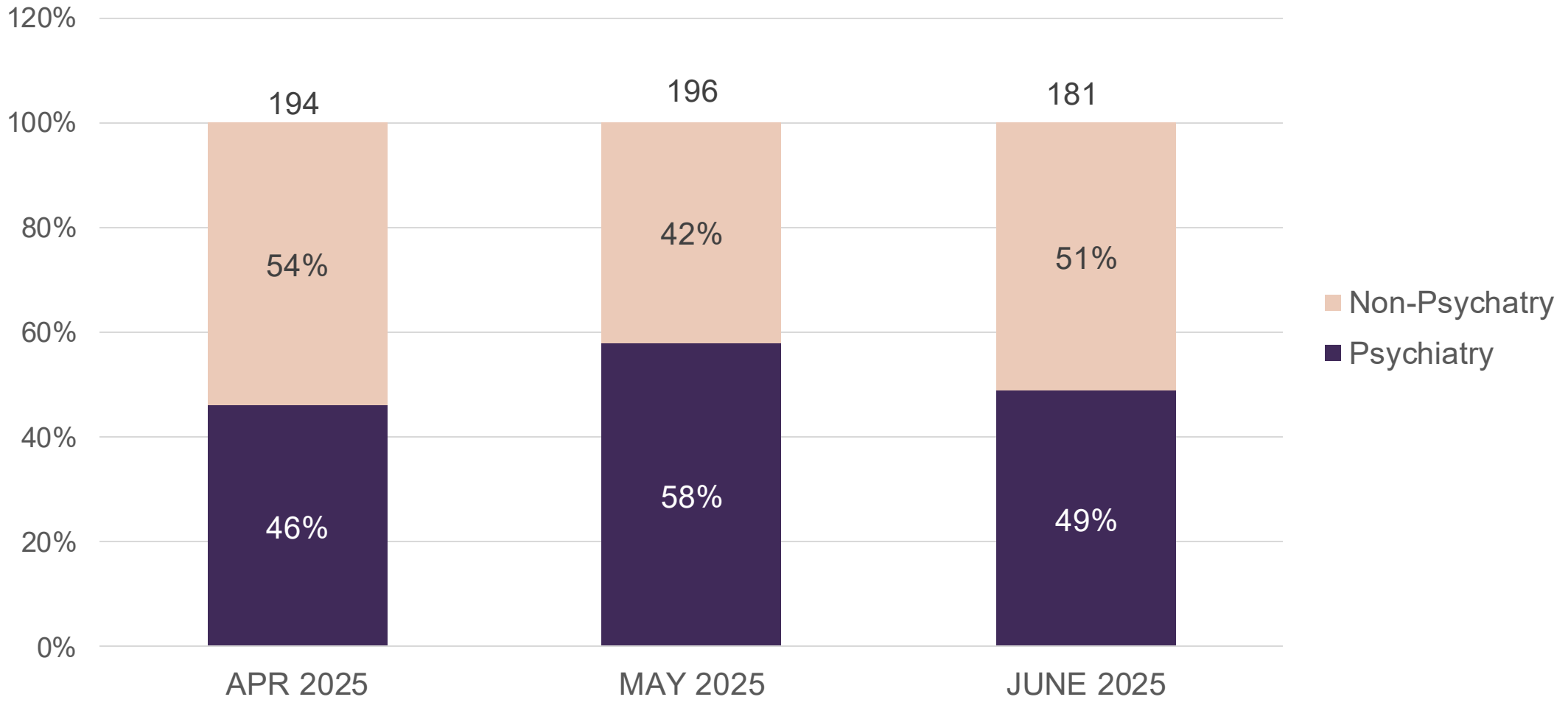
as of June 30, 2025

Total Consultations:
2022 – 94
2023 – 551
2024 – 1,648
2025 (*partial*) – 1,223

Average Monthly Consultations:
2022 – 19
2023 – 46
2024 – 137
2025 (*to date*) – 245

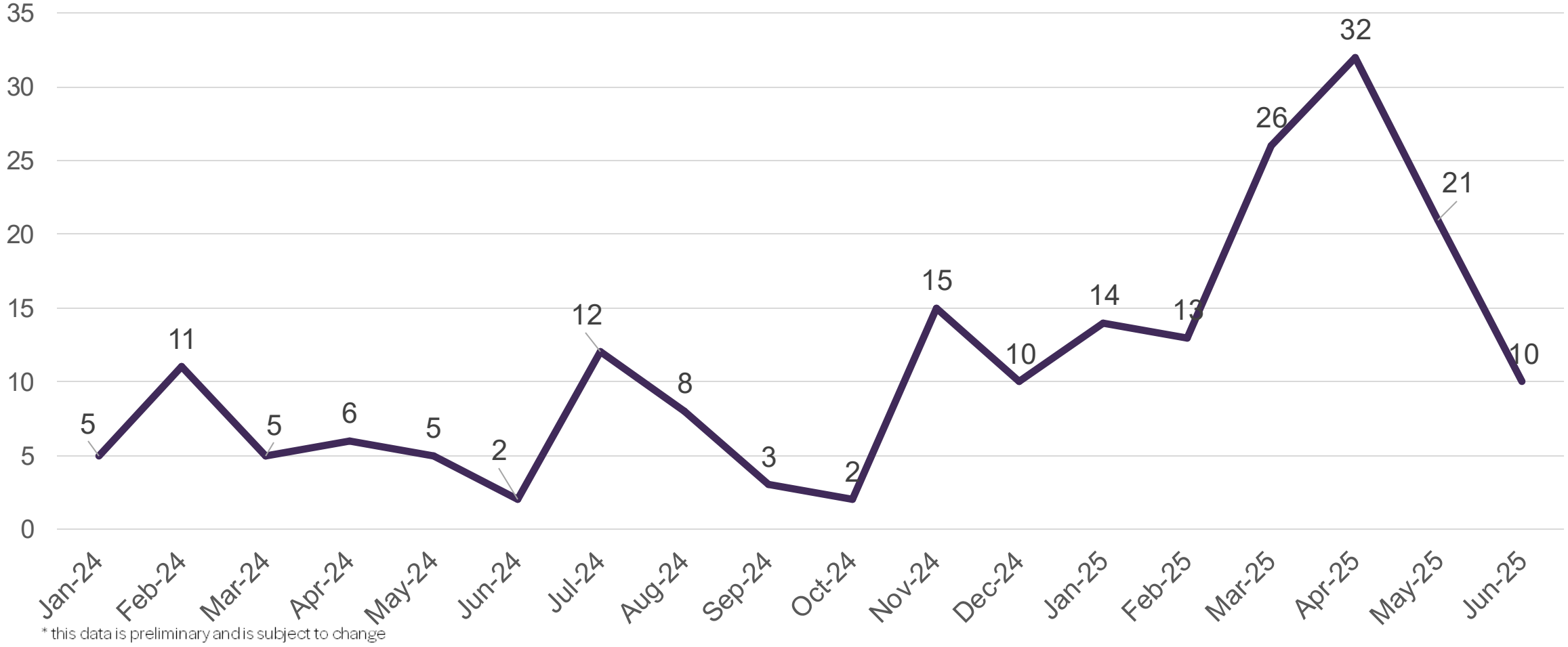


PeriPAN Consultations by Type (Psychiatry & Non-Psychiatry), April 2025 – June 2025



PeriPAN Direct Patient Consultations by Month

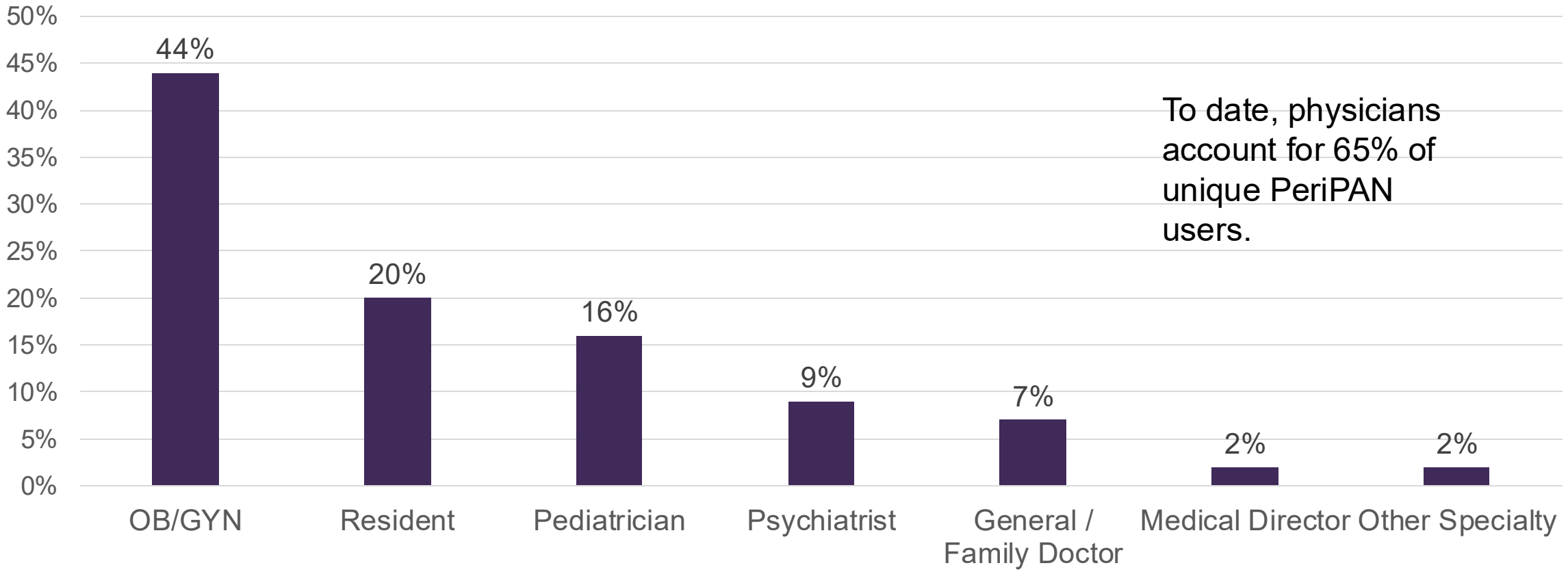
as of June 30, 2025



* this data is preliminary and is subject to change

Percent of Unique Physician PeriPAN Users by Physician Type

as of June 30, 2025



Pathways Update

- Planning Phase: Complete
- Research Phase: 4/1/25- 3/31/30
  - RCT Phase - implementation of 2 Arms across 32 practices, data collection
- *Potential for 14 Participating Practices in Texas!
  - 7 Texas OB clinics are actively progressing with agreements and chart access
  - A large group meeting is planned to explore the addition of up to 5 more clinics
  - 2 practices are currently assessing logistics and availability before confirming participation.
- Next Steps:
  - **PeriPAN Leadership:** Monthly meetings with the Pathways Access Program Advisory Council
  - **Hub Involvement:** Overview meetings with each participating hub to prepare for Pathways implementation
    - UTMB
    - TTUHSC
    - BCM

*preliminary data, subject to change

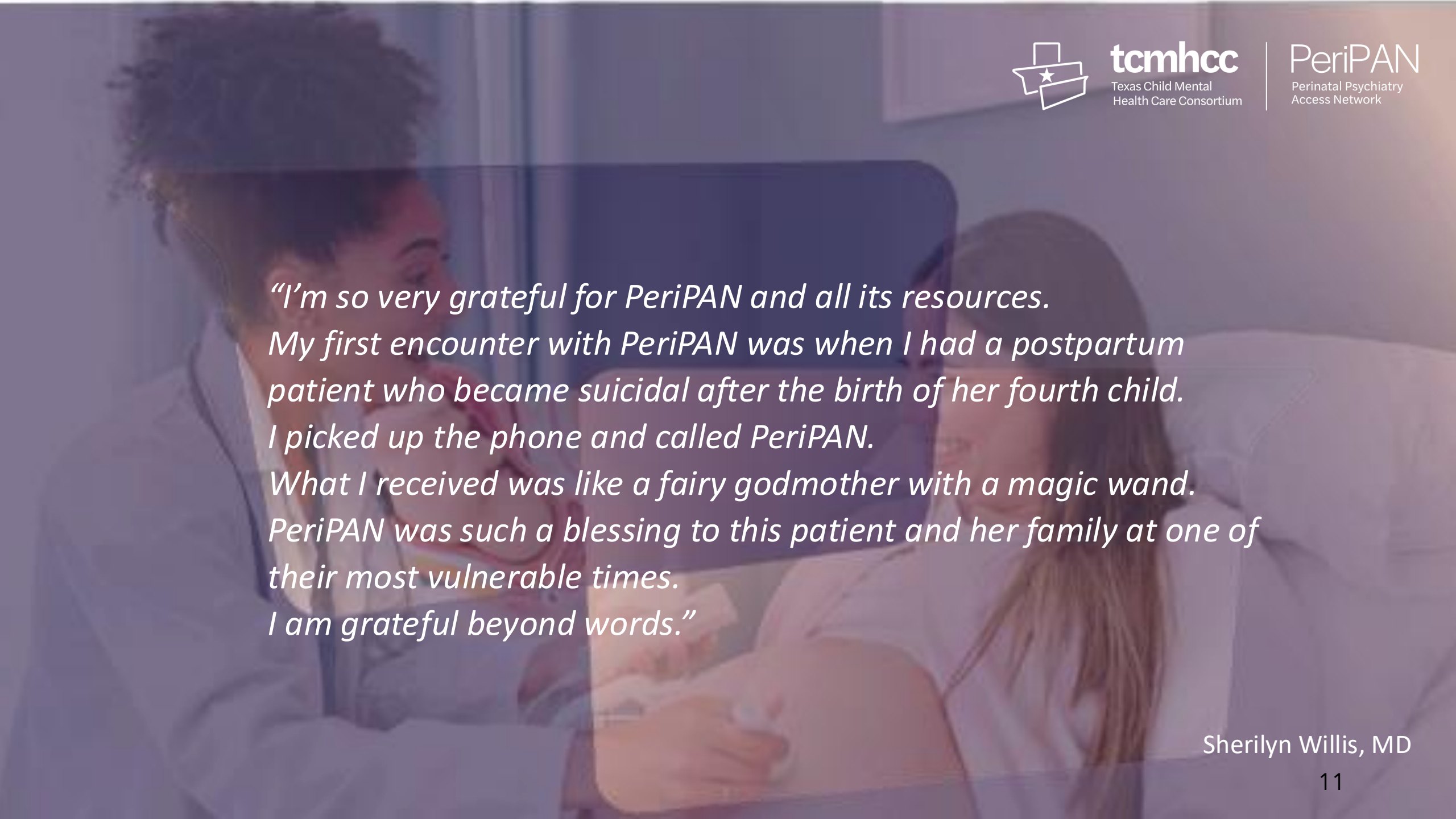
From Connection to Collaboration: PeriPAN and UT Health East Texas

UT Health East Texas Women's Services at Four Seasons in Tyler is the latest clinic to show interest in the **Pathways Study**, led by **Sherilyn Willis, MD**, Chair of Obstetrics and Gynecology.

This connection was made possible through collaboration with the UT Tyler PeriPAN team, whose efforts helped engage Dr. Willis in supporting our mission.

As a strong advocate for integrated care, Dr. Willis has expressed appreciation for PeriPAN's role in supporting reproductive psychiatry and mental health.

She has also shared interest in possibly expanding Pathways participation to an additional clinic, pending space and capacity.



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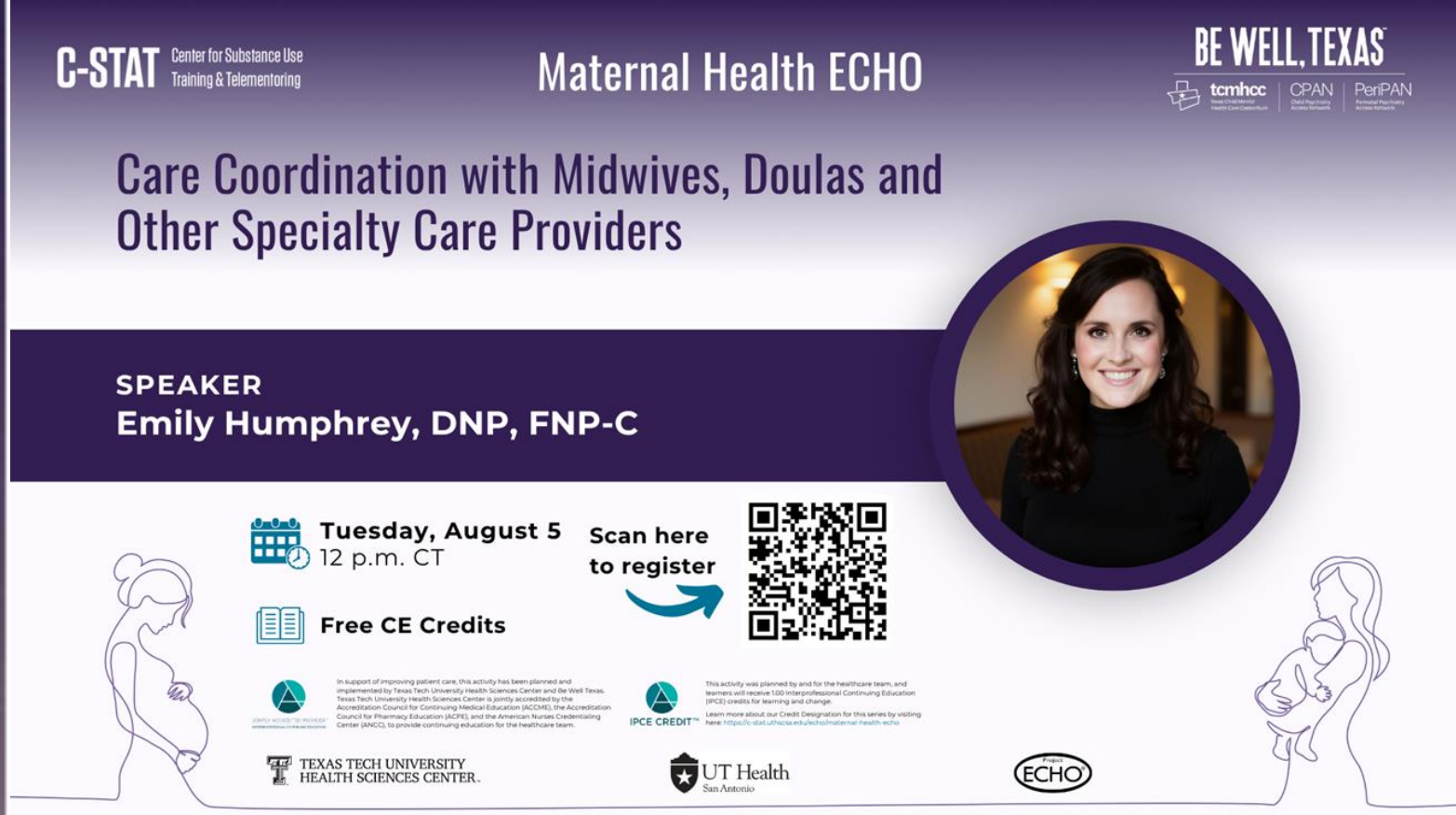
"I'm so very grateful for PeriPAN and all its resources.
My first encounter with PeriPAN was when I had a postpartum patient who became suicidal after the birth of her fourth child.
I picked up the phone and called PeriPAN.
What I received was like a fairy godmother with a magic wand.
PeriPAN was such a blessing to this patient and her family at one of their most vulnerable times.
I am grateful beyond words."

Sherilyn Willis, MD

Join PeriPAN and Be Well on August 5th for our Maternal Health ECHO session!



Care Coordination with Midwives, Doulas, and Other Specialty Care Providers will explore the importance of collaborative, patient-centered care in maternal health. This session will highlight the diverse roles involved in supporting pregnant patients, including midwives, doulas, and specialty providers. Participants will learn how to create individualized care plans that center the patient's voice and promote empowerment through inclusive, coordinated care. The session will offer practical strategies to help reduce maternal stress and anxiety and emphasize the professional responsibility of providers to actively engage all members of a patient's care team for improved health outcomes.

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2025 PeriPAN & Be Well Texas ECHO Series

Free CMEs

1st Tuesday of the month

12:00-1:00 p.m. CT

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Series Calendar First Tuesday of each month: 12:00 - 1:00 p.m.

4/1/25	Mental Health, Substance Use & Co-Occurring Physical Health Conditions in Perinatal Populations
5/6/25	Effective Brief Interventions for Substance Use and Mental Health Conditions
6/3/25	Universal Screening for Behavioral Health Conditions in Pregnant and Post-Partum Women
7/1/25	Navigating the Intersection of Sleep, Perinatal Mental Health, and Substance Use: Strategies for Comprehensive Care
8/5/25	Care Coordination with Midwives, Doulas, and Other Specialty Care Providers
9/2/25	Trauma-Informed Care for Women
10/7/25	Suicide Prevention Interventions for Women
11/4/25	Harm Reduction Approaches and Evidence-Based Treatment for Reducing Maternal Mortality Associated with SUD
12/2/25	Navigating Tangential Systems: How to Collaborate with Child Welfare and Criminal Justice
1/6/26	Evidence-Based Treatments for Common Psychiatric Conditions in Women
2/3/26	Managing Co-Occurring Health Conditions in Women with Behavioral Health Conditions
3/3/26	Post-Partum Support for Parents

Register:

FREE continuing medical education credits!

BE WELL, TEXAS

UT Health San Antonio | ECHO

This project is funded in part by the Texas Health and Human Services Commission through federal funding from the Health Resources and Services Administration, grant award number: HHS001472700001

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2025 PeriPAN Webinars

Free CMEs

3rd Tuesday of the month

12:00-1:00 p.m. CT

Date	Session Title
1/21/2025	Physiological Changes in Pregnancy and Postpartum: Implications for Pharmacotherapy
2/18/2025	Eating Disorders and Perinatal Mental Health
3/18/2025	Ethics of Treating Mental Health Conditions in Pregnancy and the Postpartum Period
4/15/2025	Behavioral Strategies and Psychotherapeutic Models of Care for Perinatal Anxiety and Depression
5/20/2025	Maternal Mental Health Conditions and Their Prevalence
6/17/2025	Sleep Disturbances and Hygiene: Impacts on Perinatal Mental Health
7/15/2025	Importance of Patient Centered Care for Improving Perinatal Mental Health
8/19/2025	Perinatal Grief and Loss
9/16/2025	Assessing Suicide Risk and Implementing Safety Measures in Perinatal Mental Health
10/21/2025	Substance Use and Its Impact on Perinatal and Postpartum Mental Health
11/18/2025	Paternal Mental Health: Impacts on Families and Children

All sessions are held from 12 - 1 pm CT

Contact Us!

For information or questions, please contact your local hub:

888-901-2726

Scan this QR code to register:

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CPAN

Projects in Process

- Statewide CPAN CME Series- Launch August 12,2025. Every other Tuesday at Noon. Alternates between Webinar and Project ECHO topics are coordinated with national awareness months or specific issues for a calendar year
- Trayt- Finalizing and preparing for the beta launch of the PCP Portal. Walking through portal flow, preparing trainings, working on materials.
- Trayt- improving the Call on Behalf feature. Going through COSH's final sign off process.
- PCP data list- meeting with each team to provide support as they begin to vet new list provided.
- Welnity user workgroup- meeting to make sure training needs are addressed and to gather feedback to better streamline platform usage
- Trayt user workgroup- meeting to review improvement needs
- Lantana user workgroup- reviewing workflow and possible improvement opportunities

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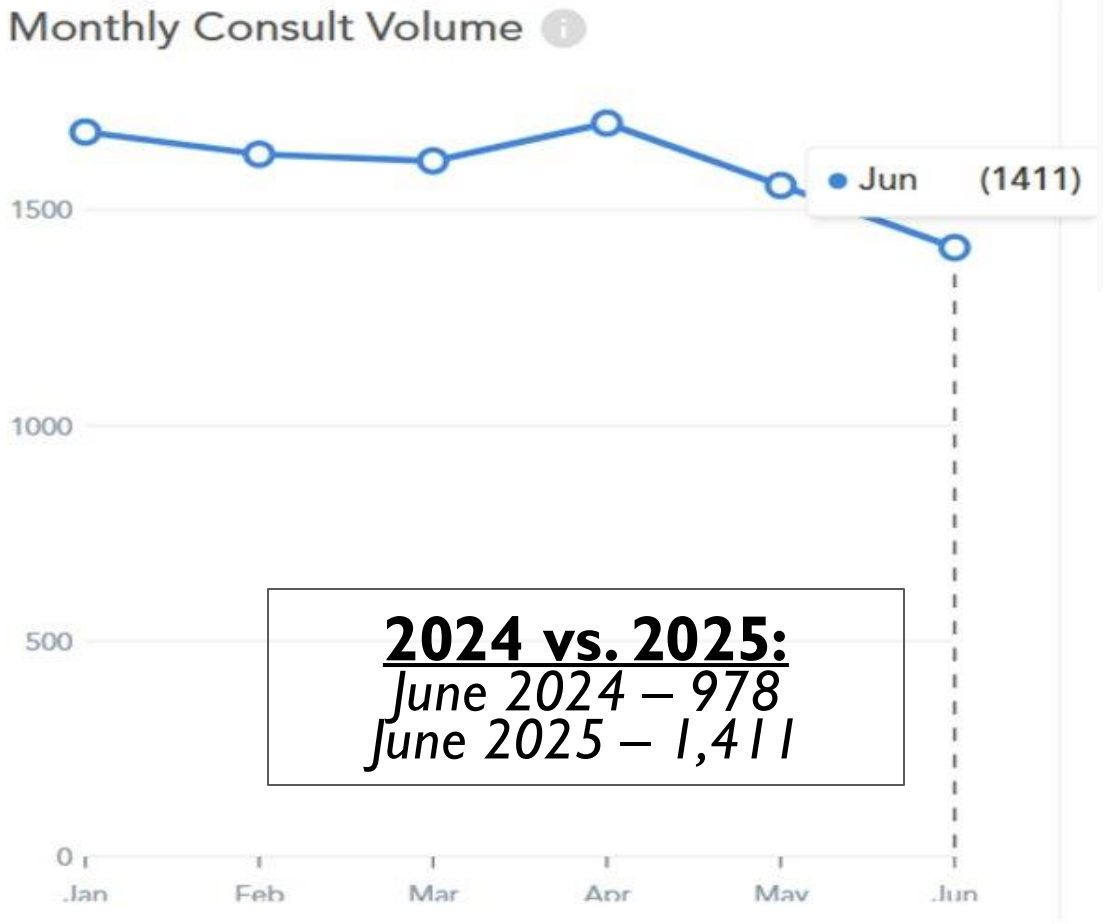
CPAN Consultation Volume & Enrollment

as of June 30, 2025



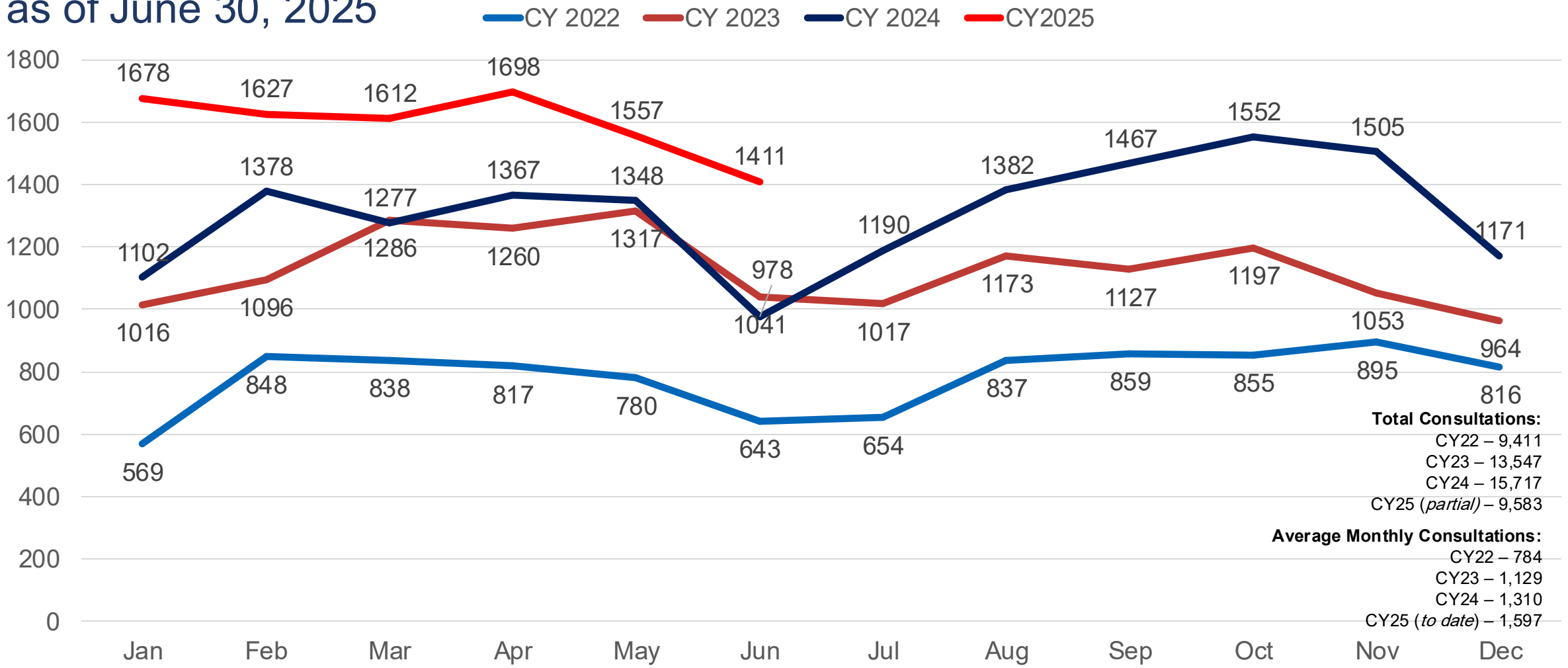
2024 vs. 2025:

June 2024 – 978

June 2025 – 1,411

CPAN Consultations by Month and Year

as of June 30, 2025

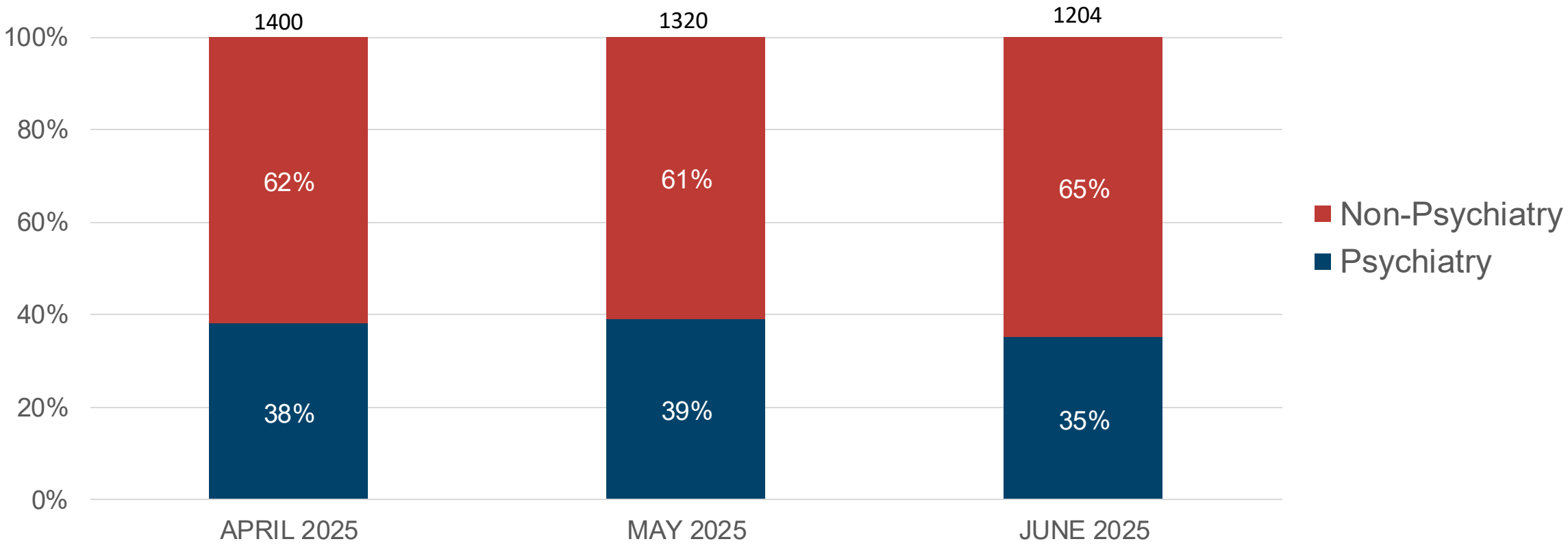


Total Consultations:
CY22 – 9,411
CY23 – 13,547
CY24 – 15,717
CY25 (*partial)* – 9,583

Average Monthly Consultations:
CY22 – 784
CY23 – 1,129
CY24 – 1,310
CY25 (*to date*) – 1,597

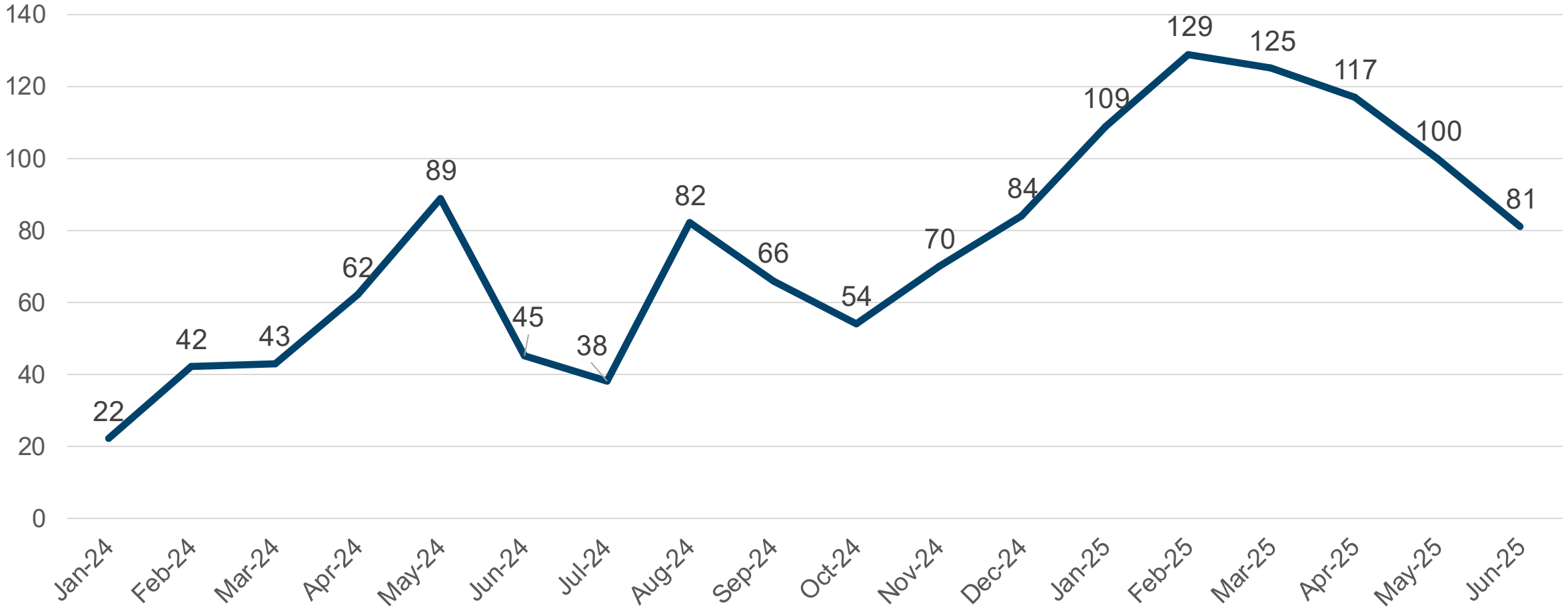
* this data is preliminary and is subject to change

CPAN Consultations by Type (Psychiatry & Non-Psychiatry), April 2025 – June 2025



CPAN Direct Patient Consultations by Month

as of June 30, 2025



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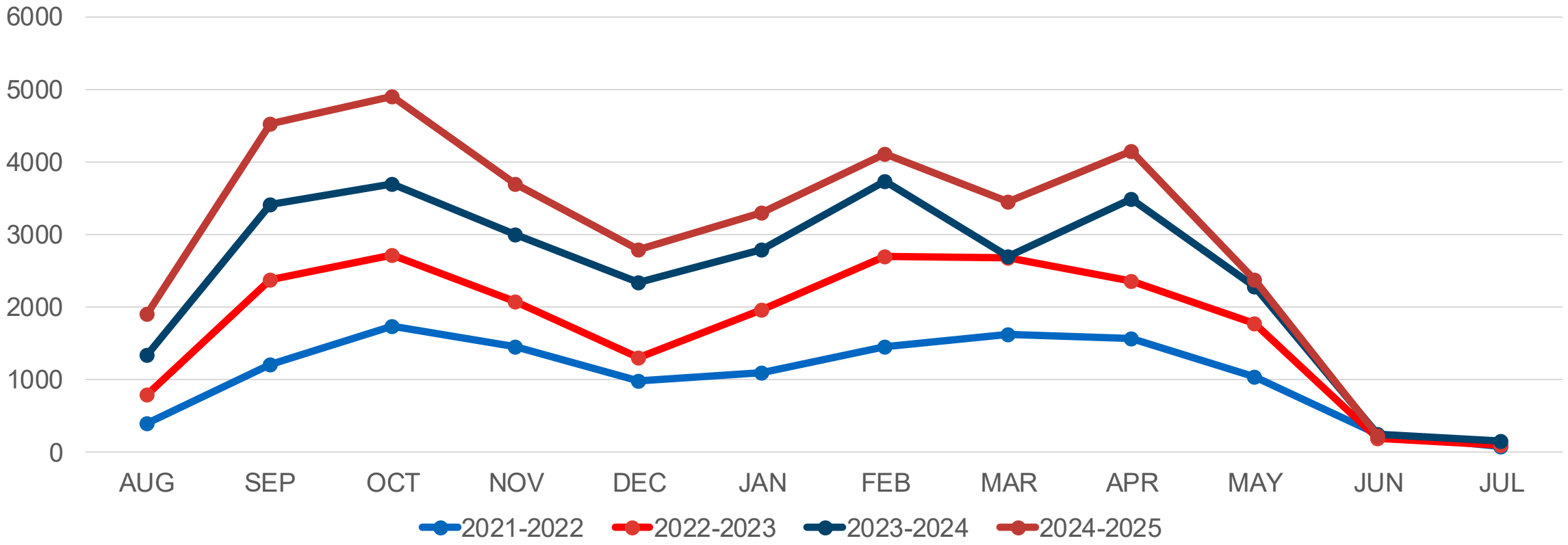
TCHATT

Projects in Process

- Intermediate Services– Work group recommendations being finalized for review by UTS and TCHATT Leadership
- Working with teams to prepare for upcoming school year. Participating in back-to-school events and providing support and resources for statewide engagement.
- Trayt – Updating and revising training materials for HRIs. Working with HRIs, IE, UTS to improve workflow and maintain data collection integrity, as well as integrate changes needed for new data and program needs.
- Training and support – providing training for HRIs with new leaders joining the team, as well as training and support around effective use of brief intervention models.
- Presentations – Working with TCHATT Leadership, UTS and CHC to help streamline and develop stronger processes around TCHATT education and programming.
- Welnity – Working with TCHATT teams to look at increasing and updating effective Welnity use for TCHATT

TCHATT Referrals

as of June 30, 2025

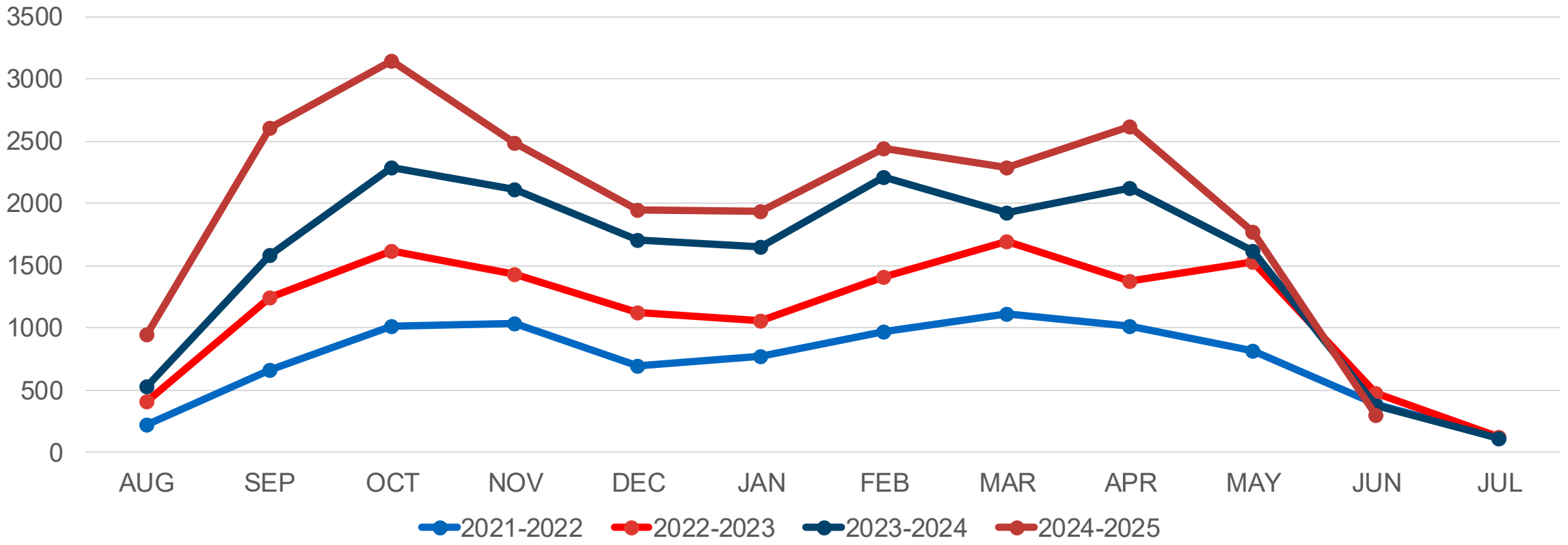


Total Students Referred to the Program – 105,885

* this data is preliminary and is subject to change

TCHATT Enrollment

as of June 30, 2025



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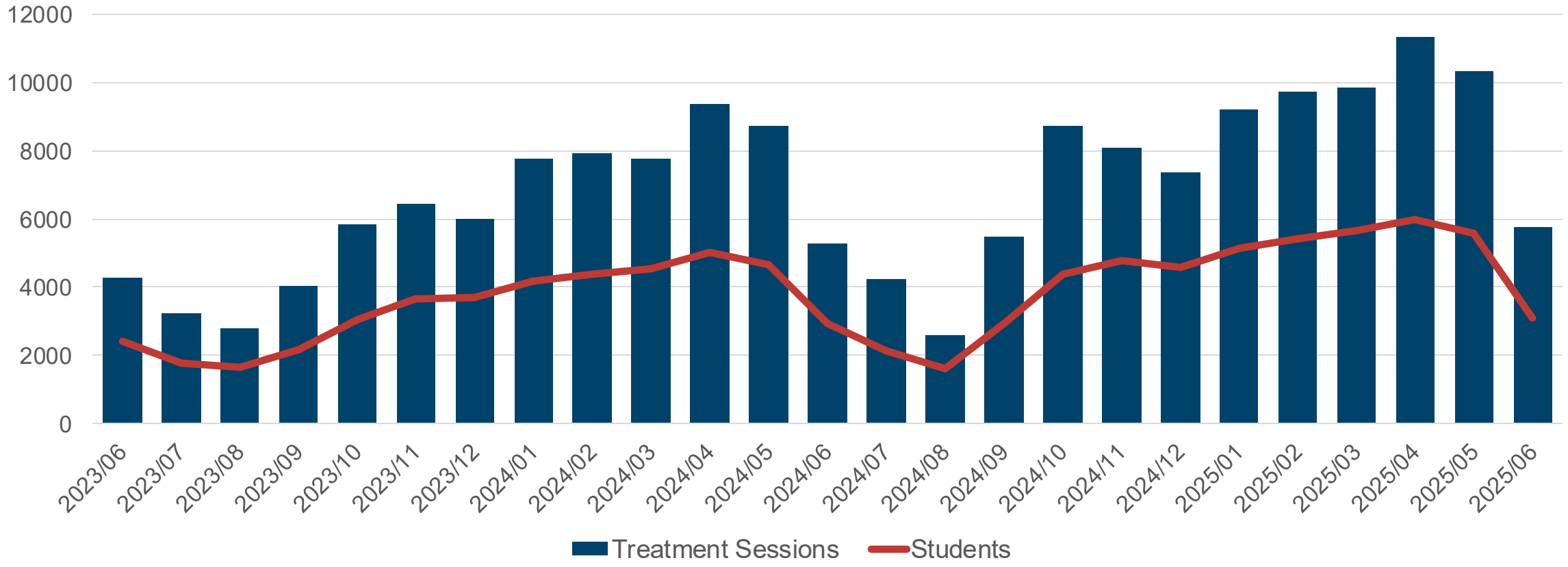
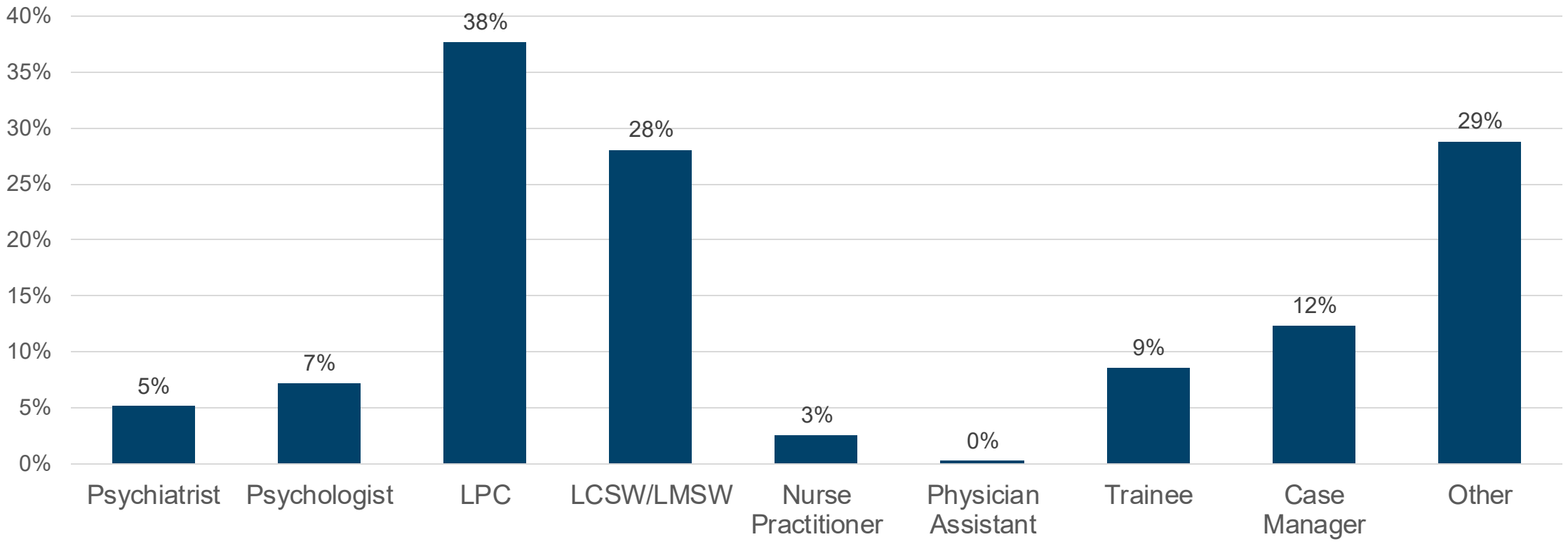
Number of Treatment Sessions and Clients Served by Month

as of June 30, 2025



Percent of TCHATT Sessions by Participating Providers

September 1, 2021 – June 30, 2025



Note: More than one provider may participate in a session.

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