

Importance of Patient Centered Care for Improving Perinatal Mental Health

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July 15, 2025

12:00 - 1:00 pm CT

Virtual Meeting



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Presenting from The University of Texas
Southwestern Medical Center

If you have questions, please email Edu-Services@ttuhsc.edu for assistance.

Overview

Maternal and child mental health are closely linked, especially during the perinatal period. One in five new Texas mothers may experience mental health conditions such as depression, and mental health challenges are one of the leading causes of preventable maternal mortality within the first year of giving birth. The state-funded Perinatal Psychiatry Access Network (PeriPAN) offers free perinatal psychiatry consultation and education to health clinicians who interact with new mothers and mothers to be.

Join us for free webinars on Perinatal Mental Health. Participants can expect engaging discussions on evidence-based practice and care. Texas Tech University Health Sciences Center and the PeriPAN program are pleased to provide free CME credits for participants.

Learning Objectives

- Review perinatal mental health data
- Examine non-medical drivers of maternal mental healthcare access.
- Demonstrate patient-focused interview techniques to support effective communication and engagement in perinatal mental healthcare.
- Explore strategies for improving access to mental health resources.