



**tcmhcc**  
Texas Child Mental  
Health Care Consortium

# Texas Child Mental Health Care Consortium

## Flood Support for Hill Country MHDD

# Support Type Provided by TCMHCC

- TCMHCC offered to support the relief effort where HHSC found an appropriate need
- With HHSC and Hill Country Mental Health and Developmental Disabilities (MHDD), the following need was identified:
  - 3-5 TCMHCC staff to Kerrville weekly to support the Hill Country MHDD
  - Monday – Thursday starting Monday July 14, 2025, and expected to continue until at least the week of August 18<sup>th</sup>
  - The team reports to Hill Country MHDD and provide their staff and community with the following:
    - Assisting Hill Country staff and their families with trauma and emotional support
    - Assisting in providing trauma and emotional support to anyone that arrives at their established Emotional Support Center
    - Lead a debrief meeting with 10 staff arriving weekly from sister LMHA's supporting respite services as they are demobilizing

# Organization

- HRI staff and their departmental and program leadership have responded quickly
- Teams were identified for all 6-weeks
  - 3 weeks would be completed by the end of the day
- HHSC requirement to report daily encounters
- Check-in meetings are scheduled every Friday for TCMHCC teams who completed one week to brief team members starting the following week
- Dr. Kelly Sopchak, Clinical Director for TCHATT at UT Health Science Center San Antonio has led each team for the past 3 weeks and will continue to do so for the next 3 weeks
- All support is coordinated with HHSC and Hill Country MHDD with check in meetings to evaluate changing needs

# Weekly Encounters

Date	Encounters			
	Adults (not LMHA staff)	LMHA staff	Children	Monday Debrief attendees
7/14/2025	0	29	0	N/A
7/15/2025	33	36	0	N/A
7/16/2025	24	33	4	N/A
7/17/2025	21	12	14	N/A
7/21/2025	0	17	0	10
7/22/2025	27	36	0	N/A
7/23/2025	37	21	0	N/A
7/24/2025	27	15	0	N/A
7/28/2025	3	32	0	10
7/29/2025	13	27	0	N/A

# Experience by TCMHCC

“Our TCMHCC team is primarily focused on supporting the LMHA staff, including those in the community who work for Hill Country and are directly affected and those responding to the flood event. We have provided in-services and crisis interventions for both groups and individuals. In addition, we have also been supporting and providing crisis interventions for other caregiving agencies in the community, such as assisted living facilities and HHS teams. In both the LMHA and in the agencies we have been able to serve, there are individuals who are experiencing great loss of both people and property, yet they are still showing up to serve their clients and community.

Outside of the agency support, we are also providing emotional support and crisis intervention for the community at various school events and the DRC. The response is an ever changing and evolving process, and we are working side by side with Hill Country to support the community and those who care for the community to support the long-term recovery and resiliency.”



# Feedback by Hill Country

“I wanted to take a moment to express our sincere appreciation for the incredible work your teams are doing to support the behavioral health first responders and others across our region. Your commitment to timely, accessible, and compassionate care is making a real difference in the lives of our Hill Country staff, other LMHA and the community. The work you all are doing is going well past the expectations I had in mind of how this would work.

A special note of thanks to Kelly, whose leadership has been both exceptional and inspiring. Her ability to collaborate, communicate clearly, and guide her team with grace and professionalism has made working together not only effective—but a true pleasure.

We are grateful for the partnership and look forward to continued collaboration in service to our communities.”

