

Beyond the Blues: Treating Youth Depression

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July 15th, 2025

12:00 P.M. - 1:00 P.M.

Virtual Meeting



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If you have questions, please email the Office of CME at cme@uthscsa.edu for assistance.

Overview

Primary care providers and pediatricians are on the front line when caring for the behavioral health needs of children, adolescents, and young adults. With limited availability for prompt access to psychiatric or behavioral health specialists, patients often rely on their 'medical home' providers to initiate care. CPAN's aim is to support primary care in the identification and management of patients with behavioral health needs. This session offers practical information with relevant case examples, using evidence-based guidelines to help increase confidence in providing the initial steps of treatment.

Learning Objectives

At the end of this activity, participants should be able to:

1. Recognize the presentation of different depressive disorders and symptoms in children/adolescents.
2. Provide examples of how to screen and assess for depressive disorders in children/adolescents.
3. Describe the differing treatment options to consider when treating children/adolescents with depression.

Accreditation: The UT Health Science Center San Antonio is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The Joe R. & Teresa Lozano Long School of Medicine designates this live activity for a maximum of 1 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in this activity.