

# Centralized Operation Support Hub - COSH CPAN/PeriPAN and TCHATT Updates May

2025

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## PeriPAN Perinatal Psychiatry Access Network



# PeriPAN

Perinatal Psychiatry Access Network



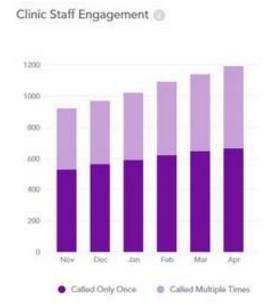
## PeriPAN Enrollment

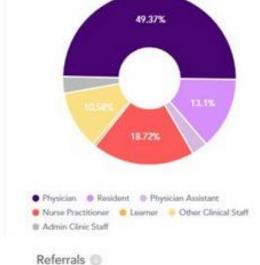
As of April 30, 2025

- 1,147 OB/GYNs
- 273 OB clinics
- 70 Women's or Maternal Health clinics
- 30 Midwifery practices

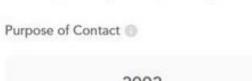


### PeriPAN: Consultation Volume & Enrollment (as of April 30, 2025)





Clinic Staff Roles



3003 TOTAL NO, OF CASES

About Specific Patients	89.84% (2698)
Referral Request	70.56% (2119)
Medication-Related	38.86% (1167)
PSY Callback	10.86% (326)
About an Emergency	2.03% (61)

1746	58.1%
CASES WITH REFERRALS	OF COMPLETED CASES

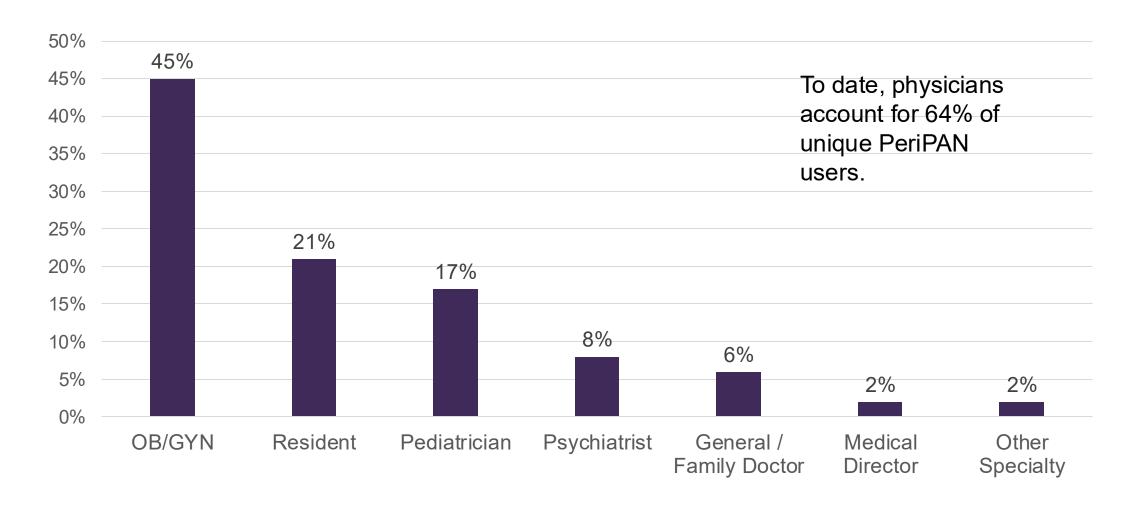
Local Therapist	53.05% (1593)
Local Adult Psychiatrist	11.52% (346)
Local Community Health Center (ex. LMHA)	1.93% (58)
Local Child & Adolescent Psychiatrist	1,93% (58)
Higher Level of Care	1.4% (42)
No Further Referrals	41.86% (1257)





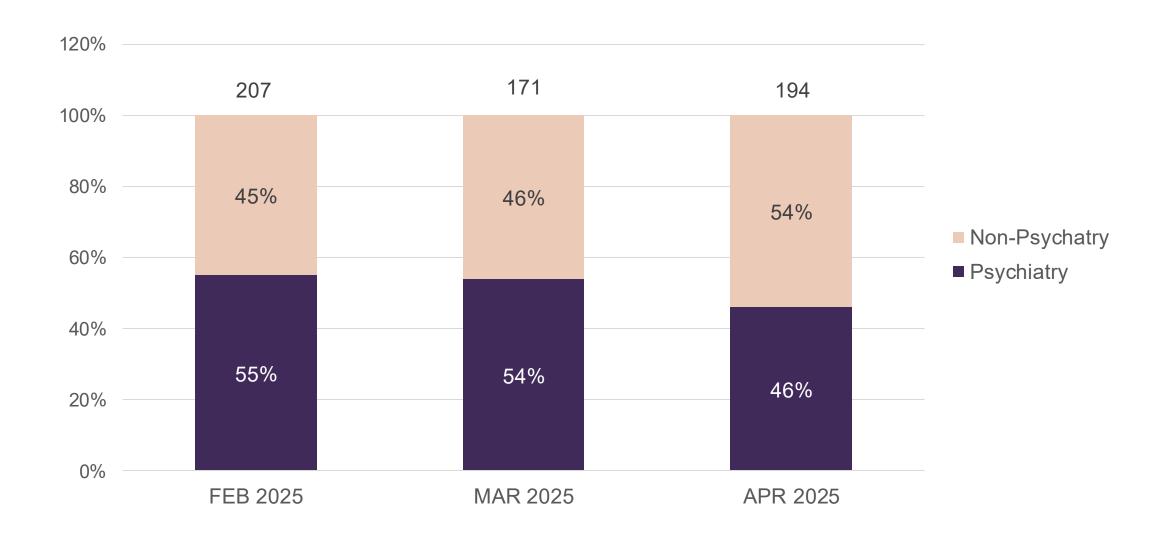
# Percent of Unique Physician PeriPAN Users by Physician Type

as of April 30, 2025



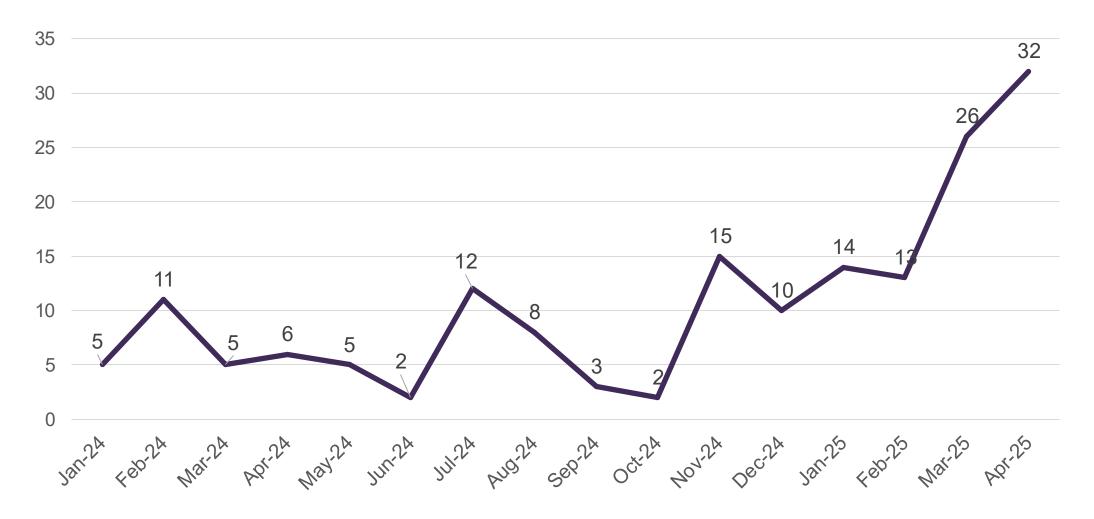


# PeriPAN Consultations by Type (Psychiatry & Non-Psychiatry), February 2025 – April 2025





## PeriPAN Direct Patient Consultations by Month as of April 30, 2025





## 2025 PeriPAN Webinars Free CMEs

3<sup>rd</sup> Tuesday of the month 12:00-1:00 p.m. CT





Date	Session Title	
1/21/2025	Physiological Changes in Pregnancy and Postpartum: Implications for Pharmacotherapy	
2/18/2025	Eating Disorders and Perinatal Mental Health	
3/18/2025	Ethics of Treating Mental Health Conditions in Pregnancy and the Postpartum Period	
4/15/2025	Behavioral Strategies and Psychotherapeutic Models of Care for Perinatal Anxiety and Depression	
5/20/2025	Maternal Mental Health Conditions and Their Prevalence	
6/17/2025	Sleep Disturbances and Hygiene: Impacts on Perinatal Mental Health	
7/15/2025	Cultural Considerations in Perinatal Mental Health: Socio-Economic Impact on Access to Care	
8/19/2025	Perinatal Grief and Loss	
9/16/2025	Assessing Suicide Risk and Implementing Safety Measures in Perinatal Mental Health	
10/21/2025	Substance Use and Its Impact on Perinatal and Postpartum Mental Health	
11/18/2025	Paternal Mental Health: Impacts on Families and Children	

All sessions are held from 12 - 1 pm CT

#### Scan this QR code to register:



For information or questions, please contact your local hub:





### PeriPAN Resident Office Hours

## 2nd Tuesday of each month • 12:00-1:00 CT Format



#### First 30 Minutes – Clinical Support & Mentorship

Resident-led case discussions



- Faculty-guided feedback on Dx/Tx & career paths
- **Second 30 Minutes Education & Board Prep**
- Review latest PeriPAN webinar
- 5 board-style Qs + discussion



#### Goals

- Build confidence in perinatal psychiatry
- Reinforce board knowledge
- Offer mentorship





### Resident Webinar Attendance

• TAMU

• BCM

• TTUHSC EP

• DMS

• UTH

UTMB

UTSA

• UNTHSC

• TTUHSC

UTSW



### Resident Office Hour Attendance

• TTUHSC EP

• UTH

TTUHSC PM

TTUHSC Lubbock



## 2025 PeriPAN & Be Well Texas ECHO Series Free CMEs

1<sup>st</sup> Tuesday of the month

12:00-1:00 p.m. CT





### **Series Calendar** First Tuesday of each month: 12:00 - 1:00 p.m.

4/1/25	Mental Health, Substance Use & Co-Occurring Physical Health Conditions in Perinatal Populations
5/6/25	Effective Brief Interventions for Substance Use and Mental Health Conditions
6/3/25	Universal Screening for Behavioral Health Conditions in Pregnant and Post-Partum Women
7/1/25	Navigating the Intersection of Sleep, Perinatal Mental Health, and Substance Use: Strategies for Comprehensive Care
8/5/25	Care Coordination with Midwives, Doulas, and Other Specialty Care Providers
9/2/25	Trauma-Informed Care for Women
10/7/25	Suicide Prevention Interventions for Women
11/4/25	Harm Reduction Approaches and Evidence-Based Treatment for Reducing Maternal Mortality Associated with SUD
12/2/25	Navigating Tangential Systems: How to Collaborate with Child Welfare and Criminal Justice
1/6/26	Evidence-Based Treatments for Common Psychiatric Conditions in Women
2/3/26	Managing Co-Occurring Health Conditions in Women with Behavioral Health Conditions
3/3/26	Post-Partum Support for Parents

### Register:

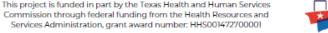


FREE continuing medical education credits!





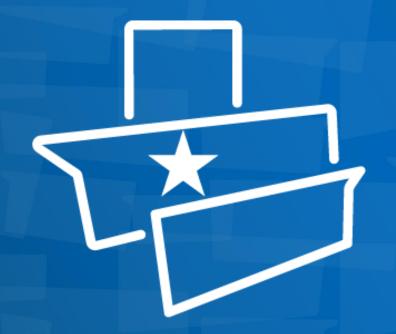








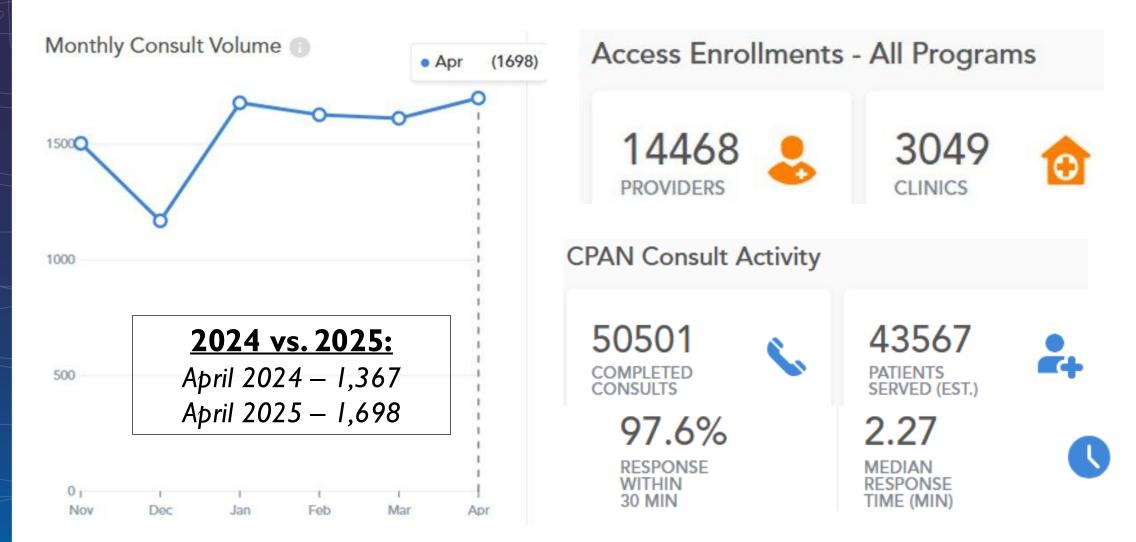




# CPAN

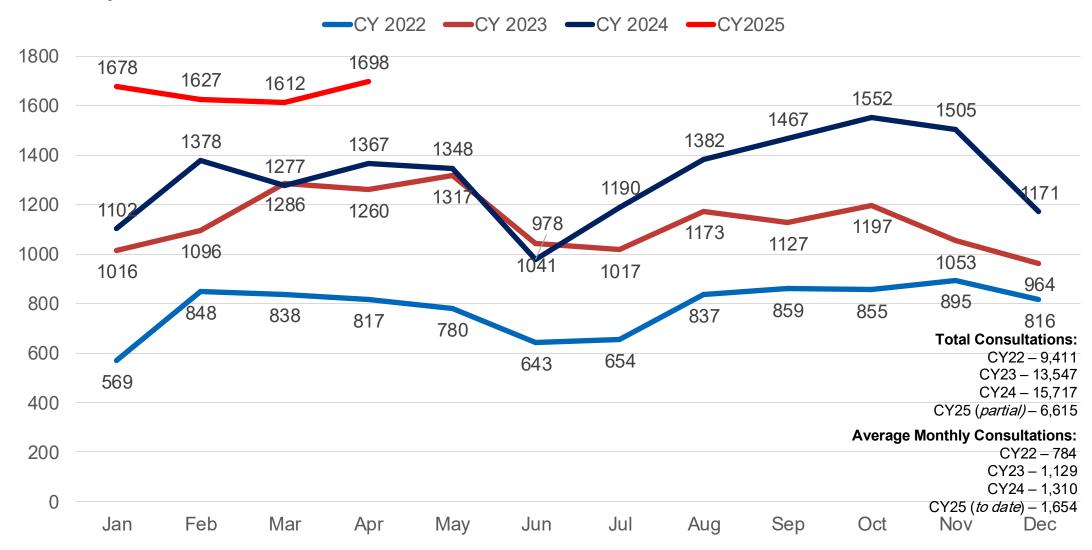
Child Psychiatry Access Network

## CPAN Consultation Volume & Enrollment as of April 30, 2025





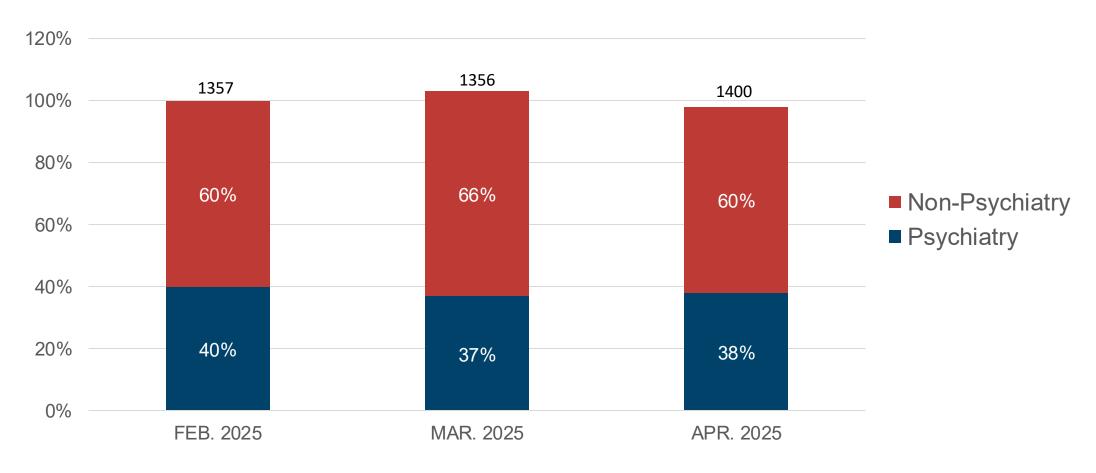
## CPAN Consultations by Month and Year as of April 30, 2025





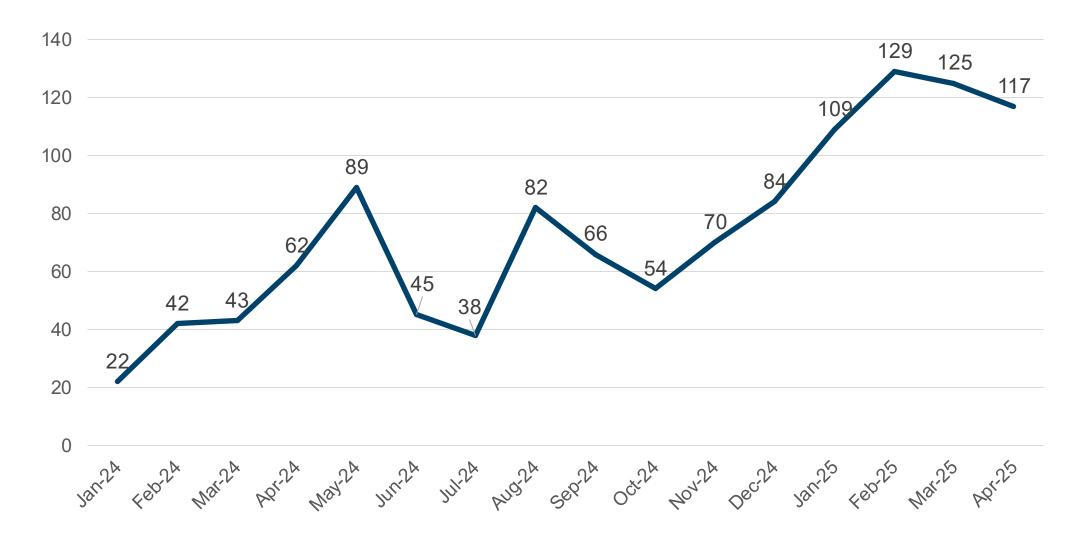
<sup>\*</sup> this data is preliminary and is subject to change

# CPAN Consultations by Type (Psychiatry & Non-Psychiatry), February 2025 – April 2025





## CPAN Direct Patient Consultations by Month as of April 30, 2025





### Projects in Progress

### **CPAN** state CME

### **August 2025 – July 2025**

- 12 webinars: 2nd Tuesday of the month
- 12 Project ECHOs: 4th Tuesday of the month

**Current Phase-** Development of slides



### Trayt Roadmap

Feature	Phase	Production date
Calling on Behalf of data changes	Completed	May 2025
PCP Web Portal Phase 3 - Admin Dashboard, transfer request queue in Access Portal, and edit Consult Requests & Callback Time from PCP Portal	Development	May 2025





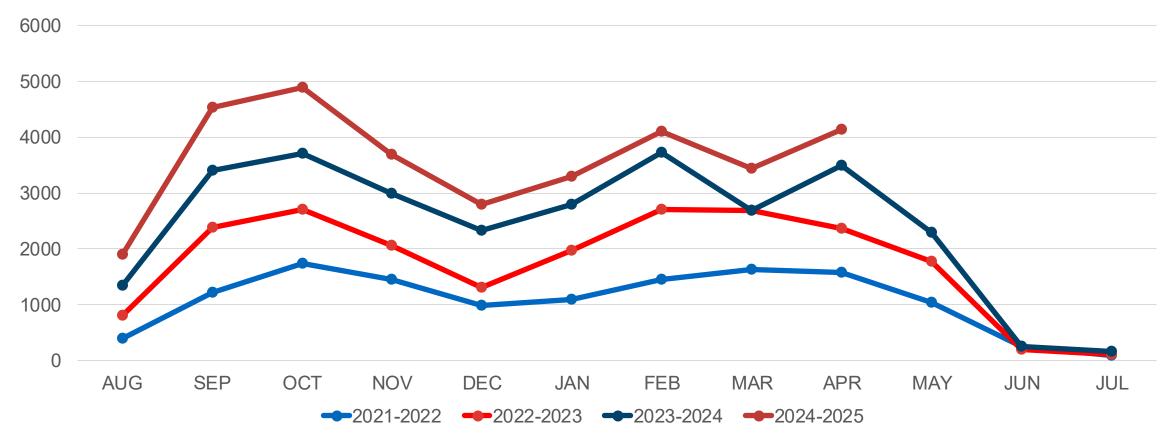


# TCHAIL

Texas Child Health Access Through Telemedicine

### **TCHATT Referrals**

as of 4/30/2025



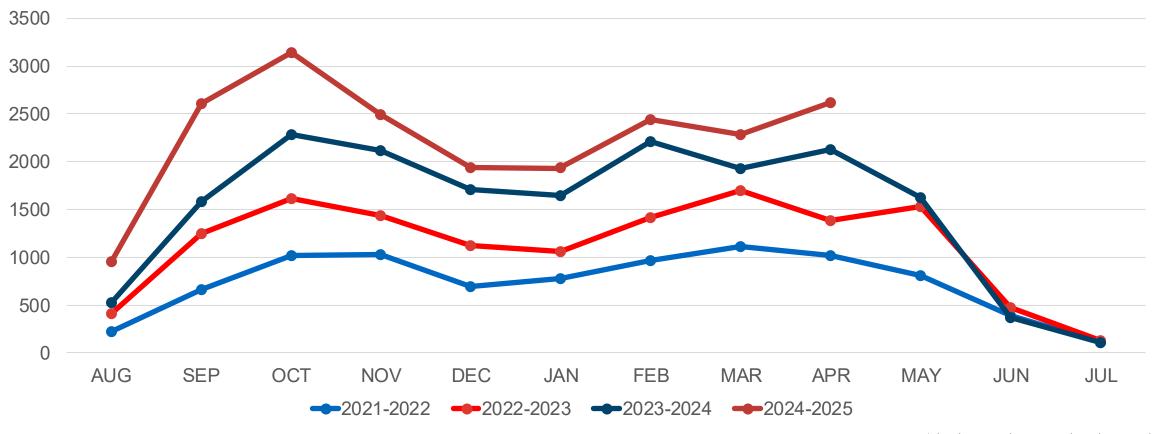
Total Students Referred to the Program - 103,276

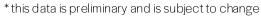
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### TCHATT Enrollment

as of 4/30/2025

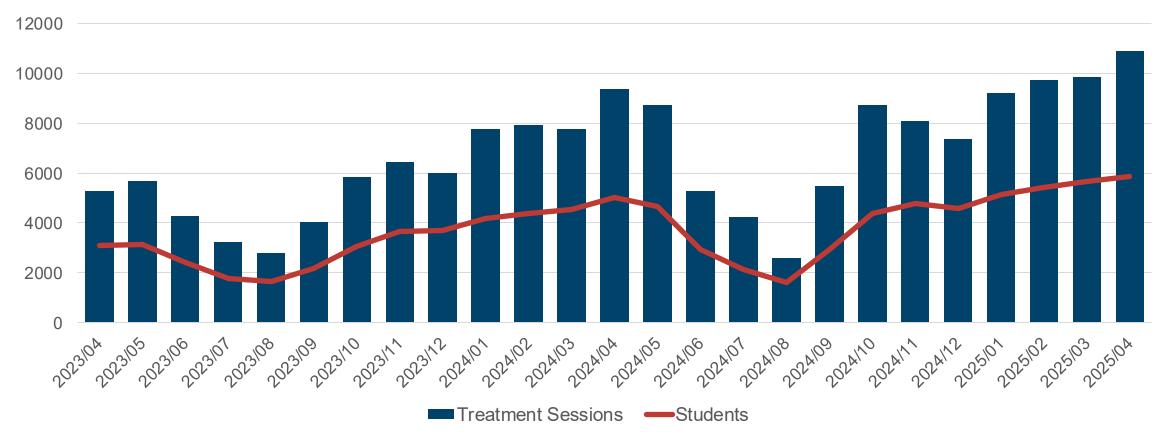






## Number of Treatment Sessions and Clients Served by Month

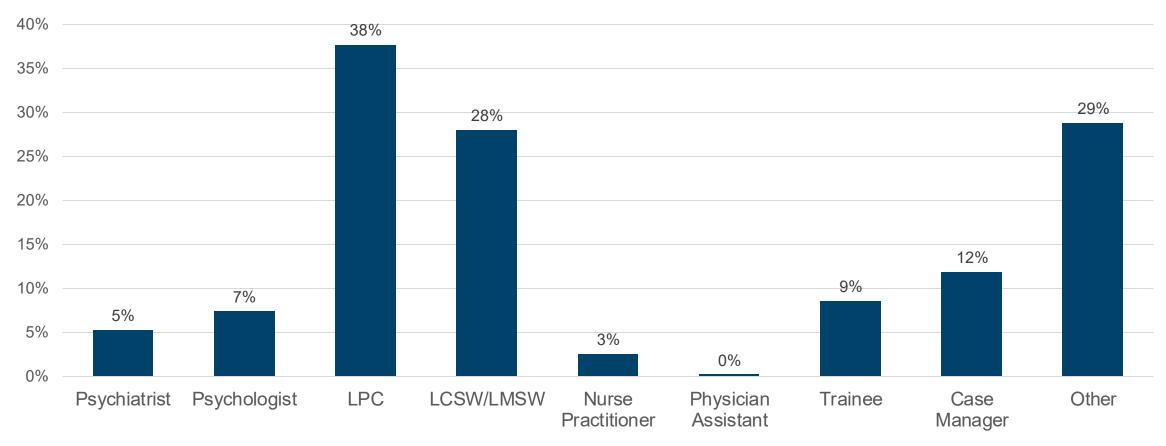
as of 4/30/2025





### Percent of TCHATT Sessions by Participating Providers

September 1, 2021 – April 28, 2025



Note: More than one provider may participate in a session.



### Projects in Process

- Assessment Automation Launched in Feb. Provided training and support for teams.
- •Intermediate Services— Work group meeting and making progress to create strong workflow for integration.
- •TEA and ESCs Working with HRIs, ESCs and TEA to continue to engage with schools, and look at ways to create stronger links and support TCHATT and schools in service delivery. Planning around potential growth and expansions for schools that may be impacted by funding changes.
- •Conferences Working with HRIs to support conference participation to promote awareness of TCHATT and outreach to help teams needing to hire for open positions.
- •Trayt Streamlining note workflow working with HRIs, IE, UTS to improve workflow and maintain data collection integrity.
- •Training and support providing training for HRIs with new leaders joining the team. Also working to identify training needs to create statewide training plan for HRIs.



## Trayt Roadmap - TCHATT

Feature	Phase	Estimate Release Date
Automation of Required Assessments	Launched	February
Single Sign On	7 HRIs complete, 1 In Process	July
EHR Integration	In Development	TBD

