

Maternal Health ECHO

Supporting maternal health & recovery

This series explores the intersection of maternal mental health and substance use disorder, sharing strategies to support pregnant and postpartum individuals with comprehensive, trauma-informed care. Sessions include a brief educational presentation, real-world cases, and group discussion to address challenges and best practices. These expert-led discussions equip providers with the knowledge and tools to support maternal health and recovery.

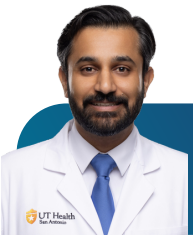
Join our expert team on the 1st Tuesday of each month: 12:00 - 1:00 p.m. CT



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Register



FREE CME

Why Join



Engage with a dynamic community of learning



Professional growth and networking



Case-based learning and mentorship



Build local capacity for high-quality perinatal care

BE WELL, TEXAS™



tcmhcc
Texas Child Mental
Health Care Consortium

CPAN
Child Psychiatry
Access Network

PeriPAN
Perinatal Psychiatry
Access Network

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Series Calendar First Tuesday of each month: 12:00 - 1:00 p.m.

4/1/25	Mental Health, Substance Use & Co-Occurring Physical Health Conditions in Perinatal Populations
5/6/25	Effective Brief Interventions for Substance Use and Mental Health Conditions
6/3/25	Universal Screening for Behavioral Health Conditions in Pregnant and Post-Partum Women
7/1/25	Navigating the Intersection of Sleep, Perinatal Mental Health, and Substance Use: Strategies for Comprehensive Care
8/5/25	Care Coordination with Midwives, Doulas, and Other Specialty Care Providers
9/2/25	Trauma-Informed Care for Women
10/7/25	Suicide Prevention Interventions for Women
11/4/25	Harm Reduction Approaches and Evidence-Based Treatment for Reducing Maternal Mortality Associated with SUD
12/2/25	Navigating Tangential Systems: How to Collaborate with Child Welfare and Criminal Justice
1/6/26	Evidence-Based Treatments for Common Psychiatric Conditions in Women
2/3/26	Managing Co-Occurring Health Conditions in Women with Behavioral Health Conditions
3/3/26	Post-Partum Support for Parents

Register:



FREE continuing medical
education credits!

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Learn more: c-stat.uthscsa.edu/echo