

Perinatal Grief and Loss

Register Here



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August 19, 2025

12:00 - 1:00 pm CT

Virtual Meeting



Dr. Glorisel Gonzalez Viera

Presenting from
Baylor College of Medicine

If you have questions, please email Edu-Services@ttuhsc.edu for assistance.

Overview

Maternal and child mental health are closely linked, especially during the perinatal period. One in five new Texas mothers may experience mental health conditions such as depression, and mental health challenges are one of the leading causes of preventable maternal mortality within the first year of giving birth. The state-funded Perinatal Psychiatry Access Network (PeriPAN) offers free perinatal psychiatry consultation and education to health clinicians who interact with new mothers and mothers to be.

Join us for free webinars on Perinatal Mental Health. Participants can expect engaging discussions on evidence-based practice and care. Texas Tech University Health Sciences Center and the PeriPAN program are pleased to provide free CME credits for participants.

Learning Objectives

- Identify various forms of perinatal grief and loss, including events of unexpected or undesired outcome, from pregnancy loss to preterm delivery, and partner relationship difficulties.
- Discuss risk factors for developing grief during pregnancy, including predisposing, precipitating, and perpetuating factors.
- Explore strategies for addressing future pregnancies after experiencing grief and loss.
- Discuss maternal mental health conditions to monitor and screen for following grief and loss.