

# Perinatal Psychiatry Access Network (PeriPAN)

Sarah Mallard Wakefield, MD Medical Director of PeriPAN Associate Professor and Chair of Psychiatry School of Medicine, TTUHSC







# **PeriPAN Enrollment** As of December 31, 2024

- 1,031 OB/GYNs
- 253 OB clinics
- 58 Women's or Maternal Health clinics
- 20 Midwifery practices



### PeriPAN: Consultation Volume & Enrollment (as of December 31, 2024)

56.8%

CONSULTS

51.76% (1150)

11.66% (259)

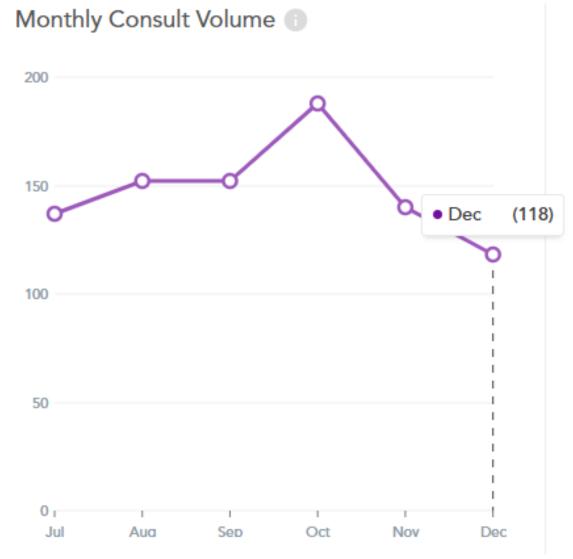
2.03% (45)

1.98% (44)

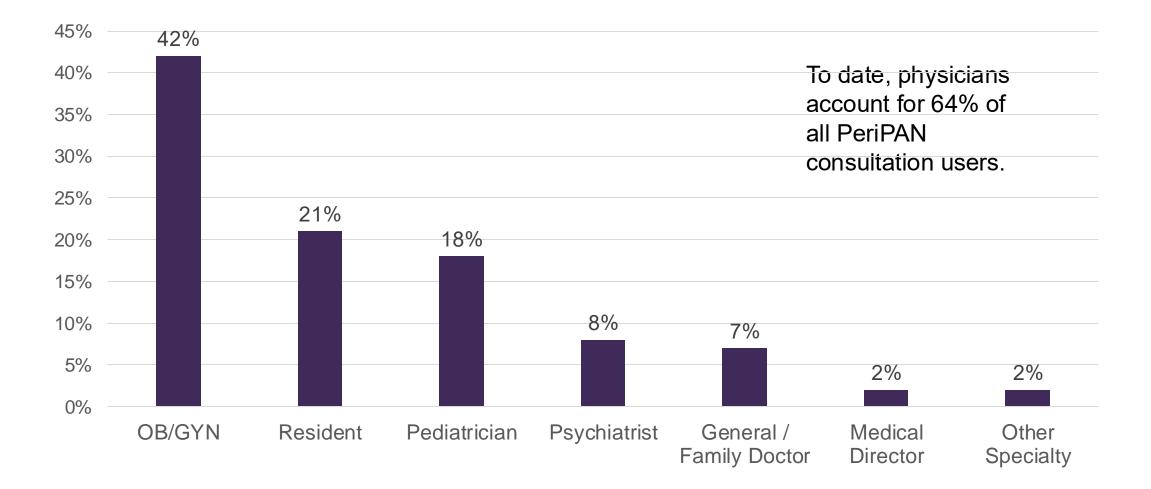
1.58% (35)

43.25% (961)



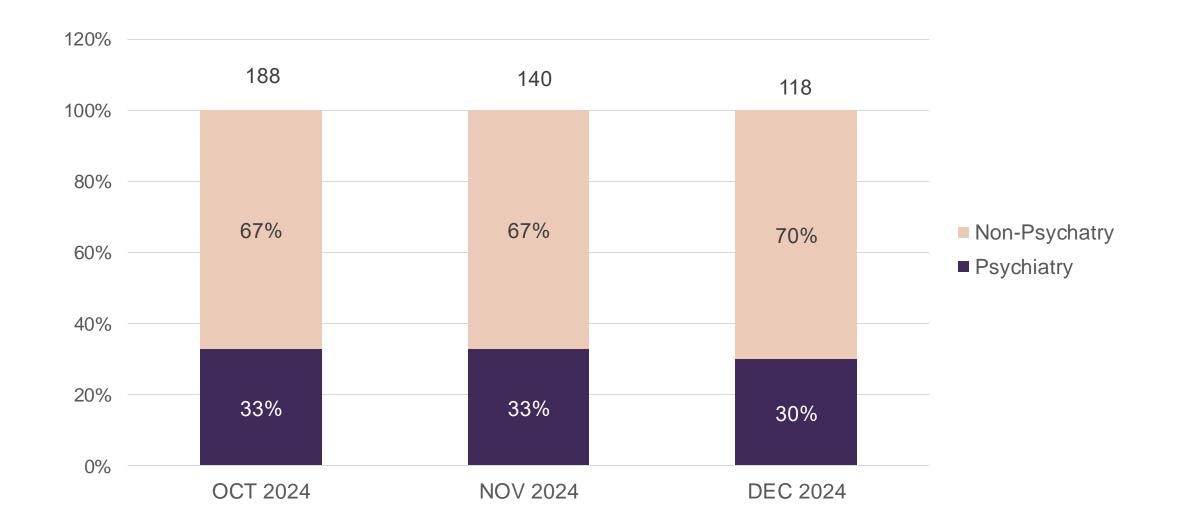


#### Percent of Unique Physician PeriPAN Users by Physician Type as of December 31, 2024

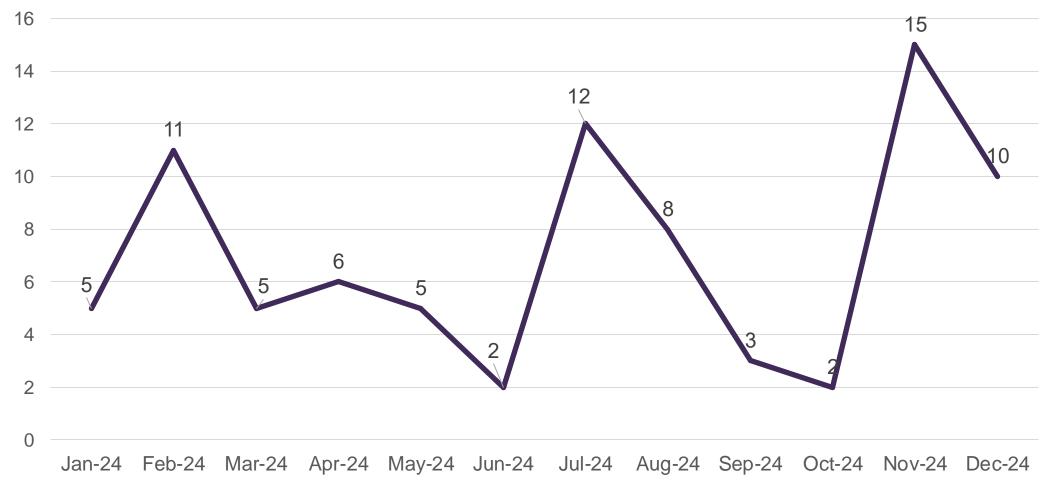




## PeriPAN Consultations by Type (Psychiatry & Non-Psychiatry), October - December 2024



## PeriPAN Direct Patient Consultations by Month as of December 31, 2024





# 2025 PeriPAN Webinars (free CMEs)

12-1 p.m. Sign up on our events page

Date	Торіс
Jan. 21	Physiological Changes in Pregnancy and Postpartum: Implications for Pharmacotherapy
Feb. 18	Eating Disorders and Perinatal Mental Health
Mar. 18	Ethics of Treating Mental Health Conditions in Pregnancy and the Postpartum Period
Apr. 15	Behavioral Strategies and Psychotherapeutic Models of Care for Perinatal Anxiety and Depression
May 20	Maternal Mental Health Conditions and Their Prevalence
Jun. 17	Sleep Disturbances and Hygiene: Impacts on Perinatal Mental Health
Jul. 15	Cultural Considerations in Perinatal Mental Health: Socio-Economic Impact on Access to Care
Aug. 19	Perinatal Grief and Loss
Sept. 16	Assessing Suicide Risk and Implementing Safety Measures in Perinatal Mental Health
Oct. 21	Substance Use and Its Impact on Perinatal and Postpartum Mental Health
Nov. 18	Paternal Mental Health: Impact on Families and Children

#### 2025 PeriPAN/Be Well MMHSUD ECHO Series Launch Tentative Schedule: 1<sup>st</sup> Tuesday of the Month | 12:00-1:00 CT

Date	Торіс
March	Mental Health, Substance Use & Co-Occurring Physical Health Conditions in Perinatal Populations
April	Effective Brief Interventions for Substance Use and Mental Health Conditions
Мау	Universal Screening for Behavioral Health Conditions in Pregnant and Post-Partum Women
June	Navigating the Intersection of Sleep, Perinatal Mental Health, and Substance Use: Strategies for Comprehensive Care
July	Care Coordination with Midwives, Doulas and Other Specialty Care Providers
August	Trauma-Informed Care for Women
September	Suicide Prevention Interventions for Women
October	Harm Reduction Approaches and Evidence Based Treatment for Reducing Maternal Mortality Associated with SUD
November	Navigating Tangential Systems (e.g., child welfare, judicial)
December	Evidence-Based Treatments for Common Psychiatric Conditions in Women
January 2026	Managing Co-Occurring Health Conditions in Women with Behavioral Health Conditions
February 2026	Post-Partum Support for Parents