



tcmhcc
Texas Child Mental
Health Care Consortium

Workforce Initiatives

1. CPWE Resident Rotation Experience
2. CAP Fellows & CPWE Placement

Internal Evaluation Team
Executive Committee Meeting
November 15, 2024



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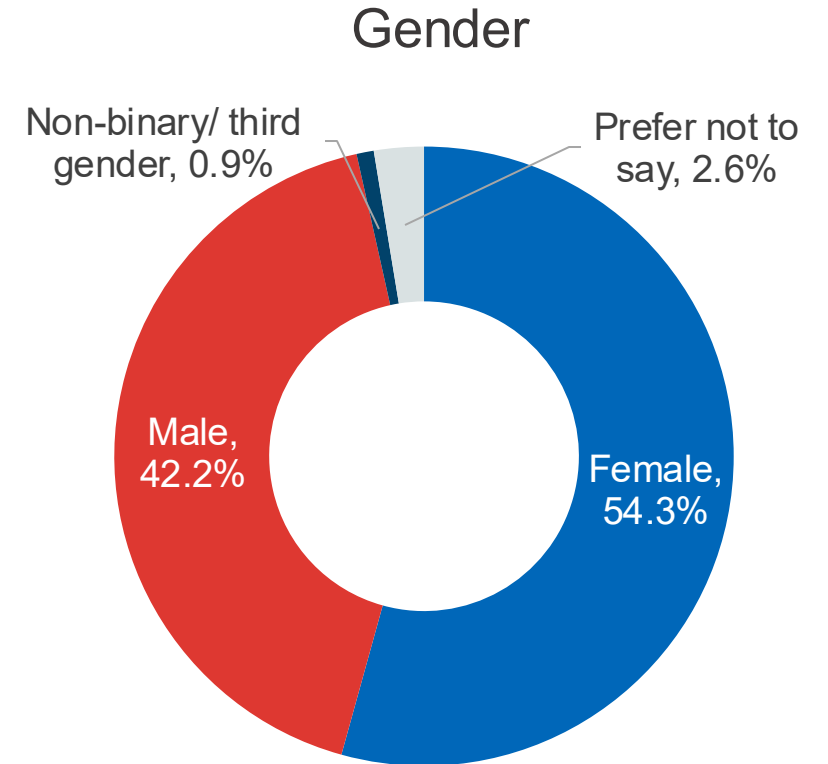
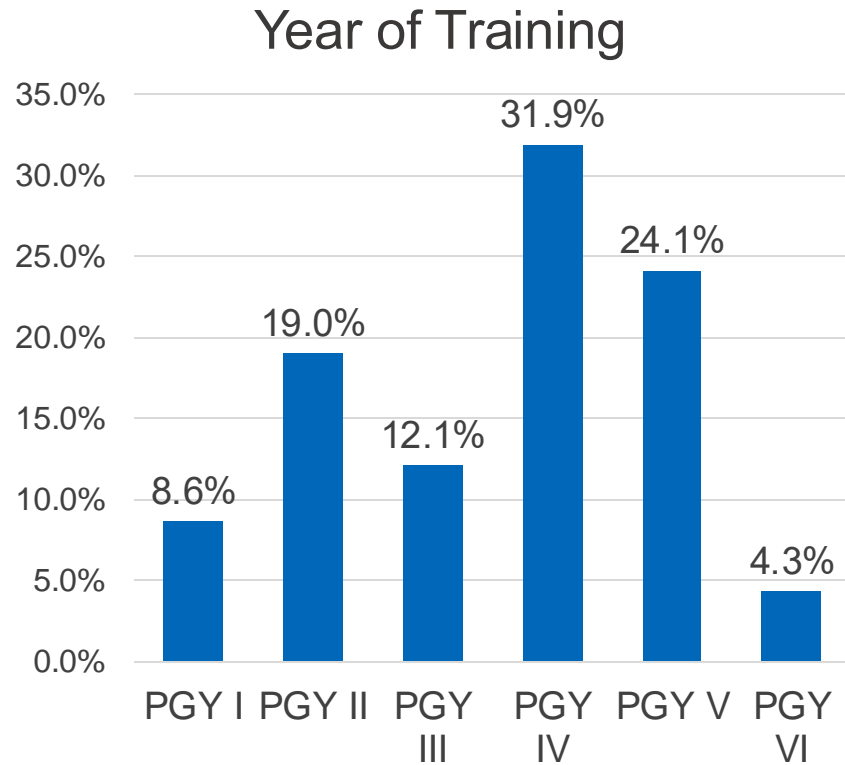
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CPWE Resident Rotation Experience Survey

- Goals for CPWE
 - Expand the availability of mental health resources by developing training opportunities and supervising residents at facilities operated by LMHAs and community mental health providers
 - Increase the number of Texas-trained psychiatry residents who work in the public mental health system upon completion of their residencies

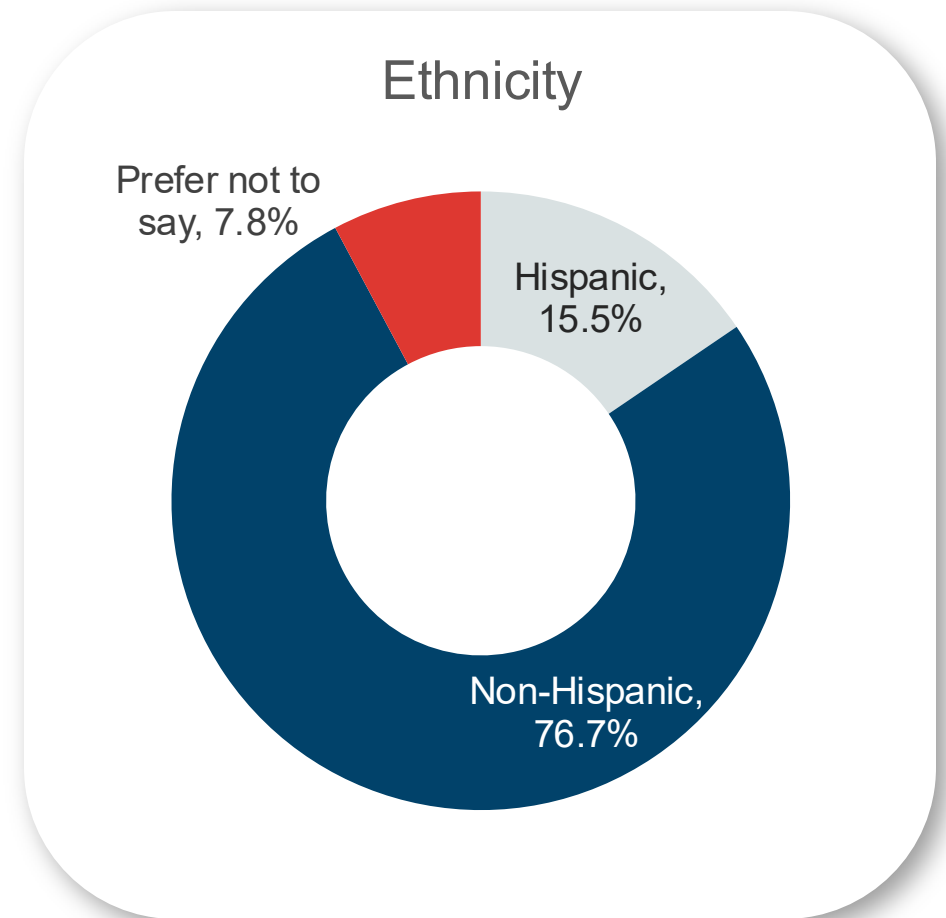
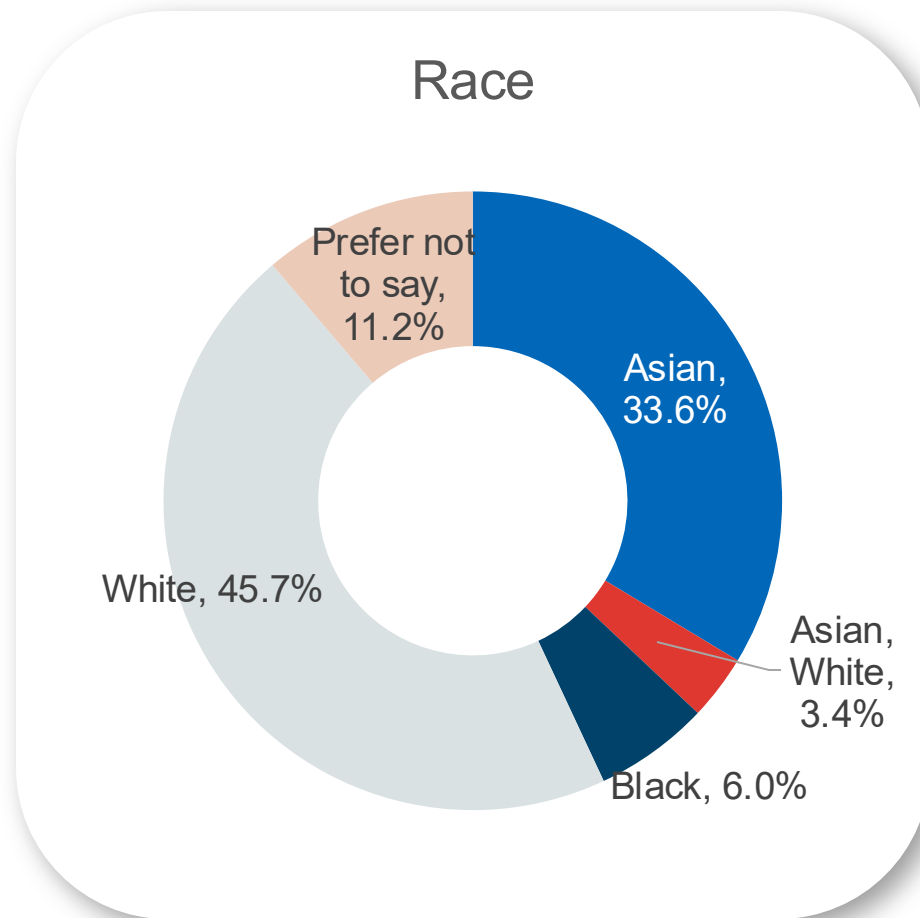


CPWE Survey Respondents (Dec. 2022 – Oct. 2024)



Note: Respondents may participate more than one time.

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CPWE Survey Findings (Dec. 2022 – Oct. 2024)

83.7%



Satisfied with number of
children (0-12) seen

82.6%



Satisfied with number of
adolescents (13-18) seen

82.8%



Satisfied with number of
adults (>18) seen

38.8%



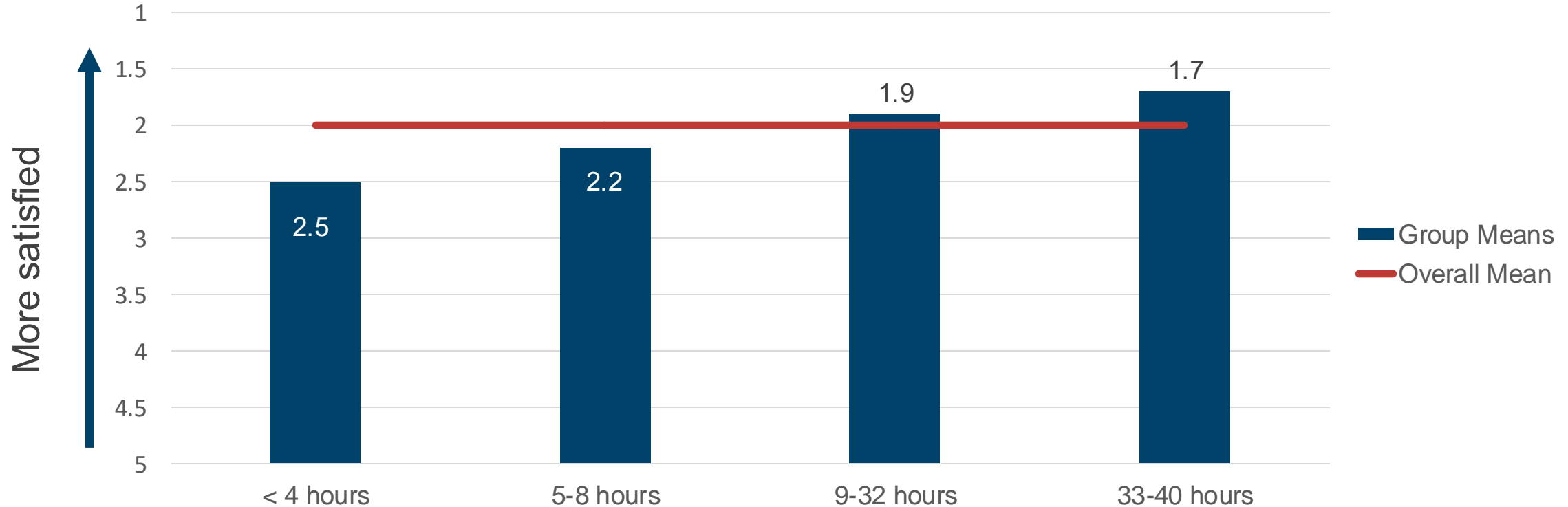
More difficult to navigate
system than other rotations

* this data is preliminary and is subject to change



CPWE Rotation Survey: Satisfaction by Hours Worked per Week (Dec. 2022 – Oct. 2024)

I would recommend this rotation to other residents.

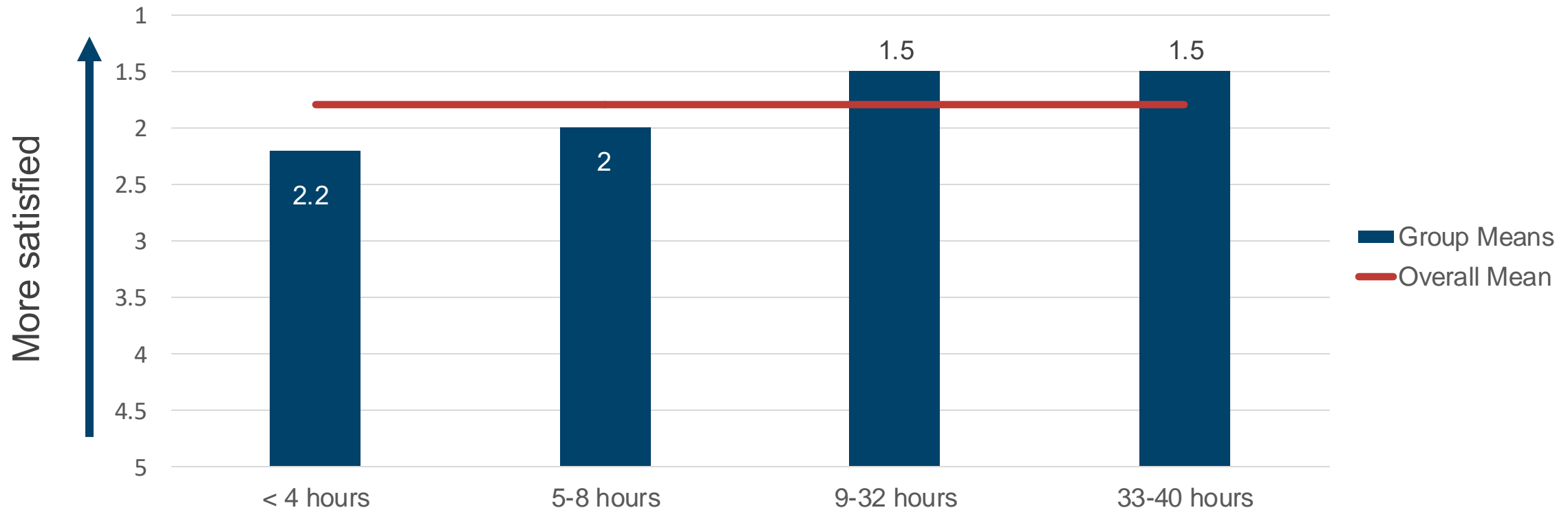


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CPWE Rotation Survey: Educational Opportunity by Hours Worked per Week (Dec. 2022 – Oct. 2024)

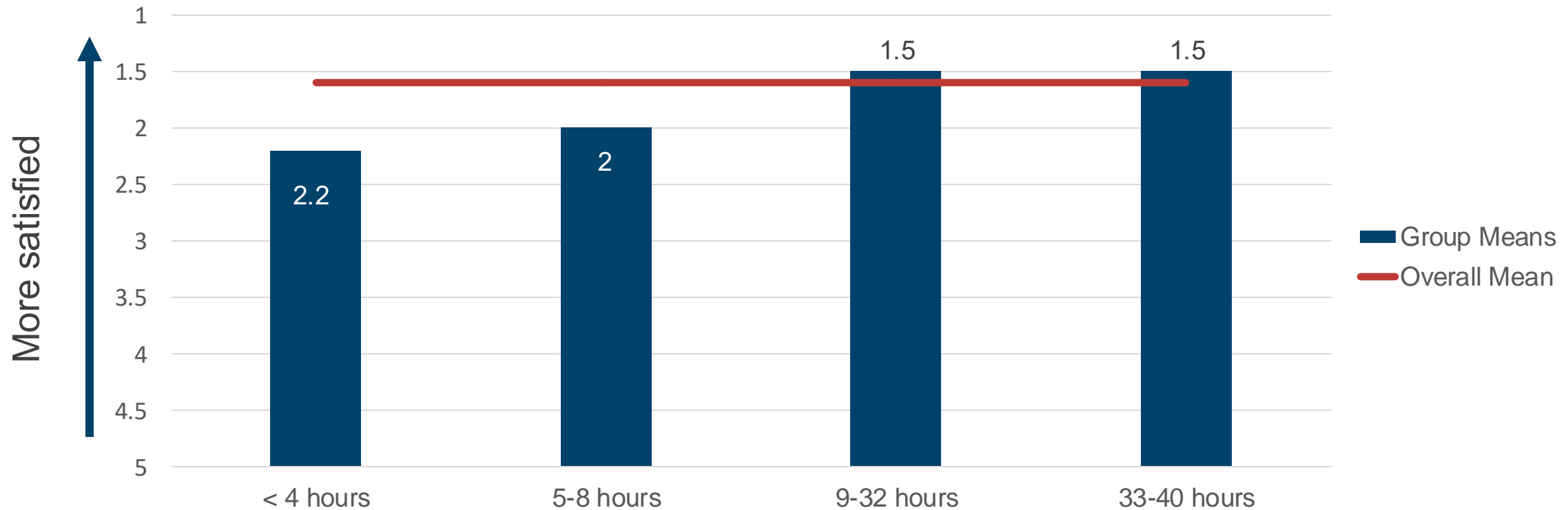
The rotation provided me with an excellent educational opportunity.



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CPWE Rotation Survey: Understanding of Community Psychiatry by Hours Worked per Week (Dec. 2022 – Oct. 2024)

The rotation increased my understanding of community psychiatry.



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Experiences that Impacted Trainees Interest in Community Psychiatry

- Residents are not supervised by community psychiatrists, so experience is similar to academic clinic
- Host site doesn't work to fully integrate resident
 - Unfamiliar with how to help patients navigate patient assistance programs, make internal referrals, or collaborate with mobile crisis (theme)
- Lack of access to targeted therapy and array of support services (nutrition, club programs) in the community limited outcomes (theme)
- Difficulty navigating systems (EMR, time for appointments, lack of clinical assistance)
- Dislike of telehealth experience



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Experiences that Impacted Trainees Interest in Community Psychiatry

- This rotation allowed me to see patients in a wide array of settings from residential, telepsychiatry to schools, and even going to patient's houses. I liked the variety that community psychiatry has
- It was invaluable to learn how to provide primary care to patients with mental health conditions as it forced me to understand not only psychiatric medications but medications that most patients (mental health illness or not) will be on
- The diversity and complexity of patients and their family systems added an invaluable quality to this training experience (theme)
- Opportunity to work with multiple disciplines in team-based structure
- Saw the need for C/A Psychiatry and the impact that they have
- 1 to 1 learner - teacher experience



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Key Lessons Learned on Rotation

- One of the best experiences I had was getting to work with patients for whom it was their first time engaging with psychiatry and seeing their improvement over the course of time. Alongside this is the opportunity to get to spend more time with patients and getting to know their stories
- I appreciated working within community mental health setting and the wealth of integrated care it provided for our patients - the private clinics we worked at did not have such access to counseling, case management, substance use treatment, etc.
- Lessons learned 1) Patient's tend to improve if they receive a multifaceted care approach (medications, psychotherapy, assertive community treatment) 2) A publicly funded clinical setting makes it easier for patients to receive treatment without having to worry excessively about cost burden
- I never liked tele-health until I completed this rotation and now, I see the number of resources it provides to those in remote areas or without means to come into a clinic




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Ideas for Improvements to the Rotation Experiences

- More time in the rotation / More time to see patients
- Increased educational opportunities (both patients and didactics) on dual intellectual disability and mental health concerns
- It would be nice to have some lectures right at the start of the rotation going over work up and treatment for common disorders seen in child psychiatry
- In person treatment sessions (rather than telehealth) (theme)
- More opportunities to work with diverse workforce, e.g., peer specialists (theme)
- Initial training on how the agency functions, including how to make referrals and navigate system, and the different specialty programs (theme)
- Improved EMR (theme)
- Consistent attending providing supervision





I was able to connect a TAY patient with counseling and employment assistance. Over the next year, I watched the patient achieve recovery status and remain employed and in counseling.

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Child and Adolescent Psychiatry (CAP) Fellowship

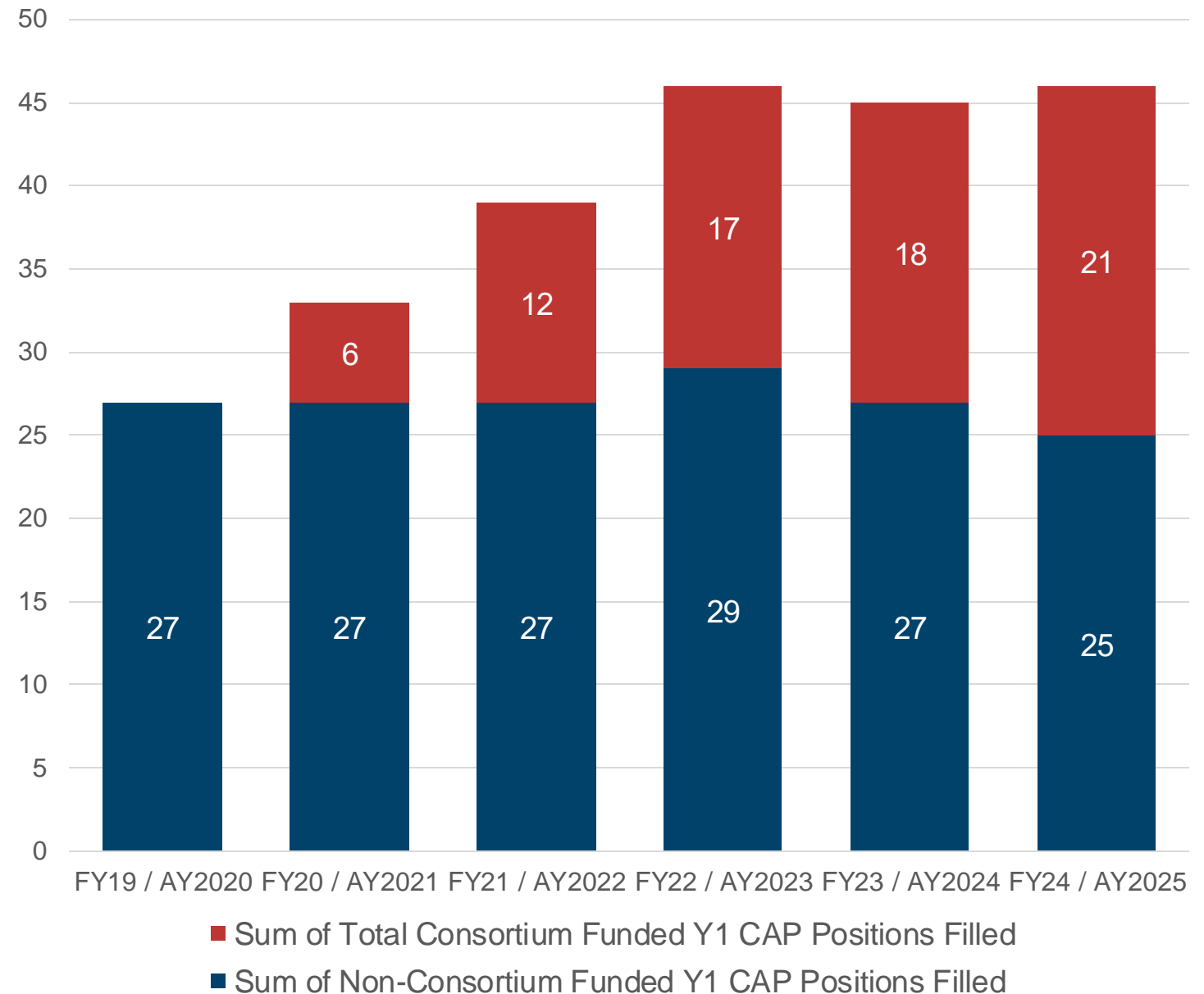
- 2-year specialized training in child and adolescent psychiatry
- Short-term goals of CAP Fellowship:
 - Increase the number of medical professionals in Texas who specialize in the diagnosis and treatment of psychiatric and behavioral health issues affecting children and adolescents
- Long-term goals of CAP Fellowship:
 - Increase the ratio of child and adolescent psychiatrists to the child population;
 - Reduce the number of designated mental health professional shortage areas; and
 - Reduce wait times to see a child and adolescent psychiatrist.



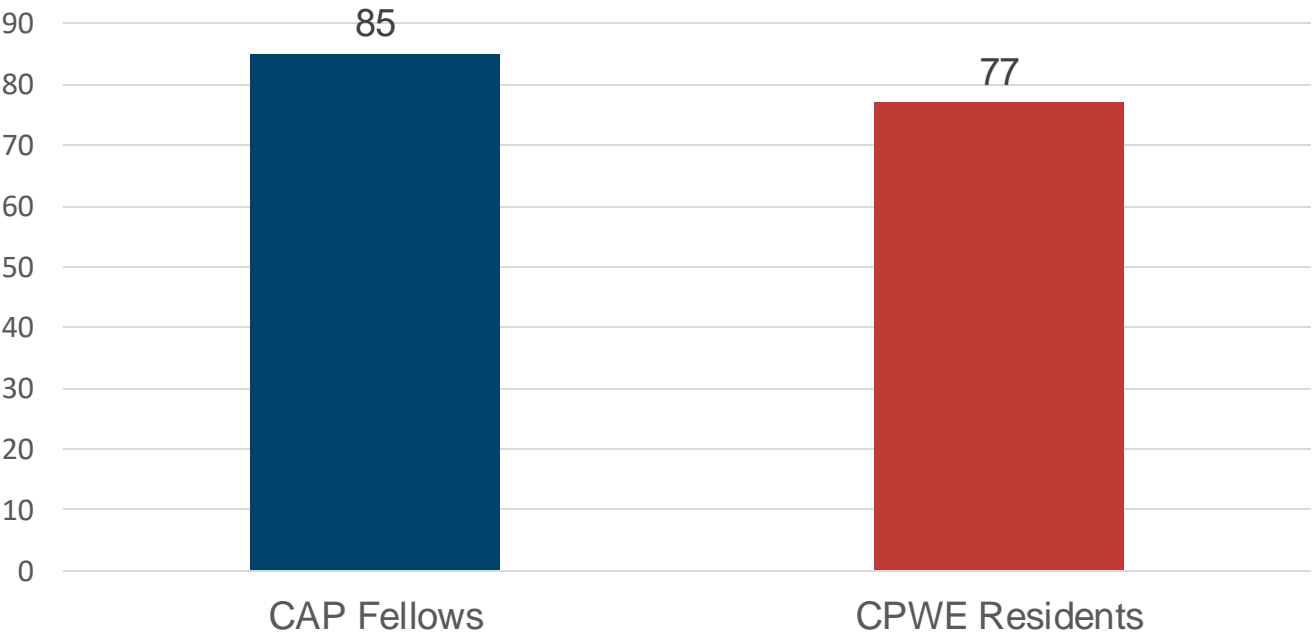
CAP Fellowship: Growth in Filled Positions



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Workforce Outcomes: Retention in Texas (AY 2023 & 2024)



63.3%



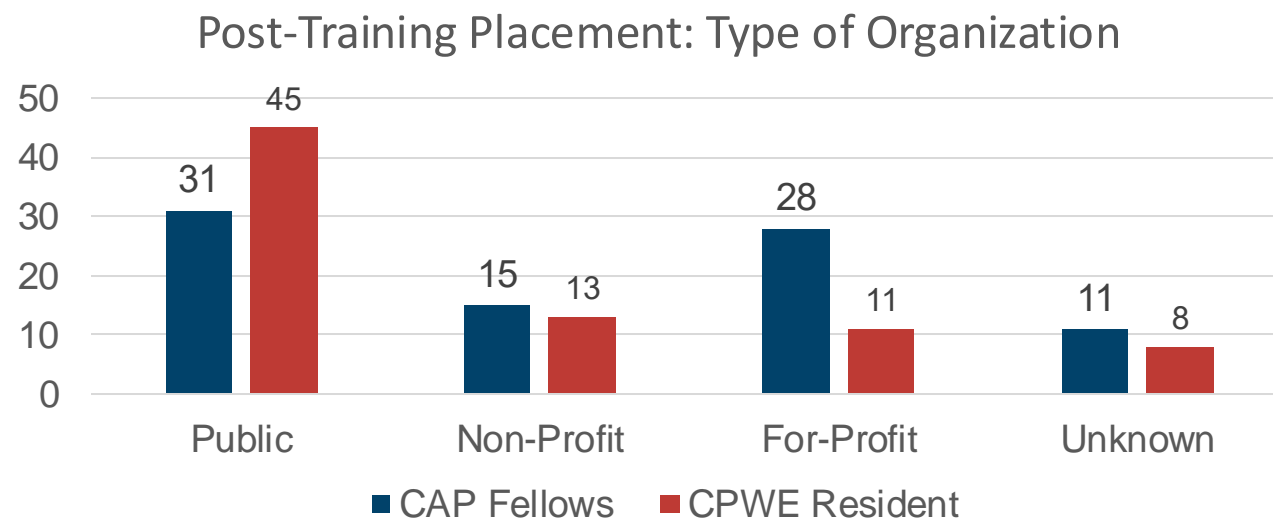
CPWE Residents
Remaining in Texas

79.5%

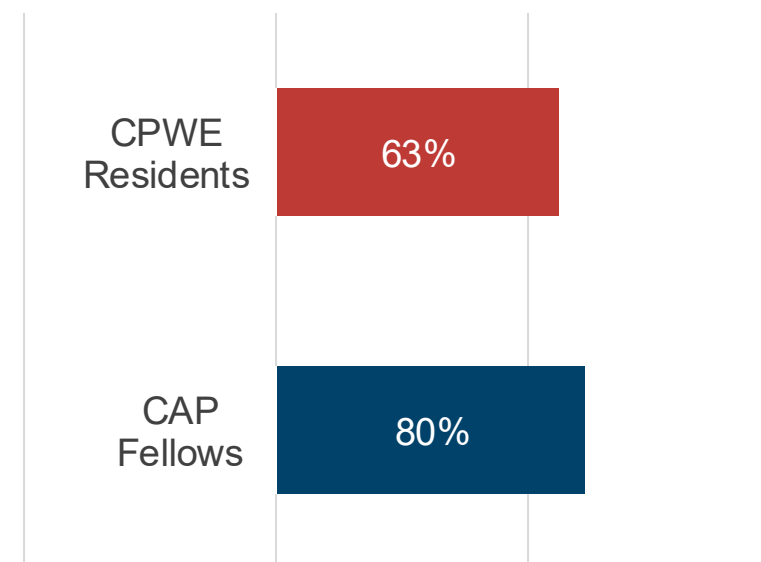


CAP Fellows
Remaining in Texas

Workforce Placement Outcomes (AY 2023 & 2024)



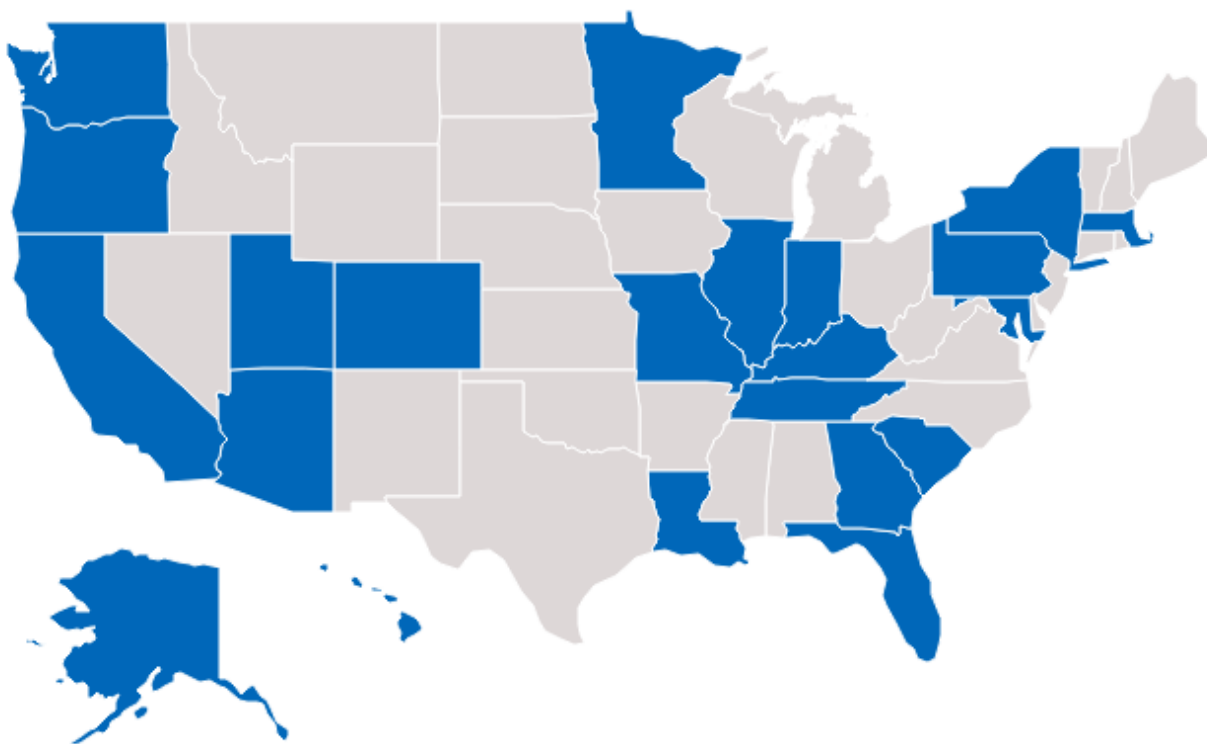
Post-Training Placement: Serves Children or Adolescents



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Workforce Post-Training Placements (AY 2023 & 2024)

Out-of-Texas Placements



Types of Placements

