



CPAN
Child Psychiatry
Access Network

CHILD PSYCHIATRY ACCESS NETWORK (CPAN) PROJECT ECHO

HUB: DELL MEDICAL SCHOOL

UPCOMING DATES

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| March 8, 2024 | <i>Intro into ECHO and Behavioral Health</i> | April 19, 2024 | <i>Psychological vs. Neuropsychological Assessment - When and What to Ask For</i> |
| March 22, 2024 | <i>Mental Health Emergencies – Level of Care</i> | May 3, 2024 | <i>Eating Disorders</i> |
| April 5, 2024 | <i>Aggression, Anger, and Out of Control Kids</i> | May 17, 2024 | <i>Suicide Assessment/Safety Planning</i> |

**All sessions are held virtually from 12:00 – 1:00 pm

Registration Information

Registration Link: <https://app.smartsheet.com/b/form/4cce7dd845a240cdb8c2bdcb36a5a238>

You will receive an email with course access details following registration.

NEEDS STATEMENT

Primary care providers (PCPs) have been tasked with managing the mental health needs of youth in Texas due to the severe shortage of child psychiatrists. However, many PCPs have had little training in screening, assessment, and care provision for youth with mental health disorders. This professional gap is largely due to limited exposure in medical school and compounded by inadequate mental health resources. The lack of mental health resources has resulted in primary care providers being the first and only source of assistance for youth and families that are suffering from mental or behavioral health concerns. This series is aimed to educate primary care physicians on how to recognize and diagnose mental health conditions in children and adolescents within their clinical practice.

LEARNING OBJECTIVES

At the conclusion of this activity, the participants should be able to:

Intro to Echo and Behavioral Health Consultations

- Recall how Project ECHO is designed to instruct primary care physicians in acquiring new knowledge and skills.
- Compare how Project ECHO is implemented in contrast to more standard learning models
- Develop a plan for utilization of Project ECHO to improve knowledge and skills for youth with common mental health disorders.

Mental Health Emergencies in the Primary Care

- Assess and recognize a mental health emergency in a primary care clinic setting
- Select the appropriate level of care for a mental health emergency

Aggression, Anger, and Out of Control Kids

- Define behavioral interventions for oppositional youth
- List basic concepts for parent management training
- List specific tools for behavior management

Psychological vs. Neuropsychological Assessment - When and What to Ask For

- Outline the elements of a psychological evaluation
- Outline the elements of a neuropsychological evaluation
- Evaluate the common reasons to consider ordering either a psychological or neuropsychological evaluation

Eating Disorders

- Compare and contrast the different eating disorders most common in youth
- Determine the appropriate level of care based on the symptoms and eating disorder for the child or adolescent patient



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- Summarize the assessment process and treatment options for common eating disorders in youth

Suicide Assessment and Safety Planning

- Recall the risk factors for suicidal thoughts and actions in youth
- List the evidence-based approaches to assessing suicidal thoughts and actions in youth
- Outline the components of a safety plan for youth with suicidal thoughts or actions

TARGET AUDIENCE

This activity is for Pediatricians and Primary Care Providers (Family Practitioners, NPs, PAs) who treat children and adolescents, RNs, LVNs, LPCs, Social Workers, and Administrative leaders.

EDUCATIONAL METHODS

Lecture and case discussion

ACTIVITY EVALUATION

Evaluation by questionnaire will address program content, presentation, and possible bias.

ACCREDITATION AND CREDIT DESIGNATION



Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 6.00 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.