



WE CARE

Wellness for Children and Adolescents
Restorative Empowerment



tcmhcc

Texas Child Mental Health Care Consortium



UT Health
San Antonio

No-cost hybrid mental health therapy clinic offering services for children and adolescents, ages 3-20, and their families. WE CARE serves as a referral resource for CPAN, TCHATT, YDSRN, & CTRN when adequate community services cannot be located. WE CARE will also accept outside community referrals.

CPAN

TCHATT

YDSRN

CTRN



"We did postpone services due to finances until we learned of the WE CARE Clinic. Danielle is excellent. I was apprehensive my child would not open up to anyone but now I am no longer concerned about that. I am going to sign up another child since things are going so well." - WE CARE Parent

STAFF AND TRAINEES



The WE CARE team:

Clinical Director/Program Manager	Kristina Fields, LMFT
Office Manager/Clinical Supervisor	Jennifer V. Randow, LCDC, LPC-S
Clinical Supervisor	Lourdes Durham, LPC-S, RPT-S (<i>bilingual</i>)
LPC-Associates	8 Associates (<i>3 bilingual English/Spanish</i>)
Office Receptionist	2 Medical Office Receptionists

Current Trainings/Development:

	Clinicians Training:
Parent-Child Interaction Therapy (PCIT)	4
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	7
Crisis Response Planning (CRP)	6
Eye-Movement Desensitization and Reprocessing (EMDR)	2
Registered Play Therapy (RPT)	1

WE CARE Measures

FY22-23 Measures (Dec 1–Aug 31):

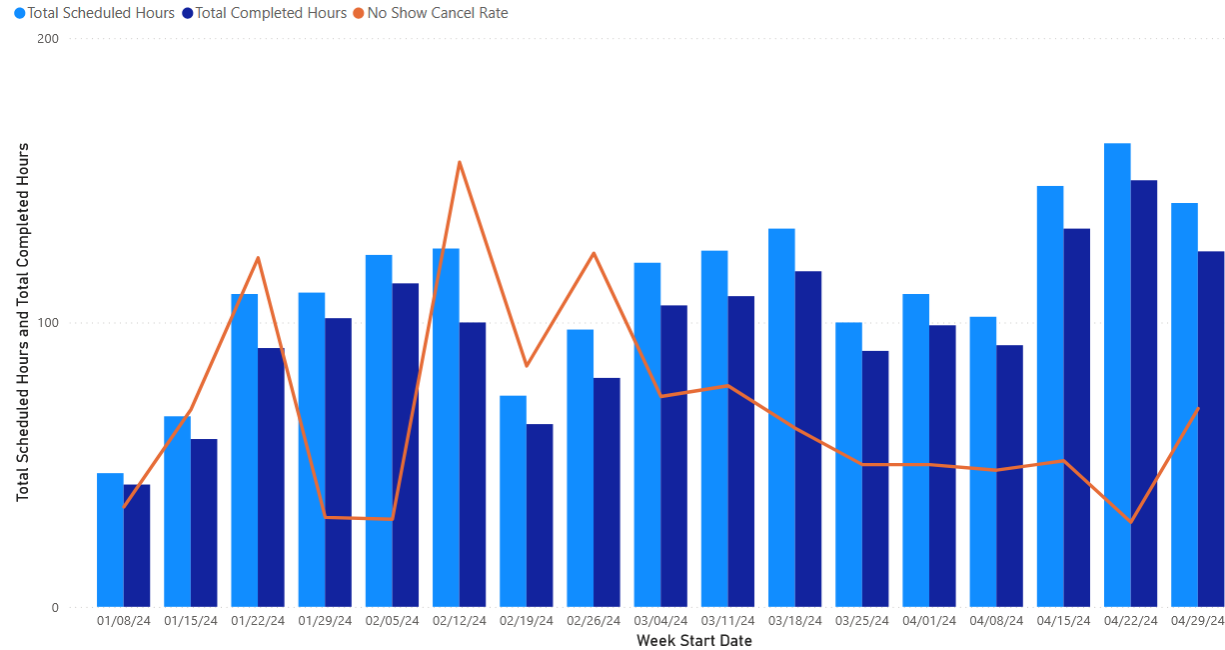
	Total:
Therapist in training	4
Referrals Received	422
Unique patients served	251
Appointments completed	1547
No show/Cancel rate	17%

FY23-24 Measures (Sept 1–April 30):

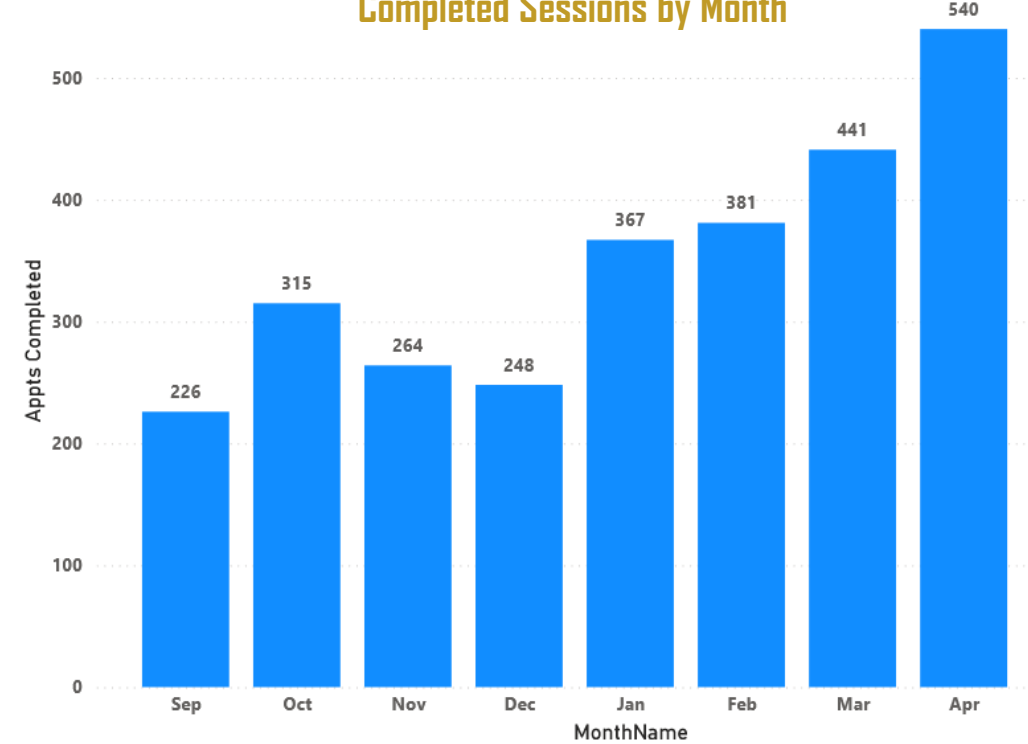
	Total:
Therapist in training	8
Referrals Received	614
Unique patients served	431
Appointments completed	2782
No show/Cancel rate	14%

Scheduled Hours by Week

Total Scheduled Hours, Total Completed Hours and No Show Cancel Rate by Week Start Date



Completed Sessions by Month

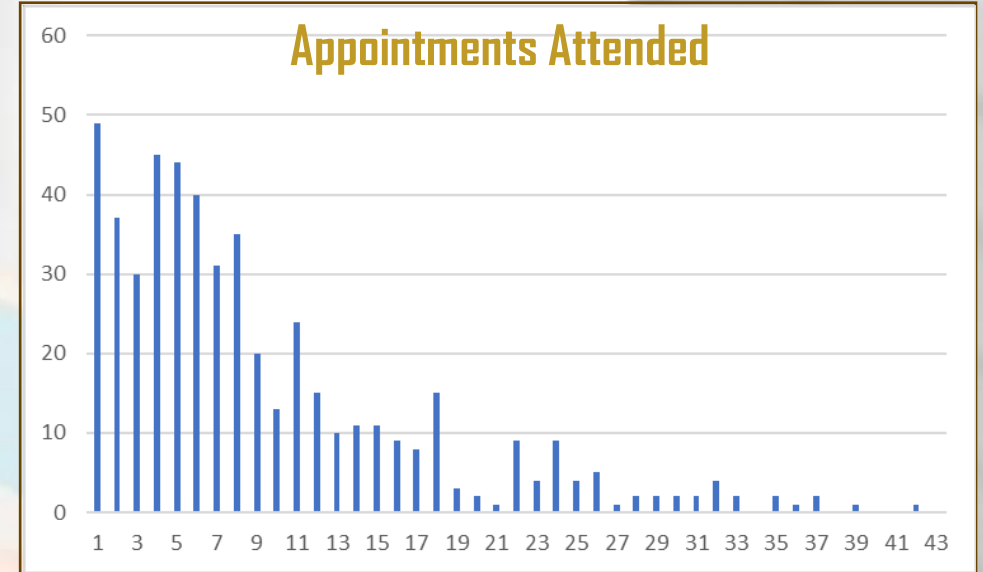
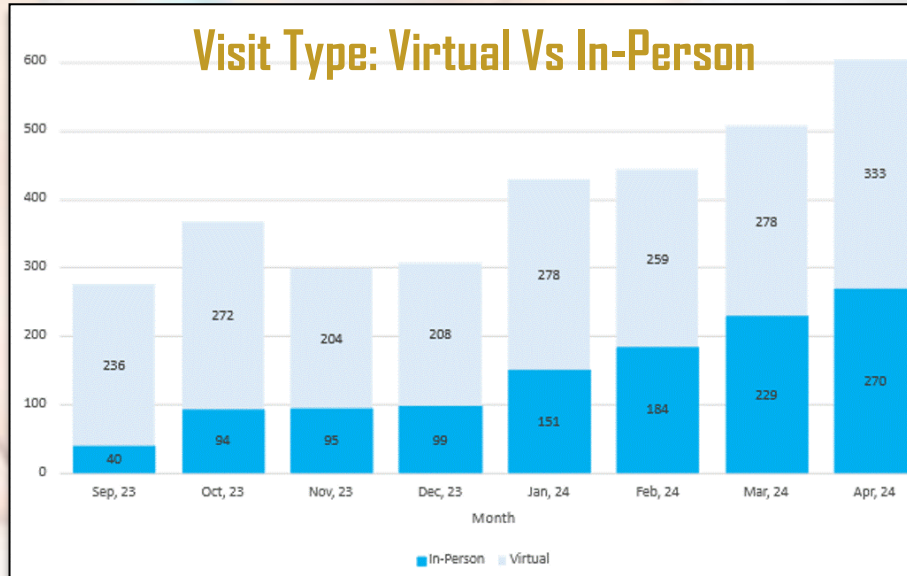


FY 24 Measures Cont.



*"I'm grateful for this program/health system and for what it has brought to my daughter. It has taught me that mental health is as important as physical health. I don't have any suggestions because we have received excellent service and help."
- WE CARE Parent*

FY 24 Measures Cont.



Number of visits	
3 or less	23%
4-9	42%
10+	35%



"My son has tried virtual before with previous providers, and in-person has been more effective." - WE CARE Parent



	Max score 10
I am being provided adequate training for my role as a therapist.	9.13
I am satisfied with the quality of supervision I am receiving.	9.25
The trainings provided have been helpful in my growth as a therapist.	8.71
I would recommend WE CARE training program to a new Therapist Associate.	9.61



"I have enjoyed my overall experience at WE CARE and feel that it has been a great place to grow and develop as a counselor. The support and opportunities that we receive from our supervisors, fellow associates, MAs, and continuing education are invaluable."

- WE CARE Therapist Associate

LPC-Associate Feedback

Future Vision



tcmhcc
Texas Child Mental
Health Care Consortium

CPAN
Child Psychiatry
Access Network

PeriPAN
Perinatal Psychiatry
Access Network





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