

Management of Pediatric Mental Health Concerns Across School and Primary Care Settings

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Date



Sept 9, 2023
12:30 P.M. - 1:30 P.M.
Virtual Meeting

Presenters

Nithya Mani, MD
Associate Director, CPAN/TCHAT

Puja Patel, PhD
Assistant Professor, Department of
Psychiatry & Behavioral Sciences

Overview

Primary care providers and pediatricians are on the front line when caring for the behavioral health needs of children, adolescents, and young adults. With limited availability for prompt access to psychiatric or behavioral health specialists, patients often rely on their 'medical home' providers to initiate care. CPAN's aim is to support primary care in the identification and management of patients with behavioral health needs. This session offers practical information with relevant case examples, using evidence-based guidelines to help increase confidence in providing the initial steps of treatment.

Learning Objectives

At the end of this activity, participants should be able to:

- Explain the types of mental health accommodations available within a school setting for different diagnoses.
- Discuss types of school based interventions for specific diagnoses.
- Identify specific ways PCPs can coordinate with school staff to care for students with mental health issues.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of Children's Health and Texas Child Mental Health Care Consortium. The Children's Health is accredited by TMA to provide continuing medical education for physicians.

The Children's Health designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Children's Health Clinical Operation is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.