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Texas Child Mental  
Health Care Consortium

**PeriPAN**  
Perinatal Psychiatry  
Access Network

# Perinatal Psychiatry Access Network (PeriPAN)

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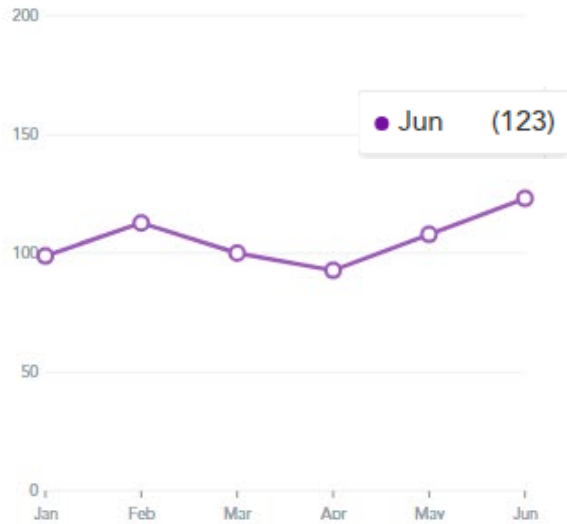
# PeriPAN Enrollment

- 869 OBs
- 168 OB clinics
- 45 Women's or Maternal Health clinics
- 14 Midwifery practices

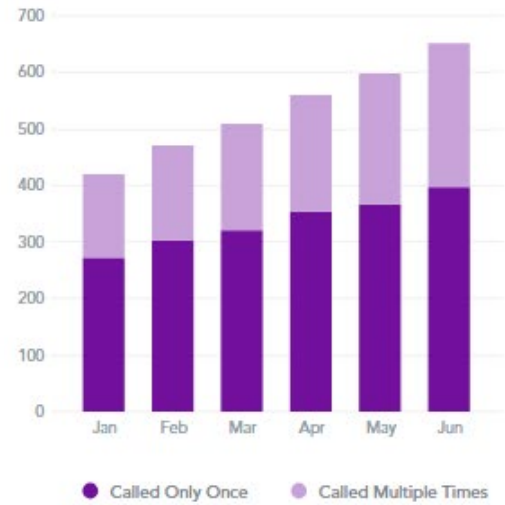


## PeriPAN Consult Activity

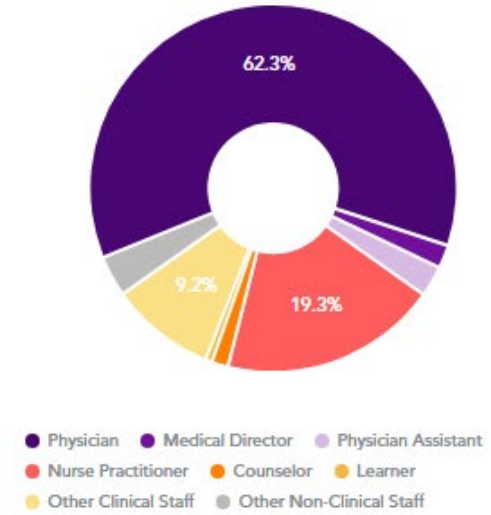
### Monthly Consult Volume



### Clinic Staff Engagement



### Clinic Staff Roles



### Purpose of Contact

1301  
TOTAL NO. OF CONSULTS

About Specific Patients	87.24% (1135)
Referral Request	66.33% (863)
Medication-Related	42.66% (555)
PSY Callback	13.3% (173)
About an Emergency	3.38% (44)

# PeriPAN Activity June 2024

### Referrals

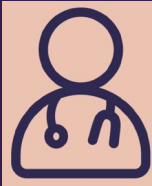
710  
CONSULTS WITH  
REFERRALS

54.6%  
OF COMPLETED  
CONSULTS

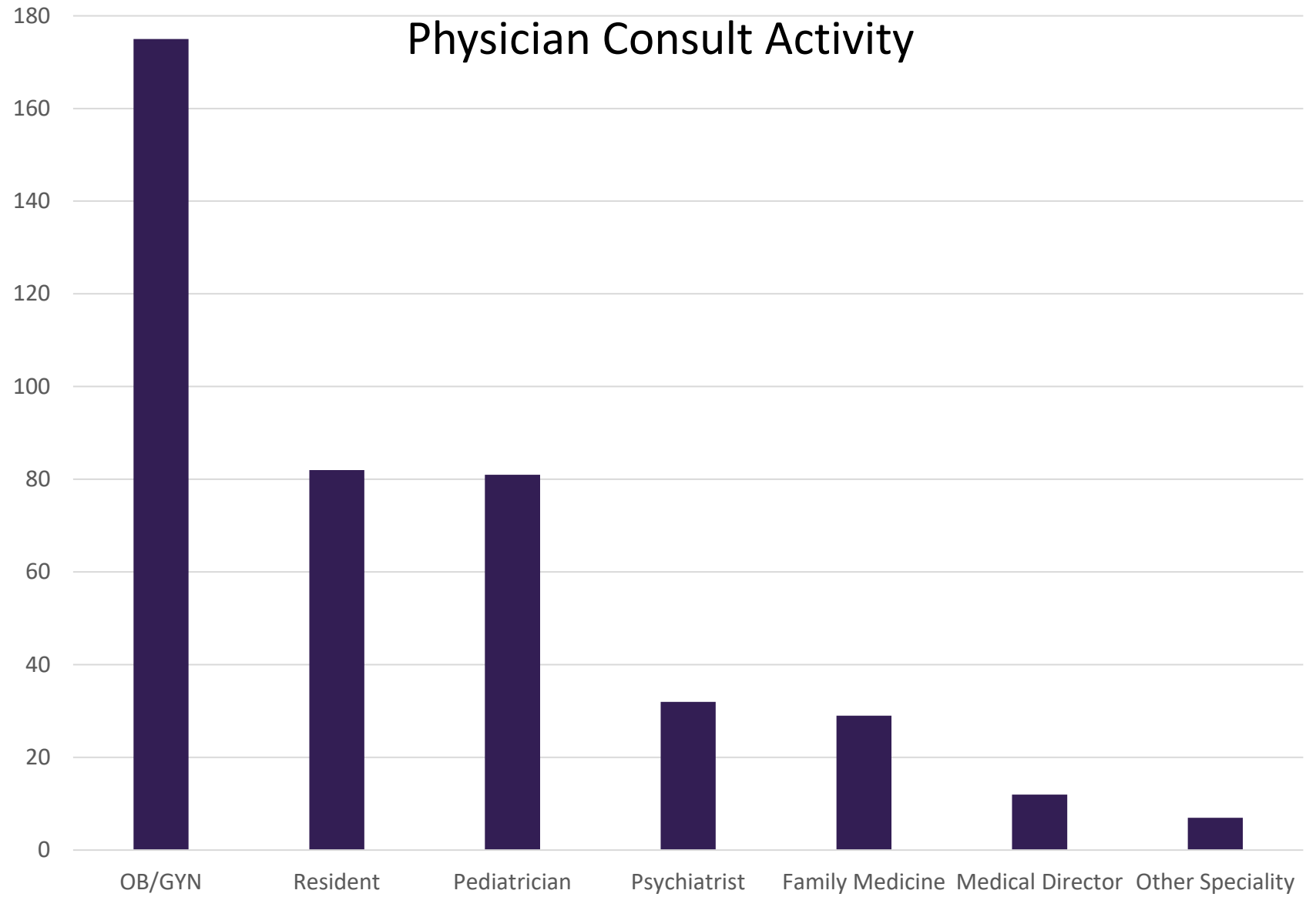
Local Therapist	48.73% (634)
Local Adult Psychiatrist	13.84% (180)
Local Community Health Center (ex. LMHA)	2.15% (28)
Local Child & Adolescent Psychiatrist	1.92% (25)
Higher Level of Care	1.31% (17)
No Further Referrals	45.43% (591)



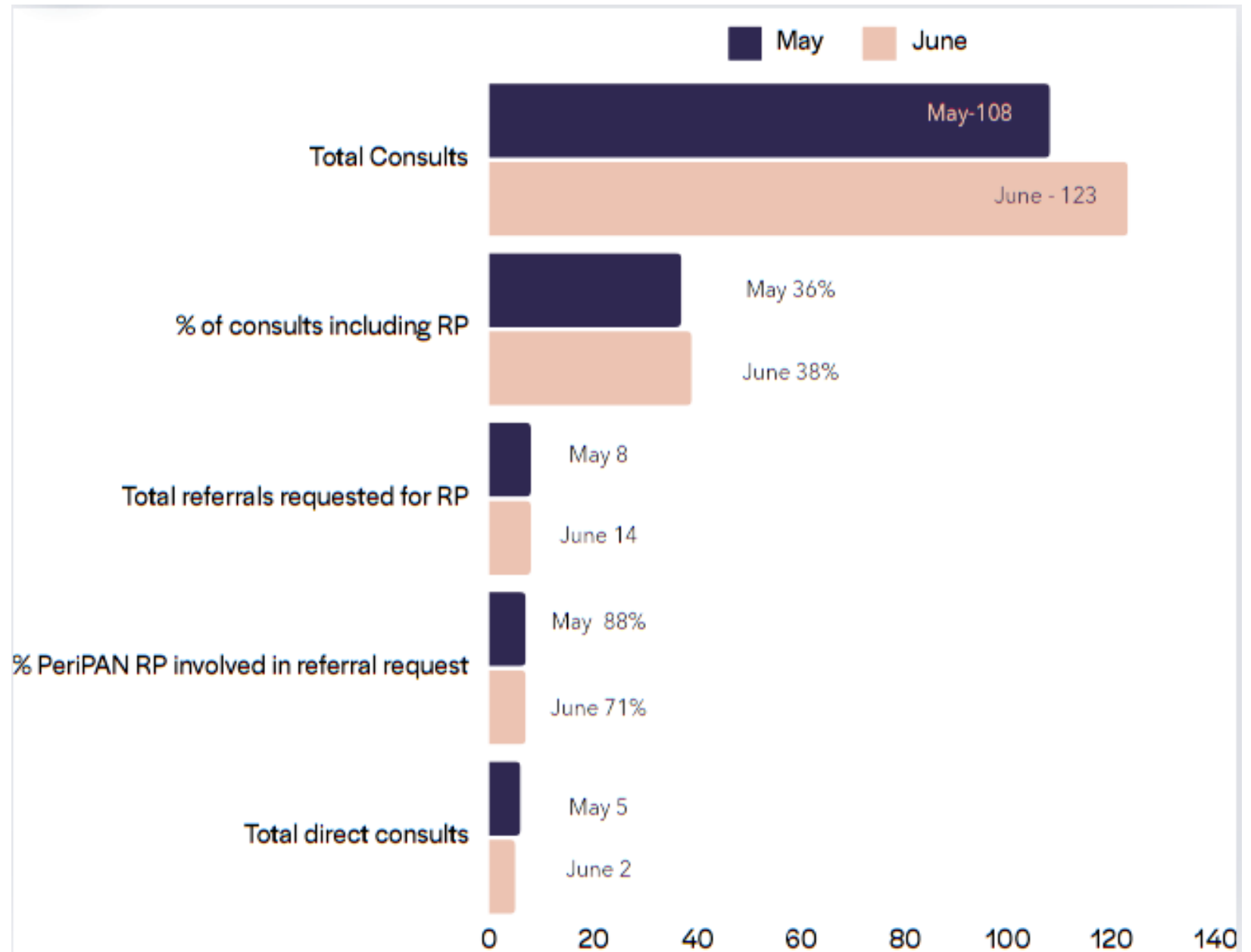
Consult  
Activity:  
Physician  
64% of calls



### Physician Consult Activity



# May - June 2024 PeriPAN Consultations



\* this data is preliminary and is subject to change



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# PeriPAN Grand Rounds Schedule 2024

3<sup>rd</sup> Tuesday of the month

12:00-1:00 CT



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Date & Time	Topic
1/16/2024	Introduction to Perinatal Mood and Anxiety Disorders
2/20/2024	Screening and Diagnosis of Bipolar and Schizophrenia Spectrum in the Pregnancy and Postpartum Period
3/19/2024	Screening and Diagnosis of Anxiety and Depression in Pregnancy and the Postpartum Period
4/16/2024	Suicide Risk and Safety Assessment in Perinatal Mental Health
5/21/2024	Psychotropic Medication in Breastfeeding and Pregnancy
6/18/2024	Psychopharmacology and Perinatal Mood and Anxiety Disorders
7/16/2024	Substance Use in the Perinatal and Postpartum Periods
8/20/2024	Eating Disorders and Perinatal Mental Health
9/17/2024	Perinatal and Postpartum Psychosis
10/15/2024	NICU Parent Supports and Considerations
11/19/2024	Paternal Mental Health and the Perinatal-Postpartum Periods

# PeriPAN Collaboration Updates



## National Resource Center for Academic Detailing

- NaRCAD team will join the July psychiatry meeting to share evidence on clinician outreach education
- Training in August
  - 1 CPAN Psychiatrist
  - 1 PeriPAN Psychiatrist
- “Elevator pitches”

BE WELL, TEXAS



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## MMHSUD HRSA Grant

- UT System and HHSC legal teams working on Terms & Conditions
- Once contract is executed:
  - Coordination meetings
  - Project activities
  - Release of funds



## Postpartum Depression ECHO Launch

- ECHO series will run 6/11/24 -10/8/24
- Registration:  
<https://www.surveymonkey.com/r/N8DNY2C>



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# PeriPAN/TPS ECHO Schedule Summer/Fall 2024

2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the  
month

12:00-1:00 CT

Date & Time	Topic
6/11/2024	Introduction to ECHO
6/25/2024	Introduction to Postpartum Depression Screening
7/16/2024	Screening Tools and Assessment
7/23/2024	Implementation strategies in Pediatric Practice
8/13/2024	Communication and Support for Families
8/27/2024	Collaborative Care and Referral Networks- Provider-facing and Mother-facing
9/10/2024	Billing, Coding, and Reimbursement for PPD Screening Services/ Advocacy and Policy
9/24/2024	Non-maternal Caregivers and Depression
10/8/2024	Maternal Well-Being



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