



CPAN
Child Psychiatry
Access Network

PTSD/ Trauma Informed Care
Tuesday, September 5th
12 – 1PM CST



Register for CMEs at UT Health SA

Zoom Access and Attendance Process

Register at <https://bit.ly/UTHealthCPAN>

To electronically register attendance/claim CME utilizing the new system, “CME Credit via TEXT” please to the following:

1. **Step 1:** Text your email address to **844-502-1338** to link your responses to your existing profile in the CME database.
2. **Step 2:** Text **Attend** plus the 8 digit **Activity Code** to register your attendance for this week’s session.

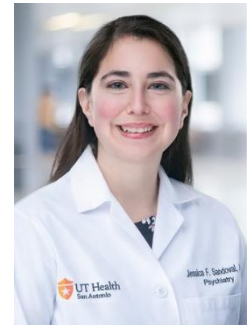
If you have issues, you may email Office of CME at cme@uthscsa.edu for assistance.

Overview:

Primary care providers and pediatricians are on the front-line when caring for the behavioral health needs of children, adolescents, and young adults. With limited availability for prompt access to psychiatric or behavioral health specialists, patients often rely on their ‘medical home’ providers to initiate care. CPAN’S aim is to support primary care in the identification and management of patients with behavioral health needs. This session offers practical information with relevant case examples, using evidence-based guidelines to help increase confidence in providing the initial steps of treatment.

Learning Objectives:

1. Review trauma, traumatic experiences and traumatic stress
2. Review the DSMV diagnostic criteria for PTSD in children and adolescents
3. Explore how presentation in children and adolescents may differ from adult population
4. Expose to screening tools that can be used in the evaluation of PTSD
5. Review evidence-based treatment strategies for treatment of PTSD
6. Discuss importance of trauma informed care



Presenter: Jessica Sandoval, MD

Dr. Sandoval has 10 years of experience in child and adolescent psychiatry. Dr. Sandoval has experience working in the community with underserved/ underrepresented populations. Sandoval’s clinical interests in trauma/ PTSD, and how cultural factors impact the presentation of psychiatric symptoms, access to and utilization of care.

Disclosures: Planning Committee members/speakers Giancarlo Ferruzzi MD, Thomas Matthews MD, Jessica Sandoval MD, Barbara Robles-Ramamurthy MD and Tracy Schillerstrom MD have no financial relationships with any ineligible companies to disclose. Planning committee member/speaker Joseph Blader PhD has disclosed that he is a consultant, advisor and on the speakers bureau for Supernus Pharmaceuticals. Planning committee member/speaker Steven Pliszka MD has disclosed that he is on the speakers bureau for Ironshore Pharma; consultant for Aldon Pharma; and receives research support for Otsuka.

Accreditation: The UT Health Science Center San Antonio is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.
The Joe R. & Teresa Lozano Long School of Medicine designates this live activity for a maximum of 1 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



CPAN is funded and administered by the Texas Child Mental Health Care Consortium (TCMHCC).