Convening of the Texas Child Mental Health Care Consortium (TCMHCC)
August 21, 2023
10:00 AM – 3:00 PM
University of Texas System Administration
210 West 7th Street, 2nd Floor Board Room
Austin, TX 78701

Minutes

The Texas Child Mental Health Care Consortium (TCMHCC) will convene a videoconference meeting pursuant to Texas Government Code Section 551.127 on August 21, 2023, according to the following agenda. The Chairperson will be present and preside over the meeting at the posted location.

Definitions:
ARPA - American Rescue Plan Act
COSH - Centralized Operations Support Hub
CPAN - Child Psychiatry Access Network
CPWE - Community Psychiatry Workforce Expansion
PeriPAN - Perinatal Psychiatry Access Network
TCHATT - Texas Child Health Access Through Telemedicine
TCMHCC - Texas Child Mental Health Care Consortium

I. **Call to order and roll call**
    -Dr. Lakey, presiding officer of the Consortium, called the meeting to order.
    -27 executive committee members were present. See attendance report for full details.

II. **Approval of Executive Committee Minutes for July 17, 2023**
    → **Dr. Podawiltz made a motion to approve the minutes. Dr. Nemeroff seconded the motion. Motion to approve the minutes was unanimously approved.**

III. **Approval of Executive Committee membership for the following positions, effective September 1, 2023. (See attached voting record)**
    a. **2-year term – Presiding Officer.**
       - Dr. Lakey was reappointed as presiding officer for another term.
    b. **4-year term – Selection of institution of higher education to serve as the Administrative Support Entity.**
       -The University of Texas System was reappointed as the administrative support entity for another term.
    c. **4-year term – One representative from each of 3 separate non-profit organizations that focus on mental health.**
       - Lee Johnson of Texas Council of Community Centers, Andy Keller of Meadows Mental Health Policy Institute, and Octavio Martinez of the Hogg Foundation were appointed.

d. **4-year term – Representative from a hospital system in Texas.**
   -Sue Schell was elected as a representative from Children's Health Dallas.
e. **4-year term –a member of the Texas Department of Family and Protective Services.**
   → Sonja Gaines made a motion to appoint Trina Ita of the Texas Department of Family and Protective Services to the executive committee. Dr. Ibrahim seconded the motion. Motion was unanimously approved.

IV. **Introduction of Executive Committee Member representing an Educational Service Center from a rural region of the State, designated by the Texas Education Agency.**
   -Dr. Nathan Maxwell of the Region 16 Education Service Center was appointed to the executive committee.

V. **Presentation from the Baylor College of Medicine in the role of the COSH relating to implementation of the COSH. This includes presentation of data and metrics associated with the CPAN and the TCHATT, and informational items relating to the Trayt data management system. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.**
   -Dr. Williams presented an update on the COSH
   - CPAN updates:
     o CPAN call volume graph was shown with an increase in call volumes from the previous year.
     o CPAN Psychiatry consults graph was shown to show how frequently the child psychiatrists are participating in consults.
     o CPAN 30-minute metric graph was shown to show how quickly calls were returned to primary care providers.
     o CPAN patient served graph was shown with an increase in patients served from the previous year.
     o CPAN provider enrollment graph was shown.
     o CPAN clinic enrollment was shown with an increase in enrolled clinics from the previous year.
     o 245 direct consultations completed to date.
     o 9 health-related institutions are participating in direct consults.
     o A statewide direct consultation process is currently in development.
   - TCHATT updates
     o A graph was shown with the cumulative data of students referred to TCHATT from the start of the program.
     o Current Trayt features were listed by phase. Medication tracking feature is currently in testing phase.

VI. **Presentation on final 2024-25 TCMHCC Biennial budget. The full Executive Committee may review, receive, and/or provide information on the budget presented and take appropriate action.**

-Jonathan Lewis presented an update on the budget

- The approved budget for the next biennium was submitted to the Legislative Budget Board and approved.
- Teams were emailed their budget breakdown of each initiative listing the funding source.
- Next step includes updating ARPA contracts.
- New PIA contracts will come out this week.
- Working with the Texas Higher Education Coordinating Board to get funds transferred to the health-related institutions.

VII. **Presentation on status of expansion efforts relating to TCHATT. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.**

-Lashelle Inman presented an update on TCHATT expansion efforts.

- Progress through the end of June 2023 was shown.
- Since May 2023, 13 new schools moved to active status.
- 93 schools moved to onboarding status.
- 59% of the student population is now enrolled.
- 12% of schools remain to engage with to offer TCHATT enrollment.
- Some schools have planned onboarding for August 2023.
- TCHATT MOU status for school districts by education service region (ESC) was shown. ESC level reports are shared with Julie Wayman at Texas Education Agency, then she shares with the ESC leads.
  - ○ Octavio Martinez inquired if schools who disenrolled are being tracked. Lashelle responded that the inactive status includes schools who disenroll due to resources, space limitations, and other challenges. If any district needs to pause TCHATT service and enroll again later, they can.

VIII. **Presentations on the following items.**

a. **Updates on TCMHCC Communications**
- Lainie McCorkle was introduced to the executive committee.

b. **Updates on TCMHCC Internal Evaluation**
-Dr. Molly Lopez presented an update on internal evaluation activities.
- Capturing end of the year activity including resident and fellow experiences and their future plans.
- TCHATT campus list updated to include school openings and closures.

c. **Updates on TCMHCC External Evaluation**

- Dr. Melissa Peskin presented an update on external evaluation activities with a focus on their TCHATT survey.

- TCHATT survey was given to school staff involved in the implementation of TCHATT to understand contextual factors influencing program engagement and implementation.
- 224 survey respondents were from a diverse sample of campuses across different health-related institutions.
- The survey was conducted from mid-May through mid-June 2023 to represent the experience of the past school year.
- Preliminary data from the TCHATT survey was shared with a graph showing economic disadvantage and percentage of parents consenting to TCHATT services.
- The survey is looking at barriers to parental consent to receive TCHATT services by comparing campuses that are more or less economically disadvantaged. School staff perceive that less parents are consenting to TCHATT services at campuses that are less disadvantaged.
- Graphs showing participants' perceived outcomes of TCHATT was shown.

d. **Updates on TCMHCC Research Initiatives**
- Dr. Nemeroff presented an update on the Child Trauma Research network
  - Reached 2000 baseline evaluations with strong retention over a 2-year period.
  - Will focus on trauma focused cognitive behavior therapy over the next biennium.
  - 12 of their publications are either published in press or in preparation.
- Dr. Trivedi presented an update on the Youth Depression & Suicide Research network
  - 18 of their publications are published or under resubmission.
  - Behavioral activation program is being set up with the first training meeting in September.
- Dr. Lakey provided an update on the junior investigator award
  - White paper was approved at the last meeting.
  - Team having internal meetings to work on implementation.
  - Health and Human Services Commission will provide guidance on key areas that need to be further investigated in the mental health system in Texas.
  - Email will be sent out for recommendations of peers from outside the state of Texas to review the grants.

e. **Updates from the TCMHCC Data Management and Governance Committee**
- Dr. Pliszka provided an update from the committee
  - Data committee has been meeting the TCHATT operations to discuss what can be done consistently at baseline and follow up to be representative of all of the HRIs.

- Already been agreed that the Columbia Impairment Scale (CIS) would be implemented
- Proposed principal that whatever scale chosen would be entered intro Trayt
- Wanted to pick instruments that teams were already using, straightforward for families to complete, and covers areas we are interested in.
- Follow-up scales done at the same interval as the CIS
- Only those scales above the clinical range will be done at follow-up
- Biggest problem is getting people to respond across the board
- Looking to improve how outcomes are measured and moving towards measurement-based care
- Dr. Lakey suggested that the data committee continue to work on recommendations. Discussion for next meeting to talk about the role of the data committee and how it is structured

IX. **Presentations by project leads on the following TCMHCC initiatives receiving funds from the ARPA. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.**

a. **PeriPAN**

-Dr. Wakefield presented an update on PeriPAN
- Trayt dashboard was shown
- 243 patients have been served
- Both increases in 1st time callers and those calling the service back
- 78% of consults were about specific patients and 61% were referral requests
- PeriPAN enrollment graph through July 2023 was shown
- PeriPAN webinar series schedule was provided. Do not have to be in a pilot region to attend the webinars.
- PeriPAN line will be launched across the state on September 1, 2023
- CPAN and PeriPAN will have an integrated approach by sharing phone systems, outreach efforts, and resource/referral systems
- Soft opening scheduled for September 1 will include accepting consultation calls across the state and pilot hubs will assist with consults
- Will have open office hours throughout the month of September with Dr. Wakefield and Dr. Williams

b. **CPAN**

i. **SAFETY – A**

- Dr. Pinciotti presented an update
- Testing feasibility and acceptability in primary care settings
- Goal was to train 50 PCPs across the state on SAFETY-A
- 70 PCPs undergone training
- Still collecting information about how the PCPs felt about the training

- 52 out of 70 trained PCPs have used the intervention at least once
- Areas for improvement include attendance in consultation calls, understanding the reasons for non-attendance and understanding the reasons for non-SAFETY-A use.
- Looking to see if the model is sustainable without the payments the PCPs are receiving for attending trainings and completing surveys

    ii.   **Pediatric Collaborative Care**

- Dr. Talebi presented an update
  - In May, Meadows published an implementation cost paper
  - Meadows completed a pediatric pro-forma for health system estimation of collaborative care implementation cost in June
  - HRI wide meeting was held in July. Children's Health Dallas presented an overview of their successful pediatric collaborative care program
  - Proceedings of the inaugural child and adolescent roundtable was published in August
    - [Link to the report](#)
  - Continue to develop psychiatric consultant vendor inventory
  - August metric data was shown with 7 health systems committed, 9 still needed

    iii.   **Direct Message Text**
  - See COSH presentation

    iv.   **Direct Consultations**
  - See COSH presentation

c. **TCHATT**

    i.   **Alcohol and Substance Use Prevention**

-Dr. Blader provided an update
  - Metrics through June 2023 were shown
  - 259 total referrals across the 4 participating HRIs
  - 731 sessions provided across the HRIs

    ii.   **Anxiety Services**

-Dr. Blader provided an update
  - Goal to meet the needs of school avoidant youth
  - 2 to 3 months training and establishing intake/assessment data systems, then began taking referrals
  - Average number of sessions per child is 6
  - Currently monitoring students throughout the summer to assess progress with reintegration into the new school year on the path the successful discharge.

-Dr. Townsend provided an update
  - Slow to start in February 2023

- Expanded to other primary diagnoses that might hinder school and academics more broadly
- Barriers included pauses in credentialling. At some point only 1 therapist was able to see patients
- Progress includes 56 sessions
- Anticipating an uptick at the beginning of the school year
- Tackling how to handle the referral process through TCHATT
- TCHATT intake coordinators identify the most appropriate cases for the school anxiety program
    - Dr. Lakey suggested thinking through next steps for this program for the next session

iii. **Additional Sessions**

-Dr. Patel provided a verbal update
- Intention to continue services for youth with urgent mental health needs or those who could not access services
- 420 sessions to date serving 182 youth
- 39% of additional sessions were needed when psychiatry services were involved
- Kids in high distress were 5% of the kids seen
- Students with Medicaid or uninsured was 52% of the kids seen
- Provided psychoeducation to stabilize the kids at home

iv. **Bilingual Trauma**

-Dr. Blader presented an update
- Designed to provide validated group bereavement intervention to meet the needs of families that have endured loss during the pandemic.
- Took 2 months to hire a bilingual therapist and identify curriculum
- Took 7 months to stand up the program before the 1st group intervention commenced

v. **Trauma focused Services**

- Ashley Colangelo provided a verbal update
- Objective was to screen patients 8 years and older for exposure to potentially traumatic events and/or assess the symptoms of PTSD of those with traumatic exposure and offer trauma focused treatment as needed
- All youth screened at intake using the Child and Adolescent Trauma Screen (CATS)
- Referrals given to staff trained in Trauma Focused Cognitive Behavior Therapy and prolonged exposure for adolescents
- Visits range from 15 to 20 on average

- Extension for treatment was beneficial
- Over 550 youth have been screened with over 1037 sessions provided

    vi. Evidence-based Groups

-Dr. Tarrah Mitchell provided an update
- Evidence-based group psychotherapy services provided as a TCHATT expansion
- Services provided to a number of students in need at once
- Students can learn with and from each other in group setting
- Trained and certified clinicians in evidence based programming
- Delivered services to over 200 groups of students
- Topics ranged from disruptive behaviors, anxiety, depression, and disordered eating

    vii. Youth Aware of Mental Health

-Dr. Trivedi provided an update
- 12 training sessions
- 171 instructors have been trained across the state
- 157 school districts have signed MOUs to receive YAM
- 72,000 hours of YAM training delivered to students

d. CPWE

    i. Workforce expansion Training

- Sarah McLaughlin provided an update
- CAP Fellowships – over 70 sessions provided
- UTSW triple board program matched multiple trainees
- Struggling to recruit fellows in rural areas
- LMHA – partnered with 6 additional community health centers; Provided 350 sessions and 2 residents trained
- Dell Medical School has 2 postdoctoral fellows starting this fall
- UT Health Houston has 15 social work interns who started in July
- UTSW starting 2 child focused clinical psychology trainees
- Other HRIs are bringing a variety of positions into the workforce

    ii. Trauma Focused Cognitive Behavioral Therapy

-Dr. Nemeroff provided an update
- Purpose was to train clinicians on trauma focused CBT at each of the CTRN nodes for the next phase of CTRN
- Trauma focused CBT will be provided to traumatized youth and track the long term impact

- Hub leadership team expanded to include child psychologists from UTMB and UT Austin
- Rigorous training provided to therapists at each hub to ensure fidelity to the treatment model
- 26 therapists across the nodes have been identified and are actively in the certification process
- 28 youth have received more than 100 visits so far

X. **If necessary, closed session for consultation with attorney regarding legal matters, related to posted items, pursuant to Section 551.071 of the Texas Government Code.**

XI. **Adjournment**

Attendance List

#	Institution/ Organization	Executive Committee Member	Attended?
1	Baylor College of Medicine	Wayne Goodman, MD	Y
2	Baylor College of Medicine	Laurel Williams, DO	Y
3	Texas A&M University System Health Science Center	Israel Liberzon, MD	Y
4	Texas A&M University System Health Science Center	Olga Rodriguez	Y
5	Texas Tech University Health Sciences Center	Sarah Wakefield, MD	Y
6	Texas Tech University Health Sciences Center	Tarrah Mitchell, MD	Y
7	Texas Tech University Health Sciences Center at El Paso	Peter Thompson, MD	N
8	Texas Tech University Health Sciences Center at El Paso	Sarah Martin, MD	Y
9	University of North Texas Health Science Center	Alan Podawiltz, DO, MS	Y
10	University of North Texas Health Science Center	David Farmer, PhD, LPC, LMFT, FNAP	Y
11	Dell Medical School at The University of Texas at Austin	Charles B Nemeroff, MD, PhD	Y
12	Dell Medical School at The University of Texas at Austin	Jeffrey Newport, MD, MS, MDiv	Y
13	The University of Texas Medical Branch at Galveston	Karen Wagner, MD, PhD	N
14	The University of Texas Medical Branch at Galveston	Alexander Vo, PhD	Y
15	The University of Texas Health Science Center at Houston	Jair Soares, MD, PhD	N
16	The University of Texas Health Science Center at Houston	Taiwo Babatope, MD, MPH, MBA, ABPN	Y
17	The University of Texas Health Science Center at San Antonio	Steven Pliszka, MD	Y
18	The University of Texas Health Science Center at San Antonio	Joseph Blader, PhD	Y
19	The University of Texas Rio Grande Valley School of Medicine	Diana Chapa, MD	Y
20	The University of Texas Health Science Center at Tyler	Cheryl McCullumsmith, MD, PhD	Y
21	The University of Texas Health Science Center at Tyler	Brittney Nichols, MBA, LPC-S	Y
22	The University of Texas Southwestern Medical Center	Carol Tamminga, MD	N
23	The University of Texas Southwestern Medical Center	Hicham Ibrahim, MD	Y

24	Health and Human Services Commission - mental health care services	Sonja Gaines, MBA	Y
25	Health and Human Services Commission - mental health facilities	Scott Schalchlin	N
26	Texas Higher Education Coordinating Board	Elizabeth Mayer	Y
27	Hospital System	Danielle Wesley	Y
28	Non-profit - Meadows Policy Institute	Andy Keller, PhD	Y
29	Non-profit - Hogg Foundation	Octavio Martinez, Jr., MPH, MD	Y
30	Non-profit - Texas Mental Health Counsel	Danette Castle	Y
32	Texas Education Agency	John Scott	N
33	Administrative Contract – University of Texas System	David Lakey, MD	Y
34	Education Service Center	Nathan Maxwell, Ed.D	Y

	Lakey	UT System	DFPS	Dallas Metro CoAssn	MHA of Houston	TX Council Of CC	MMHPI	Hogg Fdn	Children's Health Dallas	Cook Children's Ft. Worth	TX Children's Houston	Dell Children's Austin
Castle	Y	Y	Y									
Gaines	Y	Y	Y									
Keller	Y	Y	Y									
Martinez	Y	Y	Y									
Mayer												
Schlachlin												
Scott												
Wesley	Y	Y	Y									
Babatope	Y	Y	Y			Y	Y	Y	Y			
Blader	Y	Y	Y			Y	Y	Y	Y			
Chapa												
Farmer	Y	Y	Y			Y	Y	Y		Y		
Ibrahim	Y	Y	Y			Y	Y	Y	Y			
Liberzon	Y	Y	Y			Y	Y	Y	Y			
Martin	Y	Y	Y			Y	Y	Y				Y
McCullumsmith	Y	Y	Y			Y	Y	Y	Y			
Mitchell	Y	Y	Y			Y	Y	Y	Y			

Nemeroff	Y	Y	Y			Y	Y	Y				Y
Newport	Y	Y	Y			Y	Y	Y				Y
Nichols	Y	Y	Y			Y	Y	Y	Y			
Pliszka	Y	Y	Y			Y	Y	Y				Y
Podawiltz	Y	Y	Y			Y	Y	Y	Y			
Soares												
Tamminga												
Thompson												
Vo	Y	Y	Y			Y	Y	Y				Y
Wagner												
Wakefield	Y	Y	Y			Y	Y	Y	Y			
Williams	Y	Y	Y			Y	Y	Y	Y			