## Convening of the Texas Child Mental Health Care Consortium (TCMHCC)

November 13, 2023 10:00 AM – 3:00 PM University of Texas System Administration 210 West 7<sup>th</sup> Street, 2<sup>nd</sup> Floor Board Room Austin, TX 78701

### Minutes

The Texas Child Mental Health Care Consortium (TCMHCC) will convene a videoconference meeting pursuant to Texas Government Code Section 551.127 on November 13, 2023, according to the following agenda. The Chairperson will be present and preside over the meeting at the posted location.

#### **Definitions:**

ARPA – American Rescue Plan Act

- COSH Centralized Operations Support Hub
- CPAN Child Psychiatry Access Network
- CPWE Community Psychiatry Workforce Expansion
- CTRN Childhood Trauma Research Network
- HRI Health Related Institution
- PeriPAN Perinatal Psychiatry Access Network
- TCHATT Texas Child Health Access Through Telemedicine
- TCMHCC Texas Child Mental Health Care Consortium
- Trayt Data Management System
- YDSRN Youth Depression and Suicide Research Network

### I. Call to order and roll call

- Dr. Lakey, presiding officer of the Consortium, called the meeting to order.
- 24 executive committee members were present. See attendance report for full details.

### II. Approval of Executive Committee Minutes for October 16, 2023

 $\rightarrow$  Dr. Podawiltz made a motion to approve the minutes. Dr. Tamminga seconded the motion. Minutes were unanimously approved.

- III. Presentations on the following items. The full Executive Committee may review, receive, and/or provide information and/or make recommendations on the items presented and take appropriate action.
  - a. TCMHCC Communications
    - 1. Review and approval of Communications Policy
      - Lainie McCorkle presented an update on the communications policy
        - The communications policy is to ensure that any communications that are broadcast on behalf of the Consortium are consistent with the mission
        - The policy applies to all initiatives under the Consortium
        - Process for submitting communications for review to the leadership team is included in the policy
        - Branding guidelines are included in the policy, but the brand will go through a refresh soon with updates
        - Legislative inquiries, media inquiries and social media procedures are contained in the policy as well
          - Dr. Thompson raised his concerns with the policy and the review of all content. To ensure due diligence and make sure all concerns are heard, approval of the policy will be postponed until the next meeting. Feedback and edits to the communication policy should be given to Lainie.

### b. TCMHCC Internal Evaluation

- o David Lynch presented an update on internal evaluation activities
  - Lauren Rosa will be joining their team as the TCHATT evaluator
  - The team is still in process of hiring a data manager
  - The team is working on developing the data dictionary for program data sets

 Experience survey for PeriPAN statewide rollout is being developed by gathering user input at the time of enrollment and after their first use of the service. The experience survey will be similar to the CPAN version

## c. TCMHCC External Evaluation

• No update provided at this time

## d. Research

- 1. New and Emerging Children's Mental Health Researchers Initiative
  - Dr. Lakey provided an update on the initiative's activities to date
    - The team has been preparing to release the funds
    - The application form is in the process of being finalized
    - The process mirrors the Cancer Prevention and Research Institute of Texas (CPRIT) grant application process to learn from their experience and provide best practices when awarding the grant
    - Several grant management software companies were interviewed.
      Procurement is being finalized for the software to manage submissions, tracking, and oversight of the process.
    - About 28 suggested reviewers have not been contacted yet
    - A committee will be formed from each of the systems to provide oversight of the application review process
    - Notice of funding opportunity will be released in early February 2024
    - Eligible individuals will need approval from the Chairs of Psychiatry to be invited into the application process to make sure they have the institutional assistance to be successful
    - Around 6 million dollars will be available to focus on junior investigators
      - Dr. Nemeroff inquired if the requests for applications could be released in January instead of February. Dr. Lakey responded that he doesn't want to put staff in a position to where they won't be successful in addition to the amount of time it would take to secure the technology component

 Olga Rodriguez wanted clarity around the review process. Dr. Lakey responded that the executive committee members cannot be application reviewers as it is a conflict of interest, but the executive committee must review the process. Final awards of the grants need to be fair across systems.

#### e. PeriPAN Implementation

- o Dr. Wakefield presented an update on PeriPAN activities
  - PeriPAN activity dashboard was shown from Trayt system with monthly consult volume increasing
  - Calls are being received from all over the state now
  - Clinic staff engagement section of the dashboard shows whether someone calls once or repeatedly as both categories are increasing
  - Most providers utilizing the service are physicians calling for a consult
  - Almost 500 consults provided across the program to date
  - 80% of calls are about a specific patient
  - Physician call activity was shown compared to other providers as physicians make up about 70% of the calls
  - PeriPAN enrollment activity was shown with enrollment leveling out over the summer. Enrollment increased after additional HRIs were onboarded
  - PeriPAN ECHO schedule for fall 2023 was shown
  - Grand Round schedule was shown with sessions occurring every 3<sup>rd</sup> Tuesday of the month with presenters from the HRIs
- IV. Presentation from the Baylor College of Medicine in the role of the COSH relating to implementation of the COSH. This includes presentation of data and metrics associated with the CPAN and the TCHATT, and informational items relating to Trayt. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.
  - Dr. Williams presented an update on COSH activities
    - $\circ$  Working on process improvements including improvements to the call form data
    - Trayt new releases to phase 1 of call form 1 and 2 were listed

- Teams were trained on Trayt improvements at the end of October through early November
- 72% of CPAN and PeriPAN staff attended the live trainings, but a recording was provided for those who could not attend
- Trayt roadmap wash shared showing the current phase of new features and the estimated release dates
- Project ECHO fall 2023 series schedule was shown. Teams gave feedback that they would like to consider new topics for the next round. The team will decide if they would like to retire or update some of the topics
- CPAN call volume was shown from last year to this year. Data does not include direct consultations
- An update will be provided at the next meeting on the number of direct consultations through CPAN since the pilot phase
- TCHATT students referred since program start was shown
- TCHATT updates focus on ensuring patients are seen in a timely manner, streamlining processed, training teams on new features and launching workgroups
- Current Trayt initiatives were listed. Medication tracking has launched and Columbia Impairment Scale (CIS) automation is upcoming.

# V. Presentation on ARPA data.

- Sarah McLaughlin provided an update on ARPA projects for fiscal year 23
  - Summary of CPAN ARPA efforts:
    - 279 direct consults completed across 8 HRIs
    - 84 PCP training sessions through PeriPAN and SAFETY-A across 7 HRIs
    - 668 PeriPAN providers enrolled under ARPA funding for 4 HRIs
    - 590 text consults across 9 HRIs
    - 350 PeriPAN provider consults across 4 HRIs
    - 122 children initially reached and 7 new health sites enrolled by collaborative care model hosted by Meadows and 8 HRIs
  - Summary of TCHATT ARPA efforts:

- 17,000 sessions across all ARPA projects including additional sessions, anxiety services, adolescent substance use disorders (ASUD), bilingual trauma, trauma services, and cover more regions projects
- Almost 900,000 of additional lives covered came from the cover more regions funding amongst 5 participating HRIs
- Support 17,000 youth receiving mental health education and resiliency training through Youth Aware of Mental Health (YAM) across 8 HRIs
- 223 evidence-based groups through 1 HRI
- 112 providers trained through ASUD through 4 HRIs
- Summary of workforce ARPA efforts:
  - 1 therapist certified in Trauma- focused cognitive behavior therapy, with more certifications in upcoming months with 8 participating HRIs
  - 3 CAPs started under ARPA funding in July and commenced the triple board residency program at UT Southwestern
  - Supported 11,000 sessions with an average of about 40 trainees a month at 8
    HRIs through masters level and psychology workforce initiatives
  - 13 new workforce expansion projects starting in fiscal year 24-25
  - Partnered with 4 Local Mental Health Authorities through ARPA funding and supported 2 residents with their training within those LMHAs
- VI. Presentation by Texas A & M University on implementation of workforce initiatives to address recruitment and retention of children's mental health professionals, including social workers.
  - No update provided at this time

# VII. Update on the CPAN Summit.

- Lashelle Inman provided an update on summit planning
  - Summit will be taking place at the end of January 2024
  - $\circ$  Staff volunteered to serve on the summit planning committee to form the agenda
  - o Invites will be sent out to all teams this week
  - The summit is an operational meeting planned for clinical and operations staff from all of the HRIs

- Goal of the summit is to review progress to date, continue to improve services and present the opportunity for staff to meet to learn from each other
- Dr. Williams and Dr. Wakefield had input on the agenda content and will present during several sessions
- Some providers will participate so teams can learn from them
- VIII. If necessary, closed session for consultation with attorney regarding legal matters, related to posted items, pursuant to Section 551.071 of the Texas Government Code.
- **IX.** Adjournment next meeting January 22, 2024.

### Attendance List

#	Institution/ Organization	Executive Committee Member	Attended?
1	Baylor College of Medicine	Wayne Goodman, MD	N
2	Baylor College of Medicine	Laurel Williams, DO	Y
3	Texas A&M University System Health Science Center	Israel Liberzon, MD	N
4	Texas A&M University System Health Science Center	Olga Rodriguez	Y
5	Texas Tech University Health Sciences Center	Sarah Wakefield, MD	Y
6	Texas Tech University Health Sciences Center	Tarrah Mitchell, MD	Y
7	Texas Tech University Health Sciences Center at El Paso	Peter Thompson, MD	Y
8	Texas Tech University Health Sciences Center at El Paso	Sarah Martin, MD	Y
9	University of North Texas Health Science Center	Alan Podawiltz, DO, MS	Y
10	University of North Texas Health Science Center	David Farmer, PhD, LPC, LMFT, FNAP	Y
11	Dell Medical School at The University of Texas at Austin	Charles B Nemeroff, MD, PhD	Y
12	Dell Medical School at The University of Texas at Austin	Jeffrey Newport, MD, MS, MDiv	Y
13	The University of Texas Medical Branch at Galveston	Karen Wagner, MD, PhD	Y
14	The University of Texas Health Science Center at Houston	Jair Soares, MD, PhD	Y
15	The University of Texas Health Science Center at Houston	Taiwo Babatope, MD, MPH, MBA, ABPN	Y
16	The University of Texas Health Science Center at San Antonio	Steven Pliszka, MD	Y
17	The University of Texas Health Science Center at San Antonio	Rene Olvera, MD, MPH	Y
18	The University of Texas Rio Grande Valley School of Medicine	Diana Chapa, MD	Y
19	The University of Texas Rio Grande Valley School of Medicine	Alcides Amador, MD	N
20	The University of Texas Health Science Center at Tyler	Cheryl McCullumsmith, MD, PhD	N
21	The University of Texas Health Science Center at Tyler	Brittney Nichols, MBA, LPC-S	N
22	The University of Texas Southwestern Medical Center	Carol Tamminga, MD	Y
23	The University of Texas Southwestern Medical Center	Hicham Ibrahim, MD	N

24	Health and Human Services Commission - mental health care services	Sonja Gaines, MBA	Y
25	Health and Human Services Commission - mental health facilities	Scott Schalchlin, JD, M.Ed	Y
26	Texas Higher Education Coordinating Board	Elizabeth Mayer	N
27	Hospital System	Sue Schell, MA	Y
28	Non-profit - Meadows Policy Institute	Andy Keller, PhD	N
29	Non-profit - Hogg Foundation	Octavio Martinez, Jr., MPH, MD	N
30	Non-profit - Texas Mental Health Counsel	Lee Johnson, MPA	Y
31	Texas Education Agency	John Scott	Y
32	Administrative Contract – University of Texas System	David Lakey, MD	Y
33	Education Service Center	Nathan Maxwell, Ed.D	Y
34	Texas Dept of Family and Protective Services	Trina Ita, MA	Y