

## Convening of the Texas Child Mental Health Care Consortium (TCMHCC)

October 16, 2023

10:00 AM – 3:00 PM

University of Texas System Administration

210 West 7<sup>th</sup> Street, 2<sup>nd</sup> Floor Board Room

Austin, TX 78701

### Minutes

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**The Texas Child Mental Health Care Consortium (TCMHCC) will convene a videoconference meeting pursuant to Texas Government Code Section 551.127 on October 16, 2023, according to the following agenda. The Chairperson will be present and preside over the meeting at the posted location.**

#### **Definitions:**

ARPA – American Rescue Plan Act

COSH – Centralized Operations Support Hub

CPAN – Child Psychiatry Access Network

CPWE – Community Psychiatry Workforce Expansion

CTRN – Childhood Trauma Research Network

HRI – Health Related Institution

PeriPAN – Perinatal Psychiatry Access Network

TCHAT – Texas Child Health Access Through Telemedicine

TCMHCC – Texas Child Mental Health Care Consortium

Trayt – Data Management System

YDSRN – Youth Depression and Suicide Research Network

#### **I. Call to order and roll call**

- Introductions of new members

- Dr. Lakey, presiding officer of the Consortium, called the meeting to order.
- 26 executive committee members were present. See attendance report.

#### **II. Approval of Executive Committee Minutes for August 21, 2023**

→ Dr. Podawiltz made a motion to approve the minutes. Dr. Ibrahim seconded. Motion was unanimously approved.

**III. Presentations on the following items. The full Executive Committee may review, receive, and/or provide information and/or make recommendations on the items presented and take appropriate action.**

**a. TCMHCC Communications**

- Melanie Susswein provided a verbal update on communications work.
  - Their team is working on TCHAT, PeriPAN & CPAN initiatives
  - Working on branding guidelines to incorporate PeriPAN with CPAN branding
  - Working with coordinators and medical directors for CPAN & PeriPAN on an editorial calendar to work on the same things across platforms
  - Center for Health Communication team will start helping with content for the TPS newsletter.
  - PeriPAN website update is complete. Will integrate an SEO report
  - Excellent response to doctor cutout videos for PeriPAN
  - Just started working on TCHAT by setting up meetings with all HRI's leadership teams with a goal to review materials and look for ways to optimize messaging

**b. TCMHCC Internal Evaluation**

- Molly Lopez presented an update on internal evaluation activities
  - Working to create dashboard with vetted and clean data for presentations
  - Programmatic dashboards for TCHAT will be created as well
  - TCHAT campus enrollment through August 2023 was shown
  - 3.5 million students can now access TCHAT services
  - TCHAT referrals by month were shown
  - TCHAT sessions by month were shown with over 101,000 sessions provided
  - Types of supports families receive through TCHAT was shown with supportive therapy as the highest service received
  - Referrals following TCHAT care were shown with 56.1% of students of families referred
- David Lynch presented a verbal update
  - Requested info from each HRI about placements of CAP fellows to determine what settings they have gone into along with if they continue to work in the state of Texas
  - CPWE resident experience survey being administered continuously
  - Information being summarized from both CAP and CPWE is being reviewed internally before being shared with the executive committee
  - Working with Texas Medical Board data to establish clinical universe of eligible clinicians that use the service for PeriPAN to determine enrollment and use rate across the state
  - Experience survey for PeriPAN is in the provisional stage. Existing questions from the CPAN experience survey will be pulled for the PeriPAN survey if relevant

**c. TCMHCC External Evaluation**

- Dr. Savas presented an update on external evaluation activities

- Survey and Trayt data is being analyzed
- Flow of CPAN Provider Survey was shown
- 432 providers were surveyed if they have used CPAN in the past 12 months
- Response rate varied from 14% to 44% across HRIs with an overall response rate of 29%
- Characteristics of surveyed providers was shown
- Provider-reported reasons for calling CPAN were shown with medication management and referral assistance as the top reasons for calling
- Providers' perceived outcomes of CPAN was shown

**d. Research**

**- CTRN**

- Dr. Nemeroff presented an update
  - 2,005 subjects recruited
  - Monthly completed baseline visits by node was shown
  - Monthly completed visits by node was shown
  - 6000 more than individual assessments have been accomplished for this population
  - CTRN participant retention was shown
  - A list of CTRN publications were shared
  - Summary of CTRN accomplishments was shared with nearly 2,000 children enrolled
  - Worst DSM5 criterion A Trauma was shown with most including accidents and family friend, ill or dying which is likely influenced by COVID
  - Trauma focused cognitive behavior therapy initiative is well off the ground
  - Dr. Newport added that the group arranged for up to 2 therapists at each HRIs to get trained in trauma focused cognitive behavior therapy
  - 5 of the 12 HRIs have a therapist who has completed 1 entire case
  - Remaining 7 HRIs should be finished with at least 1 therapist seeing research cases within the next 6-8 weeks
    - Dr. Tamminga asked if there are site differences in the types of trauma they are seeing. Dr. Newport answered it reflects that the HRIs are recruiting at different types of clinical settings so it impacts the traumas they are seeing.

**- YDSRN**

- Dr. Trivedi presented an update
  - Interventionists were trained on behavior activation and a 2 day scientific research symposium was held in September
  - Over 20 posters and presentations across 9 institutions at the symposium
  - 75 staff members attended from all 12 institutions

- Provided hands on workshops to develop manuscripts proposals and generate next steps for grant funding
- Several publications were highlighted
- 8 publications are out and 11 manuscripts are under review
  - Luanne Southern asked for further details of the interventionist behavior activation training. Dr. Trivedi detailed how an 8 session behavioral activation training was developed to virtually train unlicensed providers on behavior activation. Another training will be provided in a few weeks.

**- New and Emerging Children's Mental Health Researchers Initiative**

- Nagla Elerian provided an update
  - 3 grant details with budgets were detailed. Applicants have to be affiliated with the 12 health-related institutions to apply
  - Each HRI can support up to 6 applicants from their institution. There will be a total of 72 max applications
  - Timeline for the submission process was shared. Application deadline will be March 2024 with a grant start date of August 2024
  - Activities completed to date were shared
  - A list of potential reviewers was formed, topics were received from HHSC, and demos were scheduled for grant software
  - Next steps include outreaching to potential reviewers
    - Dr. Trivedi inquired if an applicant had to be faculty. Applicants depends on the grant type. Dr. Trivedi further inquired if the domains of the work been defined including what kinds of work is allowed. Dr. Lakey added that the team would align with HHSC for what they say would be important.

**e. TCMHCC Data Management and Governance Committee**

- Dr. Pliszka presented a verbal update
  - Recommendation to reconsider the role of the data committee
  - Committee has been tasked with data validity of diagnoses, demographics, and others to determine what data will be analyzed to be released to the public
  - The data committee also reviews publications for comments and approval
  - When the committee was formed, each HRI had 1 representative on the committee, but the roles of the people on the committee do not include data in their work
  - Operations related issues tend to come up in the committee discussions

- Anticipation that data committee would oversee some of the evaluation activities
  - Dr. Lakey recommended that a smaller group work together to figure out how to move forward with the structure and make a formal recommendation. Any others who are interested can email Luanne.

f. **PeriPAN**

- Dr. Wakefield provided an update
  - As of September 1<sup>st</sup> PeriPAN is state wide
  - Using the same map as CPAN and utilizing the infrastructure already present
  - Using David Lynch’s clinical universe obstetrician list and deciding what specifiers wanted to include
  - Grand Rounds series continues with 3 more scheduled for this year
  - Met with the experts across the HRIs. Want to redo the initial curriculum
  - ECHO was limited to pilot sites but is now open to statewide participation
  - Looking at additional engagement strategies with the help of Lifeline for Moms and the Center for Health Communications. All HRIs are receiving calls but want more calls

**IV. Presentation from the Baylor College of Medicine in the role of the COSH relating to implementation of the COSH. This includes presentation of data and metrics associated with the CPAN and the TCHAT, and informational items relating to Trayt. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.**

- Dr. Williams presented an update on COSH activities
  - **CPAN**
    - State educational resources. All teams utilize the same vetted list
    - Workgroup process will include 1 member of hub participating
    - Gather info from across the state to ask who in the HRI is the subject matter expert on particular topics
    - Keep all resources that weren’t up to date
    - 120 resources were approved
    - Currently working on Psychosis
    - **Welnity**
      - Finalized upgrade with Welnity
      - Teams will upload their resources
      - Want 1 database with all resources
      - Trainings will be scheduled prior to launch in January 2024
    - **Lantana**
      - New process for how calls are placed on hold is working well

- 12 seconds average to pick up calls
- **Trayt Medication Changes**
  - Teams will be trained on how those changes will effect them
  - PCP portal
    - Un-engaged PCPs enrolled in CPAN were interviewed to discuss scope of a CPAN portal
    - Did not include super users. Wanted to see if this would increase engagement with CPAN
    - Engagement strategy through Ethics Presentation
  - Continue to have fall and spring ECHOs
  - CPAN call volume was shown
- **TCHATT**
  - Referrals since program start graph was shared
  - Current Trayt initiatives include automation for the Columbia Impairment Scale, medication tracking, school portal dashboards, and school staff bulk upload
  - Improvements to medication tracking system will be go live in November

**V. Presentation on status of expansion efforts relating to TCHATT. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.**

- Lashelle Inman provided an update on TCHATT expansion efforts
  - 27% of districts in the state remaining to target to offer services
  - Any district can decline and decide later to enroll to receive TCHATT services
  - We ask HRIs to let us know when they plan to onboard schools
  - Reasons why some districts declined was shown
  - Some districts have MOUs in place but would like the program to be available at certain schools within their district. They can always come back and add the remaining schools.

**VI. Presentation by the Texas Health and Human Services Commission on their Health Resources and Services Administration's *Screening and Treatment for Maternal Mental Health and Substance Use Disorders* grant award.**

- Joy Borjes and Lisa Ramirez provided an overview of their grant award
  - Initiatives going on at the state and local level to address maternal mental health
  - HRSA released a notice of funding opportunity that was limited to state entities in April for a screening and treatment for maternal depression and related behavioral disorders program

- HHSC offered to apply for the grant on behalf of a collaborative effort
- The proposal was selected and the implementation meeting for kickoff is scheduled for Wednesday
- First performance report will be due in January
- Be Well Texas is a hub for training and technical assistance to enable network members to attain necessary training for substance use treatment
- Hoping by partnering Be Well Texas with PeriPAN to expand the network of consultations to support local providers to detect maternal mental health and substance use
- 3 goals from their proposal included to build capacity of workforce to offer routine screening to women, increase real time psych consultation for substance use, and increase access to treatment and recovery support
- Methods to reach the goal include improving outreach to providers using the ECHO platform and creating a directory of resources for pregnant and postpartum women
- The grant spans 5 years but 1 year of funding is committed
  - Luanne will send the contact information out to the committee

**VII. Presentation by the University of Texas Health Houston on their TCMHCC Town Hall.**

- Dr. Soutullo presented an update
  - Objective of the town hall was to introduce their team to the community
  - Mentioned lots of acronyms that the community would not be familiar with and defined them
  - Agenda for the town hall was shared
  - UT Health Houston highlighted all TCMHCC programs that they participate in at the event
  - 186 people attended, 46% in person, with over 60 different job titles present including trainees, post docs, fellows, and school district staff
  - They highlighted their services with local mental health authorities
  - An exhibit hall allowed guests to interact with their teams for YAM, TCHATT, & CPAN

**VIII. If necessary, closed session for consultation with attorney regarding legal matters, related to posted items, pursuant to Section 551.071 of the Texas Government Code.**

**IX. Adjournment** – next meeting November 13, 2023

## Attendance List

#	Institution/ Organization	Executive Committee Member	Attended?
1	Baylor College of Medicine	Wayne Goodman, MD	Y
2	Baylor College of Medicine	Laurel Williams, DO	Y
3	Texas A&M University System Health Science Center	Israel Liberzon, MD	Y
4	Texas A&M University System Health Science Center	Olga Rodriguez	N
5	Texas Tech University Health Sciences Center	Sarah Wakefield, MD	Y
6	Texas Tech University Health Sciences Center	Tarrah Mitchell, MD	Y
7	Texas Tech University Health Sciences Center at El Paso	Peter Thompson, MD	Y
8	Texas Tech University Health Sciences Center at El Paso	Sarah Martin, MD	Y
9	University of North Texas Health Science Center	Alan Podawiltz, DO, MS	N
10	University of North Texas Health Science Center	David Farmer, PhD, LPC, LMFT, FNAP	Y
11	Dell Medical School at The University of Texas at Austin	Charles B Nemeroff, MD, PhD	Y
12	Dell Medical School at The University of Texas at Austin	Jeffrey Newport, MD, MS, MDiv	Y
13	The University of Texas Medical Branch at Galveston	Karen Wagner, MD, PhD	Y
14	The University of Texas Medical Branch at Galveston	Alexander Vo, PhD	Y
15	The University of Texas Health Science Center at Houston	Jair Soares, MD, PhD	Y
16	The University of Texas Health Science Center at Houston	Taiwo Babatope, MD, MPH, MBA, ABPN	Y
17	The University of Texas Health Science Center at San Antonio	Steven Pliszka, MD	Y
18	The University of Texas Health Science Center at San Antonio	Rene Olvera, MD, MPH	Y
19	The University of Texas Rio Grande Valley School of Medicine	Diana Chapa, MD	Y
20	The University of Texas Health Science Center at Tyler	Cheryl McCullumsmith, MD, PhD	Y
21	The University of Texas Health Science Center at Tyler	Brittney Nichols, MBA, LPC-S	N
22	The University of Texas Southwestern Medical Center	Carol Tamminga, MD	Y
23	The University of Texas Southwestern Medical Center	Hicham Ibrahim, MD	Y



<b>24</b>	Health and Human Services Commission - mental health care services	Sonja Gaines, MBA	<b>N</b>
<b>25</b>	Health and Human Services Commission - mental health facilities	Scott Schalchlin, JD, M.Ed	<b>N</b>
<b>26</b>	Texas Higher Education Coordinating Board	Elizabeth Mayer	<b>N</b>
<b>27</b>	Hospital System	Sue Schell, MA	<b>Y</b>
<b>28</b>	Non-profit - Meadows Policy Institute	Andy Keller, PhD	<b>N</b>
<b>29</b>	Non-profit - Hogg Foundation	Octavio Martinez, Jr., MPH, MD	<b>Y</b>
<b>30</b>	Non-profit - Texas Mental Health Counsel	Lee Johnson, MPA	<b>N</b>
<b>32</b>	Texas Education Agency	John Scott	<b>Y</b>
<b>33</b>	Administrative Contract – University of Texas System	David Lakey, MD	<b>Y</b>
<b>34</b>	Education Service Center	Nathan Maxwell, Ed.D	<b>Y</b>
<b>35</b>	Texas Dept of Family and Protective Services	Trina Ita, MA	<b>Y</b>