

Convening of the Texas Child Mental Health Care Consortium (TCMHCC)

January 22, 2024

10:00 AM – 3:00 PM

University of Texas System Administration

210 West 7th Street, 2nd Floor Board Room

Austin, TX 78701

Minutes

The Texas Child Mental Health Care Consortium (TCMHCC) will convene a videoconference meeting pursuant to Texas Government Code Section 551.127 on January 22, 2024, according to the following agenda. The Chairperson will be present and preside over the meeting at the posted location.

Definitions:

ARPA – American Rescue Plan Act

COSH – Centralized Operations Support Hub

CPAN – Child Psychiatry Access Network

CPWE – Community Psychiatry Workforce Expansion

CTRN – Childhood Trauma Research Network

HRI – Health Related Institution

PeriPAN – Perinatal Psychiatry Access Network

TCHATT – Texas Child Health Access Through Telemedicine

TCMHCC – Texas Child Mental Health Care Consortium

Trayt – Data Management System

YDSRN – Youth Depression and Suicide Research Network

I. Call to order and roll call

a. Introduction of Dr. Alcides Amador

- Dr. Lakey, presiding officer of the Consortium, called the meeting to order.

- 28 executive committee members were present. See attendance report for full details.

II. Approval of Executive Committee Minutes for November 13, 2023

→ Dr. Podawiltz made a motion to approve the minutes. Dr. McCullumsmith seconded the motion. Motion to approve the minutes was unanimously approved.

III. Presentations on the following items. The full Executive Committee may review, receive, and/or provide information and/or make recommendations on the items presented and take appropriate action.

a. TCMHCC Communications

1. Review and approve Communications Policy

- Lainie McCorkle provided an update on the changes to the communications policy.
 - After the last executive committee meeting, a paragraph was added that defines the materials that the policy applies to.

→ Dr. Tamminga made a motion to approve the updated communications policy. Dr. Thompson seconded the motion. Motion to approve the communications policy was unanimously approved.

2. Update on TCMHCC brand guidelines

- Lainie McCorkle provided an update on the brand guidelines
 - Branding guidelines was refreshed with the help of the Center for Health Communications team
 - TCMHCC logo will be incorporated with the logo of the other initiatives to emphasize the relationship between the initiatives. Updated logos were shown
 - Each Consortium initiative now has their own color scheme. Updated color schemes were shown.
 - Teams will be updated on brand guidelines during the communications session at the CPAN & PeriPAN Summit.

b. TCMHCC Internal Evaluation

- David Lynch provided an update on Internal Evaluation activities
 - New data analyst will join their team in February
 - David introduced the new TCHAT program manager for the internal evaluation team, Lauren Rosa.
 - Their team has been working with COSH and HRI staff to review access data source information on the universe of eligible providers. Data is being reviewed from the medical board to determine all eligible providers for CPAN & PeriPAN

c. Research

1. New and Emerging Children's Mental Health Researchers Initiative

- Nagla Elerian provided an update on NECMHR
 - This initiative focuses on advancing the knowledge and evidence-based prevention and treatment of childhood mental illness. Additionally, it provides training and research for new and emerging researchers.
 - Applicants must be affiliated with 1 of the TCMHCC institutions. They must be a post-doctoral fellow or early career researcher. Collaboration is allowed with other institutions outside of the TCMHCC.
 - 10 reviewers have agreed to be on the grant. 7 are independent reviewers outside of the state, 2 are HHSC representatives, and Danette Castle from Texas Council of Community Centers.
 - The notice of opportunity is currently being finalized. It will be added to the TCMHCC website in early February.
 - A Q&A session will be held in February.
 - Pre-application process will open in March. Applicants need their Chair of Psychiatry approval before applying.
 - Each HRI is limited to up to 6 applicants
 - Selections for full application will be in April 2024.
 - Application deadline will be in May 2024.

2. Youth Depression and Suicide Research Network

- Dr. Trivedi provided an update

- TX-YDSRN Registry Study Status was shown with 1869 total consented and 1671 total enrolled
- A total of 12,049 visits have been completed
- An overview of their publications was shared. 54 proposals have been submitted and 15 have been published or in the press
- 6 manuscripts in the press were shown
- Activ8 officially launched with a SharePoint of tools and resources for interventionists

3. Childhood Trauma Research Network

- Dr. Newport provided an update
 - Texas CTRN cumulative visits were shown
 - 2200 baseline visits were completed
 - Completed baseline visits by month were shown
 - Decrease in 2021 due to more effort for follow-up visits
 - CTRN all visits by month were shown with a total of 7,013 total visits across 3 years of the study
 - Goal to average around 200 total visits per month
 - Publications were shown. 3 were published and others are in progress
 - Trauma-Focused Cognitive Behavior Therapy countdown to launch was shown. 7 of the 12 nodes have at least 2 therapist
 - On-going therapist training cohorts was shown. 8 therapists scheduled to start their cohort in January 2024
 - Diagnoses at baseline were shown. PTSD was the most prominent diagnosis at baseline

d. PeriPAN Implementation

- Dr. Wakefield presented an update on PeriPAN
 - PeriPAN consult activity was shown. Consult volume decreased during December but still increasing overall.
 - Increase in “called only once” and “called multiple times” through clinic staff engagement data

- Physician call activity was shown. Physicians make up about 67% of calls to PeriPAN.
- PeriPAN enrollment activity was shown.
- PeriPAN ECHO series schedule for Spring 2024 was shown with the topics that are outlined for the season.
- Grand Round schedule was shown for 2024 with the outline of topics for the year. The topics from last year will be repeated.
- MMHSUD HRSA grant and PeriPAN collaboration was discussed. PeriPAN joined Texas Health and Human Services in their application for the MMHSUD grant.
- State efforts and solutions from 2011 to today were shown. Efforts include Mommies Model, Casa Mia, and more.
- Texas MMHSUD goals were shared
- A session at the CPAN & PeriPAN Summit will elaborate on perinatal substance use issues
- Pathways to perinatal mental health equity study was presented to the executive committee for input.
- Lifeline for moms has been awarded a grant. Aims of the grant were shared.
- Pathways will partner with Access Programs across the country. Each Access Program will be a clinical and academic partner. Each Access Program will implement PRISM with up to 8 practices in the state.
- Project timeline was shown with a start date of March 2024, planning until February 2025, 2-5 years of research through February 2030, and end date of February 2031.
 - Several executive committee members inquired about additional details including the principal investigator of the grant, funding, expectations from the HRIs, etc. **Dr. Lakey suggested providing the executive committee with more information first before formal approval at the next meeting and a 1 pager that includes HRI expectations. Any questions can be emailed to Luanne Southern to provide to Dr. Wakefield.**

e. Current data on statewide expansion of TCHATT

- Rachel Jew presented an update on expansion efforts of TCHATT
 - TCHATT expansion report through end of November 2023 was shown
 - 6096 schools are actively enrolled in TCHATT which is about 65% of all schools in the state
 - 345 schools are currently in onboarding status with 75 schools having a planned implementation date
 - MOU status for school districts by Education Service Center (ESC) region was shown
 - 17 of the 20 ESC regions have reached over 50% enrollment
 - Reasons why districts declined TCHATT services was shown. Most of the declined districts have declined due to having an existing mental health program or provider for their students

IV. Presentation from the Baylor College of Medicine in the role of the COSH relating to implementation of the COSH. This includes presentation of data and metrics associated with the CPAN and the TCHATT, and informational items relating to Trayt. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.

- Dr. Williams presented an update on COSH activities
 - CPAN
 - Welnity contract has been executed. Timeline for completion is April 2024. The Welnity workgroup is providing feedback and data for build.
 - Trayt's new releases were shared including improvements to the access portal and the insights tab.
 - Trayt roadmap was shared. Features currently in the design phase that are estimated to be released in quarter 1 of 2024 include Direct to Patient Consults, PCP Caller (calling on behalf of the doctor), and PCP Web Portal.

- 2023 CPAN call volume was shown to compare the number of consults from 2022.
- As of November 2023, 344 direct consultations have been completed.
- 2024 outreach strategies were shown including calling enrolled providers with a goal of reaching enrolled providers not using the service
- Top reasons for medication recommendations was shown with the top 3 reasons involving ADHD, anxiety, and depression
- Antipsychotic medication class recommendations for December 2023 were shown. A workgroup will be formed to include the HRIs and internal evaluation team to determine what should be reported regularly related to recommendations around medications.
- General versus specific medication recommendations graph was shown
- CPAN & PeriPAN summit is coming up at the end of the month.
- TCHAT
 - TCHAT referrals that the program has received was shown
 - Number of referrals month to month are increasing
 - Seasonal variations are visible across both CPAN and TCHAT. Kids appear to need more help in the middle on the semesters.
 - Total students referred to the program 52,527
 - More data related to care delivery will be available in the upcoming months
 - TCHAT highlights were shared. Recommendations from different workgroups are being reviewed by leadership.
 - Some of the teams will be meeting with the Massachusetts team to share program information
 - Support provided to HRIs by setting up a waitlist transfer process, managing new staff training, and creating efficient processes
 - Current Trayt initiatives were shown. Columbia Impairment Scale (CIS) assessment is now an automated process on Trayt

- Currently in design with Trayt are the school portal dashboard expansion and school staff bulk upload
- TCHATT medication tracking was shown with statewide data including the diagnosis related to prescribed medication. 453 unique patients were seen by psychiatrist and 357 unique patients were prescribed medication.
- An example of medication tracking from an HRI was provided
- Majority of the kids referred do not end up getting put on medication. Therapeutic interventions and counseling can resolve some of their challenges.
 - Olga Rodriguez inquired about the services provided over the summer when the number of referrals decrease and if there are any other partnerships that would help. Dr. Williams explained that services are still provided over the summer months but sometimes families are not available due to vacations and other issues during those time frames.

V. Presentation on ARPA funded initiatives

a. Fiscal Agent

- Joy Hatch presented an update on the financial data
 - Expenditures by program was shown with a total of \$31.5 million dollars across the 3 initiatives
 - Expenditures by HRI was shown
 - Budget versus expenditures by initiative was shown
 - Dr. Pliszka inquired if all new contracts were executed yet. The fiscal agent is waiting for their contract to be executed before extensions to the health-related institutions are sent out.

b. Youth Aware of Mental Health (YAM)

- Dr. Trivedi provided an update on YAM
 - 206 instructors have been trained over 14 sessions
 - Number of MOU's signed across 8 HRIs through December was shown

- Texas YAM student reach was shown with 23,559 students reached to date. Projected total reach through end of 2024-2024 school year is 35,000 students.
- YAM student classes was shown with 1,202 to date
 - Luanne Southern inquired if school personnel can be trained on YAM. Dr. Trivedi responded that the program is meant to be judgement free and provided by people separate from the main people involved in a student's life. Any school personnel not directly involved in the student's teaching or care can be trained.

c. Pediatric Collaborative Care

- Dr. Talebi presented an update on the Pediatric Collaborative Care
 - Continue to have 1:1 meetings with the health-related institutions to discuss any barriers they are experiencing
 - In December, individual HRI meetings were held to provide updated information on metrics and answer any questions regarding implementations, health systems, and next steps
 - HRI-wide meeting was held last week to allow teams to discuss differences they have experienced over time and updated metrics
 - Focal point is to continue to recruit health systems for the HRIs
 - There are monthly meetings to make sure HRIs and health systems have the support they need
 - Exploring the idea of a pediatrician focused workgroup to have clinical champions in conversations
 - January 2024 metrics were shown. 7 health systems are committed and 9 are still needed.

VI. If necessary, closed session for consultation with attorney regarding legal matters, related to posted items, pursuant to Section 551.071 of the Texas Government Code.

VII. Adjournment

Attendance List

#	Institution/ Organization	Executive Committee Member	Attended?
1	Baylor College of Medicine	Wayne Goodman, MD	Y
2	Baylor College of Medicine	Laurel Williams, DO	Y
3	Texas A&M University System Health Science Center	Israel Liberzon, MD	Y
4	Texas A&M University System Health Science Center	Olga Rodriguez	Y
5	Texas Tech University Health Sciences Center	Sarah Wakefield, MD	Y
6	Texas Tech University Health Sciences Center	Tarrah Mitchell, MD	Y
7	Texas Tech University Health Sciences Center at El Paso	Peter Thompson, MD	Y
8	Texas Tech University Health Sciences Center at El Paso	Sarah Martin, MD	Y
9	University of North Texas Health Science Center	Alan Podawiltz, DO, MS	Y
10	University of North Texas Health Science Center	David Farmer, PhD, LPC, LMFT, FNAP	Y
11	Dell Medical School at The University of Texas at Austin	Charles B Nemeroff, MD, PhD	N
12	Dell Medical School at The University of Texas at Austin	Jeffrey Newport, MD, MS, MDiv	Y
13	The University of Texas Medical Branch at Galveston	Karen Wagner, MD, PhD	Y
14	The University of Texas Health Science Center at Houston	Jair Soares, MD, PhD	N
15	The University of Texas Health Science Center at Houston	Taiwo Babatope, MD, MPH, MBA, ABPN	Y
16	The University of Texas Health Science Center at San Antonio	Steven Pliszka, MD	Y
17	The University of Texas Health Science Center at San Antonio	Rene Olvera, MD, MPH	Y
18	The University of Texas Rio Grande Valley School of Medicine	Diana Chapa, MD	Y
19	The University of Texas Rio Grande Valley School of Medicine	Alcides Amador, MD	Y
20	The University of Texas Health Science Center at Tyler	Cheryl McCullumsmith, MD, PhD	Y
21	The University of Texas Health Science Center at Tyler	Brittney Nichols, MBA, LPC-S	Y
22	The University of Texas Southwestern Medical Center	Carol Tamminga, MD	Y
23	The University of Texas Southwestern Medical Center	Hicham Ibrahim, MD	Y

24	Health and Human Services Commission - mental health care services	Sonja Gaines, MBA	N
25	Health and Human Services Commission - mental health facilities	Scott Schalchlin, JD, M.Ed	N
26	Texas Higher Education Coordinating Board	Elizabeth Mayer	Y
27	Hospital System	Sue Schell, MA	Y
28	Non-profit - Meadows Policy Institute	Andy Keller, PhD	Y
29	Non-profit - Hogg Foundation	Octavio Martinez, Jr., MPH, MD	N
30	Non-profit - Texas Mental Health Counsel	Lee Johnson, MPA	Y
31	Texas Education Agency	John Scott	Y
32	Administrative Contract – University of Texas System	David Lakey, MD	Y
33	Education Service Center	Nathan Maxwell, Ed.D	N
34	Texas Dept of Family and Protective Services	Trina Ita, MA	Y

DRAFT