



CPAN
Child Psychiatry
Access Network

Anxiety Disorders in Pediatric Settings

**Tuesday, August 29th
12 – 1PM CST**



Register for CMEs at UT Health SA

Zoom Access and Attendance Process

Register at <https://bit.ly/UTHealthCPAN>

To electronically register attendance/claim CME utilizing the new system, “CME Credit via TEXT” please to the following:

1. **Step 1:** Text your email address to **844-502-1338** to link your responses to your existing profile in the CME database.
2. **Step 2:** Text **Attend** plus the 8 digit **Activity Code** to register your attendance for this week’s session.

If you have issues, you may email Office of CME at cme@uthscsa.edu for assistance.

Overview:

Primary care providers and pediatricians are on the front-line when caring for the behavioral health needs of children, adolescents, and young adults. With limited availability for prompt access to psychiatric or behavioral health specialists, patients often rely on their ‘medical home’ providers to initiate care. CPAN’S aim is to support primary care in the identification and management of patients with behavioral health needs. This session offers practical information with relevant case examples, using evidence-based guidelines to help increase confidence in providing the initial steps of treatment.

Learning Objectives:

1. Become familiar with the symptoms, epidemiology, risk factors, comorbidities, and natural course of the most prevalent anxiety disorders in youth.
2. Learn principles of treatment and how to manage these problems in the primary care setting for specific age groups (pre-school, elementary and middle schoolers, and adolescents).

Presenter: Joseph Blader, PhD

Dr. Blader has been with UT Health San Antonio since 2013. Dr. Blader holds the Meadows Foundation and Semp Russ Professorship in Child Psychiatry at UT Health San Antonio. Dr. Blader’s specialties include young people who experience emotional dysregulation leading to social and behavioral problems.



Disclosures: Planning Committee members/speakers Giancarlo Ferruzzi MD, Thomas Matthews MD, Jessica Sandoval MD and Tracy Schillerstrom MD have no financial relationships with any ineligible companies to disclose. Planning committee member/speaker Joseph Blader PhD has disclosed that he is a consultant, advisor and on the speakers bureau for Supernus Pharmaceuticals. Planning committee member/speaker Steven Pliszka MD has disclosed that he is on the speakers bureau for Ironshore Pharma; consultant for Aldon Pharma; and receives research support for Otsuka.

Accreditation

The UT Health Science Center San Antonio is accredited by the ACCME (Accreditation Council for Continuing Medical Education) to provide continuing medical education for physicians. The UT Health Science Center San Antonio designates this live activity up to a maximum of **1.00 AMA PRA Category 1 Credits™**.



CPAN is funded and administered by the Texas Child Mental Health Care Consortium (TCMHCC).

