

Development & Screen Time: Research, Guidelines & Practical Tips

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Passcode:971346

Date



Nov. 8, 2023

12:30 P.M. - 1:30 P.M.

Virtual Meeting

Presenters

Alexis Clyde, PhD, ABPP

Children's Health

Sara Loftin, LPC

Children's Health

Overview

Primary care providers and pediatricians are on the front line when caring for the behavioral health needs of children, adolescents, and young adults. With limited availability for prompt access to psychiatric or behavioral health specialists, patients often rely on their 'medical home' providers to initiate care. CPAN's aim is to support primary care in the identification and management of patients with behavioral health needs. This session offers practical information with relevant case examples, using evidence-based guidelines to help increase confidence in providing the initial steps of treatment.

Learning Objectives

At the end of this activity, participants should be able to:

- Identify statistics regarding screen time.
- Summarize screen time literature.
- Describe screen use guidelines and healthy habits.

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association (TMA) through the joint providership of Children's Health and Texas Child Mental Health Care Consortium. The Children's Health is accredited by TMA to provide continuing medical education for physicians.

The Children's Health designates this live activity for a maximum of 1 AMA PRA Category 1 Credit™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Children's Health Clinical Operation is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.