



**CPAN**  
Child Psychiatry  
Access Network

## How Traumatic Experiences Change the Adolescent Brain and the Effects of Trauma Focused Therapy



Register for CMEs at UT Health SA

**Tuesday, May 23rd**  
**12 – 1PM CST**

### Zoom Access and Attendance Process

Register at <https://bit.ly/UTHealthCPAN>

To electronically register attendance/claim CME utilizing the new system, “CME Credit via TEXT” please to the following:

1. **Step 1:** Text your email address to **844-502-1338** to link your responses to your existing profile in the CME database.
2. **Step 2:** Text **Attend** plus the 8 digit **Activity Code** to register your attendance for this week’s session.

If you have issues, you may email Office of CME at [cme@uthscsa.edu](mailto:cme@uthscsa.edu) for assistance.

### **Overview:**

Primary care providers and pediatricians are on the front-line when caring for the behavioral health needs of children, adolescents, and young adults. With limited availability for prompt access to psychiatric or behavioral health specialists, patients often rely on their ‘medical home’ providers to initiate care. CPAN’S aim is to support primary care in the identification and management of patients with behavioral health needs. This session offers practical information with relevant case examples, using evidence-based guidelines to help increase confidence in providing the initial steps of treatment.

### **Learning Objectives:**

1. Identify brain networks that are affected by traumatic stress in youth
2. Identify changes in neural function that take place during trauma-focused therapy
3. Discuss brain regions that are predictive of symptom improvement for individual patients

### **Presenter:** Amy Garrett, PhD

Dr. Garrett is an Associate Professor in the departments of Psychiatry and Radiology at UT Health School of Medicine. Dr. Garrett has a PhD in Neuroscience from Wake Forest University and more than 15-years of experience conducting neuroimaging studies of child and adolescent psychiatric disorders at Stanford University. Dr. Garrett is currently funded by the National Institutes of Health and Baptist Health Foundation to conduct clinical trials aimed at identifying the neural mechanisms of trauma-focused therapy for adolescents with traumatic stress disorders. Her studies are among the first to identify neuroimaging-based predictors and outcomes that can potentially be used for individualizing treatment for traumatic stress symptoms in youth.

**Disclosures:** Planning Committee members/speakers Giancarlo Ferruzzi MD, Thomas Matthews MD, Jessica Sandoval MD, Barbara Robles-Ramamurthy MD and Tracy Schillerstrom MD have no financial relationships with any ineligible companies to disclose. Planning committee member/speaker Joseph Blader PhD has disclosed that he is a consultant, advisor and on the speakers bureau for Supernus Pharmaceuticals. Planning committee member/speaker Steven Pliszka MD has disclosed that he is on the speakers bureau for Ironshore Pharma; consultant for Aldon Pharma; and receives research support for Otsuka.

### **Accreditation**

The UT Health Science Center San Antonio is accredited by the ACCME (Accreditation Council for Continuing Medical Education) to provide continuing medical education for physicians. The UT Health Science Center San Antonio designates this live activity up to a maximum of **1.00 AMA PRA Category 1 Credits™**.



CPAN is funded and administered by the Texas Child Mental Health Care Consortium (TCMHCC).

