

**Management of Pediatric Health in Primary Care:
ODD: How We Determine It's Distinction from Similar
Diagnoses and Does Racial Bias Have an Impact**
Thursday, March 23, 2023 | 12:30 – 1:30 PM

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Zoom Access and Attendance Process

1. **First Time Users:** Register at <https://cpd.education.bcm.edu/> and Verify Phone Number
2. Register for CME at: <https://forms.office.com/r/XzVwCkqzMZ>

Overview: Pediatricians and primary care providers (PCPs) are the first-line clinicians for children, adolescents, and young adults. The prevalence of psychiatric disorders within this population is high, with depression, anxiety and ADHD being most common. The morbidity and mortality of these disorders is significant; however, they remain under-treated. Given the limitations of referral to specialty care, PCPs are tasked with managing these illnesses. Both in our experience working in a consultation center and based on the literature, PCPs face many barriers to doing so, including limitations in knowledge about and comfort in prescribing psychiatric medications.

Oppositional Defiant Disorder (ODD) often goes misdiagnosed, overly diagnosed, or inappropriately diagnosed, leading to missed opportunities for effective treatment. Accurate identification and evidence-based management of ODD pose several unique challenges for the primary care clinician and providers, including lack of understanding of its common presentations in youth, limited availability of treatment providers, and high rates of comorbidity with other behavior disorders.

Objectives: At the conclusion of the session, the participants should be able to:

- Identify obsessive-compulsive disorder (ODD) in children and adolescents using the American Psychiatric Association's Diagnostic and Statistical Manual of Mental Disorders, 5th edition (DSM-5) criteria.
- Describe evidence-based treatment for ODD including psychotherapeutic interventions (PMT, CBT) and pharmacotherapy (SSRIs).
- Utilize multi-modal approach to implement evidence-based therapeutic and pharmacologic treatments for ODD.
- Discuss how to determine the significant differences when assessing ODD versus other behavioral DoS.
- Discuss evidence-based data that exhibit racial implications for diagnosing disruptive behavior in children of color.

Target Audience: Pediatricians and primary care providers (family practitioners, NPs, registered nurses, PAs) who care for children and adolescents in the outpatient setting.

Educational Methods: Lecture

Activity Evaluation: Participants may be asked to complete a session evaluation.

Accreditation/Credit Designation: Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity. This professional development activity awards 1.0 contact hour each session.

Nursing: Texas Children's Hospital is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation. This professional development activity awards 1.0 contact hour each session.