

# TCMHCC Collaborative Care Update

March 20, 2023

# Collaborative Care Expansion Updates

## Accomplished

- February 15 and March 15, 2023: Submitted ARPA CoCM Monthly Reports
- Feb 1 – 15 and March 8 – 27, 2023: One-on-one HRI ARPA CoCM meetings
- Reviewed results and identified key findings from Inaugural Pediatric CoCM Roundtable that occurred in January 2023

## Up Next

- April 15, 2023: ARPA CoCM Monthly Report due
- April HRI-wide ARPA Pediatric CoCM Meeting
- Resources:
  - Qualitative review and summary based on Pediatric CoCM Roundtable
  - CoCM Billing Curriculum

## Forthcoming

- Recruiting health systems with HRIs
- Monthly technical assistance opportunities
- Monthly metric reporting

# Metric Data as of March 15, 2023

- Individuals initially reached: 42,415
- Health systems committed to CoCM: 7

# Inaugural Pediatric and Adolescent CoCM Roundtable

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- On January 26-27, 2023, twenty national pediatric CoCM leaders gathered for a 2-day roundtable discussion at the University of Texas at Austin Dell Medical School
  - Attendees included child and adolescent psychiatrists, pediatricians, care managers, and researchers from various healthcare settings
- MMHPI staff led discussions on:
  - key facilitators and barriers to implementation
  - a path forward for uptake of high-fidelity pediatric CoCM
- MMHPI is currently analyzing major themes, solutions, and points of consensus/disagreement.
- We are working to finalize conference proceedings, with more applications of this discussion on the horizon.
- Considering subsequent roundtables in the future to obtain different perspectives and bridge remaining gaps in clinical and theoretical domains of pediatric CoCM.

# "Behavioral Health Integration (BHI) and Collaborative Care (CoCM)" Presentation at TTUHSC El Paso

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- On March 2, 2023, the Meadows Institute TA Team presented on pediatric CoCM to physicians, PAs, APRNs, and other primary care providers and administrators in the El Paso community
- Discussed with audience members challenges related to behavioral health access they are facing in their community
- Reviewed various modes of integration, identified gaps in existing BHI efforts, and highlighted how CoCM can address the current pediatric mental health crisis and the behavioral health workforce shortage in El Paso and region-wide

# Questions

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# Thank You!

For more information visit [mmhpi.org](http://mmhpi.org).



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