Convening of the Texas Child Mental Health Care Consortium (TCMHCC)
March 20, 2023
10:00 AM – 3:00 PM
University of Texas System Administration
210 West 7th Street, 2nd Floor Board Room
Austin, TX 78701

Minutes

The Texas Child Mental Health Care Consortium (TCMHCC) will convene a videoconference meeting pursuant to Texas Government Code Section 551.127 on March 20, 2023, according to the following agenda. The Chairperson, Dr. David Lakey, will be present, and will preside over the meetings, at the posted location.

I. **Call to order and roll call**

   - Dr. Lakey, presiding officer of the Consortium, called the meeting to order.

   -23 executive committee members were in attendance. See attendance report for full list of attendees

II. **Review and approve the following item**

   a. Minutes from the February 6, 2023, Executive Committee meeting.

   → **Dr. Ibrahim made a motion to approve the minutes. Dr. Tamminga seconded. Motion was unanimously approved.**

III. **Information and discussion on implementation of TCMHCC initiatives set forth by the 87th Texas Legislature, 3rd Special Session in Senate Bill 8 appropriating federal American Rescue Plan Act (ARPA) funds for the purposes described below. The full Executive Committee will review, receive and/or provide information and take appropriate action.**

   a. **Fiscal Agent – The University of Texas at Austin**

   - Linda Haster provided an update as the fiscal agent

   - Contracts are doing well without many amendment requests
   - Majority of invoicing has been received
   - Next federal reporting deadline is at the end of March
   - Expenditures by initiatives were shown

   b. **Overall administration – The University of Texas System**

   - Lashelle Inman provided a verbal update.

   - Lashelle emphasized the importance of communications oversight of materials with consortium branding
   - Laura Cruzada-Davis will be leaving for another opportunity

- The UT System team will continue to review materials and will be hiring student interns to assist
- A full-time communications director and program manager position will be posted
- Jonathan Lewis added that reporting to statewide behavioral health needed on the consortium's spending

c. **Perinatal Psychiatric Access Network – Texas Tech University Health Science Center**

- See COSH presentation

d. **Collaborative Care – Meadows Mental Health Policy Institute**

- Dr. Talebi presented an update

- February and March focused on one-on-one meetings to determine the support the HRIs need
- Going back to breakout groups for a learning collaborative in April
- Continue the recruitment of health systems with the HRIs
- Metrics were shown to include 42,415 individuals reached and 7 health systems committed
- Inaugural Pediatric and Adolescent Roundtable was held at Dell Medical School for a 2 day discussion with 20 national leaders
- Attendees were from various healthcare settings
- Discussed clinical side, facilitators and barriers
- Looked at major themes and gaps from attendees
- Will take the key findings and disseminate to staff
- Considering subsequent roundtables as people are interested
- TA team presented collaborative care in the El Paso community and discussed challenges related to behavioral health access in their region

e. **Substance Use Disorder Program – The University of Texas Health Science Center San Antonio**

-Dr. Blader provided a verbal update

- All 4 sites seeing patients and delivering care
- In the process of reconciling issues with the number of individuals seen versus the number of sessions across platforms
- Through January 31st, 48 individuals seen with 105 contacts
- Increase in referrals were seen in the past 6 weeks
- Partnership to end addiction will launch in the coming weeks

f. **Youth Aware of Mental Health – The University of Texas Southwestern Medical Center**

- Dr. Trivedi presented an updated on YAM

- YAM information sessions are offered for all stakeholders to address questions
- Anyone can contact their local YAM HRI to bring the program to their school
- MOU has to be signed with the ISD and the HRI
- Resources available to parents about YAM include an FAQ, consent form, and an opt-out form
- Schools and districts engaged by HRIs was shown
- Getting requests from more schools
- Student reach was shown with 8,589 to date
- Students classes was shown with 442 to date. The goal is 650 for school year 2022-2023
- YAM delivery at the statewide level was shown
- A pre-evaluation was YAM students was shown

g. **Safe Alternatives for Teens and Youth – Baylor College of Medicine**

   - See COSH presentation

IV. **Updates on the following activities associated with implementation of the TCMHCC. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.**

   a. Status of expansion of the Texas Child Health Access Through Telemedicine (TCHATT)

      - Lashelle Inman shared the report sent to the governor's office

      - Report shows data through the end of January
      - Teams are making great progress at rolling out TCHATT statewide
      - Almost at 50% active school districts
      - Less than a third left to start reaching out to
      - Team met with Julie Wayman to learn how to better collaborate to help with TCHATT rollout
      - Reports will go out to TEA and ESC leads
      - Meeting with the TCHATT leads and ESC leads on Wednesday
      - Reasons school districts declined to enroll were shown
      - Some districts felt they already had mental health support for their students
      - Lack of space is a concern for some schools
      - Some districts have come back to ask for TCHATT after declining

   b. **Internal Evaluation – The University of Texas at Austin**

      - David Lynch provided a verbal update

      - Working with school districts to get info on the rollout of TCHATT
      - Their team administered a provisional PeriPAN experience survey to give clinicians the opportunity to provide feedback about the usefulness of the program

- Currently interviewing candidates for program manager and data analyst positions
- Provided summary utilization information survey results to CHC to help promote the CPAN anniversary

c. **External Evaluation – The University of Texas Health Science Center Houston – School of Public Health**

- Dr. Lara Savas provided a verbal update

- Reviewing existing data
- Preparing for surveys with TCHATT and CPAN and qualitative work for CPWE
- TCHATT survey items are finalized and will be sent to school district staff
- Purpose of the TCHATT survey is to describe the characteristics of schools using TCHATT and identify barriers to implementing the program
- Plan to survey 300 school district staff with active MOU along with 100 school districts from each of the 3 years
- Finalized sampling frame
- Surveys will be sent administered in April
- Similar process for CPAN survey that will be administered in the summer
- Working with COSH and internal evaluation team to clean up data and quality improvement

d. **Communications**

- Melanie Susswein presented an update

- Working on CPAN and beginning work on PeriPAN
- Listening sessions were done with PeriPAN HRIs to learn how the teams were doing outreach
- The teams listed items they might like to have if the program goes statewide
- Did an in-person outreach trip to Baylor College of Medicine to collaborate on outreach
- CPAN social media analysis was shown
- Try to emphasize quotes from other providers within the content
- CPAN digital outreach analysis was shown
- Next, focusing on CPAN 3rd anniversary, want to do a theme of threes
- PeriPAN trying to build foundational and outreach items including a provider toolkit
- Working on a video with the script in final stages

V. **Presentation and updates provided by the Baylor College of Medicine in the role of the Centralized Operations Support Hub (COSH) relating to implementation of the COSH, and/or information provided by Health-Related Institutions relating to the Child Psychiatry Access Network (CPAN), the Texas Child Health Access Through Telemedicine (TCHATT), the Community Psychiatry Workforce Expansion (CPWE), and the Data Management and**

Governance Committee. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.

   a. **COSH**

   -Dr. Williams presented an update

- SAFETY-A
  - Evidence-based cognitive behavioral youth and family centered intervention for suicide and self-harm
  - Program is adapted from emergency rooms into primary care
  - Youth session steps were shared
  - Family session steps were shared
  - 7 HRIs are collaborating to achieve a goal of training 50 PCPs on SAFTEY-A in primacy care clinics by November
  - 19 PCPs were trained in the 1st training cohort
- CPAN
  - Direct Consultations
    - 7 out of 9 teams are currently providing direct consultations
    - 142 consultations have been completed to date with 24 in progress
    - CPAN data of consults by year was shown
    - Starting off calendar year with an increase in consultations
    - Trayt Dashboard was shown
    - Still doing well with returning the call within 30 minutes
    - Majority of calls are from physicians
  - PeriPAN
    - Dr. Wakefield provided an update
      - 40% enrolled across the pilot sites
      - 78% of consults are about specific patients
      - 65% are calling about a referral request
      - Clinic engagement was shown
      - PeriPAN educational series of webinars are scheduled and are open to any across the state
      - 63 attendees were at the last webinar
      - Don't have to be in the pilot region to attend the webinar
      - Project ECHO scheduled for April
  - TCHATT
    - Dr. Williams provided an update
      - Started doing the Columbia Impairment Scale (CIS)
      - Case management is now being tracked in Trayt. It will be separate from the session count

- Working on adding medication changes with parental consent

b. CPWE

c. CPAN

   - See COSH presentation

d. TCHATT

   -See COSH presentation

e. **Data Management and Governance Committee**

   - Dr. Pliszka presented an update

   - Data committee is struggling to figure out how to move forward with the data they have
   - Measurement based care in TCHATT and Data in Trayt was shown
   - About 12k people who have completed the service
   - Table was shown with data of assessments assigned to students in Trayt
   - Some HRIs may be using their on assessments instead of the ones available in Trayt
   - Each HRI may have different rules for how the implement an assessment
   - Might be difficult to compare data across sites if the use of Trayt is not standardized across HRIs
   - Data committee seeking guidance on how to move forward
     - Dr. Wagner inquired if the CGI (Clinical Global Impression Scale) being collected across all sites. Dr. Plisza responded that it is currently not being used across all HRIs.
     - Dr. Wakefield added that the CGI was in consideration as the Columbia Impairment Scale was chosen. Also, TTUHSC has looked into integrating Trayt with their EMR to eliminate duplicating efforts.
     - Dr. Vo inquired if Redox is still available to integrate with EMR. Dr. Williams responded that budget is available to integrate but it may take years for HRI's to explore.

   → Dr. Pliszka made a motion that TCHATT leadership and the data governance committee develop a uniform set of clinical measures to assess clinical status of clients in TCHATT. Dr. Ibrahim seconded. Motion was unanimously approved.

VI. **Update on the 88th Texas legislative session, including information about introduced Bills associated with the TCMHCC, and other introduced Bills relevant to children's mental health. Executive Committee members may discuss and provide information.**

   - Sean Griffin presented a verbal update

- Total $337 million budget request submitted last year
- Will be on the house floor the beginning of April
- By May, conference committees will be appointed
- Supplemental bill including ARPA's unexpended balance authority is up on House Appropriations
- SB 850 would've added 20 members from the ESC to the executive committee as filed; Adjusted to 1 member from a rural ESC
- MD Anderson will be removed from the executive committee as they have less opportunity for involvement

VII. **If necessary, closed session for consultation with attorney regarding legal matters, related to posted items, pursuant to Section 551.071 of the Texas Government Code.**

VIII. **Adjournment**

> Next meeting will be held on May 15, 2023.

Attendance List

#	Institution/ Organization	Executive Committee Member	Attended?
1	Baylor College of Medicine	Wayne Goodman, MD	Y
2	Baylor College of Medicine	Laurel Williams, DO	Y
3	Texas A&M University System Health Science Center	Israel Liberzon, MD	Y
4	Texas A&M University System Health Science Center	R. Andrew Harper, MD	Y
5	Texas Tech University Health Sciences Center	Sarah Wakefield, MD	Y
6	Texas Tech University Health Sciences Center	Tarrah Mitchell, MD	Y
7	Texas Tech University Health Sciences Center at El Paso	Peter Thompson, MD	N
8	Texas Tech University Health Sciences Center at El Paso	Sarah Martin, MD	Y
9	University of North Texas Health Science Center	Alan Podawiltz, DO, MS	Y
10	University of North Texas Health Science Center	David Farmer, PhD, LPC, LMFT, FNAP	Y
11	Dell Medical School at The University of Texas at Austin	Charles B Nemeroff, MD, PhD	Y
12	Dell Medical School at The University of Texas at Austin	Jeffrey Newport, MD, MS, MDiv	Y
13	The University of Texas Medical Branch at Galveston	Karen Wagner, MD, PhD	Y
14	The University of Texas Medical Branch at Galveston	Alexander Vo, PhD	Y
15	The University of Texas Health Science Center at Houston	Jair Soares, MD, PhD	Y
16	The University of Texas Health Science Center at Houston	Taiwo Babatope, MD, MPH, MBA, ABPN	N
17	The University of Texas Health Science Center at San Antonio	Steven Pliszka, MD	Y
18	The University of Texas Health Science Center at San Antonio	Joseph Blader, PhD	Y
19	The University of Texas Rio Grande Valley School of Medicine	Diana Chapa, MD	N
20	The University of Texas Rio Grande Valley School of Medicine	Karl Goodkin, MD, PhD	N
21	The University of Texas Health Science Center at Tyler	Tiya Johnson, MD	Y
22	The University of Texas Health Science Center at Tyler	Brittney Nichols, MBA, LPC-S	Y
23	The University of Texas Southwestern Medical Center	Carol Tamminga, MD	Y

24	The University of Texas Southwestern Medical Center	Hicham Ibrahim, MD	Y
25	Health and Human Services Commission - mental health care services	Sonja Gaines, MBA	N
26	Health and Human Services Commission - mental health facilities	Scott Schalchlin	N
27	Texas Higher Education Coordinating Board	Elizabeth Mayer	N
28	Hospital System	Danielle Wesley	Y
29	Non-profit - Meadows Policy Institute	Andy Keller, PhD	N
30	Non-profit - Hogg Foundation	Octavio Martinez, Jr., MPH, MD	N
31	Non-profit - Texas Mental Health Counsel	Danette Castle	Y
32	Administrative Contract – University of Texas System	David Lakey, MD	Y
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