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Texas Child Mental Health Care Consortium

YAM Project Updates

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Engaging Schools

- Outreach Tools are Developed and Updated As Needed
- Instructional tools for implementation teams developed
- Videos Available for leadership and schools

How does a school engage?

✓ **Contact your local YAM Health-Related Institution (HRI)**

UTSouthwestern
Medical Center


UT Health
San Antonio


UTTyler
THE UNIVERSITY OF TEXAS AT TYLER


The University of Texas at Austin
Dell Medical School

 **UTHealth**
The University of Texas
Health Science Center at Houston

McGovern
Medical School

 **HEALTH**
TELEBEHAVIORAL CARE

 **Health**
Psychiatry &
Behavioral Sciences

 **TEXAS TECH UNIVERSITY**
HEALTH SCIENCES CENTER

✓ **Information Sessions are offered for all stakeholders to ensure all questions about the program are addressed**

How does a school engage?

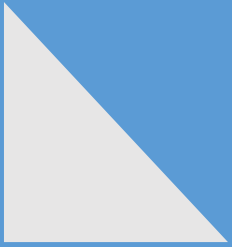
- Any principal, counselor, teacher, school staff, parent or community member contacts their local YAM HRI to start the process of bringing YAM to their ISD or school.
- Once contact is made, HRIs offer information sessions for all stakeholders, including the superintendent, school board members, principals, school staff, parents, community members, and students to ensure all questions about the program are addressed.
- Information about the program has been developed for all stakeholders to make an informed decision.

What happens next?

MOU Signed-
Between the ISD and the HRI

Schedule

Grade Level



Resources Available:

Parent FAQ Flyer

Parent Consent Form

Parent Opt Out Form

The **HUB** as well
as the **HRI** provide
Information
Sessions for
Individual
Stakeholders

MOU is Signed

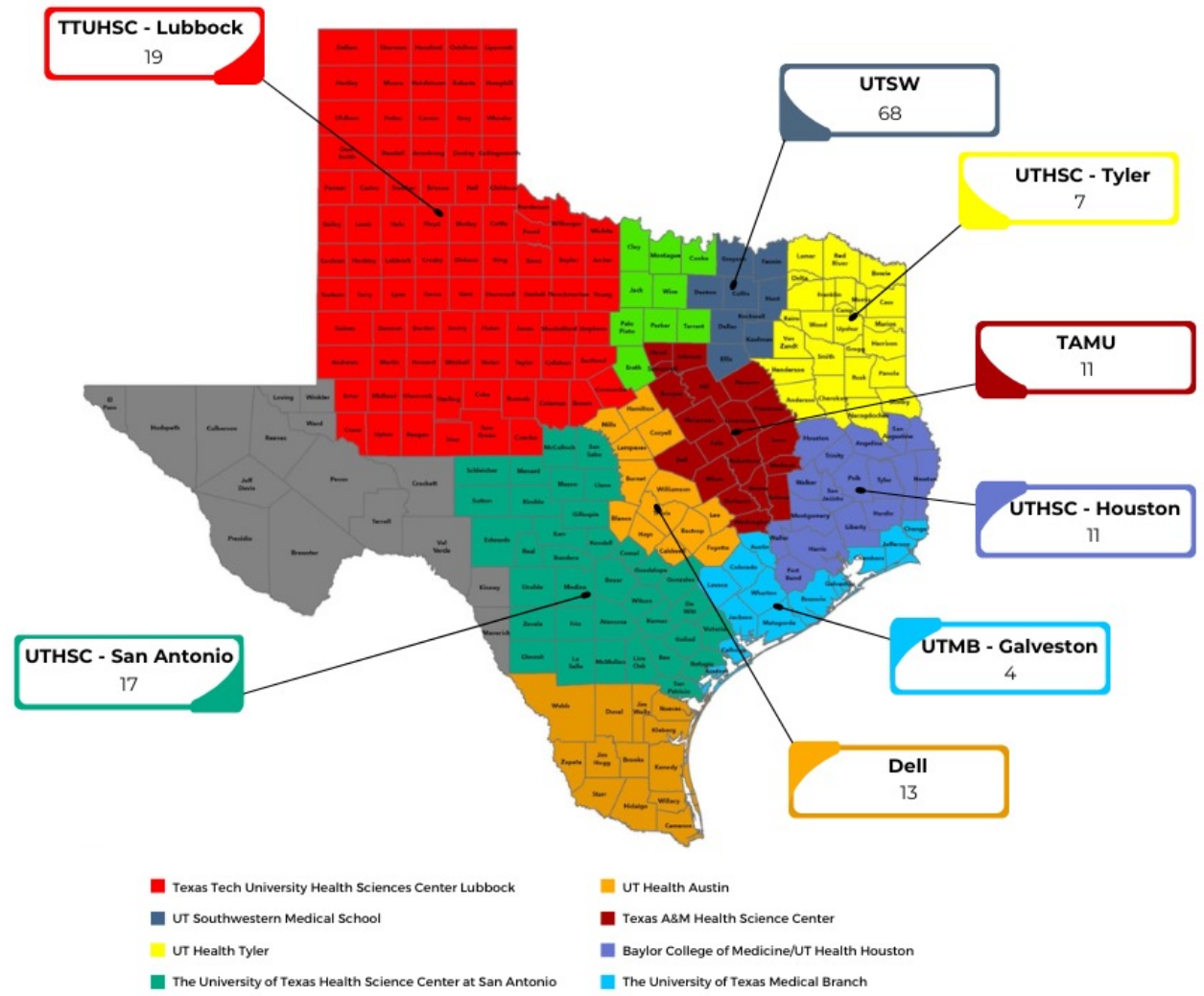


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Results Thus Far

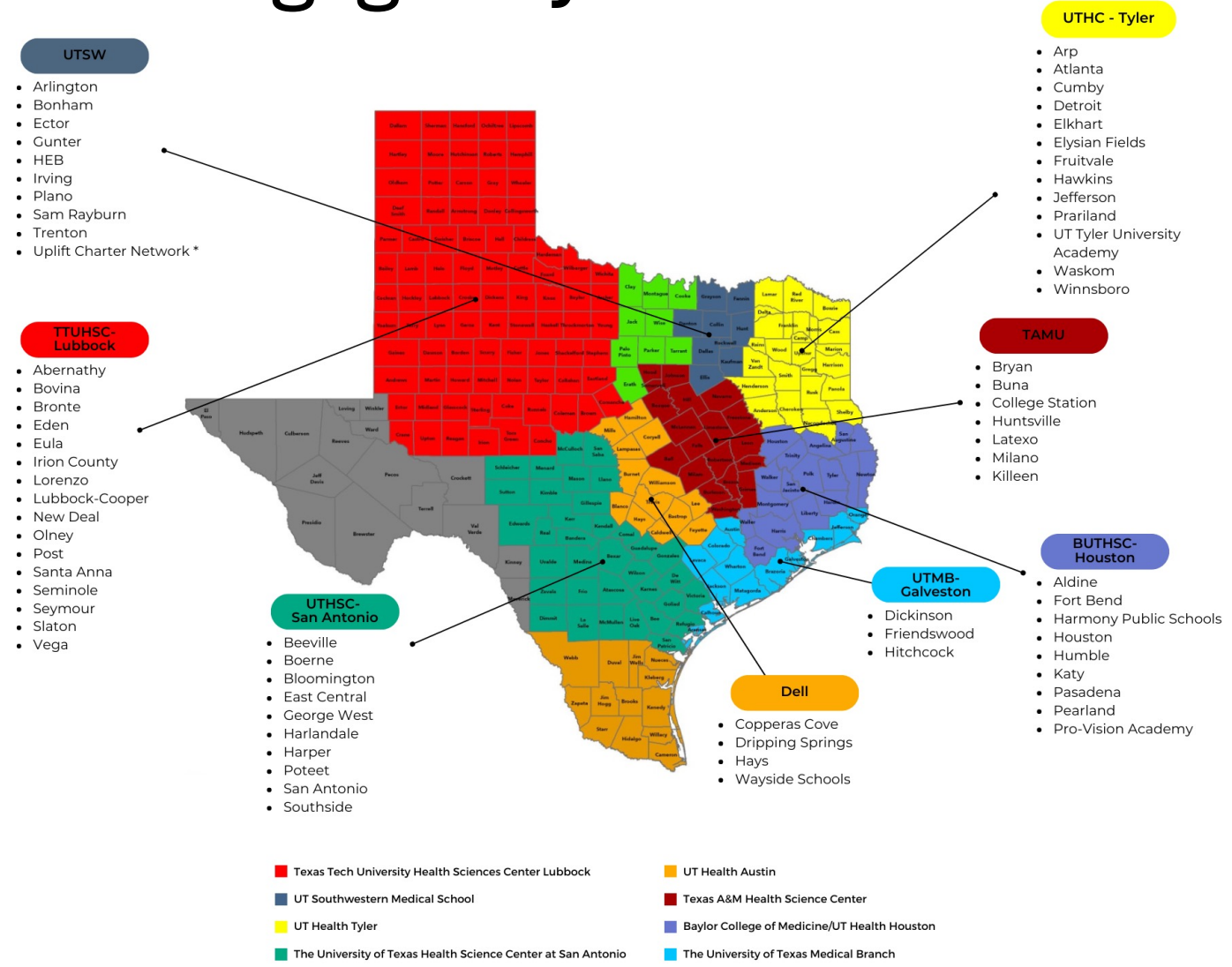
Progress: 150 Instructors Trained



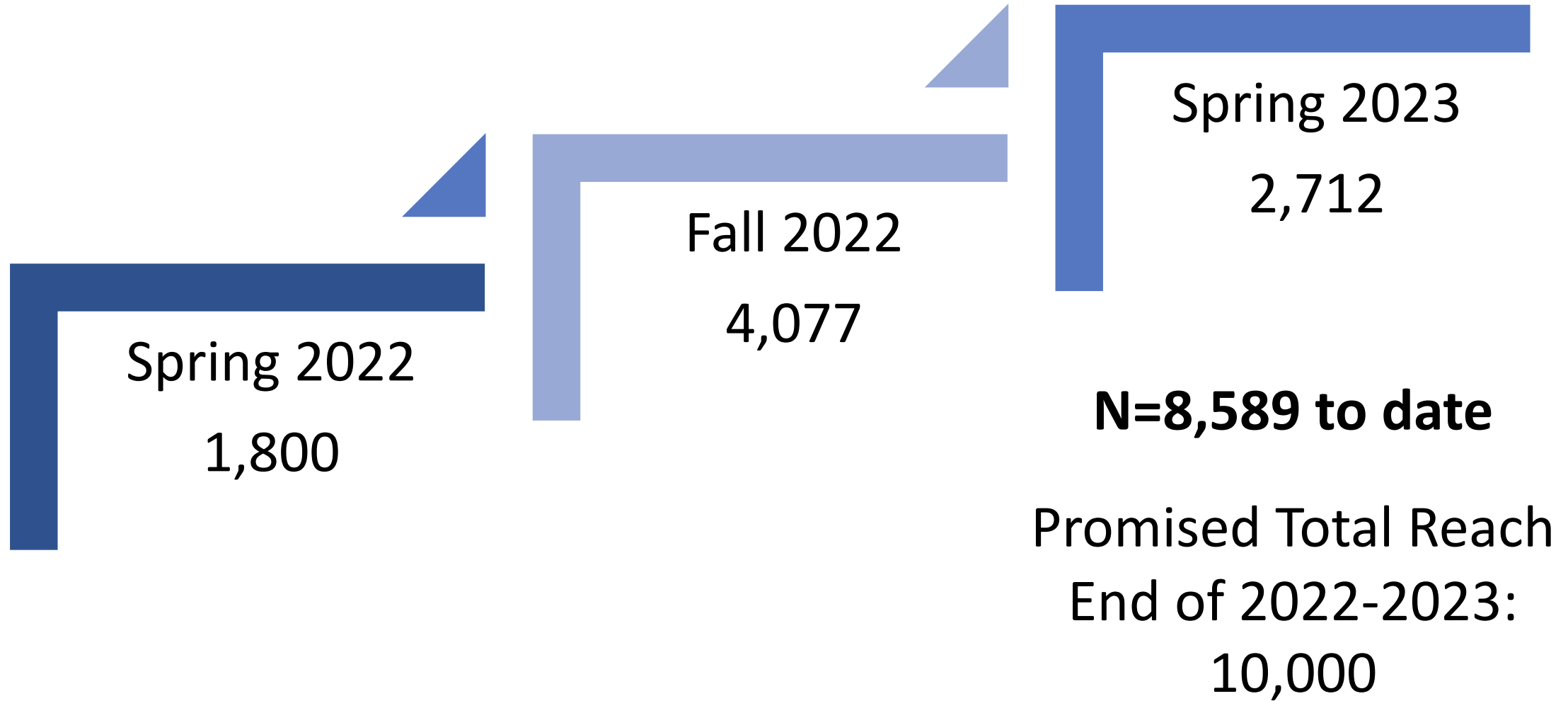
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Schools / Districts Engaged by HRIs



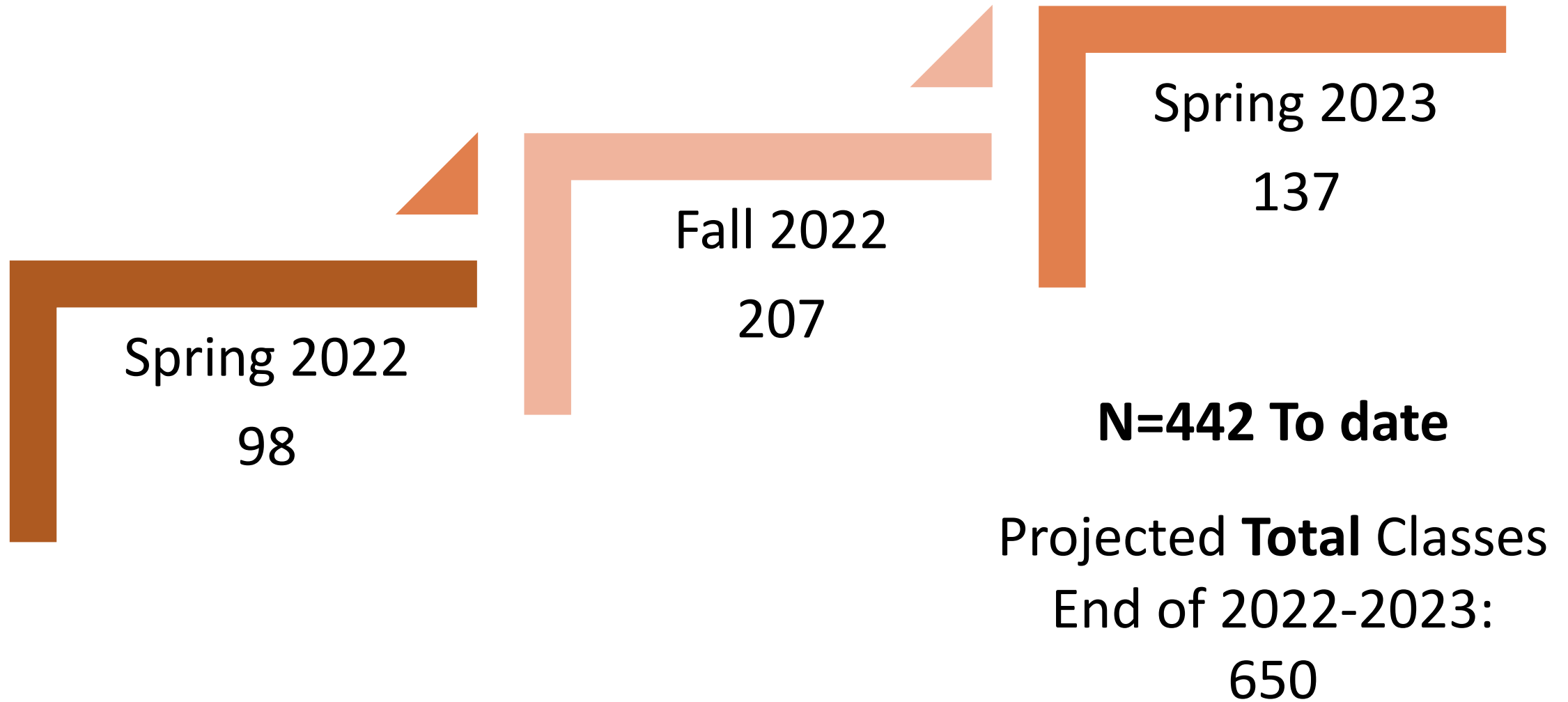
YAM Student Reach



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YAM Student Classes



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YAM Delivery Statewide

Spring 2023

	Students	Classes
UTSW	472	22
UTHSC Tyler	142	8
Dell	683	31
TTUHSC	49	4
UTHSCSA	971	50
UTHSC Houston	94	6
TAMU	63	5
UTMB	238	11
TOTAL	2,712	137

Thru Spring 2023

	Students	Classes
UTSW	3280	192
UTHSC Tyler	771	40
Dell	1368	59
TTUHSC	1219	73
UTHSCSA	1000	52
UTHSC Houston	247	12
TAMU	236	25
UTMB	249	12
TOTAL	8,589	442



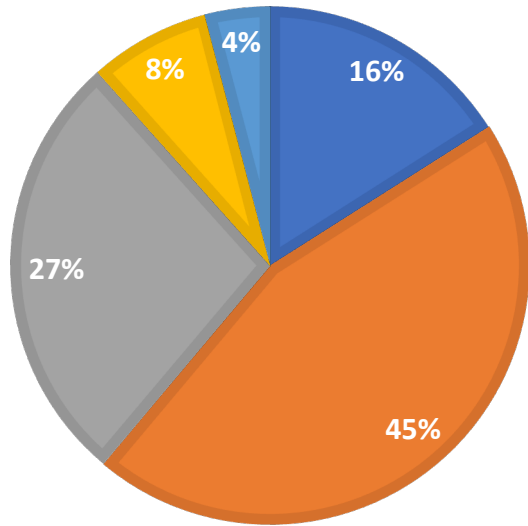
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YAM Students: Pre-Evaluation

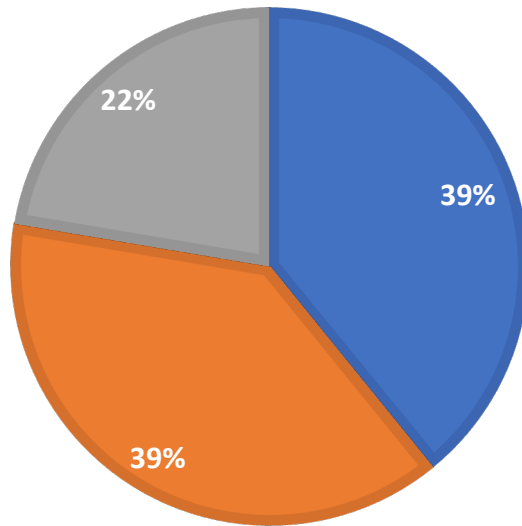
GRADE LEVEL

■ 8th ■ 9th ■ 10th ■ 11th ■ 12th



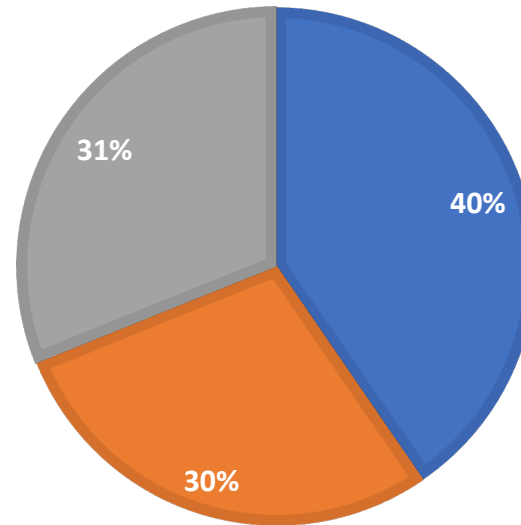
GENDER

■ Female ■ Male ■ Decline to State



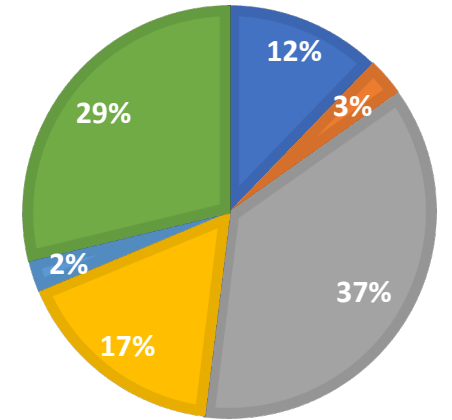
ETHNICITY

■ Hispanic ■ Non-Hispanic ■ Unknown

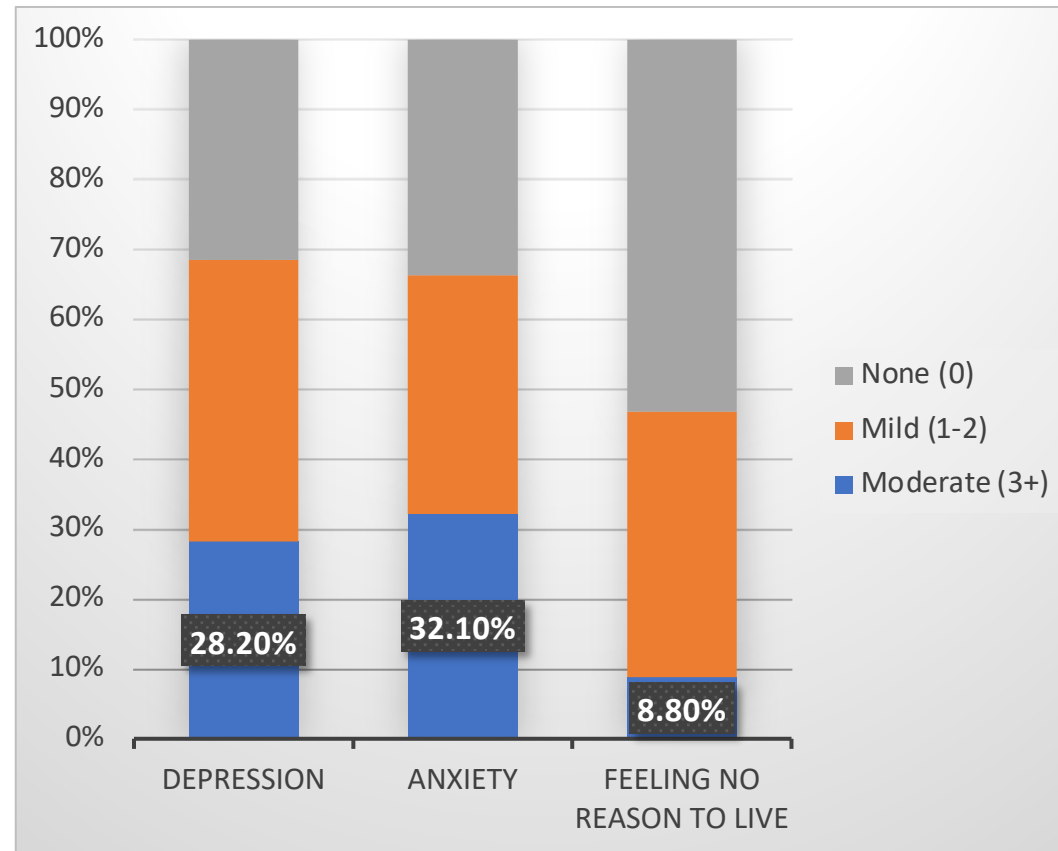


RACE

■ Black ■ Asian
■ Caucasian ■ More Than One Race
■ Other ■ Unknown



Positive Screening for Depression and Anxiety Symptoms



Positive Vs. Negative Depression Screen

	Range	Positive Screen for Depression (n=1749)	Negative Screen for Depression (n=4435)	Significance
Resilience (CD-RISC-10)	0-40 (Higher = more resilient)	21.3 ±7.1	25.6 ±6.8	<.001
Suicidal Risk (CHRT-SR)	0-32 (Higher = more risk)	10.7 ±5.2	4.7 ±4.6	<.001
Family Relationships (PROMIS Family 4-item)	4-20 (Higher = better relations)	13.2 ±4.2	16.5 ±3.6	<.001
Peer Relationships (PROMIS Peer 8-item)	8-40 (Higher = better relations)	25.2 ±7.0	30.0 ±6.6	<.001
Anxiety (GAD-2)	0-6 (Higher = more anxiety)	3.4 ±1.9	1.3 ±1.5	<.001

Social Media

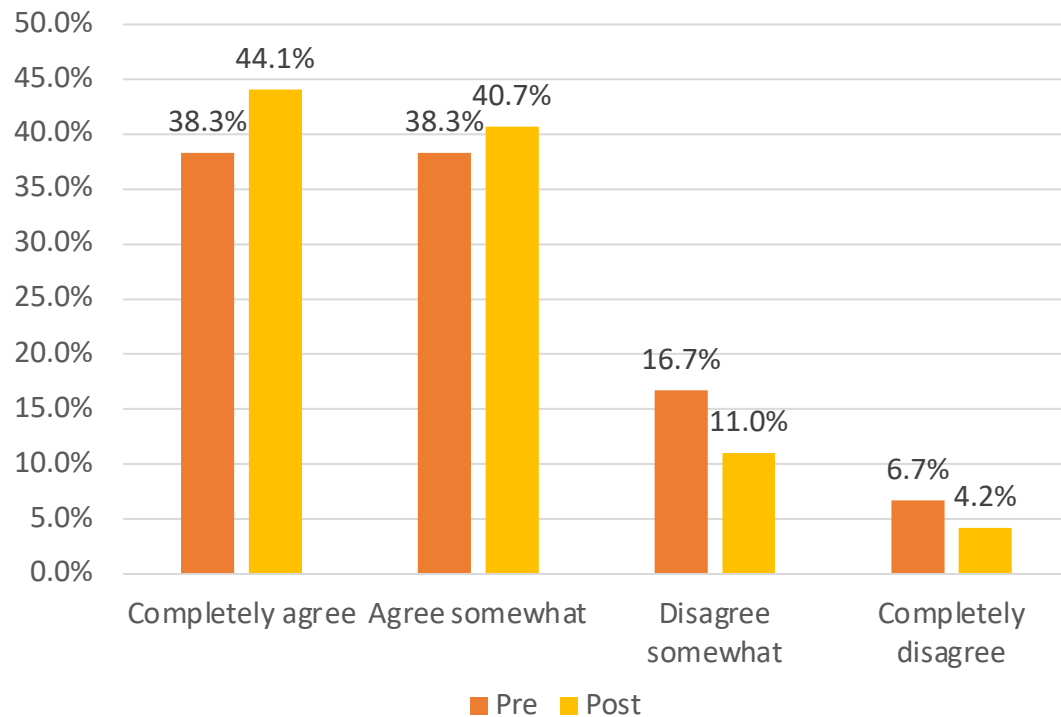
	Total	Positive Screen for Depression (n=1749)	Negative Screen for Depression (n=4435)	Significance
Monday – Friday Usage (per day)				<.001
0-3 hours	50.7%	41.9%	54.2%	
3-5 hours	23.8%	24.7%	23.4%	
>5 hours	14.7%	18.8%	13.0%	
“Constant”	10.8%	14.6%	9.4%	
Saturday – Sunday Usage (per day)				<.001
0-3 hours	35.6%	37.1%	39.0%	
3-5 hours	23.7%	23.1%	23.8%	
>5 hours	22.3%	23.9%	21.7%	
“Constant”	18.4%	25.9%	15.5%	
I feel disconnected from friends when I have not logged onto any social media.*	2.6 ±1.4	2.9 ±1.5	2.4 ±1.4	<.001
Social media plays an important role in my social relationships.*	3.0 ±1.5	3.4 ±1.6	2.9 ±1.5	<.001
I prefer to communicate with others mainly through social media.*	2.9 ±1.5	3.3 ±1.6	2.8 ±1.5	<.001

* Higher scores indicate more agreement with statement.

Mental Health Literacy

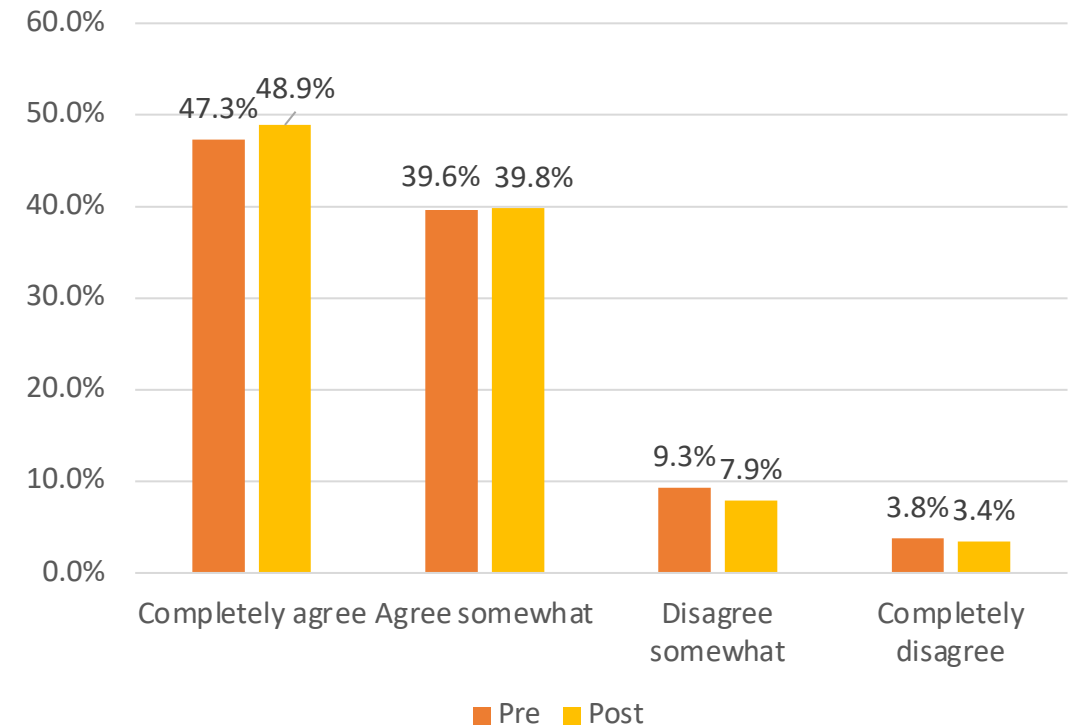
Read each statement and choose how much it applies to you.

I believe I know where to get help if I ever experience mental health problems



p<.001

I know that there are several ways to treat mental health problems



p<.001



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New Funding

- UT Southwestern Medical Center was awarded \$587,400 for a grant entitled, “Texas YAM Training Academy: Developing Youth Advocates for Mental Health” (PI: M. Trivedi)

