

# Child Psychiatry Access Network (CPAN) Continuing Education Series

## TEAMS Broadcast

*Sponsored and Coordinated by The University of Texas at Tyler Health Science Center, CPAN, and the Department of Medical Education.*

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or call in 1-430-205-1142, Conference ID: 138 290 604#

**Monday, November 28, 2022**

**12:00 – 1:00 p.m.**



## Disordered & Intuitive Eating in Youth

Speakers:

**Celeste Smith, LMFT-S, CEDS-S**

Licensed Marriage & Family Therapist - Supervisor  
Certified Eating Disorder Specialist

**Sara Upson, MEd, RD, LD, CEDRD-S**

Certified Eating Disorder Registered Dietitian - Supervisor  
Certified Intuitive Eating Counselor

### OBJECTIVES:

At the end of this presentation, participants should have increased information to describe the five principles of HAES and how they pertain to treating individuals in practice, define what a weight inclusive approach is, and identify why respectful care is important.

*This series is designed for physicians, residents and medical students and is available to other healthcare professionals with an interest in the program being presented.*

The University of Texas at Tyler Health Science Center is accredited by the Texas Medical Association to provide continuing medical education for physicians.

The University of Texas at Tyler Health Science Center designates this live educational activity for a maximum of **1.0 AMA PRA Category 1 credit**™. Participants should only claim credit commensurate with the extent of their participation in the activity.

For more information or to obtain the CME link via email: email us at [CPANinfo@uthct.edu](mailto:CPANinfo@uthct.edu) or call Laura Young, BSN, RN, PHN, Sr. Program Manager at 903-877-8014.