



PeriPAN

Perinatal Psychiatry  
Access Network

# Perinatal Psychiatry Access Network (PeriPAN)

PeriPAN is a new state-funded pilot project available to clinicians in four regions of Texas that are treating new and expectant mothers with mental health concerns. When clinicians have questions about identifying or treating maternal mental health conditions, our regional psychiatry access centers are here to support them.



## How to Enroll

Call  
**1-888-901-2726**  
to get enrolled today.



## Available in Four Texas Regions

Partnering with primary care physicians, family doctors, OB/Gyns, pediatricians, midwives and psychiatrists in four regions.



## PeriPAN Support

Rapid access to mental health support from a multidisciplinary reproductive psychiatry team.

## Why PeriPAN?

- » Maternal mental health conditions are the most common complications of pregnancy and childbirth
  - In Texas, maternal mental health conditions affect more than 1 in 8 pregnant and postpartum women
  - Nearly 50k Texan mothers who gave birth in 2019 had a mental health concern like depression
- » Every Texas county has a shortage of mental health care professionals
- » PeriPAN connects front-line maternal health providers to reproductive psychiatrists to help address maternal mental health concerns
- » Enrolling is quick and easy

## How does PeriPAN work?

- » PeriPAN's goal is to increase your capacity to treat maternal mental health conditions in real-time
- » When you have a mental health question about a patient, call 1-888-901-2726
- » You will speak directly with a mental health clinician to assess and address your question
- » A mental health clinician can assist you with resources and any necessary referrals for your patient
- » If you have a diagnostic or medication question, a reproductive psychiatrist will return your call as quickly as possible or you can schedule a call back at your preferred time
- » PeriPAN is currently funded in four regions across Texas. Work is ongoing to expand PeriPAN statewide

## What can you expect as a participating Provider?

- » Free clinician-to-clinician consultation for maternal mental health conditions
- » FREE CME in maternal mental health
- » Facilitated referral assistance