**Convening of the Texas Child Mental Health Care Consortium (TCMHCC)**

August 29, 2022

10:00 AM – 3:00 PM

The University of Texas System

210 W. 7th Street., Room 2.206

Austin, TX 78701

**Minutes**

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**The Texas Child Mental Health Care Consortium will convene a videoconference meeting pursuant to Texas Government Code Section 551.127 on August 29, 2022, according to the following agenda. The Chairperson will be present, and will preside over the meeting, at the posted location.**

1. **Call to order and roll call**

- Dr. Lakey, presiding officer of the Consortium, called the meeting to order.

- 26 executive members were in attendance. See attached attendance for a full list of attendees.

1. **Review and approve the following item**
2. Minutes from the August 29, 2022, Executive Committee meeting.

**→ Dr. Podawiltz made a motion to approve the minutes. Dr. Tamminga seconded. Minutes were unanimously approved.**

1. **Updates on the following evaluation activities associated with implementation of the TCMHCC. The full Executive Committee may review, receive and/or provide information and/or make recommendations from the items discussed and take appropriate action.**
2. **Program Evaluation - The University of Texas at Austin.**

- Dr. Molly Lopez presented an update from the internal evaluation team.

* + - Discussing ways to strengthen program evaluation to show impact of TCHATT on children and families.
    - Looking for a tool that all HRIs can use to measure public health impact.
    - Internal evaluation team discussing pros and cons of different tools with TCHATT leadership team.
    - Will make a recommendation for a measure at the next executive committee meeting.
    - TCHATT progress in campus enrollment was discussed.
    - New categories for campus enrollment were added.
    - Data will be pulled monthly to be given to the governor’s office.
    - Progression through TCHATT process shown from September 1, 2021 through July 30, 2022.
    - 12,462 referrals received where schools have obtained parental consent for referral.
    - Dr. Martinez asked if reasons for declined enrollment are being captured from schools. Dr. Lopez responded that they are seeing grant funded or other particular programs in place at some schools or the schools feel like their needs are being met.

1. **External Evaluation - The University of Texas Health Science Center Houston - School of Public Health.**

- Dr. Peskin presented a high-level overview and update from the external evaluation team.

* + - CPAN clinic enrollment and reach graph was shown.
    - Trend in the data shows are more CPAN enrolled clinics in non-metropolitan areas.
    - CPAN service delivery chart shown that compares CPAN consult data from 2020-2021 and 2021-2022.
    - During both years, most calls were for referral assistance and medication management consultations.
    - TCHATT school enrollment graph was shown to describe enrolled campuses by geographic reach and reach to vulnerable communities.
    - More TCHATT enrolled campuses were defined as urban compared to campuses across the state.
    - TCHATT referrals reasons graph was shown.
    - Top reasons for referral to TCHATT were appetite/eating, depression, anger/violence/aggression, and attention problems.
    - TCHATT service delivery graph was shown for reasons for terminating services.
    - In most closed TCHATT cases, 57.9% of students had completed all TCHATT sessions and no further treatment was required.
    - 20.1% closed cases were due to the HRI not being able to reach the patient or their parent/guardian.

- Dr. Savas presented a map showing an interactive dashboard of CPAN clinics that have been enrolled.

* + - Dashboard built to help HRIs visualize their reach.
    - Bigger dots have more consults.
    - Shows different characteristics of clinics being reached.
    - Red is very low on the childhood opportunity index. Green is very high.
    - The dashboard also shows medically underserved areas.
    - The external evaluation activities across programs were shown.
    - HRI evaluation packets will be disseminated in September.
      * + Dr. Lakey noted that the dashboard and map note where the clinics are and not where the patients live.
        + Dr. Blader asked if Trayt captures the zip code of the practice or the patient when people call. Dr. Savas responded that there might be privacy issues with representing that data and that it has not been used patient level data.

Dr. Vo questioned if the patient zip code would be needed. Dr. Blader responded that zip code is used for referrals and services are in the patient’s area.

Dr. Williams mentioned that through the direct consult pilot, we will know where families live.

1. **Updates on the following activities associated with implementation of American Rescue Plan Act funded TCMHCC initiatives. The full Executive Committee may review, receive and/or provide information and/or make recommendations from the items discussed and take appropriate action.**
2. **Fiscal Agent - The University of Texas at Austin**

- Joy Hatch presented an update on behalf of Linda Haster.

* + UT Austin and UT System each received signed contracts from THECB last week.
  + UT System and UT Austin contract is in route for signatures.
  + Subaward agreements were distributed from UT Austin to the HRIs and Meadows.
  + Joy presented 2 scenarios for fully executed agreements with a September 19th deadline.
  + Invoicing can begin in September.

1. **Overall administration – The University of Texas System**

- Lashelle Inman gave a verbal update on the overall administration.

* + Site visits have been happening to all of the HRIs.

1. **Perinatal Psychiatry Access Network – Texas Tech University Health Science Center**

**-** Dr. Williams provided an update during her presentation.

* + - Went live on August 18th.
    - Service is available 8AM-5PM Monday through Friday with the 4 pilot sites.
    - PeriPAN Trayt development was shown.
    - Have full coverage at all sites.
    - Focused on enrollment and engagement to communicate what the program is.
* CPAN program dashboard was shown.
  + - Over 8 thousand providers are enrolled across the state.
    - Over 10 thousand patients served.
    - Above the mark with returning calls within 30 minutes with 95% response time.
    - Dr. Williams provided a reminder that providers do not need to enroll in CPAN to get help.
    - Rebuild of Trayt platform was integrated to see what different types of providers have been enrolled.
    - Monthly consult volume was shown.
    - Numbers stabilized over the summer.
    - Expect to be back at highest level of consults in February.
    - About 50% of providers have called CPAN more than once.
    - Dr. Tamminga asked what percentage of practitioners actually use the CPAN service. Dr. Williams responded that she is working with the evaluation team to see these numbers.

1. **Collaborative Care – Meadows Mental Health Policy Institute**

- Melissa Rowan gave an update on behalf of Andy Keller.

* + - Have had conversations with the HRIs.
    - Looking to kick off activities this month.

1. **Substance Use Disorder services – The University of Texas Health Science Center at San Antonio**

- Dr. Blader provided a verbal update on the pilot.

* + - Participating sites are UT Health Science Center in Houston, UT Health Science Center in San Antonio, UT Austin Dell Medical School, Texas Tech University Health Science Center Lubbock, and UT Health Science Center in Tyler.
    - All TCHATT clinicians have completed training for the Screening, Brief Intervention, and Referral to Treatment (SBIRT) model.
    - Logistics were provided by TTUHSC in Lubbock.
    - Reviewed current screening protocol at their last meeting.
      * Dr. Nemeroff suggested a research component on the opioid crisis.
      * Sonja Gaines commented that Health & Human Services has been the recipient of over 300 million dollars through Substance Abuse and Mental Health Services (SAMHSA). She emphasized that she does not want to duplicate efforts with the same services at the same places.

1. **Youth Aware of Mental Health – University of Texas Southwestern**

- Dr. Trivedi presented an update on YAM.

* + YAM is a 5-session interactive mental health promotion program delivered over 3-5 weeks.
  + 73 instructors have been trained.
  + YAM implementation timeline was shown.
  + Have been connecting with schools that have been interested.
  + All of the HRIs now have trained facilitators.
    - Dr. Tamminga inquired if outcome will be measured. Dr. Trivedi responded that there will be 2 aspects of evaluation to include a pre-assessment.

1. **Safe Alternatives for Teens and Youths – Baylor College of Medicine**

- Dr. Williams provided an update during her presentation.

* + - SAFETY-A (formerly known as FISP) update was provided.
    - A project lead was hired.
    - Trains PCPs how to make a safety plan.
    - Evidence based model to use with patient and family.
    - Will be training own teams on SAFETY-A.
    - Lantana update was provided.
    - 26 new lines needed.
    - 22 lines for ARPA.
    - Currently working on ARPA lines contract.

1. **The University of Texas System will, in their role as administrator of the Consortium, provide an update on the TCMHCC budget. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.**

- Lashelle Inman provided a high-level overview.

* + - FY 23 amounts were revised and approved by the LBB since they were beyond the 10% threshold.
    - Working on PIA amendments to reflect those changes.
    - Jonathan Lewis noted that revised budgets for 2024-2025 need to be submitted by this Friday.
    - Dr. Andy Keller asked about the process for the next biennium. Dr. Lakey responded that the team is discussing budgets with each HRI and talking with them about their needs. Dr. Lakey noted to share the numbers with the group at the next meeting to see the differences between the institutions along with the workforce development ideas.
    - Dr. Nemeroff asked if the consortium would coordinate with the brain initiative. Dr. Lakey responded that we need to deliver on what they legislature has asked us to do.
* Dr. Tamminga questioned if we could take some of the TCMHCC projects and make them into adult projects. Lauren Bellomy redirected the meeting back to agenda.
* Jonathan Lewis concluded that FY23 budgets were approved and sent to budget staff.

1. **Information and updates provided by the Baylor College of Medicine in the role of the Centralized Operations Support Hub (COSH) relating to implementation of the COSH, and/or information provided by Health-Related Institutions relating to the Child Psychiatry Access Network (CPAN), the Texas Child Health Access Through Telemedicine (TCHATT), and the Community Psychiatry Workforce Expansion (CPWE). The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.**
2. **COSH**

- Dr. Williams presented an update on the COSH during her presentation.

1. **CPWE**

- Dr. Pliszka presented an update.

* + - Put together data for metrics with internal evaluation team.
    - Reworked the spreadsheets for monthly reports.
    - Want to note clinical FTE. A 1.0 resident is not 1.0 clinical time.
    - Resident response to surveys was low last academic year.
    - Decided to go through the residency training directors
    - Need to include the HRI leads in data collections

1. **CPAN**

-Dr. Williams provided an updated during her presentation.

* **Project ECHO update was provided.** 
  + - * + 1 session in fall and 1 session in spring.
        + 7 sessions starting the week of September 12th.
        + Fall session will be a repeat of last fall's session.
        + Everyone will do the same echo session across hubs.
    - **The ARPA project for direct consultation was discussed.**
      * + Goals is to educate the primary care physician.
        + 5 teams doing the pilot.
        + Went live on August 1st.
        + Trayt build will happen once feedback from pilot received.
        + Goal to get feedback by October.
    - **The ARPA project for the texting pilot was discussed.**
    - Pilot is complete.
    - Small number of participants.
    - Texting worked well.
    - Will move forward with implementing with enrolled providers.

1. **TCHATT**

**-** Dr. Williams provided an updated during her presentation.

* + - * Will start tracking case management beginning mid September through Trayt.
    - Dr. Williams recommended that the HRIs do outreach to clinics to speak with them. Dr. Martin responded that on their last road trip resulted in around 9 school districts wanting to sign up.
    - Luanne Southern invited Dr. Martin to present at the next meeting as her team at Texas Tech University Health Science Center in El Paso did successful outreach to their rural areas within their catchment area.
    - Dr. Wakefield highlighted the importance of engaging with education service centers to open the door to other people in regions.

1. **Data Management and Governance Committee**

* Dr. Pliszka noted that Dr. Molly Lopez covered what outcome measures should be used.
* No further updates at this time.

1. **Presentation from the Youth Depression and Suicide Research Network Hub Lead from the University of Texas Southwestern, and Co-lead from Texas Tech University Health Science Center.**

- Dr. Trivedi provided an update on TX – YDSRN.

* + - 994 participants have provided data at 5 or more visits.
    - Total visits completed = 6,769
    - 5000+ hours completed conducting assessments and scoring/data entry.
    - Data at study entry graphs were shown.
    - Majority of the population served is female.
    - Dr. Wakefield added that they are not duplicating services but teaching clinicians how to use measurement-based care instead.
    - Dr. Martin shared that they will start looking at baseline data.

1. **If necessary, closed session for consultation with attorney regarding legal matters, related to posted items, pursuant to Section 551.071 of the Texas Government Code.**

1. **Adjournment**

Next meeting September 20, 2022, 10:00 a.m.- 3:00 p.m.

**Attendance List**

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| # | Institution/ Organization | Executive Committee Member | Attended? |
| 1 | Baylor College of Medicine | Wayne Goodman, MD | N |
| 2 | Baylor College of Medicine | Laurel Williams, DO | Y |
| 3 | Texas A&M University System Health Science Center | Israel Liberzon, MD | Y |
| 4 | Texas A&M University System Health Science Center | R. Andrew Harper, MD | Y |
| 5 | Texas Tech University Health Sciences Center | Sarah Wakefield, MD | Y |
| 6 | Texas Tech University Health Sciences Center | Tarrah Mitchell, MD | Y |
| 7 | Texas Tech University Health Sciences Center at El Paso | Peter Thompson, MD | N |
| 8 | Texas Tech University Health Sciences Center at El Paso | Sarah Martin, MD | Y |
| 9 | University of North Texas Health Science Center | Alan Podawiltz, DO, MS | Y |
| 10 | University of North Texas Health Science Center | David Farmer, PhD, LPC, LMFT, FNAP | Y |
| 11 | Dell Medical School at The University of Texas at Austin | Charles B Nemeroff, MD, PhD | N |
| 12 | Dell Medical School at The University of Texas at Austin | Jeffrey Newport, MD, MS, MDiv | Y |
| 13 | The University of Texas M.D. Anderson Cancer Center | Daniel Tan, MD | N |
| 14 | The University of Texas M.D. Anderson Cancer Center | Rhonda Robert, PhD | N |
| 15 | The University of Texas Medical Branch at Galveston | Karen Wagner, MD, PhD | Y |
| 16 | The University of Texas Medical Branch at Galveston | Alexander Vo, PhD | Y |
| 17 | The University of Texas Health Science Center at Houston | Jair Soares, MD, PhD | N |
| 18 | The University of Texas Health Science Center at Houston | Taiwo Babatope, MD, MPH, MBA, ABPN | Y |
| 19 | The University of Texas Health Science Center at San Antonio | Steven Pliszka, MD | Y |
| 20 | The University of Texas Health Science Center at San Antonio | Joseph Blader, PhD | Y |
| 21 | The University of Texas Rio Grande Valley School of Medicine | Diana Chapa, MD | N |
| 22 | The University of Texas Rio Grande Valley School of Medicine | Michael Patriarca, MBA | N |
| 23 | The University of Texas Health Science Center at Tyler | Beverly Bryant, MD | N |
| 24 | The University of Texas Health Science Center at Tyler | Brittney Nichols, MBA, LPC-S | Y |
| 25 | The University of Texas Southwestern Medical Center | Carol Tamminga, MD | Y |
| 26 | The University of Texas Southwestern Medical Center | Hicham Ibrahim, MD | Y |
| 27 | Health and Human Services Commission - mental health care services | Sonja Gaines, MBA | Y |
| 28 | Health and Human Services Commission - mental health facilities | Scott Schalchlin | Y |
| 29 | Texas Higher Education Coordinating Board | Elizabeth Meyer | Y |
| 30 | Hospital System | Danielle Wesley | Y |
| 31 | Non-profit - Meadows Policy Institute | Andy Keller, PhD | Y |
| 32 | Non-profit - Hogg Foundation | Octavio Martinez, Jr., MPH, MD | Y |
| 33 | Non-profit - Texas Mental Health Counsel | Danette Castle | Y |
| 34 | Administrative Contract – University of Texas System | David Lakey, MD | Y |
| 35 | Other – Hospital System Representative | James Alan Bourgeois, OD, MD | Y |