

Convening of the Texas Child Mental Health Care Consortium (TCMHCC)

October 25, 2022

10:00 AM – 3:00 PM

The University of Texas System
210 W. 7th Street., 2nd Floor Board Room
Austin, TX 78701

Minutes

The Texas Child Mental Health Care Consortium (TCMHCC) will convene a videoconference meeting pursuant to Texas Government Code Section 551.127 on October 25, 2022, according to the following agenda. The Chairperson will be present, and will preside over the meeting, at the posted location.

I. Call to order and roll call

- Dr. Lakey, presiding officer of the Consortium, called the meeting to order.
- 26 executive committee members were in attendance. See attendance for full report.

II. Review and approve the following item

- a. Minutes from the September 20, 2022, Executive Committee meeting.

→ Dr. Podawiltz made a motion to approve the minutes. Dr. Ibrahim seconded. Minutes were unanimously approved.

III. Updates on the following activities associated with implementation of the TCMHCC. The full Executive Committee may review, receive and/or provide information and/or make recommendations from the items discussed and take appropriate action.

a. TCMHCC Child Psychiatry Access Network and Perinatal Psychiatry Access Network communications, outreach, and engagement by The University of Texas at Austin

- Laura Cruzada-Davis provided an update.

- CPAN video is complete with messaging that works best with providers.
- The social media strategy for November will include testimonials of how providers have benefitted from CPAN.
- CHC will be providing social media training to CPAN coordinators and the Community of Practice.
- CHC will be providing assistance to all of the HRIs for consistent content with their newsletters.
- CHC will be working on PeriPAN outreach planning.

b. TCMHCC communications - University of Texas System

- Laura Cruzada-Davis provided an update.

- Still receiving media requests about TCHAT, CPAN, and the Consortium.
- 2 major stories were published since September's executive committee meeting.
- NPR story received over 600,000 in reach of people that saw the story.
- Some media requests are referred out to the Consortium's partners.
- A quote from the KUTX story was shared regarding TCHAT.

- Communications team is starting an initiative called the Community of Practice for the Consortium's communications efforts to help create consistent branding and outreach across all HRIs.
- Continuing the digital ad partnership with Texas Pediatric Society to send out monthly newsletters to under 5,000 pediatricians. Newsletters have a 57% open rate.
- UT System external relations team will assist with social media planning for the Consortium to maintain a presence with mental health policy relevancy.

c. Program Evaluation - The University of Texas at Austin

- Dr. Molly Lopez provided a verbal update from the internal evaluation team.
- The internal evaluation team has been working to clean-up fiscal year 2022 data with all HRIs.
- Their team is also focusing their efforts on year-end evaluation to make sure they have all metrics covered.
- Will assist UT System team with the legislative report.

d. External Evaluation - The University of Texas Health Science Center Houston - School of Public Health

- Dr. Savas provided an update for the external evaluation team.
- Their team's focus includes analyzing data from the Trayt database for CPAN & TCHAT for their annual report.
- Finalizing CPAN survey data from 75 physicians. Response rate was not as good as last years responses.
- TCHAT school surveys had 161 responses from staff at the school level.
- Surveys focus on barriers to implementation that will be included in the report.
- CPWE interviews had 11 respondents including 6 residents and 5 fellows across 10 of the HRIs. 2 of the HRIs did not have training in place at the time of the interview.
- Cost data surveys have been completed with 78 responses.
- Finalizing cost analysis with health economist lead, Dr. David Lairson, to confirm the data received matches the activities.
- Their team continues to work on TCHAT and CPAN dashboards that will help provide monthly updates.
- TCHAT dashboard has the childhood opportunity index that shows 29 indicators involving children's environmental health, socioeconomic factors, and education collected at the neighborhood level.
- TCHAT mapping dashboard was shown. The dashboard will be a user-friendly way to help keep those implementing the programs up-to-date on their progress.
- Dots on the map shows details including the HRI, address, MOU's in place, etc.
- Dr. Pliszka wanted information around the non-use status for clinics. Dr. Savas responded that non-use when a clinic is enrolled in CPAN, they know about the program, but the clinic has not made any calls.
- Dr. Vo asked when there will be a full report to review. Dr. Savas responded they are hoping to have a report in December.

IV. Updates on the following activities associated with implementation of American Rescue Plan Act funded TCMHCC initiatives. The full Executive Committee may review, receive and/or provide information and/or make recommendations from the items discussed and take appropriate action.

a. Fiscal Agent - The University of Texas at Austin

- Linda Haster presented an update.

- Subaward agreements have been negotiated. HRIs can begin implementing programs with ARPA funds.
- 7 sub-award agreements have been signed.
- 4 sub-award agreements are in negotiation.
- Started to receive invoicing from those who had executed agreements.
- A quarterly report ending on 9/30/2022 will be submitted by 10/31/2022 to the Texas Higher Education Coordinating Board.

b. Overall administration – The University of Texas System

- Lashelle Inman provided an update on the overall administration.

- Gathering information for the LBB report.
- The process to submit monthly status reports will be changing. Monae Thomas will be the main point of contact and will begin gathering all monthly status reports including reports for the internal evaluation team.
- The team has completed most of the site visits to the HRIs.
- In December the team will be compiling information learned from all of the site visits to determine a plan to address issues and encourage best practices.

- Jonathan Lewis provided an update on contracts and financial activities.

- All teams have received amendments to their PIA amendments.
- Received PIA amendments have been forwarded for signature at the UT System.

- Dr. Lakey mentioned that in preparation for the next legislative session, the team has been in discussions with legislative staff to address the needs of the Consortium to meet the new goals set forth by legislature since the summer.

- Luanne Southern mentioned that other states are reaching out to see how TCHAT is implemented in Texas along with how it links to CPAN.

c. Perinatal Psychiatry Access Network – Texas Tech University Health Science Center

- Dr. Wakefield gave an update on the PeriPAN pilot.

- All 4 pilot sites are staffed Monday through Friday to take calls.
- Focus is enrollment and engagement throughout the pilot regions.
- Meeting regularly to discuss engagement strategies.
- Most HRIs have exceeded their goals set by COSH to engage obstetricians in their regions.
- Trayt is working on the dashboard data capture. Specific metrics for PeriPAN will be discussed in the future.

d. Collaborative Care – Meadows Mental Health Policy Institute

- Dr. Hani Talebi presented an update on Collaborative Care.

- Metrics include populations of children initially reached and health systems committed.
- 42% of children populations have been initially reached
- 7 out of 9 health systems have committed
- Accomplishments were shared to include developing sample job descriptions for the behavioral health care manager and psychiatric consultant roles. HRIs can modify for their institution.
- Meadows outlined roles and responsibilities between themselves, the HRI and the participating health system.
- Meadows is looking at pediatric best practices and templates for reporting.
- Some HRIs have already posted the behavioral health care manager job descriptions.
- Looking to recruit additional health systems with the HRIs

e. Substance Use Disorder services – The University of Texas Health Science Center at San Antonio

- Dr. Blader provided a verbal update.

- 2 out of 4 sites are accepting referrals and accepting patients
- Goal for all sites to be operational in next couple of months
- Want to be in full compliance with confidentiality provisions to offer services in recovery and alternative high schools

f. Youth Aware of Mental Health – The University of Texas Southwestern Medical Center

- Dr. Trivedi provided an update on YAM.

- Teams are participating in intense 5-day training sessions.
- 125 instructors are currently trained
- A list of schools and districts engaged by HRIs were shown
- By end of November, expect to reach 5,000 students
- By end of November, expect to be in around 300 classes
- Depression data measures were shown
- Prior to YAM implementation, 25.8% of students scored ≥ 3 on PHQ-2
- Anxiety data measures were shown
- Prior to YAM implementation, 26.4% of students scored ≥ 3 on GAD-2

- Dr. Trivedi invited Reena Pardiwala and Dr. Rojas-McWhinney to comment on YAM implementation.

- Reena Pardiwala, clinical director for TCHAT at UT Health San Antonio, discussed how valuable YAM is to students and how schools have been receptive of the program.

- Dr. Rojas-McWhinney commented that YAM curriculum is helpful since it can be implemented with 8th grade students as some school districts have requested programming for younger students.

g. Safe Alternatives for Teens and Youths – Baylor College of Medicine

- No update provided at this time

V. Information and updates provided by the Baylor College of Medicine in the role of the Centralized Operations Support Hub (COSH) relating to implementation of the COSH, and/or information provided by Health-Related Institutions relating to the Child Psychiatry Access Network (CPAN), the Texas Child Health Access Through Telemedicine (TCHAT), the Child Psychiatry Workforce Expansion (CPWE), the Child and Adolescent Psychiatry Fellowships (CAP) and the Data Management and Governance Committee. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.

a. COSH

- see CPAN and TCHAT sections

b. CPWE

- Dr. Pliszka provided a verbal update that he continues to work with David Lynch with the internal evaluation team to ensure metrics are accurate and will start surveying residents soon.

c. CPAN

-Dr. Williams provided an update during the COSH presentation

- A call process with Lantana was proposed and presented
 - Want to get rid of the voicemail option during the day and have the voicemail play after operating hours instead
 - If the HRI does not answer the phone within 5 minutes, the call moves to the next HRI until the call is picked up
 - Instead of a ringtone, the caller will hear a standard CPAN message
 - New metric would be the average wait time the user is waiting for their call to be picked up
- Dr. Pliszka made a motion to approve the proposed call process for CPAN. Dr. Podawiltz seconded. Motion unanimously approved.
- **ARPA initiatives**
 - CPAN texting option launch is October 31st
 - Direct Consult pilot will end in November
 - Dr. Danielle Wesley inquired if direct consultation is an option or mandate for the HRIs. Dr. Lakey responded that it is not a mandate right now.
 - Dr. Vo asked if the HRIs can draw claims once they are able to see patients and if the PCP sites will be able to request a facility fee claim to help incentivize the project. Dr. Lakey responded that the ask is to expand the project and we need to examine feasibility for the claims. Dr. Williams added that this project is not planned to be done at the pediatrician's office.
 - CPAN dashboard was shown

d. TCHAT

- Dr. Williams provided an update during the COSH presentation
 - 1,346 open referrals from August through September 2022. Open referrals are when a school has referred a student for TCHAT but the TCHAT team has not been able to reach the family for consent.
 - Unique enrolled students were 310 for August and 1161 for September

e. Data Management and Governance Committee

- Dr. Pliszka provided an update during the COSH presentation.
 - The data management and governance committee wanted to see how often certain rating scales were done at baseline and follow-up to plan a preliminary analysis of data on TCHAT outcomes.
 - The PHQ-A and SCARED (child and parent versions) were used most often at baseline
 - Goal to look at change over time
 - Data analysis will be presented by a Trayt statistician at the next data management and governance committee meeting

VI. If necessary, closed session for consultation with attorney regarding legal matters, related to posted items, pursuant to Section 551.071 of the Texas Government Code.

VII. Adjournment

Next meeting November 14, 2022, 10:00 AM – 3:00 PM

- The November meeting will be cancelled. The next meeting will resume in December.

Attendance List

#	Institution/ Organization	Executive Committee Member	Attended?
1	Baylor College of Medicine	Wayne Goodman, MD	N
2	Baylor College of Medicine	Laurel Williams, DO	Y
3	Texas A&M University System Health Science Center	Israel Liberzon, MD	Y
4	Texas A&M University System Health Science Center	R. Andrew Harper, MD	N
5	Texas Tech University Health Sciences Center	Sarah Wakefield, MD	Y
6	Texas Tech University Health Sciences Center	Tarrah Mitchell, MD	Y
7	Texas Tech University Health Sciences Center at El Paso	Peter Thompson, MD	N
8	Texas Tech University Health Sciences Center at El Paso	Sarah Martin, MD	Y
9	University of North Texas Health Science Center	Alan Podawiltz, DO, MS	Y
10	University of North Texas Health Science Center	David Farmer, PhD, LPC, LMFT, FNAP	Y
11	Dell Medical School at The University of Texas at Austin	Charles B Nemeroff, MD, PhD	Y
12	Dell Medical School at The University of Texas at Austin	Jeffrey Newport, MD, MS, MDiv	Y
13	The University of Texas M.D. Anderson Cancer Center	Daniel Tan, MD	N
14	The University of Texas M.D. Anderson Cancer Center	Rhonda Robert, PhD	N
15	The University of Texas Medical Branch at Galveston	Karen Wagner, MD, PhD	Y
16	The University of Texas Medical Branch at Galveston	Alexander Vo, PhD	Y
17	The University of Texas Health Science Center at Houston	Jair Soares, MD, PhD	Y
18	The University of Texas Health Science Center at Houston	Taiwo Babatope, MD, MPH, MBA, ABPN	Y
19	The University of Texas Health Science Center at San Antonio	Steven Pliszka, MD	Y
20	The University of Texas Health Science Center at San Antonio	Joseph Blader, PhD	Y
21	The University of Texas Rio Grande Valley School of Medicine	Diana Chapa, MD	Y
22	The University of Texas Rio Grande Valley School of Medicine	Michael Patriarca, MBA	Y
23	The University of Texas Health Science Center at Tyler	Tiya Johnson, MD	Y
24	The University of Texas Health Science Center at Tyler	Brittney Nichols, MBA, LPC-S	Y

25	The University of Texas Southwestern Medical Center	Carol Tamminga, MD	Y
26	The University of Texas Southwestern Medical Center	Hicham Ibrahim, MD	Y
27	Health and Human Services Commission - mental health care services	Sonja Gaines, MBA	Y
28	Health and Human Services Commission - mental health facilities	Scott Schalchlin	Y
29	Texas Higher Education Coordinating Board	Elizabeth Mayer	N
30	Hospital System	Danielle Wesley	Y
31	Non-profit - Meadows Policy Institute	Andy Keller, PhD	N
32	Non-profit - Hogg Foundation	Octavio Martinez, Jr., MPH, MD	N
33	Non-profit - Texas Mental Health Counsel	Danette Castle	Y
34	Administrative Contract – University of Texas System	David Lakey, MD	Y
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