



tcmhcc

Texas Child Mental Health Care Consortium



— Summary Report —
2020 - 2021 Biennium

The Texas Child Mental Health Care Consortium

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Improving mental health care and systems of care for the children and adolescents of Texas.

In 2019, the 86th Texas Legislature created the Texas Child Mental Health Care Consortium (TCMHCC) to leverage the expertise and capacity of twelve Health-Related Institutions (HRIs) of higher education to address urgent mental health challenges and improve the mental health care system for children and adolescents. The TCMHCC is a unique opportunity to implement evidence-based programs across the state and to enhance collaboration among the state's HRIs, state agencies, schools, non-profits and other partners. Building on the ability and success of existing programs at these institutions, new programs have been developed and existing programs expanded in collaboration with school districts and community mental health providers. TCMHCC also addresses the shortage of child and adolescent psychiatrists by providing additional training opportunities and fellowship programs. In addition, the TCMHCC has two state-wide research networks designed to improve the delivery of child and adolescent mental health services. For additional background and context on the TCMHCC, please visit <https://tcmhcc.utsystem.edu>.

TCMHCC INITIATIVES

Child Psychiatry Access Network (CPAN) — A network of child psychiatry access centers based at the HRIs that provide child and adolescent behavioral health consultation services and training opportunities for pediatricians and Primary Care Providers (PCP).

Texas Child Health Access Through Telemedicine (TCHAT) — Telemedicine programs using HRIs to support local independent school districts (ISDs) to assist schools in identifying and assessing the behavioral health needs of children and adolescents, and providing access to mental health services.

Community Psychiatry Workforce Expansion (CPWE) — Full-time psychiatrists funded to serve as academic medical directors at facilities operated by community mental health providers, with new psychiatric resident rotation positions established at these facilities.

Child and Adolescent Psychiatry Fellowships (CAP Fellowships) — A program that expands both the number of child and adolescent psychiatry fellowship positions in Texas, and the number of these training programs at Texas HRIs.

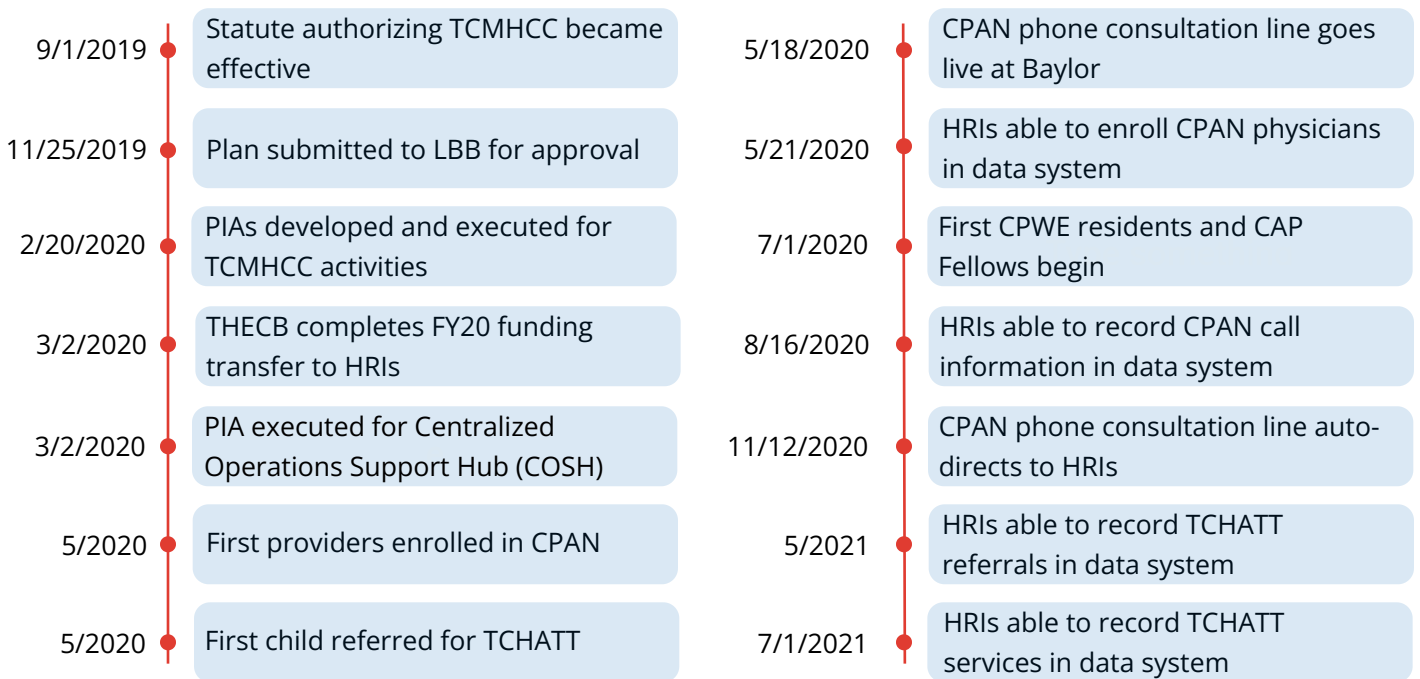
Research — Programs to promote and coordinate mental health research across state university systems in accordance with the statewide behavioral health strategic plan developed by the Texas Health and Human Services Commission (HHSC). This work is comprised of two statewide research networks, each focused on a specific topic area pertinent to advancing the delivery of child and adolescent mental health services. The networks are the Youth Depression and Suicide Research Network and the Childhood Trauma Research Network.

OVERVIEW OF THE REPORT

During the first fiscal year of the 2020-2021 Biennium, the TCMHCC structure was created, including the establishment of governance, administrative oversight and centralized operations support functions. The TCMHCC Executive Committee established key metrics for each initiative and submitted these to the Legislative Budget Board within its initial implementation plan. Despite some unforeseen setbacks due to COVID-19, planning and implementation activities continued and HRI operation of the initiatives began.

The second year of the biennium saw significant growth in each of the initiatives. Additionally, the Consortium established and refined the data systems used to track program metrics and outcomes. Key developmental milestones are highlighted in the timeline below and provide context for the data metrics presented in the report. This report will document the initial performance metrics for the 2021 Fiscal Year and serve as a baseline for continued growth and advancement. The report also serves as an executive summary of the 2020-2021 Biennium internal evaluation.

TCMHCC TIMELINE FOR SERVICES AND DATA SYSTEMS



The two primary initiatives, CPAN and TCHAT, have the most developed program data to review, followed by selected information from CPWE. Due to the nature and timing of the Child and Adolescent Psychiatry Fellowship program, initial evaluation data are not available in this report.

Summary program information is presented for State Fiscal Year 2021, listed by initiative:

CPAN (Child Psychiatry Access Network).....	4
TCHAT (Texas Child Health Access Through Telemedicine).....	6
CPWE (Community Psychiatry Workforce Expansion).....	8

CPAN provides Primary Care Providers (PCPs, i.e., nurse practitioners, family physicians, pediatricians, physician assistants, etc.) with access to consultation and training at no cost from child and adolescent psychiatrists who work at participating HRIs. One of CPAN's primary goals is to enhance PCPs' capacity to care for children and adolescents with specific mental health needs and to support referral to specialty care when indicated.

PROGRAM METRICS



4,854

Physicians

Number of Primary Care Providers Enrolled in CPAN

6,491

All Providers



99%

Percent of Phone Calls Answered within 5 Minutes (February - July, 2021)



3,891

Number of CPAN Consultation Calls



19%

Percentage of Enrolled PCPs Using Consultation at Least Once



99%

Percentage of PCPs Reporting Satisfaction with CPAN Consult

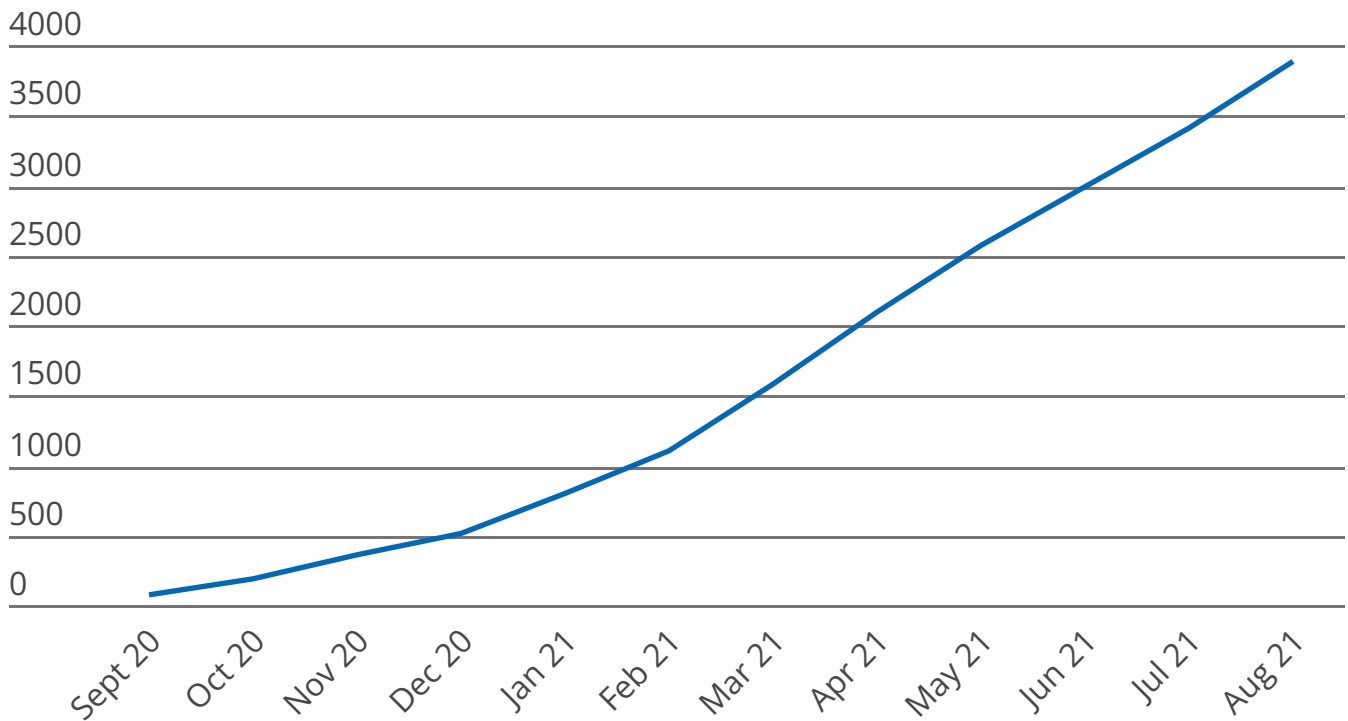


75%

Percentage of PCPs Reporting Comfort with Managing Care After Consult

Note: All metrics represent data for SFY 2021 or enrollment as of August 31, 2021, unless otherwise noted.

CUMULATIVE NUMBER OF CPAN CONSULTATION CALLS



MESSAGES FROM CPAN ENROLLEES



Appreciate the service very much. This is a huge savings of resources and allows me to meet the needs of my patients in their medical home!

*The new phone system coverage has been excellent, as it allows [us] to speak directly and very fast with the psychiatrist on call, statewide!
Great idea!*

This is exactly the help small, rural communities need to help with the mental health of our children.

CPAN is a great avenue for assisting healthcare providers for any support needed with mental and behavioral disorders with patients that come to our clinic. It is very reassuring to know that there is help with psychiatrists, psychologists and other healthcare professionals to ensure the coordinated care and address the medical needs of the patient.



TCHATT provides public schools with telehealth programs that include mental health assessments for students, along with short-term, psychiatric medication management and/or counseling services, and support for referral access when care transition is needed. After obtaining parental consent, school staff can refer students for mental health concerns and families can access services through a convenient telehealth platform. The initiative aims to increase access to school-based mental health services across the diverse regions of Texas, including areas with mental health workforce shortages.

PROGRAM METRICS



218

Districts

Number of School Districts and Campuses Enrolled in TCHATT

2,311

Campuses



1,746,322

Students

Number of Students Able to Access TCHATT Care (Covered Lives)



5,702

Number of Students Served in TCHATT



13,041

Number of TCHATT Encounters

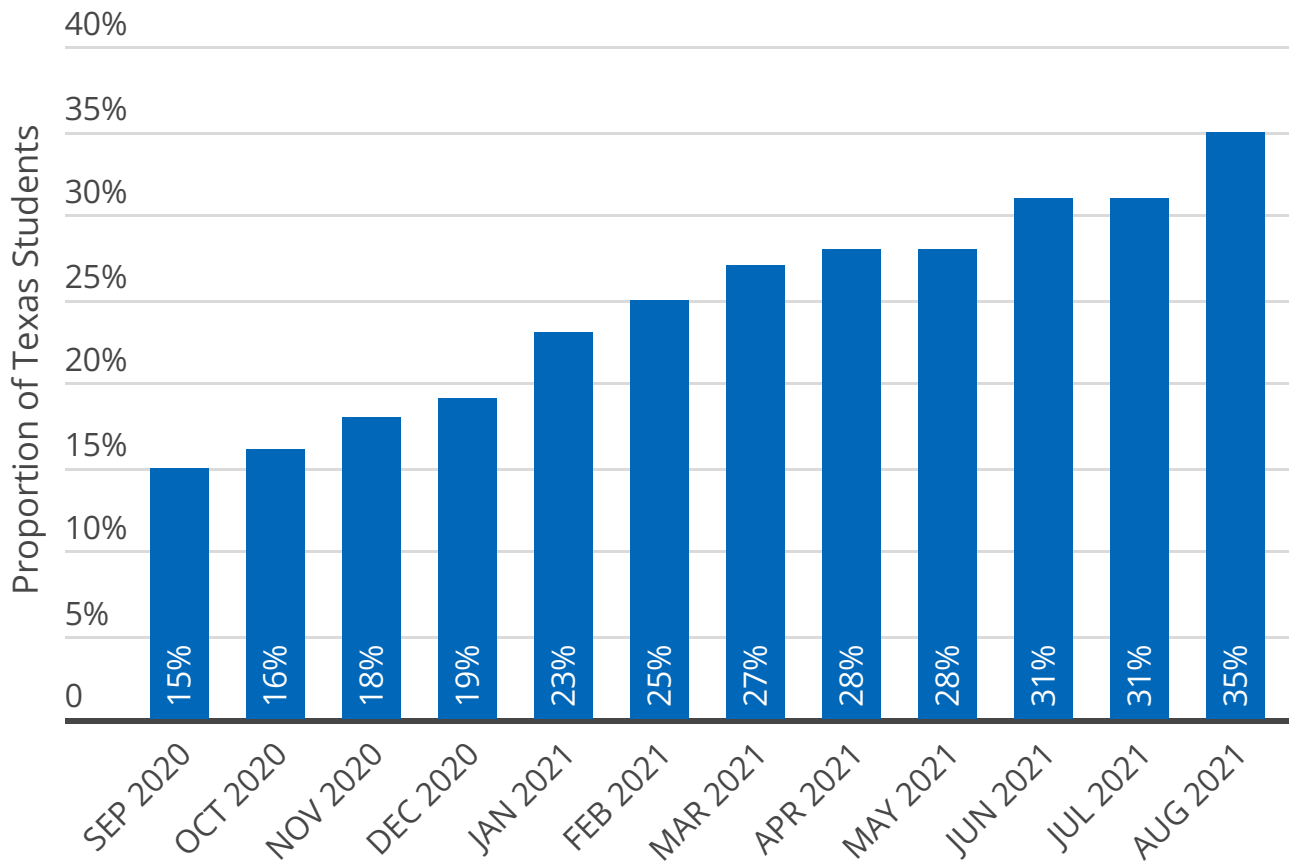


2,063

Number of Students Referred for Ongoing Services Following TCHATT

Note: All metrics represent data for SFY 2021 or enrollment as of August 31, 2021.

PERCENTAGE OF ALL TEXAS STUDENTS COVERED THROUGH TCHAT BY MONTH



MESSAGES FROM FAMILIES IN TCHAT



I enjoyed the service; glad the program was created for families that need help. Wouldn't have made it without the TCHAT team

Absolutely pleased with the TCHAT service. You guys have been a blessing to children and families during such a difficult time. Wonderful experience. [Therapist] was incredibly patient, warm, sweet, flexible, accommodating, and knowledgeable.

My grandson really enjoyed the time with the counselor. He really opened up to her.

Keep helping people get better.



CPWE provides funding to support the training and experience of residents within community mental health organizations, primarily Local Mental Health Authorities. CPWE involves the establishment of training rotations and dedicated time from an academic medical director to support residents' training in these locations. Individuals supported under this initiative provide psychiatric services to children, adolescents, and adults served within community mental health organizations.

CPWE metrics may change, as some data is being validated.

PROGRAM METRICS



8.9

Academic
Medical Director

Number of Faculty and Residents Assigned

15.7

Psychiatry
Residents



2,824

Individuals Served

Number of Unique Individuals Served



7,115

Visits

Number of Unique Service Visits



82%

Children

Proportion of Individuals Served
Who are Children

Note: All metrics represent data for SFY 2021. CPWE metrics may under-represent program accomplishments, as data were not available at all HRIs.

**Community
Agencies with
HRI Partnerships**

- The Harris Center for MH & IDD
- StarCare Specialty Health
- El Paso Child Guidance Center
- Aliviane, Inc.
- Gulf Bend Center
- Andrews Center
- Metrocare Services
- Emergence Health Network
- JPS Healthcare
- Texana Center
- Center for Healthcare Services
- Hill Country MH & IDD
- Gulf Coast Center