

Pediatric Mental Health Series for Central Texas Primary Care Physicians: Kids, Families, & Healthy Sleep

Presented by Claire Selinger, M.D.

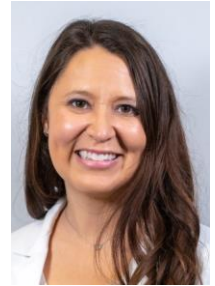
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Join us for this opportunity to learn more about the **Child Psychiatry Access Network (CPAN)** and how it can help you.

CME Information

By the end of this presentation, the audience participant should be able to:

1. Discuss principles of sleep hygiene & troubleshooting issues
2. Describe parent management techniques as they pertain to helping children sleep better
3. Review appropriate use of sleep aids in children and adolescents if non-pharmacological interventions have failed

Target Audience: Pediatricians, Nurse Practitioners, Physician Assistants, Nurses, Medical Assistants

This activity has been designed to promote some of the following desired physician attributes and competencies:

ACGME: Patient Care; Medical Knowledge; Interpersonal and Communication Skills; Systems-Based Practice

IOM: Use Evidence-Based Practice; Patient-Centered Care; Work w/Interdisciplinary Teams

IECC: Interprofessional Communication; Roles and Responsibilities

CPAN is a **FREE network** that provides behavioral health consultations to pediatric primary care providers. Follow [this link](#) or scan the QR code to register for CPAN.



The University of Texas at Austin
Dell Medical School



Thursday
May 13, 2021
12:30 – 1:30pm

Virtual Meeting. Register:

<https://attendee.gotowebinar.com/register/8524191907116912395>



Speaker's Disclosure

Dr. Claire Selinger, Dr. Sasha Jaquez, and Dr. Sara Gill, speakers for this educational activity, has no relevant financial relationship(s) with ineligible companies to disclose.

Planners' Disclosure

Roshni Koli, MD; Hani Talebi, PhD; Cathy Stacy, PhD; Brittany Hopkins, LMSW; Emily Wade, MEd; Puja Patel, PhD; Nithya Mani, MD, planners of this educational activity, have no relevant financial relationship(s) with ineligible companies to disclose.

The University of Texas at Austin Dell Medical School is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Texas at Austin Dell Medical School designates this internet live course for a maximum of 1.00 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

QUESTIONS

Contact Dell Med CPAN Project
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