## Convening of the Texas Child Mental Health Care Consortium (TCMHCC)

March 8, 2021 10:00 AM – 1:00 PM Minutes

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#### I. Call to order and roll call.

- Dr. Lakey, presiding officer of the Consortium, called the meeting to order.
- 29 Executive members were in attendance. See attached attendance for a full list of attendees.
- II. Review and approve the following item:
  - a. Minutes from February 8, 2021, 2021 Executive Committee meeting
    - → Dr. Podawiltz moved to approve minutes. Dr. Tamminga seconded. Minutes were unanimously approved.
- III. Updates on the following activities associated with implementation of the TCMHCC. The full Executive Committee may review, receive and/or provide information and/or make recommendations from the items discussed and take appropriate action.
  - a. Update on 87<sup>th</sup> Texas Legislative session items pertinent to children's mental health, the TCMHCC and other mental health related topics.
    - University of Texas System Administration update on TCMHCC and the 87<sup>th</sup> Texas Legislative session.
      - Dr. Lakey encouraged members to listen to the UT System presentation & dialogue between UTS Chancellor & Senator Nelson. << Action Item: Luanne to send timestamp for interaction between UT System Chancellor & Senator Nelson>>
      - Sean Griffin provided an update on legislative session:
        - Bill filing deadline is Friday. So far, no bills have been filed that would impact the Consortium.
        - The is the first full week committees are meeting to hear bills.
        - On budget side, both committees have completed preliminary budget hearings. Many of the HRI presidents brought up the consortium's work in their testimony.
        - Don't expect any changes in budget until May, when 5 members of House & 5 from Senate meet to discuss differences in budgets.

# b. TCMHCC communications and marketing update.

- Daniel Oppenheimer showed examples of some new print materials on Canva:
  - CPAN flyer
  - o CPAN FAQs
  - Mental Health Checklist for pediatric providers
- Daniel went over YouTube channel additions, including some UTMB videos. << Action
  Item: HRIs to send video files they'd like to share on the TCMHCC YouTube Channel, or
  if publishing videos on their own YouTube channel, share link so they can be added to
  a playlist on TCMHCC YouTube Channel.>>

- Daniel walked through the front page of the new website and shared progress updates:
  - Getting closer to completion.
  - Meetings will be adapted to include a calendar of CME/Webinar type activities.
  - New resources will be uploaded to the site as they are received into a virtual resource library. Documents can be tagged so someone coming to the site can filter by diagnoses, initiative, audience, etc.

#### c. Program Evaluation update by The University of Texas at Austin.

- Dr. Lopez reviewed a presentation that went over general themes / feedback coming out of the stakeholder interviews covering the following areas:
  - Governance & decision making
  - Collaboration across HRIs
  - Research collaboration
  - o Experience with COSH
  - Key Accomplishments
  - Barriers
  - Funding
  - Key Lessons Learned
  - Recommendations
- It was noted that one of the HRIs did not participate in the interviews. <<Action Item:
   UT System staff to follow up with Dr. Lopez's team to ensure the missing HRI is
   reengaged on the survey.>>
- It was suggested that for those surveys seeking feedback from families we not limit ourselves to web-based forms as many family members will not have access to the internet.
- d. Research Initiative updates by University of Texas Southwestern/Texas Tech University and the University of Texas Dell/University of Texas Medical Branch highlighting the work of the depression and suicide and trauma research teams.
  - Dr. Trivedi talked through his presentation going over the following slides for the Childhood Depression Network:
    - Total consented individuals (293) and Total number of completed study visits (787) with a graph showing each HRIs contribution to the total consented research population
    - Race & ethnicity makeup of study participants
    - Depression severity (PHQ-A) at study entry
    - Anxiety (GAD-7) at study entry
    - Suicidal thoughts (CHRT-SR 14, 15 or 16) at study entry
    - Primary diagnosis %
    - % of participants with a current mood disorder with comorbid diagnosis and top 5 most frequent comorbid diagnoses
    - o CHRT-Behavioral Data
    - Traumatic experiences reported (TESI-C)
    - Services used (CIRCAS)
  - Dr. Jeff Newport presented on progress for the Childhood Trauma Research network:
    - At 265 baseline visits and 165 month 1 visits. Seeing a steady progression. All 12 nodes are certified and 9 of the 12 nodes have enrolled.
    - A slide on demographic distribution was presented.

- A graph representing percentage of participants positively reporting against a list of various traumatic experiences was shown.
- o A graph showing number of participants with various primary diagnoses was shown.
- o A table displaying a list of trauma exposures against PTSD Diagnosis was reviewed.
- A table showing the relationship to the perpetrator of violence for those with a baseline PTSD Diagnosis was discussed.

# e. External Evaluation update by The University of Texas Health Science Center School of Public Health.

- Dr. Peskin provided an update on the external evaluation work, presenting slides covering:
  - Evaluation framework current status & next steps.
  - Qualitative data collection about to start process mapping interviews to determine baseline of current practices related to adoption & implementation of CPAN and TCHATT programs from the perspective of each HRI as well as a diverse sample of clinics and districts/schools.
  - Quantitative data collection gathering monthly key metric data, will send out a survey to clinics and school districts on contextual factors associated with program implementation. A follow-up survey will be sent out in early summer to assess program implementation outcomes.
- Dr. Savas presented:
  - Current reach of CPAN and TCHATT: map showing HRI regions for CPAN and active clinics enrolled was shown.
  - Map showing social vulnerability of Texas Counties with enrolled clinics overlaid was shown.
  - A map showing school campuses with a TCHATT MOU in place was shown.
  - The challenges the External evaluation team is facing were discussed. The need for a
    data governance map to understand various entities involved in data collection, as
    well as the data collection roles & responsibilities of each entity was highlighted.
  - The question was raised whether the external evaluation committee should be involved in the data governance committee meeting. It was determined that yes, it is critical for the external evaluation team to participate. << Action Item: External evaluation team to be added to data governance committee>>
- Dr. Lakey asked that at the April meeting Drs. Pliszka and Vo provide an update on the Data Governance Committee's work. << Action Item: Drs. Plizka and Vo to provide an update on the Data Governance Committee work at the next Executive Committee meeting.>>

## f. Discussion regarding mid-year budget and performance review.

- Dr. Lakey informed the Consortium that meetings would be scheduled with individual HRIs to have a dialogue on how things are going and discuss budgets and performance metrics.
- Luanne reminded members to make sure business staff anyone sending info related to budget are invited.

## g. Child and Adolescent Psychiatry Fellowship update.

 Dr. Newlin informed the group that TTUHSC is now accredited for their new child fellowship program. Information is available to apply on the APA. She asked members to encourage their 4th year residents to take a look at TTUHSC's program. The deadline for application is March 31<sup>st</sup> and they're hoping to accept 2 fellows for this year's class.

- h. Community Psychiatry Workforce Expansion discussion of potential expansion opportunities.
  - Danette Castle update on survey of Local Mental Health Authorities.
  - Danette Castle provided the following update:
    - At the initial survey that was sent out to LMHAs, 30 out of the 39 sites were interested. Throughout the course of the implementation period, there are 16 sites involved.
    - An additional survey was sent out in November, 13 out of the current 16 expressed interest in expanding their involvement in residency. Of the 23 that are not currently involved, 21 expressed interest in participating in the residency program.
    - Danette reached out to talk to folks about their experience and the feedback has been that this is valuable not only for residents' experience but also in terms of increasing access to services.
    - Danette shared some positive comments from executive directors on the impact of CPWE.
  - Dr. Pliszka discussed that there is an operational CPWE group that is continuing to focus on the nature of the metrics that will be tracked. One main metric is looking at the number of clients served. HHSC has worked to develop a centralized system so the report can be generated on this. Dr. Pliszka shared and walked through the HHSC report.
  - Dr. Pliszka indicated that the other item discussed by the CPWE group was the outcome
    metric that was included in the Project Definition Documents (PDDs) completed by each
    HRI. Given the motivation of CPWE a focus on the outcome metric may not be a logical
    measurement to track and it may make more sense to instead focus on workforce
    development related metrics. <<Action Item: Vote at next executive committee on
    changing metric for CPWE>>
- IV. If necessary, closed session for consultation with attorney regarding legal matters, related to posted items, pursuant to Section 551.071 of the Texas Government Code.
- V. Discuss, consider, and if appropriate, approve information and updates provided by the Baylor College of Medicine in the role of the Centralized Operations Support Hub (COSH) relating to implementation of the COSH, and/or information provided by HRIs relating to CPAN, CPWE and TCHATT. The full Executive Committee may review, receive, and/or provide information and/or make recommendations from the items discussed and take appropriate action.
  - a. COSH related items identified by the Baylor College of Medicine and members of the Executive Committee (may include Trayt and/or Lantana updates).
    - Dr. Williams provided COSH updates going over the following slides:
      - Marketing activities
      - o Events
      - Social Media updates / Instagram

#### b. CPAN update.

- Will be organizing a state-wide review of best practices for teams (annual meetings).
- Working on development of a state-wide Project Echo utilizing materials from other state CPAN programs.
- Trayt implemented the verbal agreement process March 2021. A slide showing the clinic enrollment form was shown.
- The Trayt CPAN Dashboard was brought up & the key metrics reviewed.

### c. TCHATT update.

- All 12 HRI teams are accepting referrals and joinder agreements for utilization of Trayt are done.
- COSH working with HRIs, Internal Evaluation team, Data Governance team and Trayt on Trayt buildout.
- Continuing to work through standardization across hubs as feasible.
- STEPPED-Care model implementation meetings have started under the direction of Drs. Storch & Blader.
- A slide on the Goals and Overview on Stepped Care was reviewed.
- A slide on Stepped Care progress to date was reviewed.
- An informatic on how Stepped Care works was shown.
- February TCHATT metrics were shown. 467 student referrals were received in February and 152 students received services. The majority are seeing a therapist.
- The demographics of the students served were shown.
- Welnity updates were discussed. Insurance and modality updates were made in the platform and next step is to begin adding resources. The expected go live is April 1<sup>st</sup>.

#### d. Data Governance Committee update.

- Dr. Williams presented a slide and discussed the following:
  - Group met February 25, 2021.
  - Primary discussion was related to data definitions related to TCHATT.
  - Reviewed data & analytics being provided with Trayt.
  - Data definition discussions continue.
  - Data library build will occur as definitions are agreed upon.

### VI. Adjournment

Next meeting April 23, 2021 10:00 - 3:00.

# **Attendance List**

#	Institution/ Organization	Name	Attended?
1	Baylor College of Medicine	Wayne Goodman, MD	Yes
2	Baylor College of Medicine	Laurel Williams, DO	Yes
3	Texas A&M University System Health Science Center	Israel Liberzon, MD	Yes
4	Texas A&M University System Health Science Center	R. Andrew Harper, MD	Yes
5	Texas Tech University Health Sciences Center	Sarah Wakefield, MD	Yes
6	Texas Tech University Health Sciences Center	Nancy Trevino, PhD	Yes
7	Texas Tech University Health Sciences Center at El Paso	Peter Thompson, MD	Yes
8	Texas Tech University Health Sciences Center at El Paso	Sarah Martin, MD	Yes
9	University of North Texas Health Science Center	Alan Podawiltz, DO, MS	Yes
10	University of North Texas Health Science Center	Mark Chassay, MD, MBA	Yes
11	Dell Medical School at The University of Texas at Austin	Charles B Nemeroff, MD, PhD	No
12	Dell Medical School at The University of Texas at Austin	Stephen Strakowski, MD	Yes
13	The University of Texas M.D. Anderson Cancer Center	Daniel Tan, MD	No
14	The University of Texas M.D. Anderson Cancer Center	Rhonda Robert, PhD	No
15	The University of Texas Medical Branch at Galveston	Karen Wagner, MD, PhD	Yes
16	The University of Texas Medical Branch at Galveston	Alexander Vo, PhD	Yes
17	The University of Texas Health Science Center at Houston	Jair Soares, MD, PhD	Yes
18	The University of Texas Health Science Center at Houston	Elizabeth Newlin, MD	Yes
19	The University of Texas Health Science Center at San Antonio	Steven Pliszka, MD	Yes
20	The University of Texas Health Science Center at San Antonio	Joseph Blader, PhD	Yes
21	The University of Texas Rio Grande Valley School of Medicine	Michael Escamilla, MD	Yes
22	The University of Texas Rio Grande Valley School of Medicine	Michael Patriarca	No
23	The University of Texas Health Science Center at Tyler	Beverly Bryant, MD	Yes
24	The University of Texas Health Science Center at Tyler	Brittney Nichols, MBA, LPC-S	Yes
25	The University of Texas Southwestern Medical Center	Carol Tamminga, MD	Yes
26	The University of Texas Southwestern Medical Center	Hicham Ibrahim, MD	Yes
27	Health and Human Services Commission - mental health care services	Sonja Gaines, MBA	Yes
28	Health and Human Services Commission - mental health facilities	Mike Maples	No
29	Texas Higher Education Coordinating Board	Stacey Silverman, PhD	No
30	Hospital System	Danielle Wesley	Yes
31	Non-profit - Meadows Policy Institute	Andy Keller, PhD	Yes
32	Non-profit - Hogg Foundation	Octavio Martinez, Jr., MPH, MD	Yes
33	Non-profit - Texas Mental Health Counsel	Danette Castle	Yes
34	Administrative Contract – University of Texas System	David Lakey, MD	Yes
35	Other – Hospital System Representative	James Alan Bourgeois, OD, MD	Yes